

MENU CARD
NUTRITION & ALLERGEN INFORMATION
BOOKLET
OF KFC PRODUCTS.

"AN AVERAGE ACTIVE ADULT REQUIRES 2,000 KCAL OF ENERGY PER DAY. HOWEVER,
CALORIE NEEDS MAY VARY"

ALL INFORMATION PROVIDED IS IN COMPLIANCE WITH FSSAI LABELLING AND DISPLAY REGULATION





Disclaimer:-

Nutritional information provided is approximate and indicative. Nutritional value tends to change with serve size, process of preparation, and source of raw material, and all values have been rounded off to the nearest decimal, All the products are analyzed at FSSAI-approved and NABL-accredited laboratories.

Pepsi, Pepsi Zero Sugar, 7up, 7up Zero Sugar Mirinda, Mountain Dew, is a registered trademark of PepsiCo, Inc.

Lipton is a trademark used under license Pepsi, Pepsi Zero Sugar & Mountain Dew CONTAINS CAFFEIN, Pepsi Zero Sugar, 7Up Zero Sugar & Lipton Iced Tea CONTAINS NON-CALORIC SWEETNERS. Pepsi Zero Sugar CONTAINS AN ADMIXTURE OF SUCRALOSE AND ACESULFAME POTASSIUM, NOT RECOMMENDED FOR CHILDREN, PREGNANT WOMEN, AND LACTATING MOTHERS.

7up Zero Sugar CONTAINS AN ASPARTAME, ADMIXTURE OF SUCRALOSE AND ACESULFAME POTASSIUM. NOT RECOMMENDED FOR PHENYLKETONURICS, FOR CHILDREN, PREGNANT WOMEN, AND LACTATING MOTHERS.

Lipton Iced Tea (Lemon Flavored) is ready to serve tea-based beverage (14.1.4.2)—proprietary food. THIS LIPTON ICED TEA (LEMON FLAVOURED) CONTAINS STEVOIL GLYCOSIDE.

All MSG — MONOSODIUM GLUTAMATE "Yes" products contain added monosodium glutamate. NOT RECOMMENDED FOR INFANTS BELOW 12 MONTHS AND PREGNANT WOMEN.

"KFC® and Colonel Sanders image and Kentucky Fried Chicken are Registered trademarks of Kentucky Fried Chicken International Holdings, LLC, USA and are used under permitted licenses".

All our products are for immediate consumption only.

Allergen Information: -



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER







Hot and Crispy		01
Hot & Crispy Leg Piece		02
Hot & Crispy Wings and Bon	eless Strips	03
Boneless and Popcorn		04
Burgers & Longer Burger		05
Rolls & Rice Bowl		06
Smokey leg Piece and LTD		07
·	roducts	
Dips / Sauces & Seasonings,	Sides & Desserts	10
Snacks		11
Value Lunch		12 & 13
Buckets & Box Meals		14
Value Bundles /LTO/Spurt Ca	ampaigns	15&16







Products	//////////	Avg. Portion		Total Energy Kcal / Per Serve															% of RDA 50g added sugar	IVINI	Caffeine & Artificial Sweetner
											Hot & Crispy										
1 Pc HC		110	1	320	16	19	20	30	0	2	9	3	8	36	265	0.3	13	0	0	Yes	No
2 Pc HC		220	1	640	31	39	40	60	0	4	19	5	16	72	530	0.5	27	0	0	Yes	No
3 Pc HC		330	1	960	47	58	60	90	0	7	28	8	24	108	796	0.8	40	0	0	Yes	No
4 Pc HC		440	2	640	31	39	40	60	0	4	19	5	16	72	530	0.5	27	0	0	Yes	No
5 Pc HC		550	2	800	39	48	50	75	0	6	24	7	20	90	663	0.7	33	0	0	Yes	No
6 Pc HC		660	3	640	31	39	40	60	0	4	19	5	16	72	530	0.5	27	0	0	Yes	No
8 Pc HC		880	4	640	31	39	40	60	0	4	19	5	16	72	530	0.5	27	0	0	Yes	No
10 Pc HC		1100	4	800	39	48	50	75	0	6	24	7	20	90	663	0.7	33	0	0	Yes	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER



