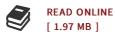




All You Need is Less: The ECO-Friendly Guide to Guilt-Free Green Living and Stress-Free Simplicity (Paperback)

By Madeleine Somerville

Viva Editions, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Most eco-friendly books start with terror-inducing lists of the carcinogenic chemicals you are liberally slathering all over every single surface in your house, painting most people as unwitting eco-villains, happily Lysol-ing their way straight to hell. Well, readers can just relax and unpack the (plastic) bags no guilt trips today! All You Need is Less is about realistically adopting an eco-friendly lifestyle without either losing your mind from soul-destroying guilt or becoming a preachy know-it-all whom everyone loathes. It sall gotten kind of complicated, hasn tit? This whole eco-friendly thing seems to have devolved into a horrific cycle of guilt, shaming, and one-upping, and as a result people are becoming exhausted. It doesn thave to be this way. It is possible to take baby steps towards a more Earth-friendly lifestyle without stress, guilt, or judgmental eco-shaming. Top ecoblogger Madeleine Somerville is here with really original ideas on how to save money and the planet. Her ideas are even fun! Somerville has emerged as the voice of reason on urban homesteading that is stress-free, sanity-based, and above all do-able.



Reviews

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.

-- Dr. Kadin Hane DVM

This publication may be worth purchasing. it was actually writtern quite flawlessly and valuable. I am just happy to tell you that this is actually the very best book i actually have study inside my personal life and can be he best ebook for actually.

-- Frank Nienow

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