



Name : ALJON G. MENDIOLA
Company : INDIVIDUAL ACCOUNT
Type of Exam : EXECUTIVE CHECK-UP
Date of Exam : November 29, 2024

Account No. : 35775903
Birth Date : July 9, 1992
Civil Status : Single
Age : 32 Sex:Male

HISTORY AND PHYSICAL EXAMINATION

Chief Complaint : NONE
History of Present Illness : NONE
Past Medical History : NONE
Allergies : NONE
Previous Surgery : NONE
Menstrual History : LMP: Cycle: Lasting: OB Score:
Hospitalization : NONE
Social History:
Tobacco : NO
Alcohol : YES OCCASIONALLY
Family History : HYPERTENSION: SIBLING
HEART DISEASE: NONE
KIDNEY DISEASE: NONE
DIABETES MELLITUS: NONE
OTHERS: NONE

Supplements:NONE

Illicit Drugs: NO

Vitals Signs: T:36.4C PR:64/min RR:17/min BP:100/80mmHg BW:77.5kg Ht:180cm BMI:23.77
Visual Acuity: R:20/20-1 L:20/20 Visual Remarks:WITH Color Vision:
EYEGLASSES

REVIEW OF SYSTEMS: [N] - None [P] - Positive

Systems	Status	Remarks
Eyes	NONE	
ENT/Mouth	NONE	
Cardiovascular	NONE	
Respiratory	NONE	
Gastrointestinal	NONE	
Genitourinary	NONE	

Systems	Status	Remarks
Musculoskeletal	NONE	
Skin/Breasts	NONE	
Neurological	NONE	
Endocrine	NONE	
Hematological	NONE	
Others	NONE	

PHYSICAL EXAM: [N] - Normal [P] - Positive

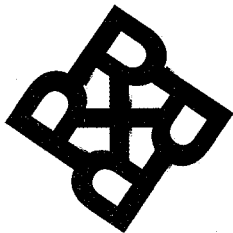
	Status	Remarks
General	NORMAL	
Skin	NORMAL	
Head & Neck	NORMAL	
Ears, Eyes, Nose	NORMAL	
Mouth/Throat	NORMAL	
Chest/Lungs	NORMAL	
Breast		NO PHYSICAL EXAM

	Status	Remarks
Back	NORMAL	
Heart	NORMAL	
Abdomen	NORMAL	
Extremities	NORMAL	
Neurological	NORMAL	
Rectal		NO PHYSICAL EXAM
Genitalia		NO PHYSICAL EXAM

LABORATORY AND ANCILLARY PROCEDURES

Chest X-ray : NEGATIVE CHEST FINDINGS
Complete Blood Count : SEE ATTACHED
Urinalysis : NORMAL
Fecalalysis : NORMAL
Other Labs : FECAL OCCULT BLOOD TEST: NEGATIVE

Blood Chemistry : SEE ATTACHED
Papsmear :
ECG : SEE ATTACHED
Other Tests : WHOLE ABDOMINAL ULTRASOUND: SEE ATTACHED



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IMPRESSION

SINUS ARRHYTHMIA ON ECG
CHOLESTEROL POLYPS, GALLBLADDER ON ULTRASOUND
LOW HDL LEVEL
NEUTROPHILIA
ERROR OF REFRACTION WITH CORRECTIVE LENSES

RECOMMENDATION

FOR INTERNIST CONSULT FOR CLINICAL CORRELATION OF ABOVE FINDINGS
FOR ANNUAL OPHTHALMOLOGIST FOLLOW-UP

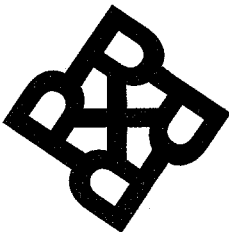
INELLE ZSHAYRA GANAYO MD.
License No: 163589
Medical Examiner

Mark Christian Bautista
License No: 148035
Medical Evaluator

Francis Criste
Processed By

Katherine Tolentino
License No: 338217
Finalized By

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Medicard Angeles Clinic
Cibels building Mc. Arthur Highway Limasawa St, Angeles
City, Pampanga
appt.angeles@medicardphils.com,09088103688,

Name: ALJON GALANG MENDIOLA	Specimen No: 1124-661
Age: 32 years old	Requesting Physician: N/A
Sex: Male	Exam Type: EXECUTIVE CHECK-UP
Member ID: 35775903	Date of Exam: Nov 29, 2024 09:03 AM
Company: INDIVIDUAL ACCOUNT	Date Printed: Nov 29, 2024 03:52 PM

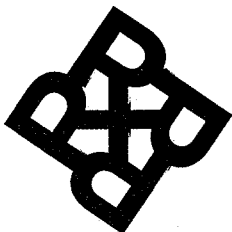
HEMATOLOGY
CBC with Platelet Count/CBC PC

