



PENGARUH FAKTOR DEMOGRAFIS TERHADAP KONDISI DEPRESI DAN KECEMASAN



KELOMPOK 3

MEET OUR TEAM



041

Alivia Nayla
Wibisono

047

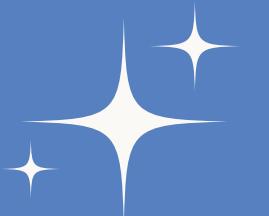
Filda Zamardah

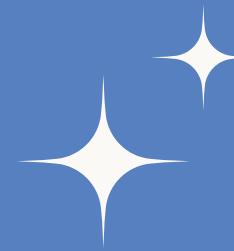
04

Ilham Warmandev

LATAR BELAKANG

Kesehatan mental merupakan aspek penting dalam kualitas hidup individu. Depresi, stres, dan kecemasan adalah kondisi psikologis yang sering muncul dan berdampak signifikan terhadap produktivitas, dan kemampuan sosial seseorang. Populasi yang berbeda memiliki tekanan dan faktor risiko yang berbedapula. Misalnya mahasiswa menghadapi tekanan akademik dan tantangan transisi hidup, sementara pekerja teknologi menghadapi tuntutan kerja yang tinggi. Selain itu juga, kualitas tidur seseorang terbukti dapat memengaruhi kesehatan mental.



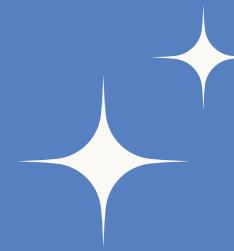


MANFAAT

Mendukung perencanaan program kesehatan mental

Membantu identifikasi kelompok risiko

Mendorong peningkatan kesadaran masyarakat



TUJUAN

Menganalisis hubungan demografis dengan tingkat depresi dan kecemasan

Mengidentifikasi pola atau kecenderungan umum demografis

Mengevaluasi perbedaan demografis terhadap depresi dan kecemasan

REFERENCES

<https://www.sciencedirect.com/science/article/pii/S2590005625000025>

The screenshot shows the ScienceDirect website for the journal 'Array'. The article title is 'Effective depression detection and interpretation: Integrating machine learning, deep learning, language models, and explainable AI'. It is authored by Gazi Hasan Al Masud, Rejaul Islam Shanto, Ishmam Sakin, Muhammad Rafsan Kabir, and others. The article is from Volume 25, March 2025, with the identifier 100375. The page includes sections for 'Recommended articles', 'Article Metrics', and 'Competing Interest'. There are links to 'View PDF', 'Download full issue', and social sharing options.

<https://www.mdpi.com/2075-4418/15/11/1412>

Open Access Article

Explainable Machine Learning in the Prediction of Depression

by Christina Mimikou ¹✉, Christos Kokkotis ², Dimitrios Tsipitsios ^{3,*}✉, Konstantinos Tsamakis ^{4,5}✉, Stella Savvidou ³✉, Lillian Modig ³✉, Foteini Christidi ⁶✉, Antonia Kaltsatou ⁷✉, Triantafyllos Doskas ⁸✉, Christoph Mueller ⁴✉, Aspasia Serdari ⁹✉, Kostas Anagnostopoulos ¹⁰✉ and Gregory Tripsianis ¹✉

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Diagnostics **2025**, *15*(11), 1412; <https://doi.org/10.3390/diagnostics15111412>

<https://www.sciencedirect.com/science/article/pii/S2666915323000501>

The screenshot shows the ScienceDirect website for the journal 'Journal of Affective Disorders Reports'. The article title is 'Exploring the correlates of mental healthcare approaches and employment status among persons with depression and anxiety: A secondary data analysis of a global survey'. It is authored by Olayemi A Akinola, Albert Tele, Eilish McAuliffe, Ikenna D Ebuenyi, and others. The article is from Volume 12, April 2023, with the identifier 100512. The page includes sections for 'Recommended articles', 'Research Paper', and 'Competing Interest'. There are links to 'View PDF', 'Download full issue', and social sharing options.

