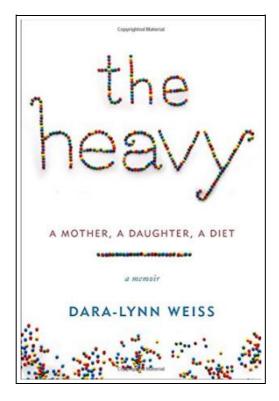
The Heavy: A Mother, a Daughter, a Diet (Hardback)



Filesize: 8.06 MB

Reviews

The ebook is straightforward in go through preferable to recognize. It typically does not charge too much. Its been designed in an exceptionally straightforward way and it is just following i finished reading this book where basically altered me, affect the way i really believe

(Dr. Reta Murphy)

THE HEAVY: A MOTHER, A DAUGHTER, A DIET (HARDBACK)



Random House USA Inc, United States, 2013. Hardback. Condition: New. Language: English . Brand New Book. For readers of Battle Hymn of the Tiger Mother and Bringing Up Bebe, a mother s unflinching memoir about helping her seven year-old daughter lose weight, and the challenges of modern parenting. When a doctor pronounced Dara-Lynn Weiss s daughter Bea obese at age seven, the mother of two knew she had to take action. But how could a woman with her own food and body issues--not to mention spotty eating habits--successfully parent a little girl around the issue of obesity? In this much-anticipated, controversial memoir, Dara-Lynn Weiss chronicles the struggle and journey to get Bea healthy. In describing their process--complete with frustrations, self-recriminations, dark humor, and some surprising strategies--Weiss reveals the hypocrisy inherent in the debates over many cultural hot-button issues: from processed snacks, organic foods, and school lunches to dieting, eating disorders, parenting methods, discipline, and kids self-esteem. Compounding the challenge were eating environments--from school to restaurants to birthday parties-that set Bea up to fail, and unwelcome judgments from fellow parents. Childhood obesity, Weiss discovered, is a crucible not just for the child but also for parents. She was criticized as readily for enabling Bea s condition as she was for enforcing the rigid limits necessary to address it. Never before had Weiss been made to feel so wrong for trying to do the right thing. The damned if you do/damned if you don t predicament came into sharp relief when Weiss raised some of these issues in a Vogue article. Critics came out in full force, and Weiss unwittingly found herself at the center of an emotional and highly charged debate on childhood obesity. A touching and relatable story of loving a child enough to be unpopular, The Heavy will leave...



Read The Heavy: A Mother, a Daughter, a Diet (Hardback) Online

Download PDF The Heavy: A Mother, a Daughter, a Diet (Hardback)

Other Books



Little Girl Lost: The True Story of a Broken Child

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Little Girl Lost: The True Story of a Broken Child, Mia Marconi, The fourth in a series of true short stories from foster carer Mia Marconi. Kira...

Read Book »



All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed, Audrey Delaney, 'I could see what he was doing to the...

Read Book »



The Stories Mother Nature Told Her Children

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. Purchase one of 1st World Library s Classic Books and help...

Read Book »



Coralie

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. Purchase one of 1st World Library s Classic Books and help...

Read Book »



The Case for the Resurrection: A First-Century Investigative Reporter Probes History s Pivotal Event

 $ZONDERVAN, United States, 2010. \ Paperback. \ Book. \ Condition: New. \ 180 \times 127 \ mm. \ Language: English. \ Brand \ New Book. \ The Case for the Resurrection, a ninety-six-page booklet from bestselling author Lee Strobel, provides new evidence that...$

Read Book »