User Manual

After the application is installed following steps are necessary to run the application properly:

1. In settings you have to type in the name of the Calendar used in your Google Calendar that you want to use the application with.
2. After that is done you can specify settings for the application. Following settings are available:
   - Working hours per day
     - ➢ How many hours a day you want to work
   - Week Start Time
     - ➢ When you start to work on a week day for example 8 a.m.
   - Number of same sessions
     - ➢ How many sessions of the same exercise can be on the same day
   - Weekend start time
     - ➢ When you start to work on weekend for example 10 a.m.
   - Weekend work time
     - ➢ How long you want to work on a weekend day
   - Pause
     - ➢ How much time you want to have as pause between two worksessions on the same day
   - Weekend available
     - ➢ Click here if you want to work on weekends too, uncheck this checkbox if you want to have a free weekend
3. When you now click onto the calendar icon and in the calendar on a day, where your Google Calendar contains some events, these events are now shown in the application's calendar too.
4. Now you can create some tasks.
5. Go into the ToDoList and click the "Plus" icon in the action bar.
6. A formular appears where you have to give some details for your task.
7. After you finished typing in the entire details click onto the "plus" icon in the function bar.
8. You will be redirected to the ToDo-List where your previously created task will now show up.
9. When you now click onto the list entry with of your task you will see all details of it.
10. If you set the task to "Finished" and then go back the list entry of your task will now show a tick instead of the arrow before. But be careful with setting the task to "Finished", because once it is set "Finished", you can't change it back to "Not yet finished" any more.
11. Now you click onto the calendar icon – the application will not check the calendar for the best time to set your WorkSessions at.
12. Now check every day in the period of time between today and the deadline of your task for your WorkSessions and look, where they have been set.