



**Branch Diver
Pool / Open Water Training Record**

Branch

Trainee's Name

Membership Number

EXERCISE	Date, Instructor name & No. and Comments	Date, Instructor name & No. and Comments	Date, Instructor name & No. and Comments	Date, Instructor name & No. and Comments	Completed Assessment date Instructor name & No.
Swimming assessment					
Snorkel Assessment					
BP1 Equipment Setup					
BP2 Basic Buoyancy Checks					
BP3 Buoyancy Skills, Ear Clearing/Equalising, Pressure and Mobility					
BP4 Mask Exercises					
BP5 Remove and Replace Regulator					
BP6 Alternative Air Source/Buddy Breathing					

BP7 Entries/Exits					
BP8 Controlled Buoyant Lift					
BP9 Exposure Suit Skills					
Open Water					
BS1 Entries/Exits					
BS2 Buoyancy Check and Mobility					
BS3 Clear Mask					
BS4 Regulator Skills					
BS5 Controlled Ascent and Buoyancy Control					
BS6 Alternative Air Source					