- **Project title: DietAid**

- **Project theme: Health and Wellness**

- **Team members:**

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- **One paragraph elevator pitch:** Millions of Americans struggle with obesity, heart disease, and malnutrition. We live in a society where food vendors will try to appetize their customers with highly processed foods that simply don't get metabolized well by our bodies and lead to serious health problems if over consumed. DietAid is the cure. Clients will enter their height, weight and age to determine the number of calories and how much of some essential vitamins and nutrients they should consume in a day as recommended by the CDC. Next, clients enter the meals they ate in the previous week. DietAid will determine whether they need to cut down calories and whether they are lacking in any nutrients. Finally, DietAid will give its clients a list of suggestions of which meals they could change to something similar in order to maximize their dietary improvement without sacrificing the foods they love.

- **Collaboration plan (Not required for solo projects).** N/A