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Wabi-Sabi Wisdom: Inspiration for an Authentic Life (Paperback)

By Andrea M Jacques

Kyoseipress, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In a Japanese tea ceremony, when a treasured bowl breaks, it is never discarded. Instead, shards are joined with lacquer and gold, creating beauty from imperfection and splendor from misfortune. This philosophy of finding beauty in life's rough-earned wisdom the Japanese call wabi-sabi. A tasty tea for the soul, Wabi-Sabi Wisdom: Inspiration for an Authentic Life steeps readers in Eastern concepts infused with author Andrea Jacques' unique perspective and charm. An elegantly designed easy read, each chapter explores unique themes such as work-life balance, stress, doing the work you love, finding purpose, increasing productivity, achieving mastery, cultivating authentic success, finding happiness, and much, much more. Blending equal parts wit and wisdom, the book is the perfect companion for sipping on enlightenment and immersing oneself in inspiration for a life well-lived. Life is transient, unfinished, and imperfect. How wonderful! I have long admired people who have the courage to put their entire body mind into their work. When they do, what they offer the rest of us is pure gold. Andrea Jacques lives this kind of life and has written this kind...



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