Products	VEG /NON VEG	Avg. Portion Weight in gm		Total Energy Kcal / Per Serve	Carbohydrate gm/serve	Protein gm/serve	Total Fat gm/serve	% of RDA 67g total fat		% of RDA 2g trans fat	MUFA gm/serve	PUFA gm/serve	Saturated fat gm/serve	% of RDA 22g sat fat		Sodium In gm / serve		Sugar gm/serve	% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
								'			Hot & Cris	py Leg Piece							'			
1 Pc HC Leg		100	1	288	17	18	17	25	0	2	7	2	7	30	216	0.2	11	0	0	#	Yes	No
2 Pc HC Leg		200	1	576	34	36	34	51	0	3	15	5	13	60	432	0.4	22	0	0		Yes	No
3 Pc HC Leg		300	1	864	51	54	51	76	0	5	22	7	20	90	648	0.6	32	0	0	₩	Yes	No
4 Pc HC Leg		400	2	576	34	36	34	51	0	3	15	5	13	60	432	0.4	22	0	0	₩	Yes	No
5 Pc HC Leg		500	2	720	43	45	43	63	0	4	19	6	16	75	540	0.5	27	0	0		Yes	No
6 Pc HC Leg		600	3	576	34	36	34	51	0	3	15	5	13	60	432	0.4	22	0	0	₩	Yes	No
8 Pc HC Leg		800	4	576	34	36	34	51	0	3	15	5	13	60	432	0.4	22	0	0		Yes	No
10 Pc HC Leg		1000	4	720	43	45	43	63	0	4	19	6	16	75	540	0.5	27	0	0		Yes	No
1 Pc Piripiri Leg		100	1	299	19	18	17	25	0	2	7	2	7	32	595	0.6	30	1	1		Yes	No
2 Pc Piripiri Leg		200	1	598	38	36	34	51	0	3	15	5	14	64	1190	1.2	60	1	3		Yes	No
3 Pc Piripiri Leg		300	1	897	56	54	51	76	0	5	22	7	21	95	1785	1.8	89	2	4		Yes	No
4 Pc Piripiri Leg		400	2	598	38	36	34	51	0	3	15	5	14	64	1190	1.2	60	1	3		Yes	No
5 Pc Piripiri Leg		500	2	748	47	45	43	63	0	4	19	6	17	79	1488	1.5	74	2	3		Yes	No
6 Pc Piripiri Leg		600	3	598	38	36	34	51	0	3	15	5	14	64	1190	1.2	60	1	3		Yes	No
8 Pc Piripiri Leg		800	4	598	37	36	34	51	0	3	15	5	14	64	1190	1.2	60	1	3		Yes	No
10 Pc Piripiri Leg		1000	4	748	48	45	43	63	0	4	19	6	17	79	1488	1.5	74	2	3		Yes	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER

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KFC Nutrition Information



Products	VEG /NON VEG	Avg. Portion Weight in gm		Total Energy Kcal / Per Serve	Carbohydrate gm/serve	Protein gm/serve		% of RDA 67g total fat		% of RDA 2g trans fat	MUFA gm/serve	PUFA gm/serve	Saturated fat gm/serve	% of RDA 22g sat fat		Sodium In gm / serve		Sugar gm/serve	% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
											Hot & Cr	ispy Wings										
1 Pc Hot Wings		35	1	125	8	6	8	12	0	1	10	1	3	14	123	0.1	6	0	0	\$	Yes	No
2 Pc Hot Wings		70	1	249	16	11	16	24	0	2	20	2	6	29	245	0.2	12	0	0		Yes	No
3 Pc Hot Wings	A	105	1	374	24	17	24	36	0	3	31	3	9	43	368	0.4	18	0	0	4	Yes	No
4 Pc Hot Wings		140	2	249	16	11	16	24	0	2	20	2	6	29	245	0.2	12	0	0		Yes	No
5 Pc Hot Wings	A	175	2	312	20	14	20	30	0	2	26	3	8	36	306	0.3	15	0	0		Yes	No
6 Pc Hot Wings		210	2	374	24	17	24	36	0	3	31	3	9	43	368	0.4	18	0	0		Yes	No
8 Pc Hot Wings		280	3	332	21	15	21	32	0	2	27	3	8	38	327	0.3	16	0	0		Yes	No
10 Pc Hot Wings		350	3	415	27	19	27	40	0	3	34	4	11	48	408	0.4	20	0	0	#	Yes	No
											Bonele	ss Strips										
1 Pc Boneless		45	1	117	7	9	6	9	0	0	3	1	3	12	209	0.2	10	0	0		Yes	No
2 Pc Boneless		45	1	117	7	9	7	10	0	23	3	1	3	14	210	0.2	10	0	1		Yes	No
3 Pc Boneless		45	1	117	8	10	7	11	1	45	4	2	4	16	210	0.2	11	1	2		Yes	No
4 Pc Boneless		45	1	117	8	10	8	11	1	68	4	2	4	18	211	0.2	11	1	3		Yes	No
5 Pc Boneless		45	1	117	9	11	8	12	2	90	5	3	5	20	211	0.2	11	2	4		Yes	No
6 Pc Boneless		45	1	117	9	11	9	13	2	113	5	3	5	23	212	0.2	11	2	5		Yes	No
8 Pc Boneless		45	1	117	9	12	9	13	3	135	5	4	5	25	212	0.2	11	3	5		Yes	No
10 Pc Boneless		45	1	117	10	12	9	14	3	158	6	4	6	27	212	0.2	11	3	6		Yes	No
12 Pc Boneless		45	1	117	10	13	10	15	4	180	6	5	6	29	213	0.2	11	4	7	#	Yes	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK





