



## **EMULATING ADVERSARIES FOR AUDITORS AND THE BUSINESS**

September 16, 2022 • Alex Martirosyan

## **PS> whoami**

- Senior Penetration Tester
- Started originally as an IT Auditor
- Background in mathematics
  - Substack: <a href="https://almart.substack.com/">https://almart.substack.com/</a>



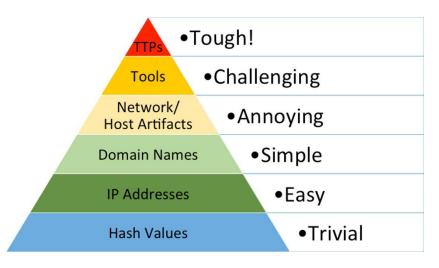
Twitter: @almartiros

Discord: almart#1785

## **Agenda**

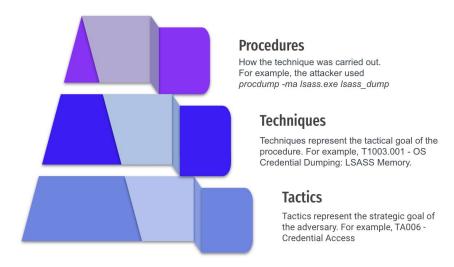
- The MITRE ATT&CK® problem
- Introduction to basic audit principles
- Understanding frameworks and the business
- Atomic Testing -> Micro Emulation -> Purple Teaming
- Tools to emulate realistic scenarios and create reports

## **Obligatory Pyramid Slide**



#### Source:

https://detect-respond.blogspot.com/2013/03/the-pyramid-of-pain.html

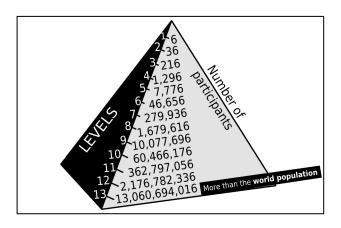


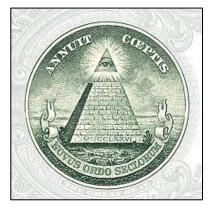
#### Source:

https://www.scythe.io/library/summiting-the-pyramid-of-pain-the-ttp-pyramid

# **Pyramid Scheme?**







#### Frameworks and Standards

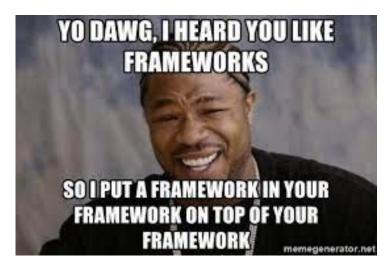
Another framework/standard to follow!

- NIST 800-53 / NIST CSF / CIS Top 18
  - Mappings are great but can be overwhelming
- GLBA/PCI/HIPAA/SOC/SOX/etc.
- How does the business or management keep up?

HOW STANDARDS PROLIFERATE: (SEE: A/C CHARGERS, CHARACTER ENCODINGS, INSTANT MESSAGING, ETC.)

SITUATION: THERE ARE 14 COMPETING STANDARDS. H4?! RIDICULOUS!
WE NEED TO DEVELOP
ONE UNIVERSAL STANDARD
THAT COVERS EVERYONE'S
USE CASES.
YEAH!

SCON: SITUATION: THERE ARE 15 COMPETING STANDARDS.



## Why Audit?

- Business already understands it
  - Offensive testing has not been uniformly accepted
  - Measure effectiveness of control
  - Create repeatable test cases
  - Determine overall confidence



## **Auditing and QA**

- Create testable and repeatable processes
- Validating assumptions against control environment
  - Systems have inputs and outputs...
- Everybody loves an auditor!

#### V. MODEL VALIDATION

Model validation is the set of processes and activities intended to verify that models are performing as expected, in line with their design objectives and business uses. Effective validation helps ensure that models are sound. It also identifies potential limitations and assumptions, and assesses their possible impact. As with other aspects of effective challenge, model validation should be performed by staff with appropriate incentives, competence, and influence.

All model components, including input, processing, and reporting, should be subject to validation; this applies equally to models developed in-house and to those purchased from or developed by vendors or consultants. The rigor and sophistication of validation should be commensurate with the bank's overall use of models, the complexity and materiality of its models, and the size and complexity of the bank's operations.

