

Educator Facilitation Guides

Grades 3–5

INTRODUCTION

Welcome to The Prevention Project’s Educator Facilitation Guides for Grades 3–5. These guides are designed to support educators—classroom teachers, parents or youth leaders—in facilitating age-appropriate discussions on crucial topics such as consent, internet safety and personal boundaries.

PURPOSE AND STRUCTURE OF THE GUIDES

Each facilitation guide serves as a supportive resource to the video chapters and worksheets on <https://www.thepreventionproject.ca/grades3-5> to assist educators in leading discussions that are both engaging and suitable for younger children. They provide clear, step-by-step instructions, practical tips for managing sensitive topics, and strategies for creating a supportive environment where children feel safe to share and learn.

In each guide, you will find the main chapter objectives tailored for younger students, age considerations for

teaching methods suited to their developmental stage, and essential background information on the topic for the educator. It also provides supportive materials for educators and participants—be sure to review these resources in advance to select those most appropriate for your audience. Additionally, the guides offer strategies for guiding discussions, practical facilitation tips, answers to frequently asked questions, and extension activities to reinforce lessons in an engaging way.

CREATING A SAFE ENVIRONMENT

Creating a safe space is essential, especially with younger students. Educators are encouraged to:

- ▶ Use simple language and visual aids to explain complex concepts.

- ▶ Provide breaks and use interactive methods to maintain engagement.
- ▶ Be prepared with additional support resources for students who may need extra help.

DEVELOPMENTALLY APPROPRIATE TECHNIQUES

When facilitating learning around these topics with this age group, it’s essential to use methods that align with their developmental stage. Engaging techniques such as storytelling, interactive games, and visual aids can make abstract concepts more concrete and accessible.

Activities like drawing or role-playing are effective for helping students understand and retain information. These approaches ensure that lessons are both engaging and understandable for this age group.

PARENTAL AND CAREGIVER INVOLVEMENT

Parents and caregivers play a key role in reinforcing classroom lessons and supporting their child's learning. Encourage parents to engage with the content at home by providing simple discussion prompts or activities.

For example, parents can work with their children on the Knowledge Snapshot worksheets. This collaboration helps to strengthen the lessons learned in class and fosters a supportive learning environment.

SEQUENCE OF THE CHAPTERS

We've intentionally built these chapters in a specific order. Each chapter serves as a building block, starting with foundational concepts and progressing to more complex topics. This structure helps students build a comprehensive understanding, and provides a logical flow to the material. Feel free to adjust the sequence to fit your group's needs and maturity levels. Here's a brief overview:

1. Consent and Healthy Boundaries: Introduces key principles about setting personal boundaries and understanding consent, both online and in person.

2. The Internet: Introduces basic internet safety and navigation skills.

3. Information Sharing Online: Teaches the importance of protecting personal information.

4. Unsafe People and Unhealthy Social Accounts: Identifies warning signs of unsafe individuals both online and offline, offering strategies to protect oneself.

5. Being a Safe Person: Describes the characteristics of a safe person and emphasizes the role of being a trustworthy and supportive figure for others.

SUPPORT AND RESOURCES

If you have any questions or would like to make suggestions for future resource development, please don't hesitate to email us at thepreventionproject@ally.org. Your feedback helps us improve our resources for educators and students alike. For additional information, visit our website at thepreventionproject.ca.

These resources have been developed in collaboration by Ally Global Foundation (ally.org) and Exploitation Education Institute (exploitationeducation.org). We believe that every young person deserves access to light-hearted, age-appropriate learning to keep themselves and others safe from all forms of sexual exploitation. To learn more about the work of these organizations, please visit their websites.

CONCLUSION

The Prevention Project's Educator Facilitation Guides are more than just instructional tools—they are part of a larger effort to empower young people with the knowledge and skills they need to navigate relationships safely and responsibly. By using these guides, educators play a vital role in shaping a safer, more informed generation.