# Lecture 4: Principal Component Analysis and Regression



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#### Plan for this Lecture



- Dimension Reduction via Principal Component Analysis
- Principal Component Regression for High Dimensional settings
- Algorithms:
  - Principal Component Analysis (PCA)
  - Principal Component Regression (PCR)
- Warning: Linear Algebra heavy!

Reference: ISL Sections 6.3 - 6.4; 10.2

## Regression Methods So Far



**Setting**: Continuous response y and predictors  $\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_p$ 

So Far: Linear regression using some (or all) of the original predictors:

$$y_i = \beta_0 + \sum_{j=1}^p \beta_j x_{ij} + \epsilon_i, \qquad i = 1, \ldots, n$$

- Ordinary Least Squares: with model selection
- Shrinkage methods: Ridge, Lasso, Elastic Net

## Regression Methods So Far



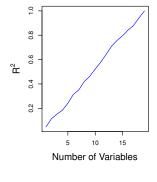
**Potential concerns**: High-dimensional setting  $(p \gg n)$ , or correlations among variables

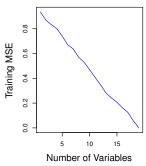
- $(X^TX)$  is no longer full rank (and therefore non-invertible)
- The curse of dimensionality refers to the fact that including more predictors does not improve the prediction of capabilities of a model even though the MSE in the training set may lead you to think otherwise.
- Note: Shrinkage and model selection tools can reduce p

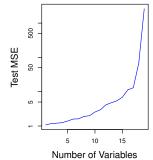
## Curse of Dimensionality



#### Example: n = 20 training observations







#### **Dimension Reduction Methods**



**Aim**: Reduce the dimension p to some M < n

**Idea**: Transform, or project, variables  $\mathbf{x}_1, \dots, \mathbf{x}_p$  to a lower dimensional space  $\mathbf{z}_1, \dots, \mathbf{z}_M$  where

$$\mathbf{z}_m = \sum_{j=1}^p \phi_{jm} \mathbf{x}_j$$

for some constants  $\phi_{1m}, \phi_{2m}, \dots, \phi_{pm}, m = 1, \dots, M$ 

#### **Dimension Reduction Methods**



#### (New?) Model:

$$y_i = \theta_0 + \sum_{m=1}^{M} \theta_m z_{im} + \epsilon_i$$

Tis new, but there is a close relationship with the standard model:

$$\sum_{m=1}^{M} \theta_m z_{im} = \sum_{m=1}^{M} \theta_m \sum_{j=1}^{p} \phi_{jm} x_{ij}$$
$$= \sum_{j=1}^{p} \sum_{m=1}^{M} \theta_m \phi_{jm} x_{ij}$$
$$= \sum_{i=1}^{p} \beta_i x_{ij}$$

where: 
$$\beta_0 = \theta_0$$
, and  $\beta_j = \sum_{m=1}^M \theta_m \phi_{jm}$  for  $j = 1, \dots, p$ 

#### **Dimension Reduction Methods**



#### Results:

• The estimated  $\beta_i$  coefficients must take form

$$\beta_j = \sum_{m=1}^M \theta_m \phi_{jm}$$

- Bias is increased
- When p > n, selecting a value M << p can significantly reduce variance of the coefficients
- When M = p, fitting the new model is equivalent to fitting OLS estimates for β

#### Using a Dimension Reduction Method



#### Requires 2 steps:

- **1** Transformation: transform  $\mathbf{x}_1, \dots, \mathbf{x}_p$  to  $\mathbf{z}_1, \dots, \mathbf{z}_M$
- Fitting the model: Fit the model

$$y_i = \theta_0 + \sum_{m=1}^{M} \theta_m z_{im} + \epsilon_i$$

using least squares (i.e. minimizing the MSE in the training set)

**Focus**: principal component regression, which regresses y onto the *directions of highest variability* in the data matrix X. First, we will describe how to find these *directions of highest variability* in X via principal component analysis.



