School Starts Too Early In The Morning, State Lawmaker Says

If Senator Anthony Portantino gets his way, California will be the first state in the nation to ensure that teenagers can go to school without sacrificing a good night's sleep. This week he introduced SB328, a bill that would require California school districts to start middle and high school classes no earlier than 8:30 a.m.

"Every year we discuss as parents, educators, and legislators, best practices and interests of the children and education," says Portantino. "Well, data is clear: starting the school day later improves the quality of education, health, and welfare of our children. So let's do it.