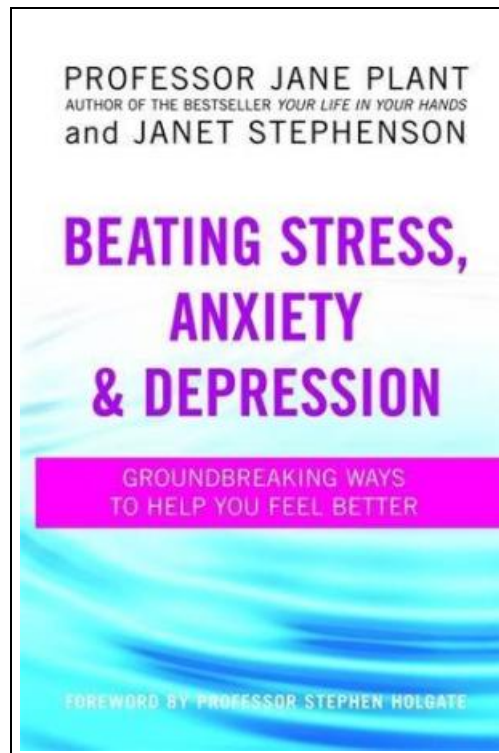


## Beating Stress, Anxiety and Depression: Groundbreaking Ways to Help You Feel Better



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