# Principal Component Analysis



**Idea**: Reduce the dimension of the  $n \times p$  matrix X.

**How**: Project X onto an M < p dimensional space  $\{\mathbf{z}_1, \dots, \mathbf{z}_M\}$  so that

- $\mathbf{z}_i^T \mathbf{z}_j = 0$ , for all  $i \neq j$  (orthogonality)
- $\mathbf{z}_{i}^{T}\mathbf{z}_{i} = 1$ , for all i = 1, ..., M
- z<sub>1</sub>,..., z<sub>k</sub> explain the most variability in X possible for a k-dimensional space subject to the above 2 constraints.
   Equivalently, the projection of X is as close as possible to the subspace of z<sub>1</sub>,..., z<sub>k</sub>

# Principal Component Analysis



**Fact**: It turns out that  $\mathbf{z}_m$  can be expressed as linear combinations of the columns of X:

$$\mathbf{z}_m = \sum_{j=1}^p \phi_{jm} \mathbf{x}_j$$

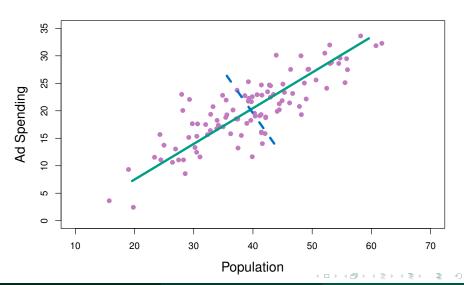
where  $\sum_{j=1}^{p} \phi_{jm}^2 = 1$ 

#### Terminology:

- $z_1, ..., z_M$  are called the principal components (PCs)
- $z_{11}, \ldots, z_{n1}$  are the principal component scores of the first PC
- $\phi_{11}, \dots, \phi_{p1}$  are the principal component loadings of the first PC

#### Visualization of PCs





# Principal Component Analysis



- This is the first unsupervised method we've discussed. That is, there is no response affecting our analysis of the data *X*.
- We are focusing now on the transformation of X to a lower-dimensional space
- Big Question: How do we choose the transformation?!
- **Big Question** (for PCA): How do we *maximize* the variation in *X*?

## **Empirical Covariance Matrix**



Data matrix: X

The covariance of variable j and variable k is

$$Cov(\mathbf{x}_j, \mathbf{x}_k) = \frac{1}{n} \sum_{i=1}^n (x_{ij} - \overline{\mathbf{x}}_j)(x_{ik} - \overline{\mathbf{x}}_k) = \frac{1}{n} \sum_{i=1}^n x_{ij} x_{ik} - \overline{\mathbf{x}}_j \overline{\mathbf{x}}_k$$

where  $\overline{\mathbf{x}}_j$  is a scalar:  $\overline{\mathbf{x}}_j = \sum_{i=1}^n x_{ij}$ 

**Definition:** Empirical Covariance Matrix (for variables)

$$\Sigma := \{ \mathsf{Cov}(\mathbf{x}_j, \mathbf{x}_k) : 1 \le j, k \le p \}$$

#### Matrix Formula for Covariance



**Goal:** Express  $\Sigma$  in terms of the Gram matrix  $X^TX$ .

Fact:

$$\Sigma = n^{-1}X^TX - \mathbf{u}\mathbf{u}^T$$

where  $\mathbf{u}^T = (\overline{\mathbf{x}}_1, \dots, \overline{\mathbf{x}}_p)$  is the vector of column means of X.

#### Matrix Formula for Covariance



**Assumption**: the vector of column means  $\mathbf{u} = 0$ . (column center the data)

Then,  $\Sigma = n^{-1}X^TX$ .

#### Properties of $\Sigma$

- 1.  $\Sigma$  is  $p \times p$ , symmetric, and non-negative definite
- 2.  $\operatorname{rank}(\Sigma) = \operatorname{rank}(X^T X) = \operatorname{rank}(X) \leq \min(n, p)$
- 3.  $\Sigma$  has real eigenvalues  $\lambda_1 \ge \lambda_2 \ge \cdots \ge \lambda_p \ge 0$ .
- 4. If p > n then rank( $\Sigma$ ) < p and  $\Sigma$  is not invertible.

