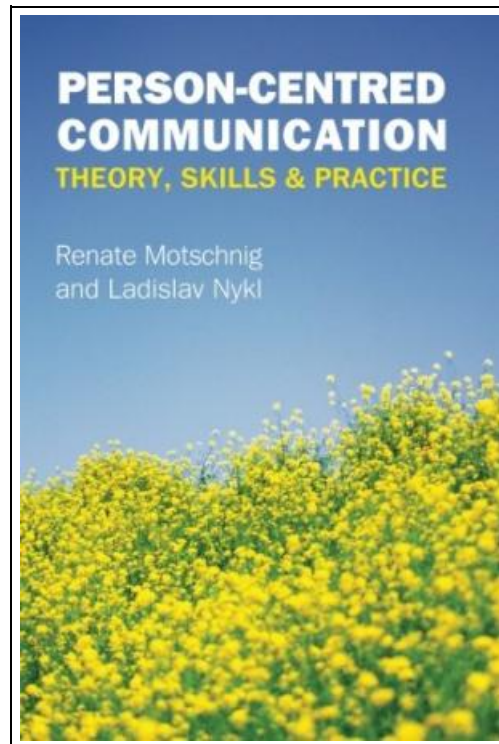


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PERSON-CENTRED COMMUNICATION: THEORY, SKILLS & PRACTICE



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Open University Press. Paperback. Book Condition: new. BRAND NEW, Person-Centred Communication: Theory, Skills & Practice, Renate Motschnig, Ladislav Nykl, Person-centred communication involves significant and empathic perception and understanding of oneself and others. This book uses the humanistic psychology of Carl Rogers to offer a comprehensive person-centred communication framework, which the authors have tried and tested in therapeutic, education and management practice. Skilfully blending theory with practice, the authors explain the core skills of person-centred communication. There are reflective exercises and conversation transcripts from a variety of settings, along with many examples from therapy and related helping professions. These span diverse life situations and applications, including: One-to-one work with clients Teamwork and groupwork Lifelong learning Reflection Online and other written forms of communication Exploring these real life situations offers invaluable inspiration to therapists, students and trainees as well as practitioners in the helping professions. This book will help you to process your experiences more sensitively, thus improving your own practice, relationships, and teamwork. "This inspiring work is not primarily about counselling practice; it is a book that encapsulates the nature of the person-centred approach (PCA) as a 'way of being' rather than a school of therapy .In my opinion this book should be read by every potential power wielding human being likely to make any impact on the world!"Therapy Today, October 2014 "This book shows the incredible value of person-centred communication to educators, psychologists and leaders, anyone interested in effective, helpful and growthful human relationships will find this an excellent resource." Stephen Joseph, Professor of Psychology, Health and Social Care, University of Nottingham, UK "No matter what your field or context, Person-centred Communication offers a path to a more meaningful, successful life. As researchers and practitioners with a wealth of experience, Renate and Ladislav share their communication expertise in management, information...



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