

Wear a mask!



Make sure to cover your mouth and nose. It's important to not have any gaps.



6 Feet Apart! 2

Keep you distance from others! Be at least 6 feet apart while in public.

Wash your hands!

Frequently wash your hands for at least 20 seconds, and avoid touching your face.







Disinfect Surfaces 4

Clean/disinfect surfaces that are frequently touched, such as counters, phones, computers, and door handles.

5 Keep track of your health



Be aware if you are developing symptoms. Visit the CDC website to learn more about the symptoms of COVID-19 and what you should do if you exhibit some of them.