

Lecture 3: Shrinkage Methods



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MATH 373



- Model Selection
- Regularization in Linear Regression
- Algorithms:
 - Ridge Regression (Tikhonov Regularization)
 - The Lasso
 - Elastic Net



Model:

$$y_i = \beta_0 + \sum_{j=1}^p \beta_j x_{ij} + \epsilon_i$$

Estimate:

$$\hat{\beta}_{OLS} = \operatorname{argmin}_{\beta} \left(\sum_{i=1}^n (y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij})^2 \right)$$

Questions:

- 1 What if we are primarily concerned with **variable selection**?
- 2 What if $p > n$? (high dimensional regression)



Algorithm

Given: k predictors $\{\mathbf{x}_1, \dots, \mathbf{x}_p\}$

Loop: for (k in 1 to p)

- ➊ Fit all $\binom{p}{k}$ models that contain k predictors
- ➋ Pick $M_k =$ the "best" among these models

Return: $M^* \in \{M_0, \dots, M_p\}$: $M^* = \operatorname{argmin}_j (S(M_j))$

- $S(M_j)$ = prediction criterion (Mallow's C_p , AIC, BIC, MSPE)



Important Considerations:

- ➊ Computational Complexity: must fit 2^p models
- ➋ Algorithm is **exhaustive**: we *will find* the "best" model
- ➌ Often replaced with **approximate** and less intensive algorithms:
 - Forward stepwise selection
 - Backward stepwise selection
 - Forward-backward stepwise selection



- 1 Fits all p predictors using a technique that **constrains** or **regularizes** the coefficient estimates by optimizing a slightly different objective function
- 2 Equivalently, the techniques **shrink** coefficient estimates to zero
- 3 Variance of coefficient estimates are reduced as well! Particularly in high dimensional settings!



Model:

$$y_i = \beta_0 + \sum_{j=1}^p \beta_j x_{ij} + \epsilon_i$$

Estimate:

$$\hat{\beta}_{Ridge} = \operatorname{argmin}_{\beta} \left(\sum_{i=1}^n (y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij})^2 + \lambda \sum_{j=1}^p \beta_j^2 \right)$$

$\lambda \sum_{j=1}^p \beta_j^2$ acts as a **shrinkage penalty** to standard least squares regression since this value is small when β_j^2 is small.

Note: Also known as **Tikhonov regularization**



Problem: The variance of \hat{f} for OLS is often high \Leftrightarrow predictions significantly change with small changes in X .

Reason: $X^T X$ is ill-conditioned \Leftrightarrow either $p \approx n$ or variables suffer from multicollinearity:

$$\hat{\beta}_{OLS} = (X^T X)^{-1} X^T y$$

Solution: Ridge regression **regularizes** $(X^T X)$:

$$\hat{\beta}_{Ridge} = (X^T X + \lambda I)^{-1} X^T y$$

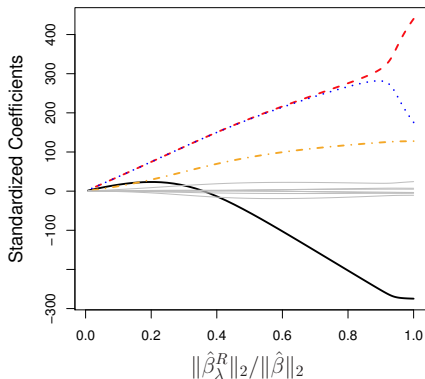
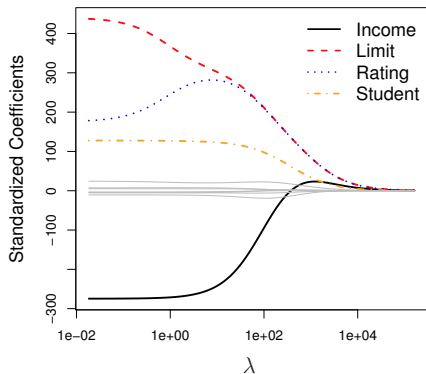


$$\hat{\beta}_{Ridge} = \operatorname{argmin}_{\beta} \left(\sum_{i=1}^n (y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij})^2 + \lambda \sum_{j=1}^p \beta_j^2 \right)$$

λ : tuning parameter that adjusts the effect of the penalty

- $\lambda = 0 \quad \Rightarrow \quad \hat{\beta}_{OLS} = \hat{\beta}_{Ridge}$
- $\lambda \rightarrow \infty \quad \Rightarrow \quad \hat{\beta}_{Ridge} \rightarrow 0$
- λ chosen using cross validation: amazingly can computationally be determined for all possible values simultaneously!

