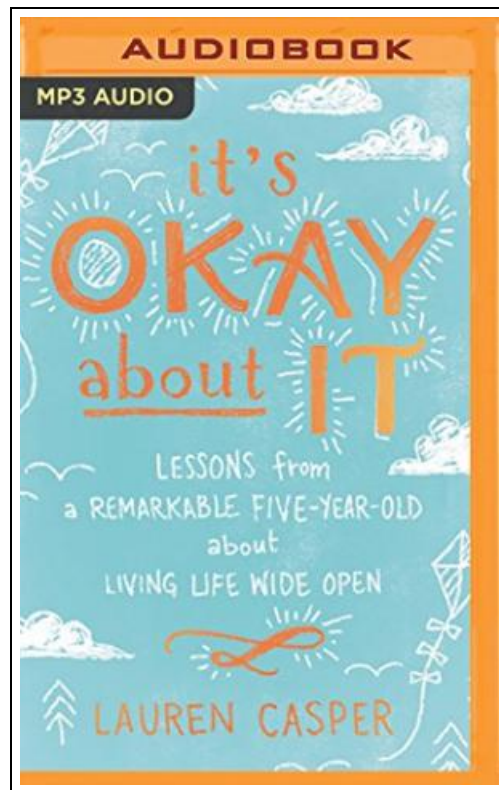


## It's Okay about It: Lessons from a Remarkable Five-Year-Old about Living Life Wide Open



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## IT S OKAY ABOUT IT: LESSONS FROM A REMARKABLE FIVE-YEAR-OLD ABOUT LIVING LIFE WIDE OPEN

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Thomas Nelson on Brilliance Audio, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Popular blogger Lauren Casper shares poignantly simple yet profound wisdom about removing the barriers we construct around our hearts and doing life full-on, all from the least expected source: her five-year-old son, Mareto. For Lauren Casper, living with her five-year-old autistic son, Mareto, is a lot like playing the telephone game. He blurts out little phrases that have their origin in something he saw or heard, but by the time they make their way through his mind and back out of his mouth they ve transformed--often into beautiful truths about living a simple, authentic, love- and joy-filled life. Mareto has a number of mantras, scripted phrases he says over and over. They seem silly at first, but as Casper has thought about them over time, she s realized he is actually sharing important life lessons. From it s okay about it, a simple reminder that even when things are painful or difficult, things will be okay because of the God who promises never to leave or forsake his children, to you re making me feelings, which teaches the importance of leaning into one s emotions and, in doing so, sharing a piece of oneself with loved ones--Mareto s simple yet profound wisdom is a reminder to embrace the broken beauty of life, to believe in a God bigger than human comprehension, to love others even when it doesn t make sense, and to find joy in unexpected places. For all those looking to recapture the faith, simplicity, wonder, hope, courage, and joy of life, It s Okay About It provides a guide to look inward and live outward, to discover the most wide open and beautiful life possible.

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