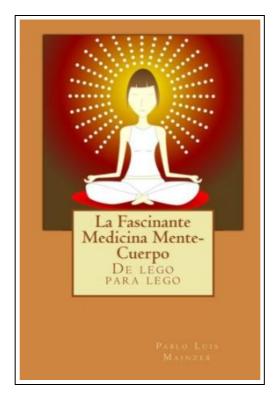
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Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: Spanish . Brand New Book ***** Print on Demand ******. El tema y el objetivo del autor son tanto mayores que su mera cualificacion, que ya, ya el lector abandonara cualquier vestigio de resistencia, para hacer una sabrosa incursion al fascinante mundo de la interaccion mente y cuerpo. A traves de pesquisas a lo largo de anos y constataciones practicas en su propia vida, el autor demuestra su profunda conviccion de que somos una maquina perfecta, donde todo debe estar en harmonia: lo mental, lo fisico, el psiquismo y el organismo. De lo alto de sus noventa anos de edad, teniendo pasado por situaciones adversas a lo largo de su conturbada vida: fuga de una Alemania nazista; separacion de los padres cuando aun adolescente; enfrentamiento del cancer que mato su esposa, ademas de tener mismo enfrentado y superado un cancer -- apenas manteniendo mucho equilibrio emocional, obtenido con la practica persistente de la meditacion. De donde se puede concluir: lego, si, mas con la debida autoridad de quien experimento mucha cosa. Y tanto cree el autor en el poder de la mente sobre el cuerpo y su sistema inmunologico y en el beneficio de la meditacion, que ? lejos de guardar esto apenas para si ? hace cuestion de compartir sus descubiertas y convicciones con un publico mas amplio. Y mas de que esto: insiere varios articulos y testimonios cientificos y de sites medicos, en que se puede percibir, muy nitidamente ? aunque de manera incipiente - el aflorar de una nueva ciencia: la de la necesidad de una medicina mas integrante y mas vuelta para el ser humano, o sea, con una vision holistica del hombre. Con certeza, despues de la lectura de La Fascinante Medicina Mente-Cuerpo...



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