Example: Comparison of $\hat{\beta}_{OLS}$ and $\hat{\beta}_{Ridge}$



When does Ridge Regression outperform OLS?



- 1 **Computationally:** Ridge estimates for all values of λ can be determined simultaneously with one fit. Significant advantage over best subset selection that requires 2^p least squares fits.
- 2 **Model Accuracy:** OLS estimates often have high variance but low bias. Increases in λ lead to shrinkage, which subsequently leads to a major decrease in variance and only a slight increase in bias.
- 3 Key is to look across a grid of λ for best MSPE.

When does Ridge Regression outperform OLS?

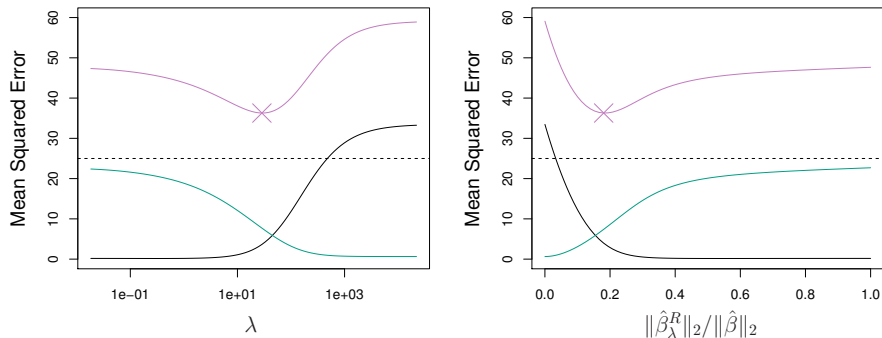


Figure: Squared bias (black), variance (green), and MSPE (purple) for $\hat{\beta}_{Ridge}$ on a simulated data set.



- Requires a user - specified tuning parameter λ
- Interpretability of $\hat{\beta}_{Ridge}$
- **Subtle but important point:** The penalty $\lambda \sum_{j=1}^p \beta_j^2$ shrinks β *towards* 0 but does not set any values *exactly* to 0.
 - **Exception:** $\lambda = \infty$ – here all β_j are exactly 0
 - **Consequence:** The saturated model is *always* chosen!

Question: Can we shrink some coefficients exactly to zero?



Least absolute shrinkage and selection operator

Model:

$$y_i = \beta_0 + \sum_{j=1}^p \beta_j x_{ij} + \epsilon_i$$

Estimate:

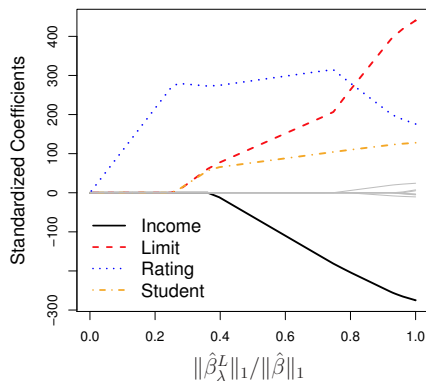
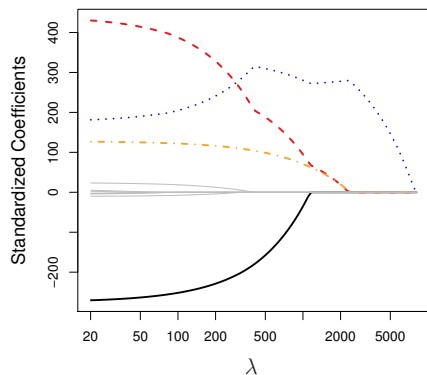
$$\hat{\beta}_{Lasso} = \operatorname{argmin}_{\beta} \left(\sum_{i=1}^n (y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij})^2 + \lambda \sum_{j=1}^p |\beta_j| \right)$$

$\lambda \sum_{j=1}^p |\beta_j|$ acts as a **shrinkage penalty** to standard least squares regression since this value is small when $|\beta_j|$ is small.