CONTAINS NO CALORIE SWEETNER





Products	VEG /NON VEG	Avg. Portion Weight in gm		Total Energy Kcal / Per Serve	Carbohydrate gm/serve	Protein gm/serve		% of RDA 67g total fat		% of RDA 2g trans fat		PUFA gm/serve	Saturated fat gm/serve	% of RDA 22g sat fat	Sodium gm/serve	Sodium In gm / serve		Sugar gm/serve	% of RDA 50g added sugar	Allerge	ns Contains	MSG	Caffeine & Artificial Sweetner
										P	iripiri bone	less											
1 Pc Piripiri Boneless		450	4	336	21	20	19	29	0	2	1	3	8	36	669	0.7	33	1	2	4		Yes	No
2 Pc Piripiri Boneless		450	5	269	18	17	16	24	1	46	1	3	6	29	536	0.5	27	2	3	4		Yes	No
3 Pc Piripiri Boneless		450	6	224	16	15	14	21	2	76	1	3	5	24	446	0.4	22	2	4	4		Yes	No
4 Pc Piripiri Boneless		450	7	192	14	14	13	19	2	97	1	4	4	20	383	0.4	19	2	5	4		Yes	No
5 Pc Piripiri Boneless		450	8	168	13	12	12	18	2	113	1	4	4	18	335	0.3	17	3	5	₩		Yes	No
6 Pc Piripiri Boneless		450	9	150	12	11.5	11	16	3	126	1	4	3	16	298	0.3	15	3	6	₩		Yes	No
8 Pc Piripiri Boneless		4500	10	1346	113	108	104	154	27	1357	1	38	31	143	2678	2.7	134	30	60	4		Yes	No
10 Pc Piripiri Boneless		4500	11	1223	106	102	98	147	29	1438	6	39	29	130	2434	2.4	122	31	63	4		Yes	No
12 Pc Piripiri Boneless		4500	12	1121	101	97.5	94	140	30	1506	6	39	26	119	2231	2.2	112	33	65	4		Yes	No
											Popcorn												
Popcorn Regular		90	1	306	21	17	18	27	0	1	8	3	8	37	617	1	31	0	0	4	3 7	Yes	No
Popcorn Medium		140	1	476	32	27	28	42	0	2	13	4	13	57	959	1	48	0	0	4	3 7	Yes	No
Popcorn Large	A	190	1	646	44	36	38	57	0	3	17	6	17	78	1302	1	65	0	0	#	\$ 3	Yes	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER

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Products	VEG /NON VEG	Avg. Portion Weight in gm		Total Energy Kcal / Per Serve	Carbohydrate gm/serve	Protein gm/serve		% of RDA 67g total fat		% of RDA 2g trans fat	MUFA gm/serve	PUFA gm/serve	Saturated fat gm/serve	% of RDA 22g sat fat	Sodium gm/serve	Sodium In gm / serve		Sugar gm/serve	% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
											Burgers								<u>'</u>			
Classic Zinger Burger		225	1	612	63	27	29	44	0	2	10	10	9	41	752	1	38	14	27		Yes	No
Tandoori Zinger Burger		230	1	902	62	25	30	45	0	1	10	11	8	38	863	1	43	0	0		Yes	No
Spicy Zinger Burger		215	1	439	47	28	16	24	0	2	9	9	8	38	1075	1	54	7	15		Yes	No
Pro Zinger Burger		225	1	529	41	29	29	44	0	2	12	9	14	63	956	1	48	13	25		Yes	No
Classic Chicken Krisper		150	1	405	47	17	17	25	0	1	6	6	5	23	720	1	36	0	0		Yes	No
Spicy Chicken Krisper		145	1	342	49	17	8	12	0	1	3	1	3	16	751	1	38	3	6		Yes	No
Veg Zinger Burger	•	230	1	619	83	14	25	38	0	1	9	7	9	42	978	1	49	14	28		Yes	No
Classic Veg Krisper	•	145	1	496	54	9	28	41	0	1	10	8	9	42	625	1	31	6	12		Yes	No
Spicy Veg Krisper		145	1	436	58	9	19	28	0	1	7	4	7	31	725	1	36	8	16		Yes	No
Paneer Zinger	•	225	1	673	59	25	38	57	0	1	14	8	16	73	2036	2	102	17	35		Yes	No
											Longer Burg	ger										
Chicken Longer		120	1	356	37	12	18	27	0	1	6	7	5	24	894	1	45	8	16		Yes	No
Veg Longer		110	1	259	39	8	0	0	0	1	3	2	3	14	571	1	29	11	22		Yes	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER



Products	VEG /NON VEG	Avg. Portion		Total Energy Kcal / Per Serve	Carbohydrate gm/serve			% of RDA 67g total fat		% of RDA 2g trans fat	MUFA gm/serve	PUFA gm/serve	Saturated fat gm/serve	% of RDA 22g sat fat	Sodium gm/serve	Sodium In gm / serve			% of RDA 50g added sugar	Allerge	ens Contains	MSG	Caffeine & Artificial Sweetner
				<u>'</u>				'		Rolls							<u>'</u>		'				
Chicken Roll Single		150	1	461	57	14	20	29	0	1	7	5	8	34	825	1	41	8	17	#	MAX.	Yes	No
Chicken Roll Double		190	1	526	51	23	27	40	0	1	9	6	11	52	950	1	48	10	21		O MILK	Yes	No
Korean Chiken Roll		150	1	228	41	15	18	27	0	1	6	5	7	30	195	0	10	8	16	#	O MILK	Yes	No
Thai Chicken Roll		150	1	225	41	15	18	27	0	1	5	4	8	34	315	0	16	8	16	#		Yes	No
Tandoori Chicken Roll		150	1	255	41	18	20	29	0	1	6	7	6	29	386	0	19	8	16	4		Yes	No
Veg Roll		145	1	447	55	8	22	32	0	1	7	5	9	40	838	1	42	9	19			Yes	No
Single Veg Patty (Half)		55	1	133	17	4	6	8	0	0	2	2	3	13	330	0	17	1	2		O MARK	Yes	No
Double Veg Patty (Half)		110	1	266	34	7	11	16	0	0	5	3	6	25	660	1	33	2	5	4		Yes	No
										Rice Bowl													
Plain Ricebowl		250	1	418	65	10	13	19	0	1	5	1	8	34	1600	2	80	0	0	4		No	No
Veg Ricebowl		305	1	418	76	9	9	14	0	2	3	1	4	19	1498	1	75	8	16			Yes	No
Classic HC chicken Rice Bowl		360	1	547	61	36	18	27	0	2	7	2	8	36	1710	2	86	5	10	1	O MARK	Yes	No
Popcorn Chicken Rice Bowl		340	1	615	88	24	19	28	0	2	8	2	9	40	1812	2	91	6	13	#	O MAIA	Yes	No
Smoky Chicken Rice Bowl		340	1	418	65	24	8	12	0	2	3	1	4	19	1397	1	70	7	14	#	O Mask	Yes	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER



