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## TEST YOUR MINDSET QUIZ



JANUARY 18, 2018



EDITOR



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What beliefs and attitudes do you hold? Learn more about **your mindset** and the assumptions you may hold on to without even realizing it.

Your *mindset* reflects your own worldview or philosophy of life. So, do you have a growth mindset or one that's more fixed? Take the mindset quiz to find out more about the way you tick:



**34-44 YOUR RESULTS SUGGEST A GROWTH MINDSET BUT WITH SOME FIXED IDEAS.**

**21-33 YOUR RESULTS SUGGEST A FIXED MINDSET, BUT WITH SOME GROWTH IDEAS.**

**0-20 YOUR RESULTS SUGGEST A STRONG FIXED MINDSET.**

***MORE ABOUT MINDSET:***

**QUIZ: HAVE YOU GOT A PLAYFUL MINDSET?**

**DO YOU HAVE A GROWTH MINDSET?**

**VIDEO: DEVELOPING A GROWTH MINDSET**

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