TEST	RESULT	UNIT	RANGE
Hematocrit	0.46		0.40-0.50
Hemoglobin	170	g/L	135-175
RBC Count	5.17	x 10e12/L	4-6
WBC Count	8.9	x 10e12/L	5-10
Platelet Count	249	x 10e9/L	150-350
Differential Count			
Segmenters	▲ 0.69		0.40-0.65
Lymphocytes	0.23		0.20-0.40
Monocytes	0.06		0.02-0.08
Eosinophils	0.02		0.01-0.05
Total	1		1

DISCLAIMER: This report is intended to be interpreted by a qualified medical doctor in conjunction with clinical evaluation and other diagnostic procedures. The results herein are not intended to be used as the sole means for diagnosis or for management.

Estelica Inah Obsiana, RMT PRC License No. 77580 Medical Technologist	Richard Guintu, RMT PRC License No. 62287 Verified by	Marlene Ontog, -, MD, FPSP, MHSA PRC License No. 61864 Pathologist
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Name: ALJON GALANG MENDIOLA	Specimen No: 1124-661
Age: 32 years old	Requesting Physician: N/A
Sex: Male	Exam Type: EXECUTIVE CHECK-UP
Member ID: 35775903	Date of Exam: Nov 29, 2024 09:26 AM
Company: INDIVIDUAL ACCOUNT	Date Printed: Nov 29, 2024 03:52 PM

CLINICAL MICROSCOPY
Urinalysis

TEST	RESULT	UNIT
Color	Light Yellow	
Transparency	Clear	
pH	5.0	
Reaction	Acidic	
Specific Gravity	1.005	
Albumin	Negative	
Sugar	Negative	
Epithelial Cells	None	
Mucous Threads	Few	
WBC	0-1	/hpf
RBC	0-2	/hpf
Bacteria	Occasional	

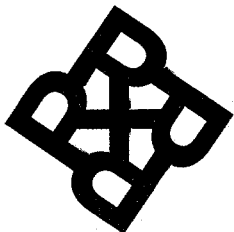
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Ginalyn C. Velasco, RMT
PRC License No. 53127
Medical Technologist

Chris Nicole Vergara, RMT
PRC License No. 93630
Verified by

Marlene Ontog, -, MD, FPSP, MHSA
PRC License No. 61864
Pathologist

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Age: 32 years old	Requesting Physician: N/A
Sex: Male	Exam Type: EXECUTIVE CHECK-UP
Member ID: 35775903	Date of Exam: Nov 29, 2024 09:27 AM
Company: INDIVIDUAL ACCOUNT	Date Printed: Nov 29, 2024 03:52 PM

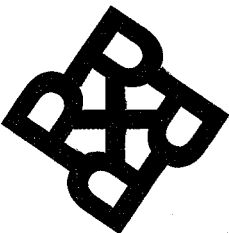
CLINICAL MICROSCOPY
Fecalysis/Stool Exam

TEST	RESULT
Color	Brown
Consistency	Formed
Significant Findings	No Intestinal Parasites Seen

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Ginalyn C. Velasco, RMT PRC License No. 53127 Medical Technologist	Chris Nicole Vergara, RMT PRC License No. 93630 Verified by	Marlene Ontog, - , MD, FPSP, MHSA PRC License No. 61864 Pathologist
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Name: ALJON GALANG MENDIOLA
Age: 32 years old
Sex: Male
Member ID: 35775903
Company: INDIVIDUAL ACCOUNT

Specimen No: 1124-661
Requesting Physician: N/A
Exam Type: EXECUTIVE CHECK-UP
Date of Exam: Nov 29, 2024 08:12 AM
Date Printed: Nov 29, 2024 03:53 PM

CLINICAL MICROSCOPY
Fecal Occult Blood Test/FOBT

TEST
Fecal Occult Blood Test/FOBT

RESULT
NEGATIVE

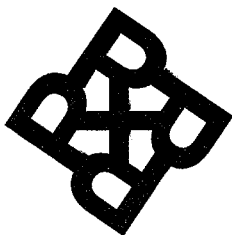
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Medical Technologist

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Marlene Ontog, - MD, FPSP, MHSA
PRC License No. 61864
Pathologist

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Mc. Arthur Highway, Salapungan, Angeles City, Pampanga, 2009
Contact Nos.: 0908 810 3688 | 0906 428 2678
E-mail: appt.angeles@medicardphils.com Website: www.medicardphils.com

Patient Name: MENDIOLA, ALJON
Sample ID: 1124-661
Age: 32
Sex: MALE

Exam Type: EXECUTIVE CHECK UP
Physician: N/A
Test Date: 29 NOV 2024
Test Time: 12:18:45