Products	VEG /NON VEG			Total Energy Kcal / Per Serve	Carbohydrate gm/serve	Protein gm/serve		% of RDA 67g total fat		% of RDA 2g trans fat		PUFA gm/serve	Saturated fat gm/serve			Sodium In gm / serve			% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
											Smokey Le	g piece										
1 Pc Smoky		90	1	171	8	21	6	9	0	1	3	2	2	8	235	0	12	0	0		Yes	No
2 Pc Smoky		180	1	342	16	42	13	19	0	2	6	3	4	16	470	0	23	0	0		Yes	No
3 Pc Smoky		270	1	513	23	63	19	28	0	3	9	5	5	25	705	1	35	0	0		Yes	No
4 Pc Smoky		360	2	342	16	42	13	19	0	2	6	3	4	16	470	0	23	0	0		Yes	No
5 Pc Smoky		450	2	428	20	52	16	24	0	2	7	4	5	20	587	1	29	0	0		Yes	No
6 Pc Smoky		540	2	513	23	63	19	28	0	3	9	5	5	25	705	1	35	0	0		Yes	No
8 Pc Smoky		720	3	456	21	56	17	25	0	2	8	4	5	22	626	1	31	0	0		Yes	No
10 Pc Smoky		900	4	428	20	52	16	24	0	2	7	4	5	20	587	1	29	0	0		Yes	No
12 Pc Smoky		1080	4	513	23	63	19	28	0	3	9	5	5	25	705	1	35	0	0		Yes	No
											LT0)										
Double Down		225	1	590	34	38	34	50	0	3	14	8	12	55	900	1	45	3	6		Yes	No
Chizza		225	1	473	29	36	23	34	0	1	9	2	11	51	1215	1	61	5	10		Yes	No
K-Pop Regullar		80	1	178	2	15	13	19	0	0	6	1	6	27	219	0	11	2	4		Yes	No
K-Pop Medium		110	1	178	2	21	18	26	0	1	8	2	8	38	219	0	11	3	5		Yes	No
K-Pop Large		170	1	178	3	32	27	41	0	1	12	3	13	58	219	0	11	4	8		Yes	No



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CONTAINS CAFFEINE



CONTAINS MILK



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Products	VEG /NON VEG	_		Total Energy Kcal / Per Serve	Carbohydrate gm/serve			% of RDA 67g total fat		% of RDA 2g trans fat		PUFA gm/serve	Saturated fat gm/serve			Sodium In gm / serve			% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
					<u>'</u>						French	Fries							'			
Fries Regular	•	75	1	224	28	5	11	16	0	1	5	1	5	22	150	0	8	0	0	No	No	No
Fries Medium		100	1	299	37	7	14	21	0	1	6	2	7	30	200	0	10	0	0	No	No	No
Fries Large		135	1	404	50	9	19	28	0	1	8	2	9	40	270	0	14	0	0	No	No	No
											Cola	1										
Pepsi Regular		330	1	142	34	0	0	0	0	0	0	0	0	0	0	0	0	34	68	No	No	()
Pepsi Medium		450	1	194	46	0	0	0	0	0	0	0	0	0	0	0	0	46	92	No	No	()
Pepsi Large		550	1	237	57	0	0	0	0	0	0	0	0	0	0	0	0	57	113	No	No	()
Mirinda Regular		330	1	182	43	0	0	0	0	0	0	0	0	0	0	0	0	43	86	No	No	No
Mirinda Medium		450	1	248	59	0	0	0	0	0	0	0	0	0	0	0	0	59	117	No	No	No
Mirinda Large		550	1	303	72	0	0	0	0	0	0	0	0	0	0	0	0	72	143	No	No	No
7 Up Regular		330	1	155	36	0	0	0	0	0	0	0	0	0	0	0	0	36	73	No	No	No
7 Up Medium		450	1	212	50	0	0	0	0	0	0	0	0	0	0	0	0	50	99	No	No	No
7 Up Large		550	1	259	61	0	0	0	0	0	0	0	0	0	0	0	0	61	121	No	No	No
Dew Regular		330	1	162	38	0	0	0	0	0	0	0	0	0	0	0	0	38	77	No	No	()
Dew Medium	•	450	1	221	52	0	0	0	0	0	0	0	0	0	0	0	0	52	104	No	No	()
Dew Large		550	1	270	64	0	0	0	0	0	0	0	0	0	0	0	0	64	128	No	No	()