- From the paper "Regression shrinkage via the lasso" (1996) in *Journal of the Royal Statistical Society. Series B* by Robert Tibshirani (one of the authors of ISL and ESL)
- Considered by many to be the **most influential** modern statistical method
- Paper currently has 14243 citations! (as of October 27, 2015)
- Website:
`http://statweb.stanford.edu/tibs/lasso.html`

Variable Selection Property of Lasso



Note: Changing λ sets various subsets of β to 0! **Why?**



Both methods can be viewed as optimization problems.

- **Ridge Regression:**

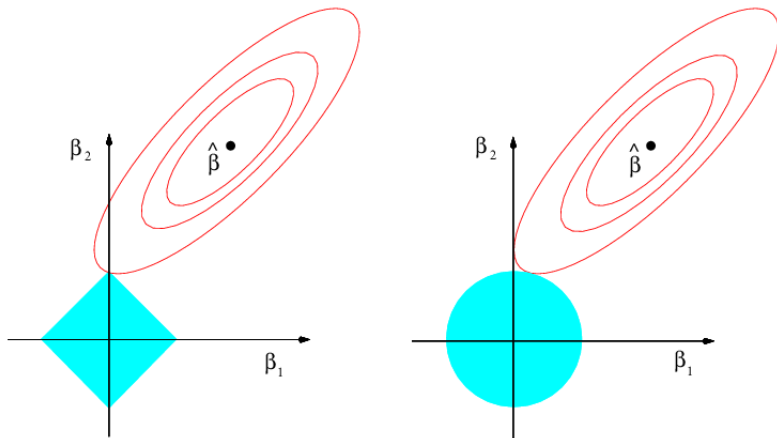
$$\text{minimize}_{\beta} \left(\sum_{i=1}^n \left(y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \right) \quad \text{subject to} \quad \sum_{j=1}^p \beta_j^2 \leq s$$

- **Lasso:**

$$\text{minimize}_{\beta} \left(\sum_{i=1}^n \left(y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \right) \quad \text{subject to} \quad \sum_{j=1}^p |\beta_j| \leq s$$

Uh, ok so what? Explains the variable selection property of the Lasso!

Comparison of Lasso and Ridge



Often, the Lasso shrinks coefficients *exactly* to zero!

Comparison of Lasso and Ridge

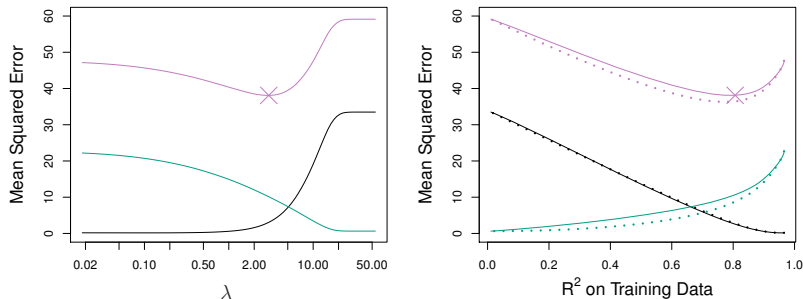


Figure: Squared bias (black), variance (green), and MSPE (purple). Dashed = Ridge, solid = Lasso

Note: Simulated data here included 45 / 45 non-zero coefficients. So, *no* variable selection is needed.

Comparison of Lasso and Ridge

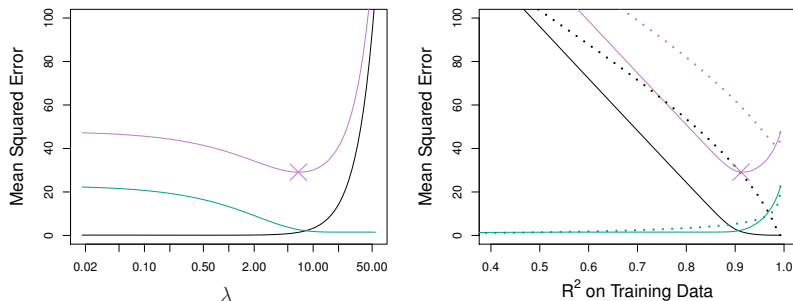


Figure: Squared bias (black), variance (green), and MSPE (purple). Dashed = Ridge, solid = Lasso

Note: Simulated data here included 2 / 45 non-zero coefficients. So, variable selection *is* needed.