#### Total Variation and the Trace of $\Sigma$



#### Total Variation of X

Basic facts about the trace imply

$$\sum_{k=1}^{p} \lambda_k = \operatorname{tr}(\Sigma) = \frac{1}{n} \operatorname{tr}(X^T X)$$

$$= \frac{1}{n} \sum_{i=1}^{n} \sum_{j=1}^{p} x_{ij}^2$$

$$= \sum_{j=1}^{p} \left(\frac{1}{n} \sum_{i=1}^{n} x_{ij}^2\right) = \sum_{j=1}^{p} \operatorname{Var}(\mathbf{x}_j)$$

$$= \operatorname{The total variation of } X$$

#### Variation and the Trace of $\Sigma$



#### Magnitude of the Samples

$$\sum_{k=1}^{p} \lambda_k = \operatorname{tr}(\Sigma) = \frac{1}{n} \operatorname{tr}(X^T X)$$

$$= \frac{1}{n} \sum_{i=1}^{n} \sum_{j=1}^{p} x_{ij}^2$$

$$= \frac{1}{n} \sum_{i=1}^{n} \|x_i\|^2$$

:= The average squared norm of the samples

## Approximating a Set of Vectors



**Given:** Vectors  $\mathbf{u}_1, \dots, \mathbf{u}_n \in \mathbb{R}^p$  centered so that  $\sum_i \mathbf{u}_i = \mathbf{0}$  (Think about the rows of X once X is column-centered)

**Goal:** Find a low dimensional summary of  $\mathbf{u}_1, \dots, \mathbf{u}_n$ , more precisely, a subspace V of  $\mathbb{R}^p$  such that

- dim(V) much less than p (and n)
- projection of  $\mathbf{u}_j$  onto V is close to  $\mathbf{u}_j$

Note: Smallest subspace of  $\mathbb{R}^p$  containing  $\{\mathbf{u}_i\}$  is

$$V = \operatorname{span}(\mathbf{u}_1, \dots, \mathbf{u}_n)$$
 with  $\dim(V) \leq n$ 

# Approximating a Set of Vectors



Consider approximating subspace V of dimension 1, equivalently,

$$V = \{ \alpha \, \mathbf{u}_0 : \alpha \in \mathbb{R} \} \text{ some } \mathbf{u}_0 \in \mathbb{R}^p \text{ with } \|\mathbf{u}_0\| = 1.$$

**Definition:** The projection of **u** onto V is  $(\mathbf{u}^T \mathbf{u}_0) \mathbf{u}_0$ .

#### Two (Complementary) Goals:

- 1. Find  $\mathbf{u}_0$  to maximize  $Var(\{\mathbf{u}_1^T \mathbf{u}_0, \dots, \mathbf{u}_n^T \mathbf{u}_0\})$
- 1. Find  $\mathbf{u}_0$  to minimize  $n^{-1} \sum_{i=1}^n \|\mathbf{u}_i (\mathbf{u}_i^T \mathbf{u}_0) \mathbf{u}_0\|^2$

## Variance of Projections



By definition of the variance:

$$\operatorname{Var}(\{\mathbf{u}_{1}^{T} \mathbf{u}_{0}, \dots, \mathbf{u}_{n}^{T} \mathbf{u}_{0}\}) = \frac{1}{n} \sum_{i=1}^{n} (\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2} - \left[\frac{1}{n} \sum_{i=1}^{n} \mathbf{u}_{i}^{T} \mathbf{u}_{0}\right]^{2}$$
$$= \frac{1}{n} \sum_{i=1}^{n} (\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2} - \left[\frac{1}{n} \mathbf{u}_{0}^{T} (\sum_{i=1}^{n} \mathbf{u}_{i})\right]^{2}$$
$$= \frac{1}{n} \sum_{i=1}^{n} (\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2}$$

The last equality follows since  $\sum_{i} \mathbf{u}_{i} = \mathbf{0}$  (data are centered).