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK





CONTAINS NO CALORIE SWEETNER

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Products	VEG /NON VEG			Total Energy Kcal / Per Serve	Carbohydrate gm/serve	Protein gm/serve		% of RDA 67g total fat		% of RDA 2g trans fat	MUFA gm/serve	PUFA gm/serve	Saturated fat gm/serve	% of RDA 22g sat fat		Sodium In gm / serve			% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
											Krushers											
7up Krush Lime		220	1	86	4	21	0	0	0	0	0	0	0	0	220	0	11	35	70	No	No	No
Sparkling Vanilla Blue		250	1	98	5	24	0	0	0	0	0	0	0	0	0	0	0	28	55	No	No	No
Masala Pepsi		220	1	184	44	0	2	3	0	0	0	0	0	0	55	0	3	44	88	No	No	()
Dew Mojito		220	1	190	52	0	0	0	0	0	0	0	0	0	1	0	0	54	108	No	No	()
Masala Mirinda		220	1	484	114	0	2	3	0	0	0	0	0	0	55	0	3	51	102	No	No	No
Virgin Mojito		220	1	85	4	21	0	0	0	0	0	0	0	0	0	0	0	15	31	No	No	No
										Pepsi	co Retail Pro	ducts										
Pepsi Can		300	1	129	33	0	0	0	0	0	0	0	0	0	9	0	0	33	65	No	No	()
7Up Can		300	1	138	35	0	0	0	0	0	0	0	0	0	9	0	0	35	70	No	No	No
Mirinda Can		300	1	165	41	0	0	0	0	0	0	0	0	0	9	0	0	41	83	No	No	No
Pepsi Pet		475	1	340	86	0	0	0	0	0	0	0	0	0	14	0	1	86	173	No	No	()
Pepsi Zero Sugar Pet		475	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	No	No	
Pepsi Zero Sugar Can		300	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	No	No	
7up Zero Sugar Pet		475	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	No	No	
7up Zero Sugar Can		300	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	No	No	©



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER



Products	VEG /NON VEG	Avg. Portion Weight in gm		Total Energy Kcal / Per Serve	Carbohydrate gm/serve	Protein gm/serve		% of RDA 67g total fat		% of RDA 2g trans fat		PUFA gm/serve	Saturated fat gm/serve			Sodium In gm / serve			% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
					'		'	'		Dips/Sauce	s and Seasor	nings										
Dynamite Spicy Mayo		20	1	77	3	0	7	10	0	0	2	4	1	5	100	0	5	2	3		No	No
Creamy Veg Mayo		20	1	74	2	0	7	10	0	0	2	4	1	5	180	0	9	1	3		No	No
Tandoori Masala Mayo		20	1	74	3	0	7	10	0	0	2	4	1	5	180	0	9	1	3		No	No
Zesty thousand Island Dip		20	1	72	4	0	6	9	0	0	2	4	1	5	160	0	8	3	5		No	No
Nashvillle Dip		20	1	30	7	0	0	0	0	0	2	4	1	5	200	0	10	1	3	No	No	No
Nashville Sauce Bottle -225 g		225	1	151	78	1	2	3	0	0	18	44	11	50	2250	2	113	15	31	No	No	No
namite Spicy Mayo bottle -200 g		200	1	774	34	2	70	104	0	0	16	40	12	54	1000	1	50	16	32		No	No
Spicy Mix Seasoning		2	1	5	1	0	0	0	0	0	0	0	0	0	26	0	1	0	1	No	No	No
										Sides	& Desserts											
Choco Lava Cake		60.0	1	343	34	6	21	31	0	5	0	0	4	20	180	0	9	18	36		No	No
Choco Mud Pie		93	1	241	37	3	9	13	0	0	0	0	0	0	65	0	3	31	61		No	No
Mini Dessert Bucket		85	1	250	34	4	11	16	0	0	0	0	0	0	94	0	5	28	56		No	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER

*For MSG, please refer disclaimer provided in Page 2 for more details.



Products	VEG /NON VEG	Avg. Portion Weight in gm	No of servings	Total Energy Kcal / Per Serve	Carbohydrate gm/serve			% of RDA 67g total fat		% of RDA 2g trans fat			Saturated fat gm/serve	% of RDA 22g sat fat		Sodium In gm / serve			% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
									Sna	acks												
4pc Hot wings + Tandoori masala dip		160	1	572	36	23	39	58	0	4	42	8	14	64	670	1	34	1	2		Yes	No
3pc Strips + Tandoori masala dip	A	155	1	434	25	27	26	39	0	0	10	7	9	41	1091	1	55	2	4		Yes	No
Medium popcorn + Tandoori masala dip	A	160	1	550	36	27	35	52	0	2	14	8	14	64	1139	1	57	1	2		Yes	No
Regular Fries & Pepsi- Snackers		405	1	366	61	5	11	16	0	4	5	1	5	23	150	0	8	34	68	No	No	0
2 Krush Lime-Snackers	0	440	2	86	4	21	0	0	0	0	0	0	0	0	220	0	11	35.2	70.4	No	No	No
Veg Longer Meal(Veg Longer, Reg. Fries & Reg. Pepsi)		515	1	625	100	13	11	16	0	8	7	3	8	36	721	1	36	45	90		Yes	0
Chicken Longer Meal (Chicken Longer, Reg. Fries & Reg Pepsi)	A	525	1	723	99	17	29	43	0	8	10	8	10	45	1044	1	52	42	84		Yes	0
Veg Rice Bowlz & Pepsi (1 Veg Rice Bowlz & 1 Reg. Pepsi)		635	1	560	110	9	9	13	0	3	3	1	4	18	1498	1	75	42	84		Yes	()
Popcorn Rice Bowlz & Pepsi (1 Popcorn Rice Bowlz & 1 Reg. Pepsi)		670	1	575	112	24	19	28	0	3	8	2	9	41	1812	2	91	40	80		Yes	•
Smoky Rice Bowlz & Pepsi (1 Smoky Rice Bowlz & 1 Reg. Pepsi)	A	670	1	560	99	24	8	12	0	3	3	1	4	18	1400	1	70	41	82		Yes	•
HC Rice Bowlz & Pepsi (1 HC Rice Bowlz & 1 Reg. Pepsi)		690	1	689	95	36	18	27	0	3	7	2	8	36	1700	2	85	40	80		Yes	•



