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Kinesiology for Manual Therapies: A Multi-Dimensional Approach (Paperback)

By Nancy W. Dail, Timothy A. Agnew, R. T. Floyd

McGraw-Hill Education - Europe, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book. Kinesiology for Manual Therapies introduces the philosophy of Dimensional Massage Therapy as well as Clinical Flexibility. This text connects techniques to individual joints and body areas based on the structural foundation of the muscular skeletal system. Learning intensive guides help students develop palpation skills, understand anatomy from a functional stand point, and build a toolbox of techniques for individualized treatments. This text can be used in a multitude of manual therapies, from physical therapy, occupational therapy, athletic training to yoga and massage therapy. Clinical Notes and Muscle Specific Flashcards are included for additional study resources; as well as summaries, and review questions.



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