### **CURRICULUM VITAE**

POLLY WESTCOTT, PSY.D., HSPP pwestcott@indianahealthgroup.com

**Current Position:** 

Indiana Health Group

Neuropsychological and Forensic Assessment

Psychological Assessment

Biofeedback

Psychotherapy and Counseling

**Education:** 

Undergraduate:

1997

BA, Psychology

Purdue University, West Lafayette, IN

Graduate:

1999

MS, Counseling Psychology

Indiana University, Bloomington, IN

2002

MA, Clinical Psychology

Widener University, Chester, PA

2004

Doctor of Psychology

Concentrations: Forensic Psychology,

Neuropsychology

Widener University, Chester, PA

Fellowship:

2004-2006

Indiana University Medical Center

Neuropsychology Clinic in Psychiatry

APPCN affiliated

Internship:

2003-2005

Widener University

APA accredited

**Rotations:** 

ions: Elwyn, Inc.

Inpatient psychiatric center

Media, PA

Berman, Caplan, & Schechter Neuropsychology private practice

Wynnewood, PA

1999-2000

Indiana Women's Prison

Psychiatric program Indianapolis, IN

Practicum:

2001-2002

Widener University Enable Program

Learning disability center



#### Chester, PA

2000-2001 Clinical Neuropsychology Associates

Neuropsychology private practice

Philadelphia, PA

1999-2000 Devereux Kanner Center

Adolescent sexual offender program

West Chester, PA

1998 Monroe County Corrections

Adolescent offender program

Bloomington, IN

**Previous Practice Positions:** 

2015-2017 Director, Comprehensive MedPsych Systems at

Professional Psychological Services

Contractor, Indiana State Police (New recruit

assessment, Sex Crimes Unit annual evaluations, Officer treatment)

Neuropsychologist

Biofeedback and psychotherapy

2007-2015 Professional Psychological Services (private

Practice

Contractor, Indiana State Police (New recruit

assessment, Sex Crimes Unit annual evaluations, Officer treatment)

Neuropsychologist

Biofeedback and psychotherapy

Hospital Appointments:

2006-2007 Roudebush VA Medical Center

Director of the Polytrauma TBI unit Neuropsychology clinic, Polytrauma

Indianapolis, IN

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2006-2007

Indiana University School of Medicine

Indiana University Medical Center

Indianapolis, IN

Academic affiliations:

2007-2012

Indiana University School of Medicine

Volunteer professorship

**Professional Service:** 

2018-

Neuropsychology for Psychiatry residents

Chair of Programming/Professor Community North Hospital

2012-2020

American Psychological Association

Psychological Workplace Network Steering Committee

Board Member

2009-2020

Indiana Psychological Association

Business of Practice Network Chairman Psychological Healthy Workplace Chairman

2007-2017

Indiana University School of Medicine

Graduate program lecturer

2007-2015

University of Indianapolis

Graduate program lecturer

2015-2017

Brain Injury Association - Executive Board member

2008-2015

Indianapolis Discovery Network for Dementia

HABC Research Implementation Board

2010-2014

Indiana Psychological Association 2011 Fall Conference Chairman 2012 Fall Conference Chairman 2013 Fall Conference Chairman

2010-2012

Castleton United Methodist Nursery School

**Board of Directors** 

2006-2008

Indiana State Brain Injury Grant Brain Injury Advisory Council

Education Committee
Referral Committee

# **Professional Presentations:**

April 2023	Indiana Spring Judicial College The Brain and the Bench: How to make the most of neuropsychology in the courtroom
April 2023	Community Hospital, Psychiatry Residents Indianapolis, IN Paraphilic Disorders
March 2023	Indiana Judges and Lawyers Assistance Program Where did I put my briefs? Distinguishing what is "normal" aging from mood difficulties and early signs of dementia
March 2023	Indianapolis Metro Police, Crisis Intervention Team Brain Injury and Disease Processes
March 2023	Hamilton County Police, Crisis Intervention Team Dementia: The Bucket Category
March 2023	Purdue University Forensic Psychology: More than Just Criminal Minds
October 2022	Indianapolis Metro Police, Crisis Intervention Team Brain Injury and Disease Processes
June 2022	Melvin M. Belli Society Johnny Depp Trial: What did we learn about psychological testimony at trial?
April 2022	Indianapolis Metro Police, Crisis Intervention Team Brain Injury and disease processes
April 2022	Culver Military Academy Psychology in Forensic Assessment
March 2022	Fishers Police Department, Crisis Intervention Team Brain Injury and disease processes Psychopathy
November 2021	Indianapolis Metro Police, Crisis Intervention Team Brain Injury and disease processes
March 2021	Fishers Police Department, Crisis Intervention Team