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER

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Products	VEG /NON VEG	Avg. Portion Weight in gm	No of servings	Total Energy Kcal / Per Serve	Carbohydrate gm/serve			% of RDA 67g total fat		% of RDA 2g trans fat		PUFA gm/serve	Saturated fat gm/serve				% of RDA 2g sodium		% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
									Valu	e Lunch												
Longer combo- regular 1 Longer + 2 Strips + 1 Pepsi		540	1	739	86	30	31	46	0	0	11	8	10	45	1502	2	75	42	84	H	Yes	()
Roll combo- regular 1 Single Roll + 2 Strips + 1 Pepsi		570	1	843	105	32	32	48	0	0	12	7	13	59	1450	1	70	42	84		Yes	()
Rice combo- regular 1 Rice + 2 Strips + 1 Pepsi		670	1	800	113	28	25	37	0	0	11	3	13	59	2200	2	110	34	68		Yes	()
Longer combo- medium 1 Longer + 1 Strips + 1 HC + 1 Pepsi		725	1	990	106	40	44	66	0	0	18	10	16	73	1463	2	75	55	110		Yes	()
Roll combo- medium 1 Single Roll + 1 Strips + 1 HC + 1 Pepsi		755	1	1094	126	42	46	69	0	0	19	9	18	82	1400	1	70	55	110	₩	Yes	()
Rice combo- medium 1 Rice + 1 Strips + 1 HC + 1 Pepsi		855	1	1051	134	38		0	0	0	17	5	18	82	2169	2	110	46	92		Yes	()
Longer combo- large 1 Longer + 2 HC + 1 Pepsi		890	1	1233	125	51	58	87	0	0	24	12	21	95	1424	1	70	65	130		Yes	()
Roll combo- large 1 Single Roll + 2 HC + 1 Pepsi		920	1	1337	145	52	60	90	0	0	26	11	26	118	1355	1	50	65	130		Yes	()
Rice combo- large 1 Rice + 2 HC + 1 Pepsi	A	1020	1	1294	153	49	53	79	0	0	24	7	23	105	2130	2	100	57	114		Yes	()
Roll combo- regular Veg Roll + 1 Reg Fries + 1 Reg Pepsi		550	1	813	117	13	32	48	0	8	11	6	14	64	988	1	50	43	86		Yes	()
Longer combo- regular veg Longer + 1 Reg Fries + 1 Reg Pepsi		515	1	625	100	13	11	16	0	8	7	3	8	36	721	1	50	45	90		Yes	()
Rice combo- regular veg Rice + 1 Veg Patty + 1 Reg Pepsi	•	635	1	693	116	14	18	27	0	0	8	3	11	50	1930	2	75	35	70		Yes	()



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER



Products	VEG /NON VEG	_		Total Energy Kcal / Per Serve				% of RDA 67g total fat		% of RDA 2g trans fat		PUFA gm/serve	Saturated fat gm/serve			Sodium In gm / serve			% of RDA 50g added sugar	Allergens Contain	s MSG	Caffeine & Artificial Sweetner
									Value Lun	ch												
Spicy Zinger Meal (Spicy Zinger+ Reg Fries+Reg Pepsi)		620	1	805	109	33	26	39	0	12	14	10	13	59	1225	1	65	41	82		Yes	()
Zinger Pro Meal (Zinger Pro+ Reg Fries+Reg Pepsi)		630	1	895	102	34	40	60	0	13	17	10	19	86	1100	1	55	47	94		Yes	Ő
Zinger Pro Meal with Pepsi Black (Zinger Pro+ Reg Fries+ Reg Pepsi Black)	A	600	1	753	68	34	40	60	0	12	17	10	19	86	1100	1	50	13	26	87 6	Yes	Ő
Paneer Zinger Meal (Paneer Zinger + Regular Fries + Regular Pepsi)	•	630	1	1040	120	30	49	73	0	9	18	9	21	95	2186	1	50	51	102		Yes	()
Classic Veg Krisper + Reg Fries + Reg Pepsi	•	550	1	862	115	14	38	57	0	11	15	9	14	64	775	1	70	40	80		Yes	Ö
Spicy Veg Krisper + Reg Fries + Reg Pepsi	•	550	1	803	119	14	29	43	0	11	12	10	12	55	875	1	44	42	84		Yes	Ő
Classic Chicken Krisper + Reg Fries + Reg Pepsi	A	555	1	771	108	22	27	40	0	8	11	7	10	45	870	1	44	34	68		Yes	Ő
Spicy Chicken Krisper + Reg Fries + Reg Pepsi		550	1	708	111	22	19	28	0	8	8	3	8	36	901	1	45	37	74		Yes	Ö
Classic Chicken Krisper + Reg Popcorn + Reg Pepsi		570	1	67	101	34	35	52	0	11	14	9	13	59	1337	1	67	37	74		Yes	Ő
Spicy Chicken Krisper + Reg Popcorn + Reg Pepsi		565	1	790	588	35	26	39	0	11	62	4	12	55	1368	1	68	37	74		Yes	()
Peri Peri 5 Leg piece + 2 Dips (Eggless + Nashville)		540	2	800	52	46	46	69	0	0	21	10	19	84	1678	2	84	3.5	7	M (0)	Yes	Ő
Peri Peri 5 Leg piece + 2 Dips (Eggless +Nashville) + 2 Reg Pepsi		905	2	568	86	46	47	69	0	0	21	10	19	84	1678	2	84	37	74		Yes	()
Leg Piece Bucket (5 Piece peri peri leg piece)		500	2	748	93	45	43	63	0	0	19	6	18	80	1488	1	74	2	4		Yes	No
Leg Piece Bucket Meal (5 Peri Peri Leg Pieces, 2 Dips (20gm each), 1 Med Fries & 1 Pepsi 475ml)		1090	2	1048	93	49	53	79	0	0	24	11	23	102	1778	2	89	26	52		Yes	()
Peri Peri 10 Leg piece + 4 dips (2 Eggless + 2 Nashville)		1040	4	774	50	45	45	66	0	0	20	8	18	83	1583	2	79	2.5	5		Yes	No



