Michelle Fisher

Age: 51

Primary User (First time use)

Teacher and loving Mom

"I will reach my goal weight this year!"



Scenario: Michelle receives a meal plan from her nutritionist and is directed to the "Bishop Nutrition" app to track her food intake.

Summary of Scenario	Tasks/Steps	Context of Use
Michelle's nutritionist walks her through setting up her profile on their app "Bishop Nutrition". That includes which plan best suits her goal and her information (age, height, weight, measurements, etc).	 Nutritionist gives michelle her login info Downloads and opens app Logs into app Prompt to enter information (height, weight, measurements, etc) Prompt to reset password now or later Michelle is set up to start tracking her food intake 	At the clinic with her nutritionist. Uses an iPhone 8.

Jordan Fisher

Age: 58

Primary User

Father, newly retired

"A new year, a new me!"



Scenario: Using "Bishop Nutrition" app to track his daily food intake he adds his most frequently eaten foods to his favourites list.

Summary of Scenario	Tasks/Steps	Context of Use
Jordan has just sat down at the end of his day. He wants to track his food intake for the day. Including his proteins, carbs, fats, fruits, restricted vegetables and water. Since these are the foods he eats frequently, he adds them to his favorites list.	 Jordan opens Bishop Nutrition Reads the food list Searches for the foods he's eaten today Adds skim milk, apple and beets to add them to his favourites Adds each item to his daily count Selects the amount of glasses of water he's had for the day 	At home sitting on his couch. Uses an iPhone X.

Sandy Anderson

Age: 46 Primary User

Married and works in I.T.

"I want to feel like the old me again"

Scenario: Uses "Bishop Nutrition" to track her exercise and post exercise snack.

Summary of Scenario	Tasks/Steps	Context of Use
After working out at the gym Sandy uses "Bishop Nutrition" to track that days cardio workout of running and swimming as well enter the snack she had post workout.	 Opens Bishop Nutrition Navigates to activity Selects cardio as well as duration and how she felt afterwards. After saving the workout she returns to the home screen Searches in her favorite foods for her protein bar snack she had post workout and records it. 	At the gym after a workout Uses and iPhone X.

Jodi Lowry Age: 37

Primary User

Office Administrator

"I've lost 140lbs and will keep it off!!"



Scenario: At the recommendation of her doctor she tracks her food and gets a notification weekly to track her weight.

Context of Use Summary of Scenario Tasks/Steps Since Jodi's surgery her doctor has asked her At a preset time gets a weekly At home before work. notification that's it's weigh-in day= to follow a meal plan as well as perform weekly Tracks her weight and measurements to track • Enters her current weight, time of day weigh-ins and body measurements. She uses weight loss progress. and the date. "Bishop Nutrition" to track her foods and sets a • Enters her chest, waist and hip Uses an iPhone Pro Max. weekly reminder to track her weight. measurements • Checks her weight history to see her progress