Psychopathy

February 2020 Community Hospital, Psychiatry Residents

Indianapolis, IN
Paraphilic Disorders

November 2019 Indianapolis Metro Police, Crisis Intervention Team

Brain Injury and disease processes

September 2019 Neuropsychological Assessment

Indiana Continuing Legal Education Seminar

Indianapolis, IN

September 2019 Fishers Police Department, Crisis Intervention Team

Alzheimer's Disease and Related Dementias

September 2019 Fishers Police Department, Crisis Intervention Team

Psychopathology

May 2019 Symptom exaggeration and TBI

National Webinar for trial attorneys

April 2019 Community Hospital

Indianapolis, IN

Malingering, TBI and other Psychological Disorders

March 2019 Fishers Police Department, Crisis Intervention Team

Alzheimer's Disease and Related Dementias

March 2019 Fishers Police Department, Crisis Intervention Team

Psychopathology

March 2019 Community Hospital, Psychiatry Residents

Indianapolis, IN
Paraphilic Disorders

December 2018 Indianapolis Metro Police, Crisis Intervention Team

Alzheimer's Disease, Psychosis, and TBI

September 2018 PTSD and other Psychological disorders associated

with TBI

National Webinar for trial attorneys

June 2018 How to explain TBI

National Webinar for trial attorneys

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April 2018	Indianapolis Metro Police, Crisis Intervention Team Alzheimer's Disease, Psychosis, and TBI
February 2018	Indianapolis Metro Police, Crisis Intervention Team Alzheimer's Disease and TBI in Law Enforcement
December 2017	TBI and related emotional disorders Indiana Continuing Legal Education Forum
December 2017	Community Hospital Indianapolis, IN Paraphilic Disorders
November 2017	Indianapolis Metro Police, Crisis Intervention Team Alzheimer's Disease and TBI in Law Enforcement
October 2017	Marion County Sheriff's Department Indianapolis, IN Intervening with Alzheimer's Disease
June 2017	Indiana Continuing Legal Education Seminar Indianapolis, IN Neuropsychological Assessment
June 2017	Alzheimer Association Annual Education Conference Indianapolis, IN Caregiving: How to persevere during the season of change
May 2017	National Kidney Foundation Indianapolis, IN Processing and communication strategies in Dementia: What you can do and when to ask for help
March 2017	Hamilton County Crisis Team Noblesville, IN Intervening with Alzheimer's Disease
February 2017	Marion County Sheriff's Department Indianapolis, IN Intervening with Alzheimer's Disease
February 2017	Community Hospital Indianapolis, IN Psychopathology

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December 2016 Alzheimer's Association