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER

*For MSG, please refer disclaimer provided in Page 2 for more details.



Products	VEG /NON VEG			Total Energy Kcal / Per Serve						% of RDA 2g trans fat			Saturated fat gm/serve				% of RDA 2g sodium		% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
									Buckets													
Chick & Share Bucket: Xtra Large Popcorn		380	2	646	87	36	38	57	0	3	17	6	17	78	1302	1	65	0	0	\$	Yes	No
Chick & Share Bucket: 5 pc Hot & Crispy		550	2	800	39	48	50	75	0	6	24	7	20	90	663	1	33	0	0	#	Yes	No
Chick & Share Bucket: 10 pc Strips		450	2	601	36	45	32	47	0	0	14	5	14	61	1519	2	76	1	2		Yes	No
Dips Bucket (8pc boneless strips + Eggless Mayo+Dynamite Mayo)		400	2	557	32	37	33	49	0	0	13	8	12	55	1355	1	68	2	4		Yes	No
Mingles Bucket (4HW + 2 Peri Peri Chicken Strips + Reg Pepsi)	A	560	1	881	81	41	45	67	0	14	46	6	18	82	1100	1	55	34	68		Yes	()
Friendship Bucket 3 HC+ 3HW + 3 Peri Peri Chicken Strips + Med Popcorn	A	710	3	724	42	43	44	65	0	6	27	6	18	82	1011	1	51	1	2		Yes	No
Box Meals																						
All Chicken Box (2 Hot wings + 1 HC + Reg Pepsi)		510	1	711	66	30	36	54	0	0	30	5	14	64	500	1	25	34	68	***	Yes	()
Classic Zinger Box (Classic Zinger + 2 Hot wings + Reg Pepsi + Reg Fries)	A	700	1	1227	141	43	56	84	0	0	35	13	20	91	1150	1	58	47	94		Yes	()
Tandoori Zinger Box (Tandoori Zinger + 2 Hot wings + Reg Pepsi + Reg Fries)	A	705	1	1500	140	42	57	85	0	0	35	14	20	91	1260	1	63	34	68		Yes	()
Veg Zinger Box (Veg Zinger + 1/2 Veg Patty + Reg Fries + Reg Pepsi)	•	690	1	1120	161	22	41	61	0	0	16	10	17	77	1458	1	73	49	98		Yes	0
Popcorn Chicken Rice Box Meal (Popcorn Rice Bowlz, 2 Hot Wings, Regular Pepsi)		740	1	1000	138	35	35	52	0	0	28	4	15	68	2060	2	103	40	80		Yes	()
Veg Rice Box Meal (Veg Rice Bowlz, 1/2 Veg Patty, 1 Regular Pepsi)	•	690	1	693	127	13	15	22	0	0	6	3	7	32	1828	2	91	43	86		Yes	()



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER

*For MSG, please refer disclaimer provided in Page 2 for more details.



Products	VEG /NON VEG			Total Energy Kcal / Per Serve	Carbohydrate gm/serve			% of RDA 67g total fat		, ,			Saturated fat gm/serve			Sodium In gm / serve			% of RDA 50g added sugar	Allergens Contains	MSG	Caffeine & Artificial Sweetner
							V	alue Bundles,	LTO/ Spurt	Campaigns												
Chizza & Pepsi	63	36	23	34	0	0	9	2	11	50	1215	1	61	39	78		Yes	()				
9 Pc Strips		400	2	550	33	41	29	43	0	0	12	4	12	55	1367	1	68	0.5	1		Yes	No
9 Pc Strips Meal (9 Pc Strips+2 Reg Pepsi+ 2 Reg Fries)	A	1215	2	907	94	46	40	59	0	0	17	5	17	77	1517	2	76	35	70		Yes	()
9 Peri Peri Leg Pc	A	900	3		57	54	51	76	0	0	21	6	21	95	1785	2	89	2.1	4.2		Yes	No
9 Peri Peri Leg Pc Meal (9 Leg + 1 Med Fries + 2 Reg Pepsi)	A	1660	2	1637	136	88	91	135	0	0	40	13	39	175	2878	3	144	37.5	75		Yes	0
15 Pcs for 399 (6 Strips + 6 HW+3 HC) on Wednesdays	A	810	3	810	46	49	49	73	0	0	35	7	20	91	1118	1	56	0	1		Yes	No
15 Pcs for 399 Meal (6 Strips +6 HW+ 3 HC +2 Reg Fries +2 Reg Pepsi)	A	1620	2	1581	131	78	85	126	0	0	58	11	35	159	1825	2	91	35	70		Yes	()
12 for 350 (12 Peri Peri Chicken Strips + 2 Eggless Mayo+ 2 Thousand Island)	A	620	3	578	33	36	35	52	0	0	13	9	12	56	1442	1	72	3	7		Yes	No
Wednesday Special Peri Peri BS(10 Peri Peri Strips, 4 HW, 2 Reg Fries, 2 Reg Pepsi, Eggless Mayo,Thousand Island, Nashville)	A	1460	3	867	80	42	44	65	0	0	28	9	18	80	1459	1	73	25	50		Yes	()
10 pc HC- Wednesday Offer		110	3	1067	52	64	67	100	0	0	8	9	26	120	884	1	44	0	0		Yes	No
Wednesday Special HC (9 HC,4 Peri Peri Chicken Strips,2 Reg Fries, 2 Reg Pepsi)		1980	3	1367	97	73	76	113	0	0	35	10	31	139	1300	1	65	23	47		Yes	()
ULTIMATE SAVINGS BUCKET (4 pc HC+ 6 HW+ 4pc Peri Peri Chicken Strips+ 3 Pepsi+ Eggless Mayo + Nashville Dip		1860	3	1013	84	49	54	80	0	0	38	10	21	97	1130	1	57	35	70	No	Yes	Ő
Zinger Delight Meal (1 Classic Zinger Burger + 1 Med Fries + 1 Pepsi Pet)		800	1	1251	186	34	43	64	0	16	16	12	15	68	966	1	48	100	200		Yes	•