DATASET



①

<https://www.kaggle.com/datasets/osmi/mental-health-in-tech-survey>

②

<https://data.mendeley.com/datasets/br82d4xkj7/1>

①

https://figshare.com/articles/dataset/PHQ_9_GAD_7_and_Epworth_Sleepiness_Scale_Scores_of_783_Mexican_Medical_Students/1305817

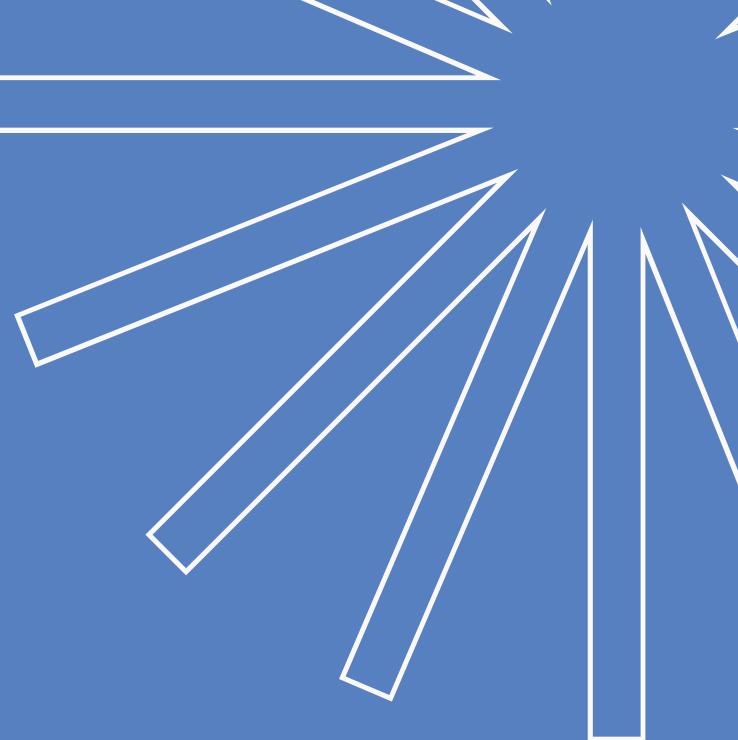
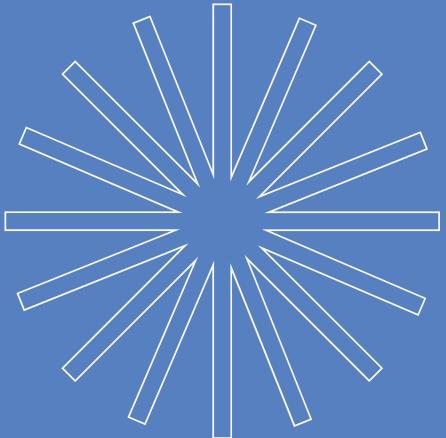
STEP



Memeriksa
missing value

Normalisasi

Seleksi fitur



HASIL ANALISIS

Rata-rata depresi per gender:

gender

female 5.873143

male 3.886774

Name: depression, dtype: float64

Rata-rata anxiety per gender:

