



S.E.X.: The All-You-Need-to-Know Sexuality Guide to Get You Through Your Teens and Twenties

By Heather Corinna

The Perseus Books Group, United States, 2016. Paperback. Book Condition: New. 2nd. 231 x 185 mm. Language: English . Brand New Book. As a teen or emerging adult, dealing with all the changes going on in your life, body, and mind can be mighty overwhelming. When it comes to sex, everyone seems to have strong feelings and opinions about who you should be and what you should (shouldn't) do. How do you decide who to listen to? Heather Corinna and Scarleteen have provided sex education and information to millions of young people, parents, and mentors since 1998; S.E.X. tackles all the big topics: Self-image and how to find and claim your own sexual self How to best protect and support your sexual and emotional health Sorting out gender and sexual identities, even when they're complicated and confusing The latest on contraceptive methods and other reproductive choices, sexually transmitted infections, and safer sex Finding, creating, and managing healthy and happy relationships How to set and respect limits and boundaries, and rock consent Identifying, preventing, or healing from abuse or assault .and much more. Whatever your gender or sexual identity, whether you've already been actively exploring your sexuality or...



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