Jimmy Anderson hopes for injury-free England Test summer in runup to Ashes

England's all-time leading wicket-taker Jimmy Anderson remains confident his body can withstand the rigours of seven Tests in two months this summer but as he turns 35 in July accepts he has to take things "step by step". As a result the Lancashire swing bowler is unable to look as far ahead as England's tour of Australia later in the year which would be his fourth Ashes tour. Since missing England's final Test in India in December – the fifth Test he has missed through injury in England's past 11 – with the problematic shoulder that affected his year Anderson spent January resting and has since undergone a full pre‑season with Lancashire for whom he is available at the start of the season.