

Alizea Alvarez-Sookram, LMSW
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EDUCATION

Arizona State University, Tempe, AZ, **Degree:** Masters of Science, Program Evaluation & Data Analysis, **Expected Completion:** Fall 2025

Tulane University School of Social Work, New Orleans, LA **Degree:** Masters of Social Work

Coe College, Cedar Rapids, IA **Degree:** Bachelor of Science **Major:** Sociology **Minor:** Spanish

CERTIFICATES

Workflow Specialist, Asana

Program Evaluation, Arizona State University

SKILLS

Bi-lingual (English/Spanish) | MS Office | G Suite | Stakeholder Engagement & Facilitation | Research & Literature Review | Data Governance & Management | Policy Analysis & Development | Program & Policy Evaluation Design | Trauma-Informed Practice | Therapeutic Interventions | Crisis Interventions & Risk Management | Treatment Planning & Care Coordination | Clinical Documentation & Reporting

EVALUATION PROJECT EXPERIENCE

Student Policy Analyst | Children's Hospital ThriveKids Program | Summer 2025

- Addressed inequities in access to Louisiana's school-based mental health (SBMH) services by conducting a comprehensive policy analysis, producing evidence that informed ThriveKids' advocacy and evaluation goals.
- Evaluated policy options to strengthen SBMH infrastructure, recommending workforce development as the most equitable and sustainable solution, guiding future advocacy strategies.
- Synthesized academic research, practitioner insights, and political feasibility analyses into actionable recommendations, ensuring proposals were both evidence-based and implementable.
- Developed a series of briefs and background analyses that traced the scope, urgency, and framing of the SBMH crisis, culminating in a comprehensive policy memo to support systemic change.
- Translated complex policy issues into concise, accessible formats, enabling ThriveKids leadership to effectively engage stakeholders and advance equitable policy reforms.

Student Policy Analyst – Public Policy Project (PAF 509) | Arizona State University | Summer 2025

- Explored three comparative policy options (state safety standards, bans/restrictions, federal guidance), recommending a layered governance model prioritizing safety while balancing flexibility and risk management.
- Addressed the lack of clear governance for AI tools in youth mental health by conducting a multi-stage policy analysis, producing evidence that informed actionable regulatory strategies.
- Synthesized academic research, practitioner insights, and regulatory precedents into concise policy briefs and a comprehensive memo, ensuring recommendations were both evidence-based and politically feasible.
- Advanced understanding of how AI ethics, equity, and mental health intersect by evaluating emerging technologies such as chatbots and early-warning systems, shaping guidance for responsible adoption.
- Delivered a final policy memo and three supporting briefs that strengthened capacity to inform public discourse and policy innovation at the intersection of youth mental health and technology governance.

Graduate Evaluation Project | Children’s Hospital ThriveKids Program | Summer 2025

- Designed a comprehensive evaluation framework (program description, theory of change, logic model) to guide data-informed decision-making.
- Developed a Monitoring & Evaluation Plan linking program activities to indicators, data sources, and reporting timelines.
- Authored a Final Evaluation Design Plan using mixed-methods research and equity-centered principles to assess program effectiveness.
- Created an Outcome Evaluation Plan, operationalizing data collection methods for mental health, attendance, academic, and behavioral outcomes.
- Drafted a Project Charter and collaborated with a multi-stakeholder steering committee (youth, families, and community partners) to align scope, roles, deliverables, and ensure inclusive evaluation planning.

Capstone Evaluation Consultant – Phoenix Shade Data Plan | Office of Heat Response & Mitigation, City of Phoenix | Fall 2025 - Ongoing

- Leading the development of a four-phase governance framework to address the city’s lack of coordinated shade data, with deliverables including a Standard of Work, departmental liaison framework, submission templates, and a centralized SharePoint repository, ensuring consistent, equitable, and sustainable data collection across city departments.
- Presented synthesized findings and a governance model to OHRM leadership, establishing clear roles, accountability networks, and feedback loops for future-ready reporting.

- Centralized citywide shade metrics into an Excel system and drafted reportable data standards, strengthening departmental accountability and improving reporting consistency.
- Authored a detailed project work plan with goals, research questions, methodology, and phased timelines, aligning stakeholders and ensuring structured implementation.
- Conducted a comprehensive literature review of international case studies and U.S. city strategies, grounding recommendations in evidence-based practices and highlighting gaps in equity and AI integration.

PROFESSIONAL EXPERIENCE

PRN Social Worker | Children's Hospital New Orleans | December 2023-Present

Emergency Department

- Conduct assessments to identify safety risks, collaborating with interdisciplinary teams to ensure compliance with mandated reporting standards (DCFS, law enforcement), reflecting experience in risk evaluation and systems coordination.
- Facilitate the transfer and placement of high-risk children under Physician's Emergency Certificates (PEC), demonstrating crisis management, decision-making, and coordination with behavioral health units.
- Gather, document, and synthesize psychosocial information to develop patient-centered care plans while maintaining communication with external agencies, ensuring continuous support and care monitoring.

Behavioral Health Unit

- Evaluate psychosocial needs, coping skills, and available resources to develop and implement individualized treatment and discharge plans, reflecting analytical thinking and problem-solving.
- Provide group counseling and facilitate family meetings to align on goals of care, demonstrating experience in conducting qualitative assessments and fostering collaboration across stakeholders.

School-Based Social Worker | Children's Hospital Thrive Kids Program | October 2023-Present

- Monitor and evaluate intervention plans, using qualitative and quantitative data to assess student progress and outcomes.
- Collaborated with interdisciplinary teams to assess intervention effectiveness and implement evidence-based improvements.
- Provide crisis intervention services and participate in crisis team interventions, showcasing expertise in acute response and data-informed decision-making.

- Collaborate with multidisciplinary teams to develop and implement Positive Behavior Interventions and Supports (PBIS) across Tier 1, 2, and 3 levels, integrating evidence-based practices to improve behavioral outcomes.
- Administer and evaluate Section 504 services for students with counseling needs, documenting outcomes and making data-informed recommendations.

Case Manager | Children's Hospital Ventilator Assisted Care Program | November 2022-October 2023

- Assessed client/family strengths and needs while tracking service availability and documenting findings in client records, demonstrating data collection, needs assessment, and reporting.
- Developed individualized care plans using a collaborative and evidence-based approach, ensuring alignment with client goals and service outcomes.
- Reviewed and refined care plans for submission, incorporating data and feedback to ensure continuous quality improvement.
- Monitored service provision and collaborated with interdisciplinary teams to ensure the alignment of services with patient-centered goals.

Bilingual Clinician | Catholic Charities Immigration & Refugee Services | February 2022-November 2022

- Conducted needs assessments, placement evaluations, and post-release service evaluations using child welfare principles, demonstrating proficiency in qualitative and quantitative assessment methods.
- Provided individual, group, and family therapy services, documenting progress and analyzing outcomes to inform treatment modifications.
- Coordinated and monitored services with key stakeholders, establishing protocols to ensure culturally responsive and holistic care.
- Developed and updated referral resources, contributing to evaluating community resource effectiveness and identifying service gaps.