



Wild Mocktails and Healthy Cocktails: Home-Grown and Foraged Low-Sugar Recipes from the Midnight Apothecary (Hardback)

By Lottie Muir

Ryland, Peters Small Ltd, United Kingdom, 2018. Hardback. Condition: New. Language: English. Brand New Book. Create delicious mocktails and low-sugar cocktails, using home-grown and foraged ingredients. Includes a foreword by Jekka McVicar. Award-winning cocktail-maker and gardener Lottie Muir brings you another selection of wonderfully wild and flavourful concoctions from her pop-up bar, The Midnight Apothecary. For this new repertoire of drinks, Lottie set herself a threefold challenge: to achieve the same amount of pleasure and balance that refined sugar provides in the taste and mouth-feel of a cocktail, to create new aromatic and bitter-forward drinks, and to make delicious new mocktails for those who want to consume no, or less, alcohol. Lottie has created delicious infusions, cordials, sodas, shrubs, bitters, teas and tonics that can be mixed alcohol free as mocktails - try out the Cherry Blossom and Flowering Currant Cordial, the Thyme and Licorice Syrup, or the Iced Spring Tonic Tea - or added to your favourite spirits to create a magical take on old-time classics, such as the Wild Negroni or the Windfall Punch. There is the perfect drink for any time of the year and whatever your mood, so whether it is Dry January mocktails that...



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