

Chapter 8: High-Risk Behaviours

EDUCATOR FACILITATION GUIDE

PURPOSE OF THIS GUIDE

To provide practical tips and instructions for engaging students and handling difficult discussions on the topic of high-risk behaviours including OnlyFans and sugar dating.

MAIN OBJECTIVES

- ▶ To educate on the misconception that online behaviors like sugar dating and using OnlyFans are low-risk because they are digital.
- ▶ To highlight the risks associated with sugar dating and selling sexual content digitally.

CREATING A SAFE ENVIRONMENT

- ▶ Emphasize respectful communication and confidentiality. It is important to listen and value each other's perspectives even if we don't agree with them.
- ▶ If your students have lots of questions or seem restless, take breaks in between the videos to debrief.
- ▶ Offer emotional outlets such as doodling or colouring sheets during the videos.
- ▶ Let your students know that if they feel triggered, they can leave the room and/or go speak with the counsellor.
- ▶ Identify any local support resources and organizations on the issue ahead of time, so that you can readily refer students who may need additional support.

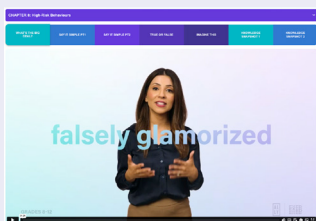
MODERATING DISCUSSIONS

- ▶ Ensure that all students have the opportunity to speak.
- ▶ Maintain a non-judgmental tone.
- ▶ If a question is inappropriate or derails the discussion, gently redirect it back to the main topic.
- ▶ If you don't know the answer, it's okay to admit it! Provide additional resources or take note to look into the question later.

IMPORTANT THINGS TO KNOW

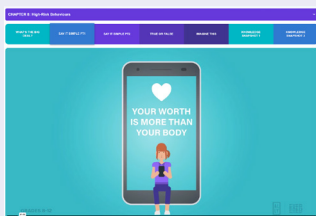
- ▶ Behaviours such as sugar dating or selling online sexual content are considered high risk because of their connection to sexual exploitation and human trafficking, in addition to their long-term consequences.
- ▶ These activities can serve as gateways to exploitation due to the financial dependency they create. Sugar daddies or mamas may use this dependency to pressure sugar babies into sexual activities. Similarly, traffickers might pose as clients or managers, or offer the promise of a better lifestyle, to coerce someone into sexually exploitative situations.
- ▶ OnlyFans is a content subscription service website. It allows creators to earn money from users who subscribe to their content. While it hosts a range of content such as fitness, cooking, and music, it is widely known for adult content. In other words, virtual prostitution.
- ▶ OnlyFans has been falsely glamourized mainly due to its creators who use social media platforms like Instagram, Twitter, and TikTok to promote their OnlyFans accounts, with stories of how they are or can make quick easy cash.
- ▶ Most of the money made through OnlyFans is by a small percentage of its users, despite the claims that anyone can make a lot of money.
- ▶ There have been cases of human trafficking and child sexual abuse present on OnlyFans (see articles below).
- ▶ Sugar dating is a type of relationship where an older, wealthier person (often referred to as a “sugar daddy” or “sugar mama”) provides money, gifts, or other benefits to a younger person (referred to as a “sugar baby”) in exchange for sexual intimacy of some sort.
- ▶ Approximately 40% of Canadian sugar babies are post-secondary students. (<https://www.vancouverislandfreedaily.com/news/being-a-sugar-baby-isnt-so-sweet-warns-better-business-bureau-7241984>)
- ▶ Digital sugar dating has become common even amongst kids in high school. Examples of digital sugar dating include providing money transfers, gift cards, or amazon wish list items in exchange for sexual conversation or photos. This can be done on any platform including Instagram and Snapchat.

FACILITATION TIPS FOR CHAPTER 8



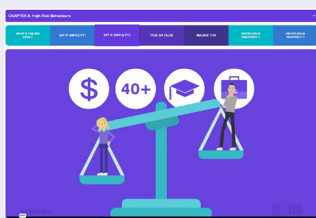
What's the Big Deal?

Encourage open discussion about the perceptions and realities of sugar baby relationships and online content selling. Prompt questions like: How do you perceive these activities? What risks do you think might be associated with them? This sets the stage for a deeper exploration of the topic.



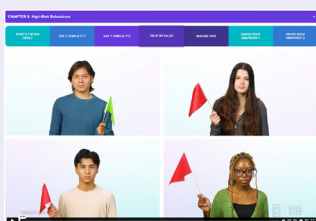
Say It Simple Pt 1

Start a conversation about online platforms and their impact on society's perception of human worth. Encourage critical thinking by asking questions like: What messages do these platforms send about human value? How can we navigate online spaces while protecting our privacy and dignity?



