

# THE FIVE HIGH-LEVEL STEPS OF IPSEC FOR THE CISSP EXAM

IPSec secures **data in motion** through confidentiality, integrity, authentication, and anti-replay.



## STEP 1

Define the **LAN IP addresses** that will need to be secured within an IPSec VPN tunnel

This traffic will be known as "**interesting traffic**"

## STEP 2

Internet Key Exchange (**IKE**)  
**Phase 1** begins

The two peer devices **authenticate** each other by exchanging pre-shared keys

**Encryption** and **hashing** algorithms for IKE **security association (SA)** are negotiated between peers to provide **confidentiality** and **integrity**

Initiator and responder calculate a **cookie value** to protect against **anti-replay** attacks

**Diffie-Hellman (DH)** key exchange creates shared secret keys to secure **IKE Phase 2**

## STEP 3

Internet Key Exchange (**IKE**)  
**Phase 2** begins

**Previous IKE SA** protects the negotiation and establishment of **IPSEC SA**

Option to enable **Perfect Forward Secrecy (PFS)** for an additional **DH key exchange**

## STEP 4

**Data** is sent over an **encrypted** tunnel

## STEP 5

Tunnel is **terminated** either by manual **deletion** or an automatic **lifetime** setting

## CORE CONCEPTS

IPSec has two options:  
Authentication Header (**AH**)  
and Encapsulating Security Payload (**ESP**)

**IPSec, digital signatures, and PKI** are some of the best topics to **understand cryptography** for the **CISSP exam**