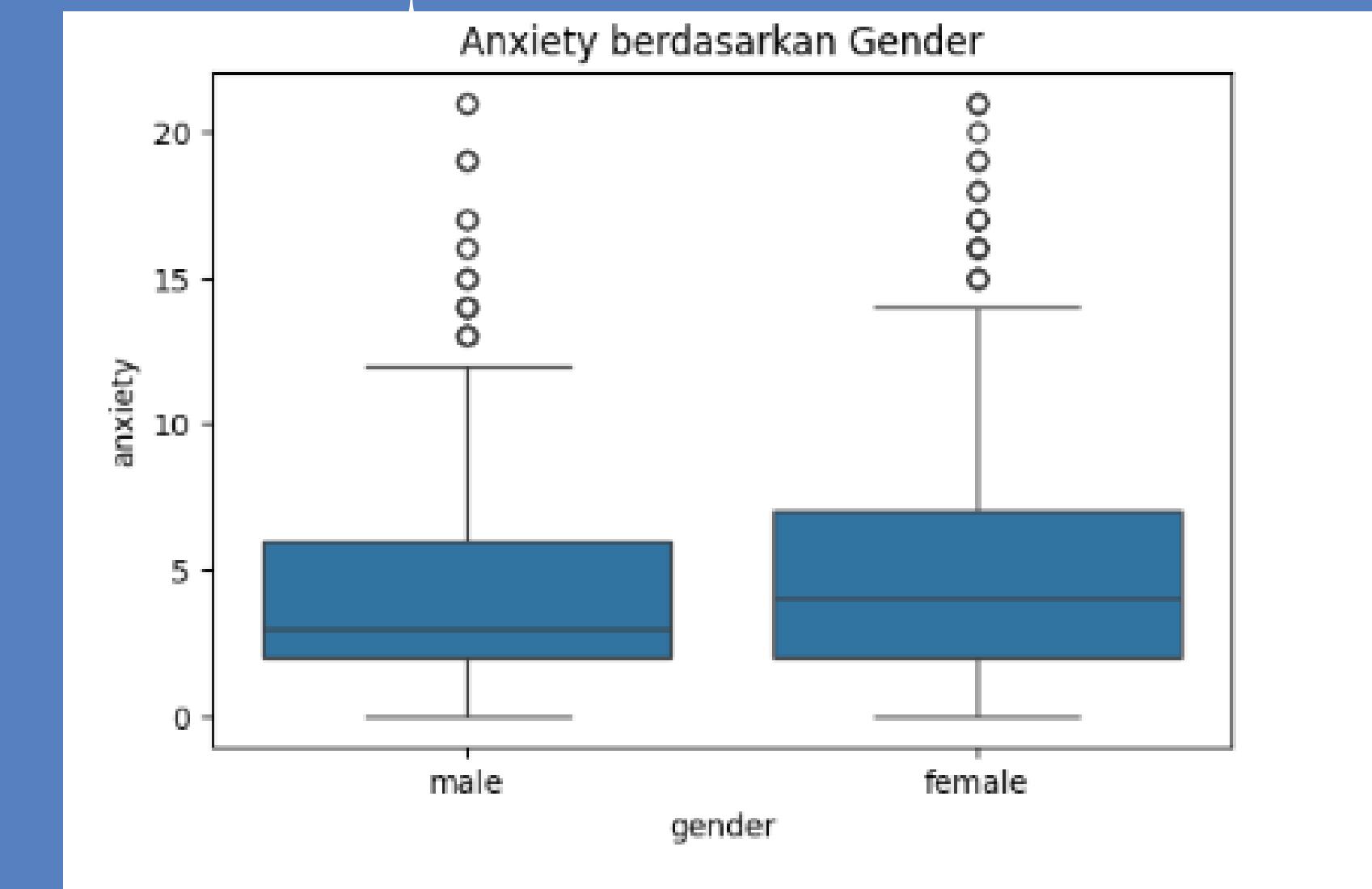
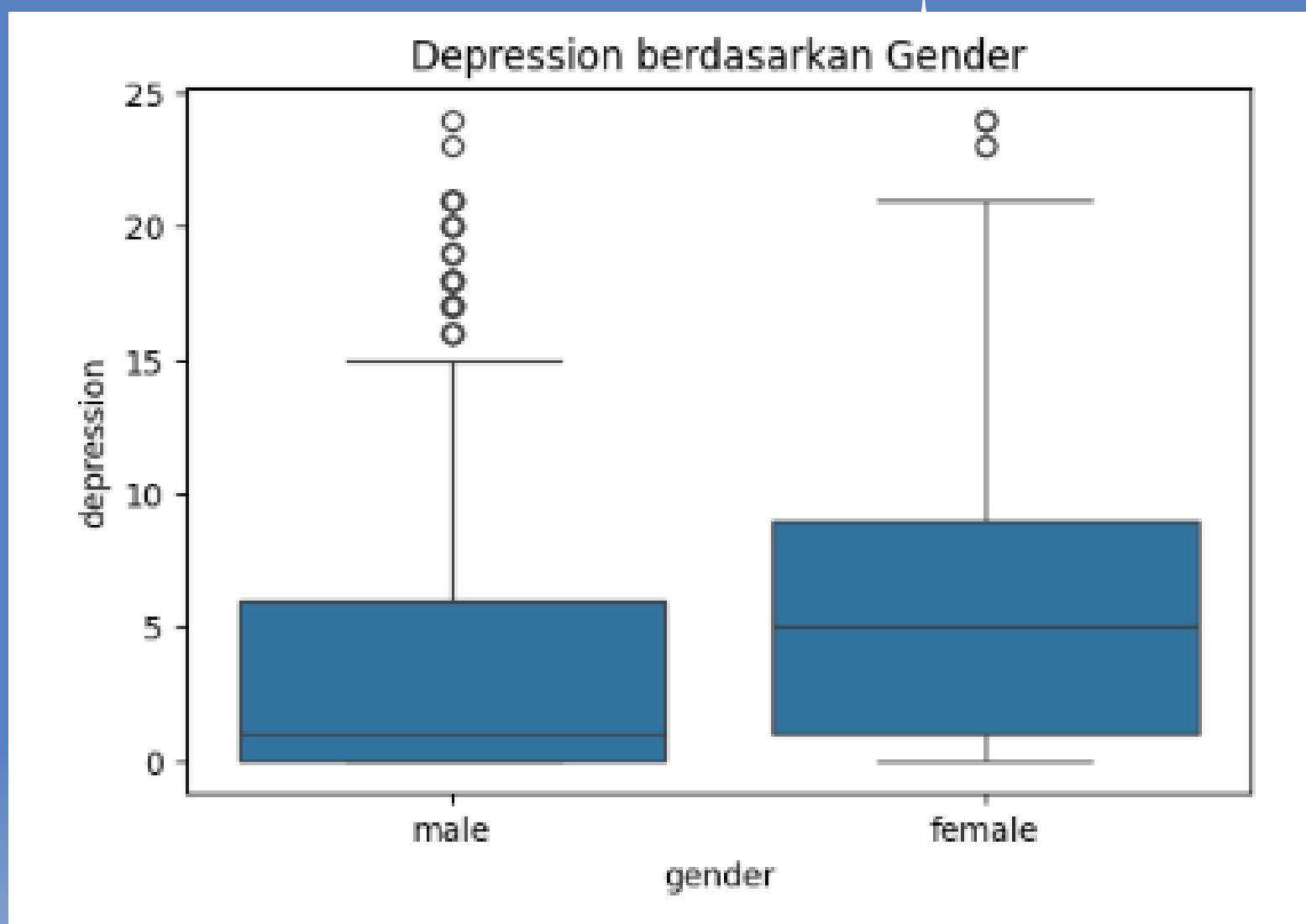
gender

