Sleep easy — you won’t have to redo the whole setup. After a shutdown/restart, all the heavy stuff (Xcode, Homebrew, Flutter, CocoaPods, Pods) stays installed.

**Tomorrow’s quick start**

1. Open **Terminal**.
2. Go to your project:

bash

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cd ~/dev/FAIAssistant

1. Start the iOS Simulator:

arduino

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open -a Simulator

1. Run the app:

arduino

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flutter run -d ios

That’s it for day-to-day work. Hot reload will be instant.

**Sometimes you’ll also do**

* **Pulled new code / changed packages:**  
  flutter pub get
* **Added/updated an iOS plugin:**  
  cd ios && pod install && cd ..
* **Simulator says “No devices found”:** open/boot a device in Simulator again.
* **Real iPhone builds (not simulator):** signing is remembered, but **free provisioning** expires every ~7 days—Xcode may have you re-run once.

If anything looks odd in the morning, ping me with the exact message and we’ll sort it fast.