Indianapolis, IN

Neuropsychological Intervention and Dementia

December 2016 Community Hospital

Indianapolis, IN Sexual disorders

November 2016 Marion County Sheriff's Department

Indianapolis, IN

Intervening with Alzheimer's Disease

October 2016 Indianapolis Metro Police, Crisis Intervention Team

Intervening with Alzheimer's Disease

April 2016 Psychological Workplace Annual Meeting

Washington DC

Communicating with Executive Directors

March 2016 Crisis Intervention Team

Indianapolis Metro Police, Crisis Intervention Team

Intervening with Alzheimer's Disease

August 2015 Crisis Intervention Team

Indianapolis, IN

Intervening with Alzheimer's Disease

March 2015 Crisis Intervention Team

Indianapolis, IN

Intervening with Alzheimer's Disease

March 2015 Crisis Intervention Team

Indianapolis, IN

Intervening with Psychopaths

November 2014 Indianapolis Metropolitan Police Department

Indianapolis, IN

Intervening with Alzheimer's Disease

April 2014 National Organization of Veteran's Attorneys

Pittsburgh, PA

VA Psychological Examinations: The Good, The Bad,

and The Ugly

March 2014 Indiana University School of Medicine

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Indianapolis, IN

TBI in Veteran Populations

July 2013

St. Vincent Hospital

Indianapolis, IN

Understanding the Psychopath

March 2013

University of Indianapolis

Indianapolis, IN

Updates in the Field of Neuropsychology

September 2012

Indiana Psychological Association Seminar

Merrillville, IN

Psychopathy in Private Practice

October 2011

Private Practice and Ethics University of Indianapolis

May 2011

Case Managers at Work Organization

Indianapolis, IN

Posttraumatic Brain Injury

April 2011

Indiana University School of Medicine

Indianapolis, IN

Post-concussion management

February 2011

Indiana University School of Medicine

Indianapolis, IN

Competency Assessment for the Courts

November 2010

Indiana Psychological Association Annual Conference

Indianapolis, IN

Psychology in the Media

October 2010

Community North Hospital

Indianapolis, IN

**Deconstructing Psychopathy** 

September 2010

Indiana University School of Medicine

Indianapolis, IN

Psychopathy and Sociopathy

June 2010

Indiana University School of Medicine

Indianapolis, IN

Psychotic Disorders in the Elderly

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April 2010 Indiana University School of Medicine

Indianapolis, IN

Mild Traumatic Brain Injury (MTBI), Posttraumatic Stress Disorder (PTSD), and Postconcussive syndrome

April 2010 Indiana University School of Medicine

Indianapolis, IN

Clinical assessment of malingering

November 2009 Indiana Psychological Association Annual Conference

Indianapolis, IN

Understanding psychopathy in private practice

October 2009 University of Indianapolis

Indianapolis, IN

Neuropsychological assessment of malingering

September 2009 Brain Injury Association of Indiana Annual Conference

Indianapolis, IN

Neuropsychology and psychological perspectives on

sports concussion

August 2009 International Neuropsychological Society

Finland

Digit Span age scaled score in middle-aged military veterans at risk for TBI: Comparative utility in

confirmation of incomplete effort

July 2009 Indiana University School of Medicine

Indianapolis, IN

Clinical assessment of malingering

December 2008 Indiana University School of Medicine

Indianapolis, IN

Postconcussive syndrome and Posttraumatic Stress

Disorder in veteran populations

October 2008 University of Indianapolis

Indianapolis, IN

Neuropsychological assessment of malingering

October 2008 Brain Injury Association of Indiana Annual Conference

Indianapolis, IN Brain injury 201

May 2008 Indiana University School of Medicine

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Indianapolis, IN

Clinical assessment of malingering

November 2007 Indiana University School of Medicine

Indianapolis, IN

Diagnosis and treatment in mild traumatic brain injury

October 2007 Brain Injury Association of Indiana Annual Conference

Indianapolis, IN Brain injury 101

November 2006 Roudebush VA Medical Center

Indianapolis, IN

Diagnosis of malingering in mild traumatic brain injury

November 2006 Roudebush VA Medical Center

Indianapolis, IN

Diagnosis and recovery in mild traumatic brain injury

October 2003 National Academy of Neuropsychology Conference

Dallas, TX

Investigation into the relationship between litigation status, the Halstead Reitan Battery, and the Test of

Memory Malingering

October 2003 National Academy of Neuropsychology Conference

Dallas, TX

Exploring the utility of the Halstead Reitan Battery to predict scores on the Test of Memory Malingering

October 1998 Mid-Western Educational Research Association

Chicago, IL

Service learning as pedagogy in a masters counseling

program: A tri-level mentoring model

## **Professional Presentations to the Community:**

November 2016 Joy's House Adult Daycare - Caregivers Group

Caregiver stress for Frontotemporal Lobe caregivers

Indianapolis, IN

March 2011 St. Paul's Episcopal Church

Indianapolis, IN

Strategies to Improve Brain Health

November 2010 Sunrise Community Center

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Indianapol	is, IN
Caring for	your Brain