#### **ATT&CK Intro**

#### MITRE ATT&CK Enterprise

- Tracks threat actors through **observable** data
- Tactics, Techniques, and Procedures (TTPs)
- Post compromise focus

#### Can be overwhelming...

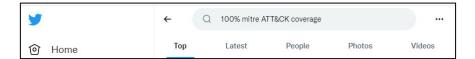
- 14 Tactics
- 191 Techniques (386 Sub-techniques)
- Procedures are key

Powerful classification framework → common language

## **ATT&CK Traps**

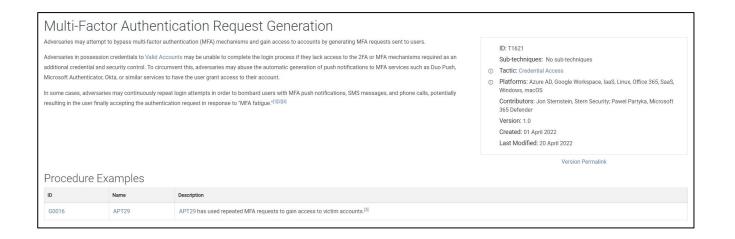
- Offensive minded individuals don't think in TTP's
  - Threat actors certainly do not
- · Emulating realism and being accurate is hard
- Misleading metrics creating false sense of security





## **Industry Issues**

- Most security tools now map to ATT&CK
- Great for marketing and building a common language, needs to be actionable
- If it isn't in ATT&CK is it even real?



#### **Threat Model**





#### How It's Made

## 1. Penetration phase

The penetration vector in this attack was social engineering, specifically spear-phishing attacks against carefully selected, high-profile targets in the company. Two types payloads were found in the spear-phishing emails:

1. Initial Access - Spearphishing Link (T1192)

- Link to a malicious site that downloads a fake Flash Installer delivering Cobalt Strike Beacon
- 2. Word documents with malicious macros downloading Cobalt Strike payloads

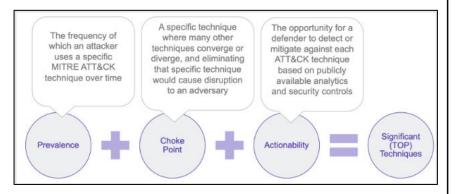
2. Initial Access - Spearphishing Attachment (T1193) 3. Defense Evasion/ Fake Flash Installer delivering Coba Execution - Scripting (T1064) 4. Execution - User Execution (T1204)

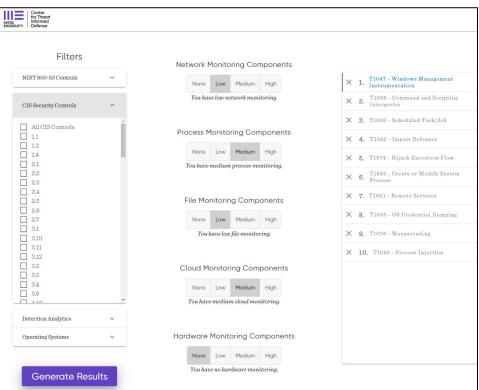
The victims received a spear-phishing email using a pretext of applying to a position with the company. The email contained a link to a redirector site that led to a download link, containing a fake Flash installer. The fake Flash installer launches a multi-stage fileless infection process. This technique of infecting a target with an <a href="mailto:fake-Flash installer">fake-Flash installer</a> is consistent with the OceanLotus Group and <a href="mailto:hashed-been documented-in-the-past">hashed-been documented-in-the-past</a>.

#### Source:

https://attack.mitre.org/docs/training-cti/Cybereason%20Cobalt%20Kitty%20%20original%20report.pdf

## **Prioritization Using Math!**





## **Conti Example**

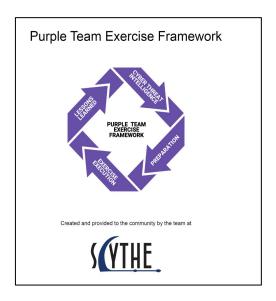
# Cobalt strike MANUALS\_V2 Active Directory

I Tier . Increasing privileges and collecting information

```
1. Initial exploration
1.1 . Search for company income
Finding the company's website
On Google : SITE + revenue (mycorporation.com + revenue) (
"mycorporation.com" "revenue" )
check more than 1 site, if possible
(owler, manta, zoominfo, dnb, rocketrich)

1.2 . Defined by AB
1.3 . shell whoami < ===== who am I
1.4 . shell whoami / groups -> my rights on the bot (if the bot came with a blue monik)
1.5 . 1 . shell nltest / dclist: <===== domain controllers
net dclist < ===== domain controllers
1.5 . 2 . net domain_ controllers < ===== this command will show the ip</pre>
```