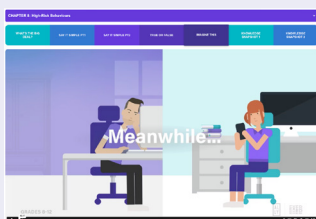
Say It Simple Pt 2

Prompt a discussion about power dynamics in relationships and how they affect consent. Encourage students to reflect on what makes a relationship healthy and equal. Ask questions like: What does a healthy relationship look like to you? How can we ensure that relationships are based on mutual respect and consent?



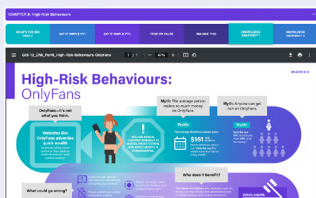
True or False

Use this segment as an interactive learning opportunity. Encourage participants to critically analyze each statement and discuss their reasoning behind their answers. Foster a safe environment for open dialogue and exploration of different perspectives.



Imagine This

After viewing the scenario, facilitate a reflection on the risks and consequences depicted. Encourage students to consider the pressures and challenges faced by John and Jane, and discuss strategies for making safer choices online.



Knowledge Snapshot 1

Use this snapshot as a springboard for discussing online safety and informed decision-making. Encourage students to critically evaluate online platforms and their potential risks. Facilitate a brainstorming session on strategies for mitigating these risks and promoting digital well-being.



Knowledge Snapshot 2

Encourage a deeper exploration of power dynamics and consent in relationships. Prompt discussions on the societal influences that shape our perceptions of romance and intimacy. Foster empathy and understanding by encouraging students to consider the experiences of individuals involved in sugar dating.

FAQ'S AND RESPONSES TO GET YOU THINKING

Q: What would be the risks of anonymously selling digital sexual content, such as keeping your face cut out or posting feet pictures?

R: Even if you believe your identity is protected, there's always a risk that someone could trace the content back to you through your digital footprint. No online platform can ever guarantee complete security, and your personal data can always be at risk of being hacked. Digital permanence means that once content is online, it can be saved, shared, and reposted without your knowledge, potentially affecting you years later. Additionally, these activities can expose you to exploitation, where you may be manipulated or pressured into crossing your boundaries by those purchasing your content.

Q: Is sugar dating legal? Is it not just prostitution?

R: Although sugar dating is a form of sex work, because it has a different label and a relationship is implied, sugar dating is not against the law. However, if there were to be no relationship, then it would simply be prostitution. A minor can not legally engage in sugar dating because by law, true consent can not happen if money is involved.

Q: If most people don't make a lot of money from OnlyFans, then why is it that I see so many content creators that have gotten rich from it?

R: Don't always believe what you see or hear online! Many OnlyFans creators have come forward to say that they lied about their fanbase and income earnings in order to create a lure and larger following base. In order to make money on OF, you must have "fans". The average person does not organically have fans and therefore will lean on social media to gain fans and followers. This often involves embellishment.

EXTENSION ACTIVITIES

► Engage students in a debate on the ethical implications of sugar dating.

► Have students review and analyze the case study called "[Ontario lawyer facing discipline after filing \\$229-million lawsuit...](#)" in the supplementary materials below, taking note of any red flags. Have students analyze what went wrong, alternative choices, etc.

SUPPLEMENTARY MATERIALS



To access the following resources, scan the QR code or [click here](#).

Articles and Cases — OnlyFans

- ▶ Expert Analysis of CSAM and Sex Trafficking occurring on OnlyFans.com

Articles and Cases — Sugar Dating

- ▶ Ontario lawyer facing discipline after filing \$229-million lawsuit against sugar baby he was 'obsessed' with
- ▶ Being a Sugar Baby Isn't so Sweet, warns Better Business Bureau
- ▶ The Dark Side of "Sugar Dating"
- ▶ The romanticisation of 'sugar baby life' on TikTok is hiding a dangerous reality for young women
- ▶ Sugar babies on TikTok promote dangerous misconceptions
- ▶ Sugar Dating: What are the Dangers of this Type of Arrangement?

DISCLOSURES AND REPORTING

- ▶ By addressing these topics and opening up the space for discussion, an individual may feel safe to come forward with a disclosure
- ▶ It takes courage and a lot of trust in someone to share something like this. Thank them for sharing with you and trusting you with that information. Prove their trust right by being non-judgmental, and emotionally measured in your response. Acknowledge that it takes a lot of courage to come forward and that you are there to help in any way you can.
- ▶ Ask them if anyone else knows about this already. Find out what their needs are. Do they need an empathetic ear? Do they need assistance with reporting? Do they need to be connected with resources?
- ▶ Encourage them to report to a confidential and safe resource, or connect them with a counsellor. Have these resources prepared/ available ahead of time.
- ▶ If they are currently at risk of harm, let them know that it is your duty to report and that you can accompany them or find someone to support them during this process.
- ▶ If a minor is currently at risk of harm or is being harmed, it is your duty to report it to your local child welfare services.

KIDS HELP PHONE (24/7)

- ▶ Call 1-800-668-6868
- ▶ Text "CONNECT" to 686868