Let $\beta = (\beta_0, \beta_1, \dots, \beta_p)$ be the parameters in a linear regression.

Bayesian Framework: Assume that β is a *random vector* with distribution $p(\beta)$. Here,

- $f(y|X, \beta)$ = **likelihood** of the data (Gaussian if ϵ is Gaussian)
- $p(\beta)$ = **prior** distribution of β
- $p(\beta|X, y)$ = **posterior** distribution of β given (X, y)

Bayes' Theorem gives us:

$$p(\beta|X, y) \propto f(y|X, \beta)p(\beta)$$



Assumption 1: $p(\beta) = \prod_{i=1}^p g(\beta_i)$ (i.e. β_i 's are iid).

Under Assumption 1, the regression model becomes:

$$y = \beta_0 + X_1\beta_1 + \dots + X_p\beta_p + \epsilon$$

$$\beta_i \stackrel{iid}{\sim} g(x)$$



Properties

- 1 If $g(x)$ is a Gaussian distribution with $\mu = 0$, and $\sigma^2 = h(\lambda)$ then

$$\hat{\beta}_{Ridge} = \text{Mode}(p(\beta|X, y))$$

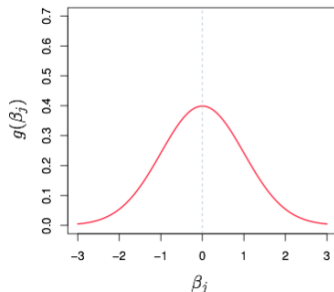
- 2 If $g(x)$ is a Double Exponential distribution with $\mu = 0$, and $\sigma^2 = h(\lambda)$ then

$$\hat{\beta}_{Lasso} = \text{Mode}(p(\beta|X, y))$$

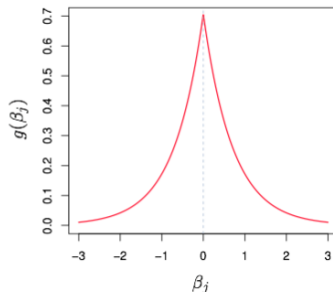
That is, by assuming a certain form of $g(x)$, we find that the Ridge and Lasso estimates are the **maximum a posteriori** (MAP) estimators for β .



Ridge Regression



Lasso Regression



Another way of understanding the likelihood of shrinkage!



In general, the Lasso is best for variable selection / sparse relationships; Ridge for ill-conditioned problems.

Elastic Net: Combines Lasso and Ridge

Model:

$$y_i = \beta_0 + \sum_{j=1}^p \beta_j x_{ij} + \epsilon_i$$

Estimate:

$$\hat{\beta}_{EN} = \operatorname{argmin}_{\beta} \left(\sum_{i=1}^n (y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij})^2 + \alpha \lambda \sum_{j=1}^p |\beta_j| + \frac{1 - \alpha}{2} \lambda \sum_{j=1}^p \beta_j^2 \right)$$

Best of both worlds? – well, this is more difficult to interpret!



- ➊ $\alpha = 0$: reduces to Ridge Regression
- ➋ $\alpha = 1$: reduces to Lasso
- ➌ Has both properties of Ridge and Lasso:
 - ➊ Reduces variance
 - ➋ Variable selection
- ➍ Recently proven that Elastic Net is equivalent to linear support vector machines.



