



LEARN MORE ABOUT ITS NUTRITION

ITEMS	TOTAL CALORIES (Kcal)	TOTAL FAT (g)	PROTEIN (g)	TOTAL CARBS (g)
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RICE BOWLS

BBQ Chicken Rice Bowl	719	20	41	98
Crispy Peri Peri Chicken Rice Bowl	749	28	40	104
Chili Chipotle Chicken Rice Bowl	725	20	42	98

Mexican Paneer Rice Bowl	792	31	36	98
BBQ Paneer Rice Bowl	792	31	36	99
Peri Peri Potato Rice Bowl	735	25	24	114
Crispy Mushroom Rice Bowl	742	27	28	108
Mixed Veg Rice Bowl	682	16	26	115
Fajita Veg Rice Bowl	582	23	24	103
Mini BBQ Chicken Rice Bowl	570	15	36	77
Mini Crispy Peri Peri Chicken Rice Bowl	600	23	35	83
Mini Chili Chipotle Chicken Rice Bowl	577	16	37	77
Mini Mexican Paneer Rice Bowl	644	27	31	77
Mini BBQ Paneer Rice Bowl	792	31	36	99
Mini Peri Peri Potato Rice Bowl	587	21	19	93
Mini Crispy Mushroom Bowl	792	31	36	99
Mini Mixed Veg Rice Bowl	533	12	21	94

**Mini Fajita
Veg Rice
Bowl**

540

20

22

97



BURRITOS

**BBQ
Chicken
Burrito**

793

24

43

105

**Crispy Peri
Peri
Chicken
Burrito**

823

32

42

111

**Chili
Chipotle
Chicken
Burrito**

800

25

44

104

**Mexican
Paneer
Burrito**

867

35

38

105

**BBQ
Paneer
Burrito**

656

41

41

115

**Peri Peri
Potato
Burrito**

810

29

26

121

**Crispy
Mushroom
Burrito**

816

31

26

115

**Mixed Veg
Burrito**

756

20

28

122

**Fajita Veg
Burrito**

656

25

26

109

**BBQ Mini
Chicken
Burrito**

677

19

39

92

**Mini Crispy
Peri Peri
Chicken
Burrito**

707

27

38

98

Mini Chili Chipotle Chicken Burrito	683	20	39	92
Mini Mexican Paneer Burrito	750	31	33	92
Mini BBQ Paneer Burrito	750	31	33	93
Mini Peri Peri Potato Burrito	693	25	22	108
Mini Crispy Mushroom Burrito	700	26	22	102
Mini Mixed Veg Burrito	640	16	24	109
Mini Fajita Veg Burrito	540	21	22	97



NACHOS

BBQ Chicken Nachos	745	29	39	81
Crispy Peri Peri Chicken Nachos	775	37	38	87
Chili Chipotle Chicken Nachos	751	29	39	80
Mexican Paneer Nachos	818	40	33	81
BBQ Paneer Nachos	818	40	33	82

Peri Peri Potato Nachos	761	34	22	97
Crispy Mushroom Nachos	768	35	22	91
Mixed Veg Nachos	708	25	24	98
Fajita Veg Nachos	608	25	22	85
Mini BBQ Chicken Nachos	601	23	35	65
Mini Crispy Peri Peri Chicken Nachos	631	31	34	71
Mini Chili Chipotle Chicken Nachos	608	23	35	64
Mini Mexican Paneer Nachos	675	34	29	65
Mini BBQ Paneer Nachos	675	34	29	65
Mini Peri Peri Potato Nachos	618	28	18	80
Mini Crispy Mushroom Nachos	624	29	18	74
Mini Mixed Veg Nachos	564	19	20	81
Mini Fajita Veg Nachos	464	20	17	69



SALAD

BBQ Chicken Salad	459	15	35	50
Crispy Peri Peri Chicken Salad	489	23	34	56
Chili Chipotle Chicken Salad	466	16	35	49
Mexican Paneer Salad	533	27	29	50
BBQ Paneer Salad	533	27	29	51
Peri Peri Potato Salad	476	21	18	65
Crispy Mushroom Salad	482	22	18	59
Mixed Veg Salad	422	12	20	67
Fajita Veg Salad	322	18	18	54
Mini BBQ Chicken Salad	362	12	31	38
Mini Crispy Peri Peri Chicken Salad	392	20	30	45
Mini Chili Chipotle Chicken Salad	369	12	32	38
Mini Mexican Paneer Salad	436	23	26	38

Mini BBQ Paneer Salad	436	23	26	39
Mini Peri Peri Potato Salad	379	17	14	54
Mini Crispy Mushroom Salad	385	18	14	48
Mini Mixed Veg Salad	325	8	16	55
Mini Fajita Veg Salad	255	15	14	43



TACOS

BBQ Chicken Tacos	738	23	40	95
BBQ Chicken Tacos - Crunchy	852	30	42	101
Crispy Peri Peri Chicken Tacos	768	31	39	101
Crispy Peri Peri Chicken Tacos - Crunchy	882	39	41	107
Chili Chipotle Chicken Tacos	745	24	41	94
Chili Chipotle Chicken Tacos - Crunchy	859	31	42	100
Mexican Paneer Tacos	812	34	35	95

**Mexican
Paneer
Tacos -
Crunchy**

926

42

36

101

**BBQ
Paneer
Tacos**

812

34

35

96

**BBQ Paneer
Tacos -
Crunchy**

926

42

36

102

**Peri Peri
Potato
Tacos**

755

28

23

111

**Peri Peri
Potato
Tacos -
Crunchy**

869

36

25

117

**Crispy
Mushroom
Tacos**

761

30

23

105

**Crispy
Mushroom
Tacos -
Crunchy**

875

37

25

111

**Mixed Veg
Tacos**

701

19

25

112

**Mixed Veg
Tacos -
Crunchy**

815

27

27

118

**Fajita Veg
Tacos**

601

21

23

99

**Fajita Veg
Tacos -
Crunchy**

715

18

25

105

**EXTRAS****Extra BBQ
Chicken**

137

05

19

03

**Extra
Mexican
Paneer**

211

17

13

03

Extra BBQ Paneer	211	17	13	04
Extra Crispy Mushroom	161	12	02	13
Extra Crispy Peri Peri Chicken	167	13	18	09
Extra Chili Chipotle Chicken	144	06	19	03
Extra Potato	154	11	02	19
Extra Cheese	39	03	02	0
Extra Guac	107	09	01	05
Extra Hot Salsa	14	0	01	02
Extra Mild Salsa	12	0	0	02
Extra Sour Cream	47	04	02	02
Extra Corn	29	0	01	06
Extra Jalapenos	02	0	0	0
Extra Lettuce	02	0	0	0
Extra 12" Tortilla	235	07	06	37
Extra 10" Tortilla	160	05	04	25
Extra Fajita Veg	18	0	02	04
Extra Mixed Veg	100	02	04	20

Extra Chessy Queso	107	08	04	04
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