



Beyond Flour 2: A Fresh Approach to Gluten-Free Cooking Baking (Paperback)

By Marie Porter

Celebration Generation, 2016. Paperback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. Imagine gluten-free foods that are as good - or better! - than their traditional, gluten-filled counterparts. Imagine no longer settling for foods with bizarre after-tastes, gummy consistency, and/or cardboard texture. If you've cooked from Beyond Flour, you already know that these fantasies can be reality - it's all in the development of the recipes. Marie Porter takes a unique approach: developing gluten-free recipes from scratch, custom blending alternative flours as individual ingredients of a recipe, rather than using an all purpose mix. When flavours, textures, and other properties of flours are used in proper proportions - along with supporting ingredients and techniques - the results can be fantastic! The food that you will make from the recipes contained in this book will be good food, on its own. You will not need to qualify any compliments with . . . for a gluten free dish. The thing is, flour is only one ingredient. Recipes aren't about one ingredient, they're about how multiple ingredients and techniques...



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