General Method: Grid search and cross-validation

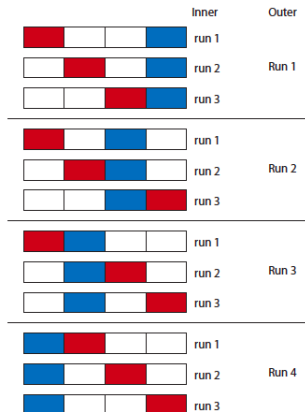
- 1 Fix a value of λ
- 2 Estimate model and calculate average MSPE from k -fold cross-validation
- 3 Repeat the above procedure across a grid of λ
- 4 Choose λ that leads to smallest MSPE

Important: The above procedure can be done in parallel, easing computation.



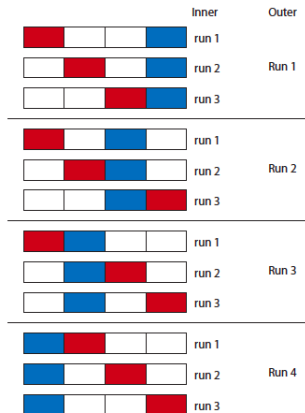
Subtle yet Important Point:

- 1 Contrary to the fitting of a model in standard linear regression which relies upon minimizing MSE in training data only, we choose λ using cross-validation, which relies upon minimizing the MSPE of (cross-validation) test sets. Because of this, we typically hold out a test set initially and then run cross-validation on the training data.
- 2 Once λ is chosen, we then evaluate the MSPE on the original held-out test data.

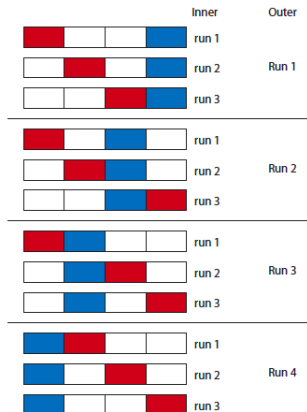


1) First choose a λ from **Validation set**: red (test) + white (training).

Here, we will get 4 of them $\lambda_1, \lambda_2, \lambda_3, \lambda_4$

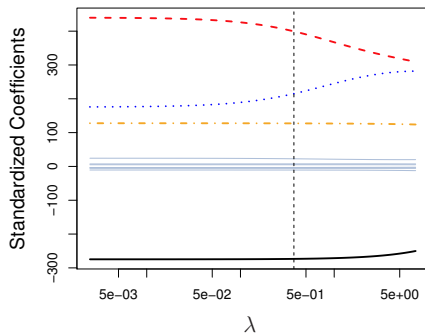
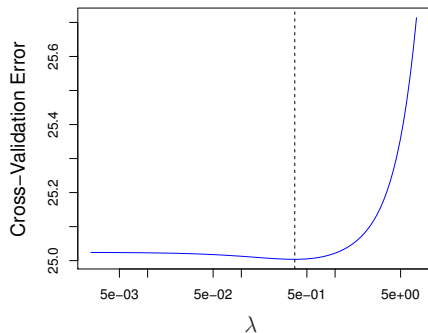


2) Then choose the best λ_i by i) training on **Validation set** and ii) testing on **Held out set**.

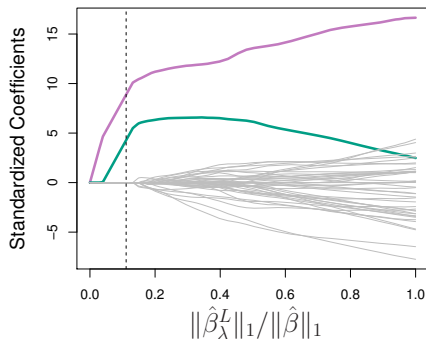
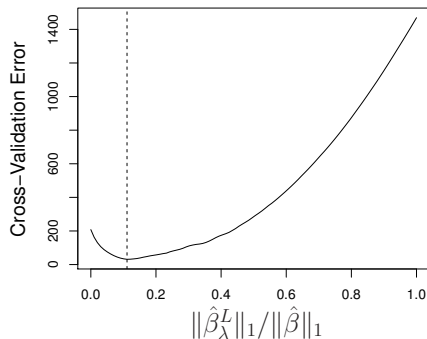


3) Fit final model using entire data set (**Validation** + **Held out**) with best λ_i

Selecting λ : Example with Ridge



Selecting λ : Example with Lasso





Next we will review how to implement the Lasso, Ridge Regression and Elastic Net in R.