

Out of Body Experiences: A Practical Guide to Exploring the Astral Plane (Paperback)

By Kensho

Createspace, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. You may have heard the term Out of Body Experience before - but what is it? Throughout history, these have been commonly referred to as mystical experiences - a sensation of disconnection from the physical body, the entering into of a new body, and the ability to explore a spiritual world. While scientists often argued over the nature of these experiences, astral travelers themselves have been using this ability to explore other dimensions, travel to other places on Earth in a phantasmal form, obtain greater knowledge, and even embark on journeys with other astral travelers in tandem. For the first time, this is your opportunity to learn from a teacher of the OBE, a man named Kensho (born in Mexico) who has himself embarked on hundreds of adventures.





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