## **Use Existing Resources**

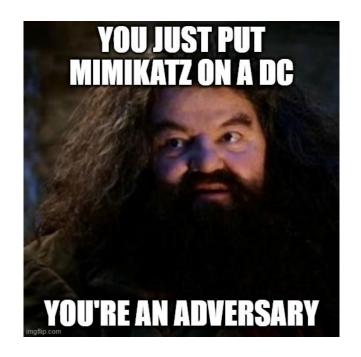


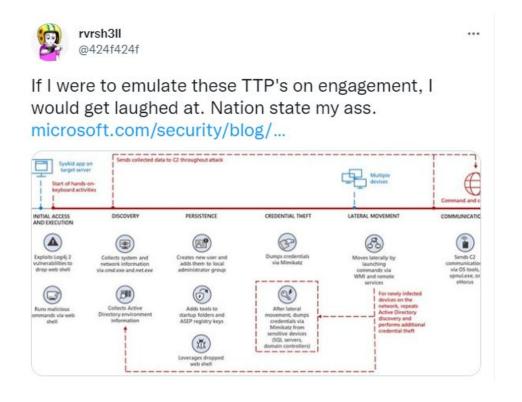
Source: https://github.com/scythe-io/purple-team-exercise-framework/blob/master/PTEFv2.pdf

PB#### - [Lifecycle	eam Lifecycle Overall Sto		
Lifecycle Project Mana	Simulation Start:		
Office: Office Phone	Simulation End:     Configuration Identified:		
Mobile: Cell Phone	Change Management Referred		
Email: Email	<ul> <li>Configuration Deployed:</li> </ul>	<ul> <li>Configuration Deployed:</li> </ul>	
Defense Simulation  APT Lifecycle Ingest and Research	Lifecycle Type: Ingest Source:     Lifecycle Objective		
	Identify the ingest/intended attack and/or defense techniques. Define source of technique and type of ingest:		

Source: https://github.com/DefensiveOrigins/AtomicPurpleTeam

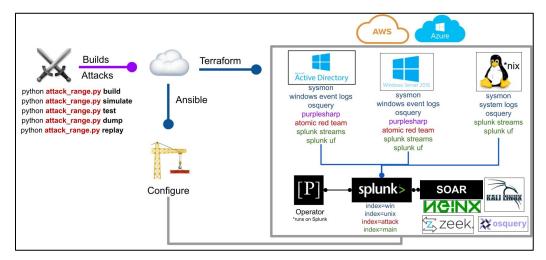
## **Sophisticated Cyber Attack**







# **Atomic Testing**

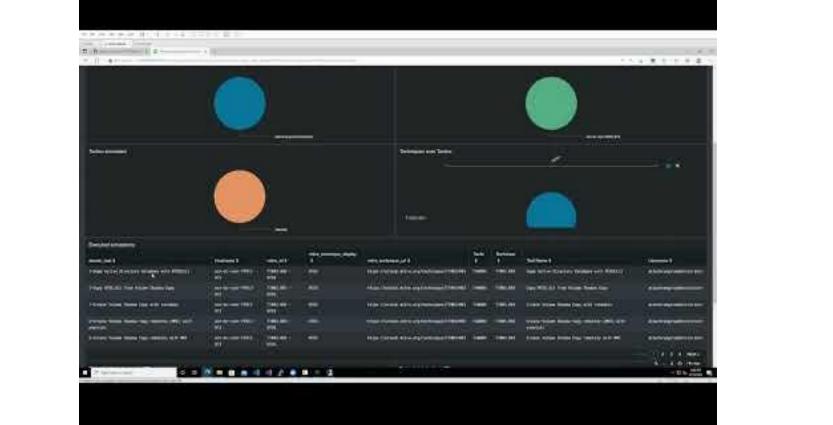


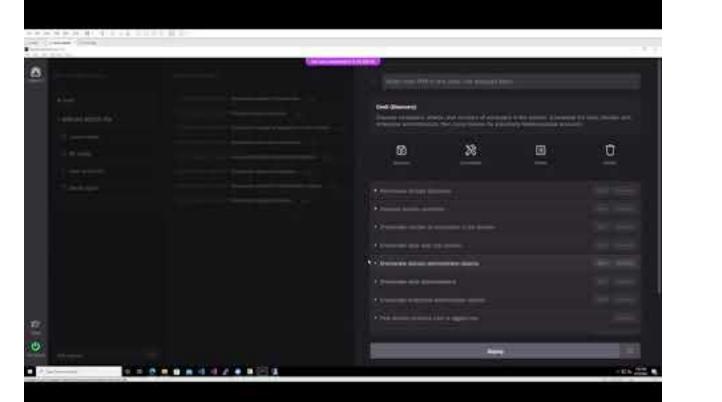
Source: https://www.splunk.com/en\_us/blog/security/introducing-splunk-attack-range-v2-0.html