female 4.824112

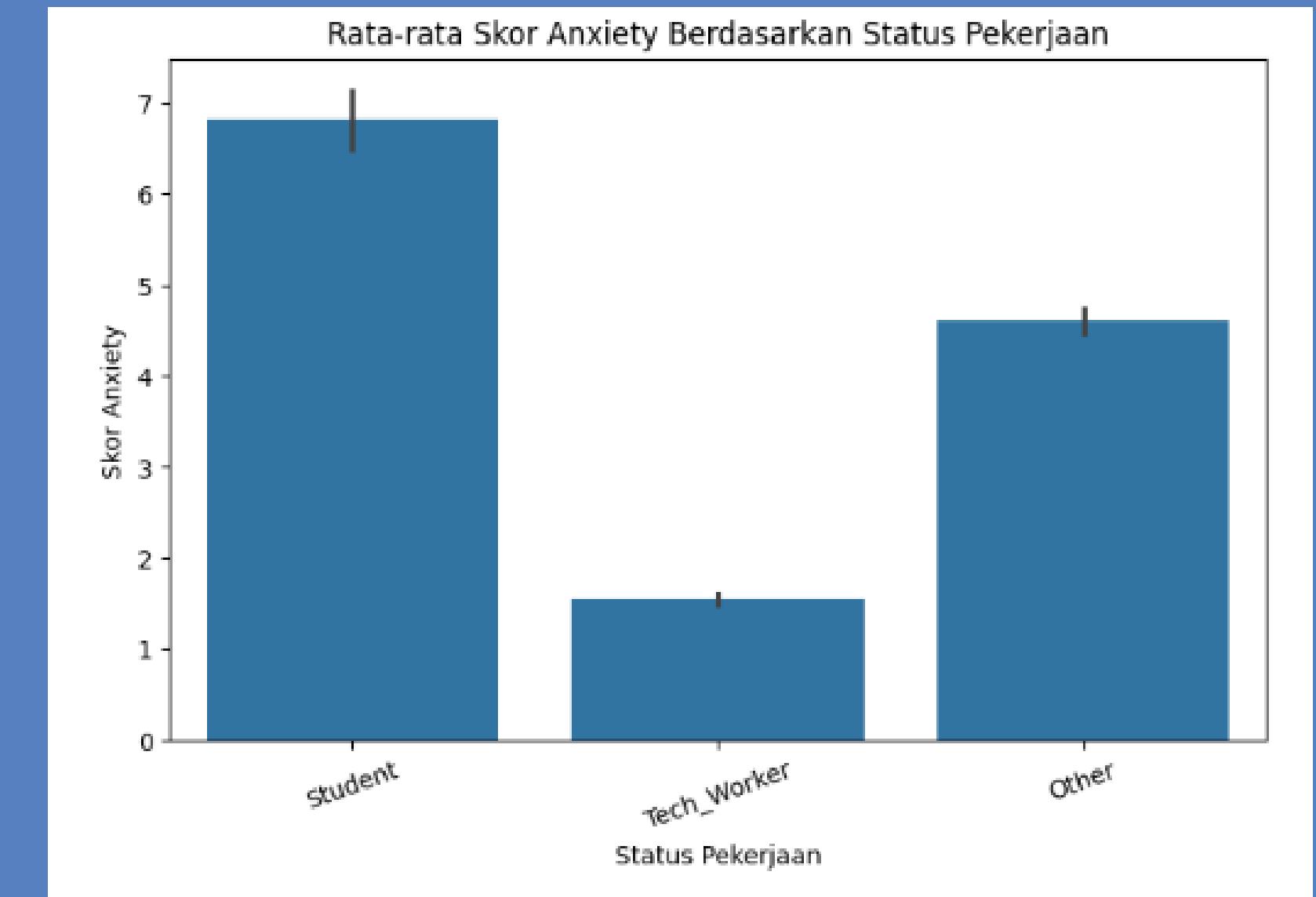
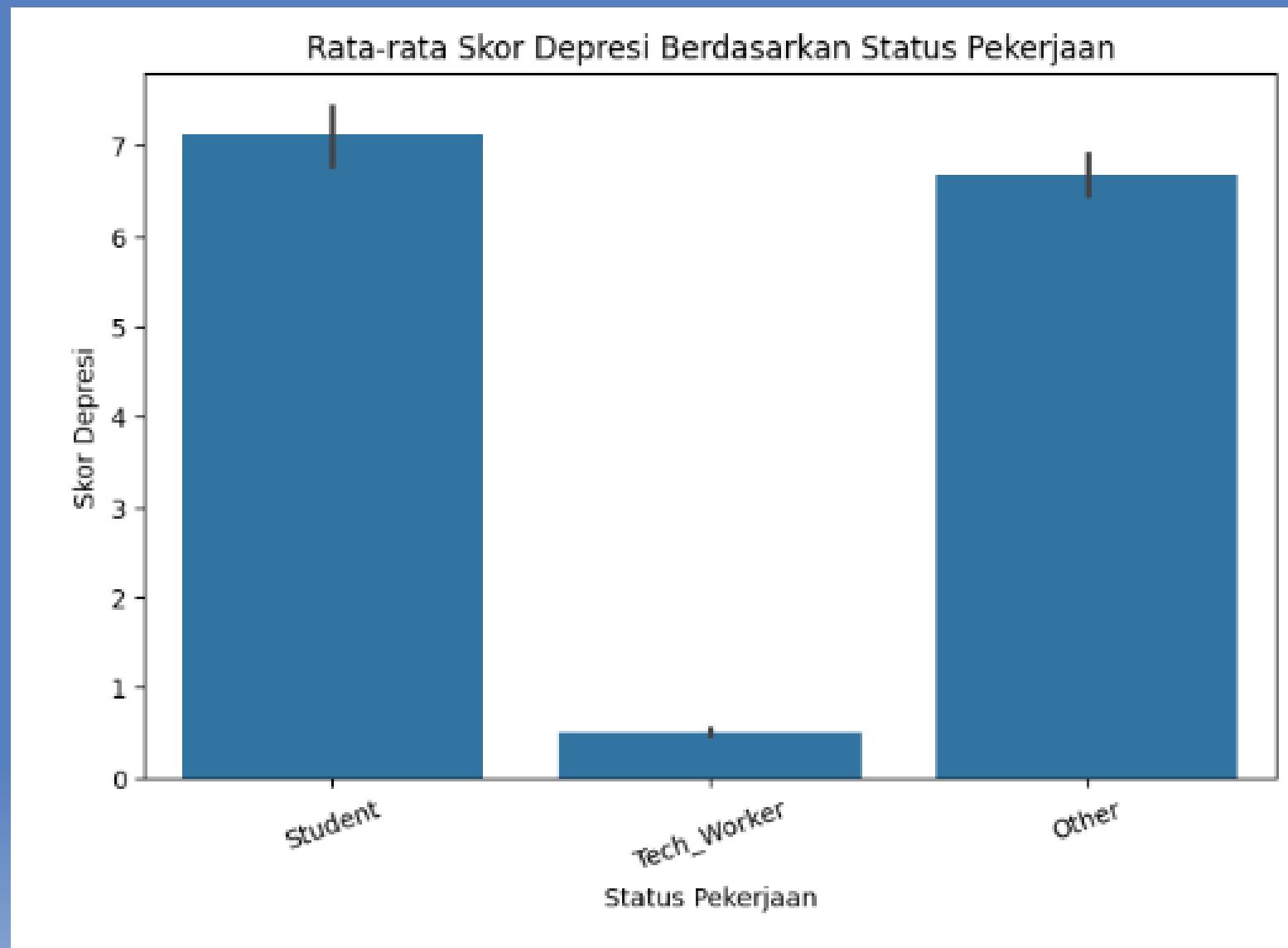
male 3.726177

Name: anxiety, dtype: float64

HASIL ANALISIS



HASIL ANALISIS



THANK
YOU