BLOOD CHEMISTRY

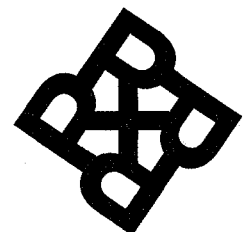
Test	Result	Normal Range
GLUCOSE, FBS	80 mg/dL	70 - 110
UREA NITROGEN	10.6 mg/dL	4.7 - 23.4
CREATININE	1.03 mg/dL	0.7 - 1.3
CHOLESTEROL	145.20 mg/dL	0 - 200
TRIGLYCERIDES	93.43 mg/dL	0 - 150
HDL	LO 37.01 mg/dL	40 - 60
LDL	90 mg/dL	0 - 130
VLDL	18.69 mg/dL	0 - 30
URIC ACID	6.2 mg/dL	3.5 - 7.2
SGOT/AST	19 U/L	0 - 38
SGPT/ALT	21 U/L	0 - 41

CHRIS NICOLE VERGARA, RMT
Lic. No. 93630
Medical Technologist

RICHARD M. GUINTU, RMT
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MARLENE ONTOG, MD, FPSP, MHSA
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Pathologist

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Name: ALJON GALANG MENDIOLA	Control No: 06003-1124
Age: 32 years old	Requesting Physician: N/A
Sex: Male	Exam Type: EXECUTIVE CHECK-UP
Member ID: 35775903	Date of Exam: Nov 30, 2024 07:24 AM
Company: INDIVIDUAL ACCOUNT	Date Printed: Nov 30, 2024 07:25 AM

X-RAY
CXR PA

Lung fields are presently clear of any active parenchymal infiltrates.
Pulmonary vascular size and distribution are normal.
The heart is not enlarged.
Aorta is not dilated.
Diaphragm and costophrenic sulci are well-defined.
Bony thoracic cage is intact.
No abnormal soft tissue densities are noted in the chest wall.

IMPRESSION:

NORMAL CHEST FINDINGS

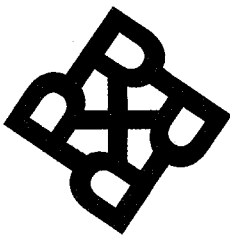
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Jean Ramirez
PRC License No. 10069
Imaging Technologist

ROMEO CASTRO JR
PRC License No. 17372
Verified by

Roberto Ariel Belmonte, MD
PRC License No. 63987
Radiologist

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City, Pampanga
appt.angeles@medicardphils.com,09088103688,

Name: ALJON GALANG MENDIOLA	Control No: 0452-1124
Age: 32 years old	Requesting Physician: N/A
Sex: Male	Exam Type: EXECUTIVE CHECK-UP
Member ID: 35775903	Date of Exam: Nov 29, 2024 03:04 PM
Company: INDIVIDUAL ACCOUNT	Date Printed: Dec 02, 2024 10:39 AM

ULTRASOUND
Whole Abdomen Ultrasound

Liver : 14.5 x 11.7 x 14.0 cm
Pancreas : 2.7 x 1.8 x 1.6 (H x B x T)
Gallbladder : 6.7 x 2.0 cm
Spleen : 11.4 x 3.8 cm
Right Kidney : 11.0 x 4.6 cm Cortical Thickness : 1.8 cm
Left Kidney : 12.0 x 5.6 cm Cortical Thickness : 2.2 cm
Prostate Gland : 3.2 x 2.2 x 2.8 cm (10.3 gms)

The liver is not enlarged. It has smooth contour and homogenous parenchymal echopattern. No abnormal focal echoes seen. The intrahepatic ducts are not prominent.
The gallbladder adequately distended. The walls are not thickened. A few tiny immobile, midlevel echoes are noted within, measuring 0.5 x 0.5 cm. The cystic and common bile ducts are not dilated.
Pancreas and spleen are unremarkable.
Both kidneys are normal in size and configuration. Corticomedullary junction is distinct. No calculi or caliectasia seen.
Urinary bladder is adequately distended. The walls are not thickened. No intravesical echoes seen.
The prostate gland is normal in size. Parenchymal echotexture is uniform. No abnormal focal echoes seen. Capsule is intact.