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER



Products	VEG /NON VEG	Avg. Portion Weight in gm		Total Energy Kcal / Per Serve	Carbohydrate gm/serve			% of RDA 67g total fat		% of RDA 2g trans fat		PUFA gm/serve	Saturated fat gm/serve		Sodium gm/serve	Sodium In gm / serve		Sugar gm/serve	% of RDA 50g added sugar	Allerge	ens Contains	MSG	Caffeine & Artificial Sweetner
			•				Va	alue Bundles/	LTO/ Spurt	Campaigns			<u>'</u>								,		
Classic Chicken Roll		150	1	461	57	14	20	29	0	0	8	6	8	34	825	1	41	9	18			Yes	No
Big Eight(4 periperi leg + 4 smoky leg)		760	2	940	54	78	47	69	0	0	21	8	18	80	1660	2	83	1.5	3	₩		Yes	No
Big Eight Meal (with 2 Pepsi)		1420	2	1083	88	78	47	69	0	0	21	8	18	80	1660	2	83	35.5	71	₩		Yes	()
Big Eight Meal with Pepsi Black (with 2 Pepsi)		1060	2	940	54	78	47	69	0	0	21	8	18	80	1660	2	83	1.5	3	₩		Yes	
Double Chicken Roll		190	1	526	51	23	27	40	0	0	10	6	11	52	950	1	48	10.26	20.52	₩		Yes	No
Classic Chicken Roll Meal (Classic Chicken Roll + Large fries + Pepsi Can + Veg Mayo Dip + Nashville Dip)		625	1	1097	150	23	46	69	0	0	18	15	18	82	1484	1	74	44	88	₩		Yes	()
Double Chicken Roll Meal (Classic Double Chicken Roll + Large fries + Pepsi Can + Veg Mayo Dip + Nashville Dip)		665	1	1163	143	32	53	79	0	0	20	16	22	100	1600	2	80	46	92	(H)		Yes	()
Classic Chicken Roll Meal for 2 (2 Classic Chicken Roll + Large fries + Pepsi Can + Veg Mayo Dip + Nashville Dip)		775	2	780	103	19	33	49	0	0	13	10	13	59	1155	1	58	26	52	₩		Yes	()
Double Chicken Roll Meal for 2 (2 Classic Double Chicken Roll + Large fries + Pepsi Can + Veg Mayo Dip + Nashville Dip)		855	2	845	97	28	40	60	0	0	15	11	17	75	1280	1	64	28	56	M		Yes	Ő
2 HC & medium fries		320	1	939	68	45	54	81	0	0	25	7	22	100	730	1	37	0	0	(TE)		Yes	No
2 Smoky red & medium fries		280	1	641	52	48	27	40	0	0	12	5	10	45	670	1	34	0	0	(TEP)		Yes	No
4 strips & medium fries		280	1	780	66	43	39	58	0	0	17	5	17	77	1415	1	71	1	2	(TEP)		Yes	No
Large popcorn & medium fries		290	1	945	80	43	52	78	0	0	23	7	24	109	1500	2	75	0	0	(III)		Yes	No
9 Hot Wings meal (9 Hot Wings + 2 Reg Fries + 2 Reg Pepsi)		1125	2	927	98	30	47	70	0	0	50	6	19	86	702	1	35	35	70	₩		Yes	()
Wednesday 15 Pcs for 399 New (6 Strips + 6 HW + 3 Leg Piece (HC))		780	3	778	48	47	46	69	0	3	33	7	18	170	1087	1	54	1	2	(HD)		Yes	No
Wednesday 15 Pcs for 399 Meal New (6 Strips + 6 HW + 3 Leg Piece (HC) + 2 Regular fries + 2 Regular Pepsi)		1590	3	1022	88	51	440	657	0	5	37	8	23	106	1170	1	59	23	45	4		Yes	()



CEREALS CONTAINING GLUTEN



CONTAINS CAFFEINE



CONTAINS MILK



CONTAINS SOYA



CONTAINS NO CALORIE SWEETNER