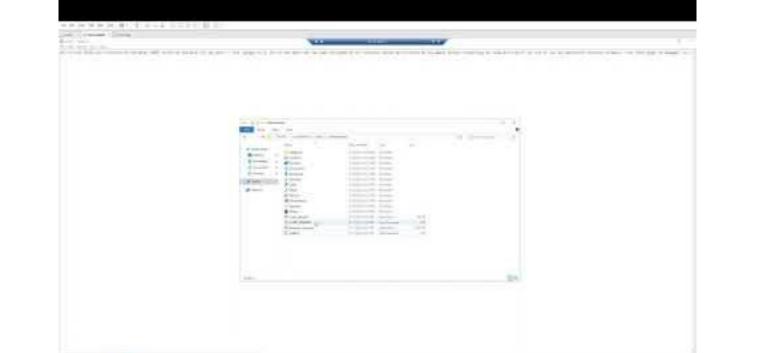


## **Emulation Plans**

Atomic Testing	Micro Emulation	Full Emulation	
Emulate single technique	Emulate compound behaviors across 2–3 techniques	Emulate adversary operation	
Executable in seconds	Executable in seconds	Executable in hours	
E.g., Atomic Red test for T1003.001 - LSASS Memory	E.g., Fork & Run Process Injection	E.g., FIN6 adversary emulation plan	
Easy to automate	Easy to automate	Easy to automate	
Validate atomic analytics	✓ Validate atomic analytics	Validate atomic analytics	
Validate chain analytics	Validate chain analytics	Validate chain analytics	
Evaluate SOC against a specific set of TTPs	<ul> <li>Evaluate SOC against a specific set of TTPs</li> </ul>	<ul> <li>Evaluate SOC against a specific set of TTPs</li> </ul>	
Evaluate SOC holistically against specific groups	Evaluate SOC holistically against specific groups	<ul> <li>Evaluate SOC holistically against specific groups</li> </ul>	

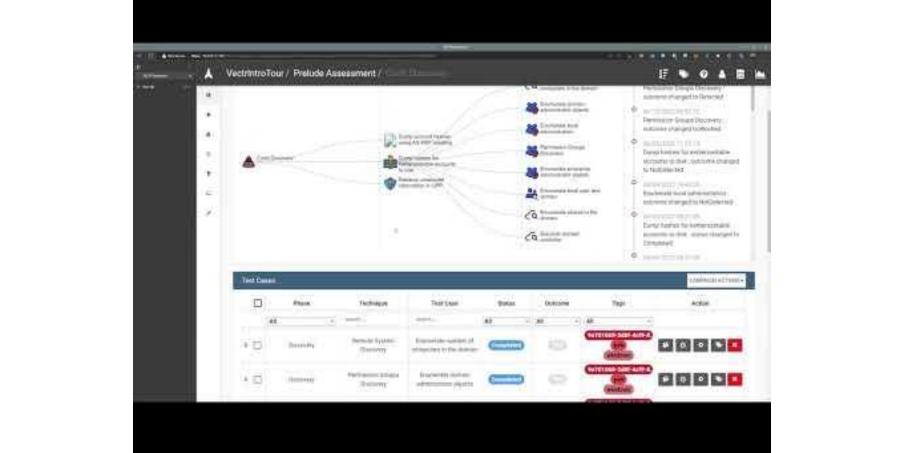






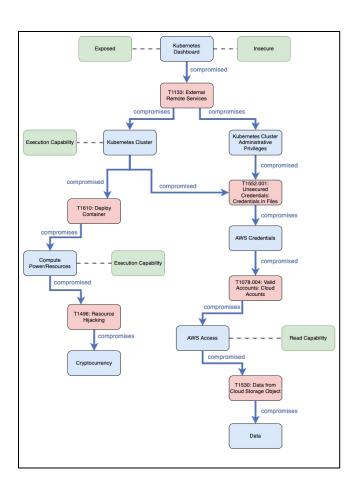
THE PERSON ST

\* \* D 0 \* 0 \* \*



## **Future Thoughts**

- Rich and detailed procedure level data from CTI isn't always available
- Making assumptions or a guess is OK in an emulation plan
- GOAL: Demonstrating high confidence in mitigating X threat



### **KEEP YOUR THREAT MODELS UP TO DATE**

#### Overlay Adversary Techniques

- Leverage threat intel to develop threat models
- Additional adversaries
- New techniques observed by existing adversaries
- ✓ Overlay controls

#### Testing Coverage to Confirm Controls

- VulnerabilityScanning
- Penetration testing
- Leverage free tools such as Atomic Red Team, Invoke-Atomic, & CALDERA
- Purple team team exercises (tools such as Vectr and MITRE D3FEND)

#### Update Control Coverage

- ✓ Update controls documentation (Vectr & D3FEND)
- ✓ Integrate documentation into processes

#### Remediate, Track Gaps

- Track and manage issues issues
- Report to oversight committee / board



# **QUESTIONS**