## Sum of Squares Fit



Consider sum of squares. Completing square of *i*th term gives

$$\|\mathbf{u}_{i} - (\mathbf{u}_{i}^{T} \mathbf{u}_{0}) \mathbf{u}_{0}\|^{2} = \|\mathbf{u}_{i}\|^{2} - 2(\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2} + (\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2} \|\mathbf{u}_{0}\|^{2}$$
$$= \|\mathbf{u}_{i}\|^{2} - (\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2}$$

Therefore

$$\frac{1}{n} \sum_{i=1}^{n} \|\mathbf{u}_{i} - (\mathbf{u}_{i}^{T} \mathbf{u}_{0}) \mathbf{u}_{0}\|^{2} = \frac{1}{n} \sum_{i=1}^{n} \|\mathbf{u}_{i}\|^{2} - \frac{1}{n} \sum_{i=1}^{n} (\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2}$$

$$= \frac{1}{n} \sum_{i=1}^{n} \|\mathbf{u}_{i}\|^{2} - \text{Var}(\{\mathbf{u}_{i}^{T} \mathbf{u}_{0}\}) \tag{1}$$

**Conclusion:** Choosing  $\mathbf{u}_0$  to minimize the sum of squares fit is equivalent to maximizing variance of projection lengths.



#### **Empirical Covariance Matrix**



Define  $X = n \times p$  matrix with rows  $\mathbf{u}_1^T, \dots, \mathbf{u}_n^T$ .

Let  $\Sigma = n^{-1}X^TX$  be  $p \times p$  covariance matrix of X. Then,

$$Var(\{\mathbf{u}_{i}^{T} \mathbf{u}_{0}\}) = \frac{1}{n} \sum_{i=1}^{n} (\mathbf{u}_{i}^{T} \mathbf{u}_{0})^{2} = \frac{1}{n} \sum_{i=1}^{n} (\mathbf{u}_{0}^{T} \mathbf{u}_{i}) (\mathbf{u}_{i}^{T} \mathbf{u}_{0})$$

$$= \frac{1}{n} \sum_{i=1}^{n} \mathbf{u}_{0}^{T} (\mathbf{u}_{i} \mathbf{u}_{i}^{T}) \mathbf{u}_{0} = \mathbf{u}_{0}^{T} (\frac{1}{n} \sum_{i=1}^{n} \mathbf{u}_{i} \mathbf{u}_{i}^{T}) \mathbf{u}_{0}$$

$$= \mathbf{u}_{0}^{T} (\frac{1}{n} X^{T} X) \mathbf{u}_{0} = \mathbf{u}_{0}^{T} \Sigma \mathbf{u}_{0}$$

## Best 1-Dimensional Subspace



**Upshot:** Variance of the projections  $\{\mathbf{u}_1^T \mathbf{u}_0, \dots, \mathbf{u}_n^T \mathbf{u}_0\}$  onto  $\mathbf{u}_0$  is equal to  $\mathbf{u}_0^T \Sigma \mathbf{u}_0$ . Maximized when  $\mathbf{u}_0$  is the leading eigenvector of  $\Sigma$ .

Let  $\lambda_1 \geq \cdots \geq \lambda_p \geq 0$  be the eigenvalues of  $\Sigma$ , with corresponding orthonormal eigenvectors  $\mathbf{v}_1, \ldots, \mathbf{v}_n$ .

**Fact:** The best one dimensional approximation for  $\mathbf{u}_1, \dots, \mathbf{u}_n$  is obtained by projecting the data vectors onto the line

$$V_1 = \operatorname{span}\{\mathbf{v}_1\},$$

in the direction of the principal eigenvector of  $\Sigma$ .



# Approximation Error of $V_1$



By (1) and fact that  $\frac{1}{n}\sum_{i=1}^{n} \|\mathbf{u}_i\|^2 = \text{tr}(\Sigma)$ , approximation error is

$$\frac{1}{n} \sum_{i=1}^{n} \|\mathbf{u}_{i} - (\mathbf{u}_{i}^{T} \mathbf{v}_{1}) \mathbf{v}_{1}\|^{2} = \frac{1}{n} \sum_{i=1}^{n} \|\mathbf{u}_{i}\|^{2} - \mathbf{v}_{1}^{T} \sum \mathbf{v}_{1}$$

$$= \operatorname{tr}(\Sigma) - \lambda_{1} = \sum_{i=1}^{p} \lambda_{i} - \lambda_{1} = \sum_{i=2}^{p} \lambda_{i}$$

Residual error after projecting onto  $\mathbf{v}_1$  is sum of the remaining eigenvalues 2 through p.