IMPRESSION:

CHOLESTEROL POLYPS, GALLBLADDER
THE REST OF THE VISUALIZED ABDOMINAL ORGANS ARE ESSENTIALLY NORMAL

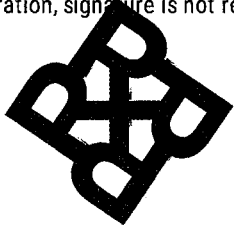
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Elsa Dizon
PRC License No. 9567
Imaging Technologist

ROMEO CASTRO JR
PRC License No. 17372
Verified by

Roberto Ariel Belmonte, MD
PRC License No. 63987
Sonologist

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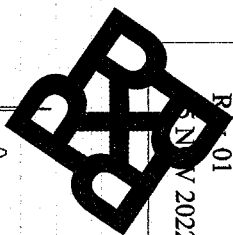
Age / Gender: 32/Male
Patient ID: 022931124
Patient Name: MENDIOLA ALJON (ECU011104)

Medicard Angeles, Philippines
Cibels Building Dormitory Mc Arthur, Highway
Limasawa St. Angeles City
Date and Time: 29th Nov 24 7:55 AM

FSC-FO-009

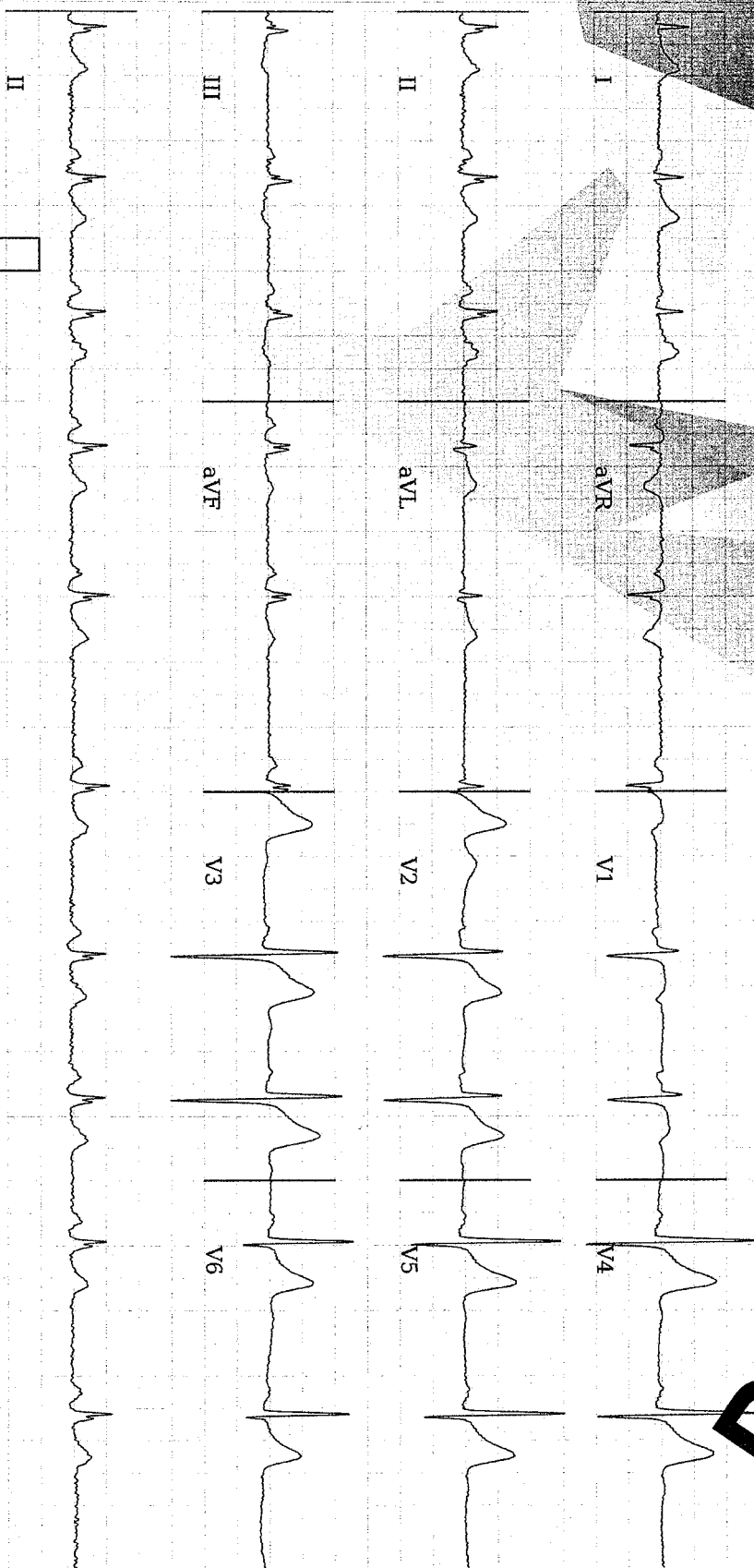
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29 NOV 2022



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25.0 mm/s 10.0 mm/mV 0-20Hz, 50Hz

AR: 62bpm

VR: 62bpm

QRSD: 86ms

QT: 388ms

QTcB: 393ms

PRI: 148ms

P-R-T: 63° 47° 23°

ECG Within Normal Limits: Sinus Arrhythmia. Please correlate clinically.

REPORTED BY

Dr. Churchill Cantero-Angus

Adult cardiologist
0121744

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.

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