



We are afraid of being alone.

We are afraid of being powerless.

We are afraid of things we don't know.

We are afraid of awkwardness.

We are afraid of losing the people we care about.

We are afraid of people judging us.

We are afraid of being useless.

We are afraid of failing.

We are afraid of facing real life when real life is not what we want it to be.



These fears are Satan's lies.

## lies lies lies



Jesus calls us to love strangers, love neighbors, love friends, love family, and love God.

Love does things.

What we intentionally give our attention to is what we love most.







Does your attention need to be refocused?