## Higher Order PCs



For  $1 \le d \le p$  the *d*-dimensional subspace *V* of  $\mathbb{R}^p$  minimizing

$$\frac{1}{n}\sum_{i=1}^{n}\|\mathbf{u}_i-\operatorname{proj}_V(\mathbf{u}_i)\|^2$$

is  $V_d = \operatorname{span}\{\mathbf{v}_1, \dots, \mathbf{v}_d\} = \operatorname{span}$  of d leading eigenvectors of  $\Sigma$ . In this case, the projection of  $\mathbf{u}$  onto  $V_d$  is

$$\operatorname{proj}_{V_d}(\mathbf{u}) = \sum_{j=1}^d (\mathbf{u}^T \mathbf{v}_j) \mathbf{v}_j$$

and the approximation error of  $V_d$  is given by

$$\frac{1}{n} \sum_{i=1}^{n} \|\mathbf{u}_{i} - \text{proj}_{V_{d}}(\mathbf{u}_{i})\|^{2} = \sum_{i=d+1}^{p} \lambda_{i}$$

# PCA: Bringing it all together



**Recall**: Given X, we'd like to project columns  $\mathbf{x}_1, \dots, \mathbf{x}_p$  down to a lower-dimensional space  $\mathbf{z}_1, \dots, \mathbf{z}_M$  where

$$\mathbf{z}_m = \sum_{j=1}^p \phi_{jm} \mathbf{x}_j$$

Let  $\mathbf{u}_i$  = the jth row of X.

- Principal component loadings (directions):  $\phi_i = (\phi_{11}, \phi_{21}, \dots, \phi_{p1})$ Use  $\mathbf{v}_i = \text{the } i \text{th eigenvector of } \Sigma = n^{-1} X^T X$
- Principal components:  $z_1, ..., z_M$  where

$$\mathbf{z}_j = X\mathbf{v}_j$$

• Principal component scores:  $z_{\ell,j} = \mathbf{u}_{\ell}^T \mathbf{v}_j$ 

# PCA: Important Considerations



- Method is unsupervised. There is no dependence on any response data y.
- Before application, the columns of X must be centered.
- Principal components are uncorrelated (hence no multicollinearity)
- No rigorous way to choose the number of PCs to use, but there is a heuristic (see next slide).

# Choosing the number of PCs



**Definition:** The percentage of variation (PVE) captured by the first d principal components, equivalently the subspace  $V_d$ , is

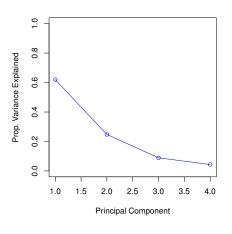
$$\frac{\sum_{i=1}^{d} \lambda_i}{\sum_{j=1}^{p} \lambda_j} \times 100$$

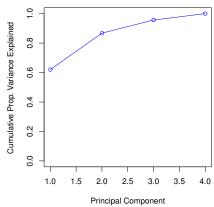
We choose the number of PCs by evaluating the scree plot: a plot of the number of PCs against the PVE.

# Example of Scree Plot



**Aim**: capture a significant (enough) amount of variability in X





# Example: TCGA Gene Expression Data



- Heat map of gene expression data from The Cancer Genome Atlas (TCGA)
  - Samples
    - 95 Luminal A breast tumors
    - 122 Basal breast tumors
  - Variables: 2000 randomly selected genes

**Question**: can the PCs of this gene expression data help distinguish cancer subtypes?

# PCA on TCGA Expression Data



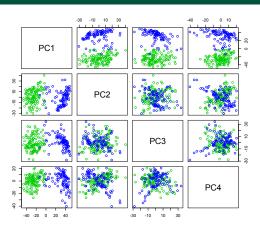


Figure: Projections of Sample data onto the first four principal components of the TCGA dataset. Colors represent subtype of cancer: Luminal A and Basal

## Example: Image Data





**Data**:  $X = 396 \times 588$  matrix of pixel intensities

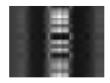
**Question**: Can we project columns of the image onto a low dimensional subspace and still reconstruct the image?



