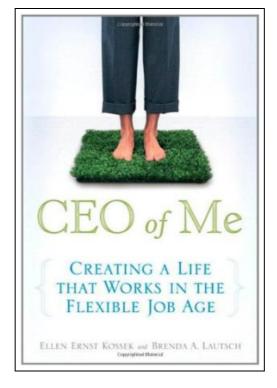
CEO of Me: Creating a Life That Works in the Flexible Job Age



Filesize: 5.94 MB

Reviews

Absolutely essential study pdf. It is writter in basic words and phrases rather than hard to understand. I am just happy to tell you that this is basically the finest pdf i actually have study during my personal lifestyle and can be he very best publication for actually. (Shyanne Senger)

CEO OF ME: CREATING A LIFE THAT WORKS IN THE FLEXIBLE JOB AGE



Pearson Education (US). Paperback. Book Condition: new. BRAND NEW, CEO of Me: Creating a Life That Works in the Flexible Job Age, Ellen Ernst Kossek, Brenda A. Lautsch, You are the CEO of your life: you, and nobody else. You can establish the new rules that will help you achieve true balance between work and the rest of your life. And if you don't do it, nobody else will. Now is the time to take control, and this is the book that will get you there. CEO of Me is like no other "work-life balance" book you've ever seen: there are no cliches here, and no one-size-fits all solutions. Instead, Drs. Ellen Kossek and Brenda Lautsch help you identify which of six worklife "patterns" you fit into and how to move towards a pattern that's more productive and comfortable for you, one step at a time. As leaders of North America's largest research projects on work/life balance, Kossek and Lautsch are singularly well-qualified to write this book. Drawing on their unparalleled research insights, they show how to identify the personal triggers that cause you the greatest stress.make the small changes that make the biggest difference.make technology work for you, not against you.redraw the lines between work and family as your life changes.master powerful strategies for managing yourself, your colleagues, and your supervisors.leverage emerging work options that are available to our generation for the first time. The authors' radical new approach will transform the way you view both your work and your life and help you make the practical changes that lead to true fulfillment.





Relevant Books



DK Readers L1: Jobs People Do: A Day in the Life of a Firefighter

DK Publishing. Paperback / softback. Book Condition: new. BRAND NEW, DK Readers L1: Jobs People Do: A Day in the Life of a Firefighter, Linda Hayward, DK Publishing, This Level 1 book is appropriate for...

Read eBook »



The First Epistle of H. N. a Crying-Voyce of the Holye Spirit of Loue. Translated Out of Base-Almayne Into English. (1574)

Eebo Editions, Proquest, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ****** Print on Demand ******. EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now...

Read eBook »



Millionaire Mumpreneurs: How Successful Mums Made a Million Online and How You Can Do it Too!

Harriman House Publishing. Paperback. Book Condition: new. BRAND NEW, Millionaire Mumpreneurs: How Successful Mums Made a Million Online and How You Can Do it Too!, Mel McGee, Inspiring stories from some of the world's most...

Read eBook »



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age
Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy,
Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

Read eBook »



A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half

 $Create space, United States, 2014. \ Paperback. \ Book Condition: New. \ 251 \times 178 \ mm. \ Language: English. \ Brand New Book ***** Print on Demand *****. The ultimate learn-by-doing approach Written for beginners, useful for experienced developers who want to...$

Read eBook »