



Babushka's Beauty Secrets: Old World Tips for a Glamorous New You (Hardback)

By Raisa Ruder, Susan Campos

Little, Brown & Company, United States, 2010. Hardback. Condition: New. Language: English. Brand new Book. Raisa Ruder, a Ukrainian esthetician, has taken her grandmother's natural beauty recipes out of the cupboard to make women such as Madonna, Tyra Banks and Molly Simms red-carpet ready. In BABUSHKA'S BEAUTY SECRETS, Raisa shares her Babushka's (Russian for Grandmother) time-tested, old world secrets of using simple, ingredients - like eggs, strawberries, honey, milk, avocado - for proven, amazing results. Women don't need to pay hundreds of dollars in the name of beauty to purchase products like vitamin C serum, alpha-hydroxy acids, pigmentation creams, masks, peels and scrubs. With Ruder's guide readers will learn simple ways to plump, tighten and smooth the skin for just a few pounds. The 'recipes' in this book will help women say good-bye to crow's feet, dark circles and acne and say hello to plumper lips, glowing wrinkle-free skin and thick beautiful hair. One trip to the market for some oranges, olive oil, pineapple and tomatoes (and some vodka to preserve it all!) and you'll be on your way to a younger looking, more glamorous you!.



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- Romaine Rippin

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lyda Davis II

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