

# Predatory People & Grooming

## Being a predator is...?

Defined by actions and behaviours.

Means someone older who has **the intention to take advantage of you sexually.**

**Most predatory people commit crimes** that fall under the definition of sexual exploitation.

**If you feel pressured by someone** to engage in sexual activity so that you can get a need met, that person by definition is predatory.

THERE ARE  
**750,000**

predatory people online at any given time looking to connect with you.<sup>1</sup>

## What's grooming?

When someone who is predatory tries to build trust with you **in order to exploit or abuse you.**

So what are the signs? Think about someone acting **SUSS**:

### IN PERSON

### ONLINE

**Stuff**

They give you gifts outside of special occasions.

They offer you stuff online like gaming rewards, gifts, or money for your photos.

**Unhealthy Age Gap**

When someone is more than four years older than you.

This could be anyone—people can pretend to be someone they're not.

**Sexual**

They initiate sexual behaviours or sexual conversations.

Someone is asking you for nudes or sexual livestream.

**Switch**

Someone asks you to go somewhere private with them.

Someone is asking you to add them on a different platform.

**Bonus**

**Secrets**

If you have to keep secrets and lie, that's major SUSSS.

Can you think of anything else that would tell you someone is unsafe or predatory?

# Q&A

It's common for people to try to get their needs met online or on social media. Needs like self esteem, belonging, popularity, fame and fortune, and love.

**But predatory people will try to meet those needs as a lure into sexual exploitation.**

**1. What are some needs you have that you try to meet online?**

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**2. What are some healthy ways to meet those needs?**

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**3. What are some unhealthy ways to meet those needs?**

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