#### Image Reconstruction



d = 1, PVE = 80.42





d = 3, PVE = 88.91



d = 20, PVE = 97.24



d = 5, PVE = 92.99



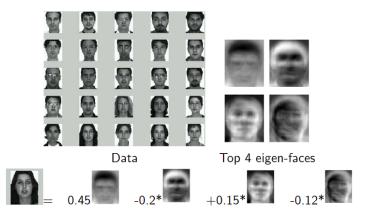
d = 40, PVE = 98.18



# EigenFace, EigenGene, EigenEverything



#### **Eigen-faces Example:**



# PCA on ... pancake recipes?!





From "Cooking for Geeks: Real Science, Great Hacks, and Good Food"

Every pancake recipe is a scaled version of this eigen-pancake recipe:

- 1 1/2 cups flour
- 2 tablespoons sugar
- 2 teaspoons baking powder
- 1/2 teaspoon salt

- 2 tablespoons butter
- 11/4 cups milk
- 2 small eggs



## Back to Regression



#### Standard Model:

$$y_i = \sum_{j=1}^p \beta_j x_{ij} + \epsilon_i$$

**PCR Assumption**: the directions in which  $\mathbf{x}_1, \dots, \mathbf{x}_p$  show the most variation are the directions that are associated with y.

- 1. Transformation: transform  $\mathbf{x}_1, \dots, \mathbf{x}_p$  to  $\mathbf{z}_1, \dots, \mathbf{z}_M$ .
  - Column center X
  - Set  $\mathbf{z}_m$  = the mth eigenvector of  $n^{-1}X^TX$
  - Choose  $M \le p$  using PVE

# Principal Component Regression



#### 2. Fitting the model: Fit the model

$$y_i = \theta_0 + \sum_{m=1}^{M} \theta_m z_{im} + \epsilon_i$$

Standard least squares regression can be used

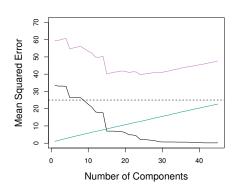
#### Training vs. Test set analysis

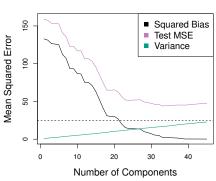
Training Set: Use to calculate the PC loadings  $\phi_1, \ldots, \phi_M$ . Then fit model by estimating  $\theta_0, \ldots, \theta_M$ .

Test Set: Project data onto PC loadings to obtain principal component scores. Then, evaluate goodness of fit of model using  $\theta_0, \dots, \theta_M$  from the Training data.

## Example of PCR





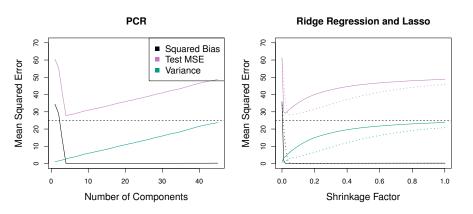


Two simulated data sets



## Example of PCR



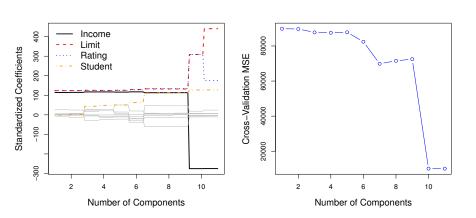


Simulated data set where true predictors were first 5 PCs. (Right): dashed = Ridge, solid = Lasso



## Example of PCR on Credit Data





Note the shrinkage effect! Closely related to Ridge regression.



#### Pros and Cons of PCR



#### Pros:

- Easily handles high dimensional data p > n
- Often leads to a drastic decrease in variance of parameter estimates
- Takes care of issues of correlations between variables (and multicollinearity)

#### Cons:

- Introduces bias to the parameter estimates
- Hard to interpret coefficients in regression

# Implementing PCA and PCR with R



Next we'll show how to implement PCA and PCR in R.