August 2008

Methodist Hospital, Indianapolis, IN

Identification and management of emotional, cognitive, and

behavioral sequelae following brain injury

July 2008

St. Paul's Episcopal Church

Indianapolis, IN Train your brain

April 2008

Epworth Church, Indianapolis, IN

Overview of dementia

November 2007

Alzheimer Association, Indianapolis, IN

Overview of dementia

October 2007

Alzheimer Association, Indianapolis, IN

Overview of dementia

October 2007

Project Share, Indianapolis, IN

Overview of dementia

September 2007

Alzheimer Association, Indianapolis, IN

Caring for the caregiver

August 2007

Alzheimer Association, Sheraton, IN

Overview of dementia

July 2006

Alzheimer Association, Noblesville, IN

Overview of dementia

June 2005

Alzheimer Association, Indianapolis, IN

Overview of dementia

#### Publications:

Boustani, M.A., Frame, A., Munger, S., Healey, P., Westlund, J., Farlow, M., Hake, A., Austrom, M.G., Shepard, P., Bubp, C., Azar, J., Nazir, A., Adams, N., Campbell, N.L., Chehrea, A., & Dexter, P. (2012). Connecting research discovery with care delivery in dementia: the development of the Indianapolis Discovery Network for Dementia. *Clinical Interventions in Aging*, 7, 509-516.

Whitney, K.A., Shepard, P.H., & Davis, J. J. (2012). WAIS-IV Digit Span Variables: Are They Valuable for Use in Predicting TOMM and MSVT Failure? *Applied Neuropsychology: Adult*, 0: 1-11.

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Monahan P.O., Boustani M., Alder, C., Galvin, J.E., Perkins, A.J., Healy, P., Chehreza, A., Shepard, P., Bubp, C., Frame, A., Callahan, C.M. (2012). A Practical Clinical Tool to Monitor dementia Symptoms: the HABC-Monitor. *Journal of Clinical Intervention in Aging*, 7, 143-157.

Shepard, P. (January/February, 2010). Psychopathy important to understand in clinical practice. *The National Psychologist*.

Adams, K.M. Whitney, K.A., Davis, J.J., Shepard, P.H., & Bertram, D.M. (2009). Digit span age scaled score in middle-aged military veterans at risk for TBI: Comparative utility in confirmation of incomplete effort. *Journal of the International Neuropsychological Society*, 15(S2), 12.

Whitney, K.A., Shepard, P.H., Williams, A.L., Davis, J.J., & Adams, K.M. (2009). The Medical Symptom Validity Test in evaluation of Operation Iraqi Freedom/Operation Enduring Freedom soldiers: A preliminary study. *Archives of Clinical Neuropsychology*, 24(2), 145-152.

Whitney, K.A., Davis, J.J., Shepard, P.H., Bertram, D., & Adams, K.M. (2009). Digit span age scaled score in middle-aged military veterans: Is it a better predictor of negative response bias than Reliable Digit Span? *Archives of Clinical Neuropsychology*, 24(3), 263-272.

Shepard, P. (Winter, 2008). Practice information you can use: A primer on biofeedback. Indiana Psychological Association Newsletter.

Whitney, K.A., Hook, J.N., Steiner, A.R., Shepard, P.H., & Callaway, S. (2008). Is the Rey-Item Memory Test II (Rey II) a valid symptom validity test?: Comparison with the TOMM. Applied Neuropsychology, 15(4), 287-292.

Whitney, K.A., Davis, J.J., Shepard, P.J., & Herman, S.M. (2008). Utility of the Response Bias Scale (RBS) and other MMPI-2 validity scales in predicting TOMM performance. *Archives of Clinical Neuropsychology* 23(7-8), 777-786.

## Distinguished Awards:

2012

Outstanding Contribution to the Field of Psychology Indiana Psychological Association

# Professional Organization Memberships:

2007- 2006-	Indianapolis Discovery Network for Dementia Brain Injury Association, Indiana Chapter
2005-	Indiana Psychological Association
2004-	National Academy of Neuropsychology
1996-	American Psychological Association
	Division 40 Member

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