

Value Per 100 Gram

		Value	Pei 100	G. G.III			
Menu	Veg/Non Veg	Calories (kcal)	Total Fat (g)	Carbohydrates (g)	Sugar (g)	Protein (g)	F
Steam Momo							
Veg Himalayan Momo	•	174.81	6.01	22.46	3.14	7.72	>
Veg Hot Garlic Momo	•	193.19	6.43	27.77	2.11	6.06	>
Veg Darjeeling Momo	•	187.98	11.54	14.76	1.00	6.27	>
Paneer Momo	•	249.12	12.28	29.30	1.89	9.2	>
Corn Cheese Momo	•	206.13	8.81	23.79	2.19	7.92	>
Chicken Himalayan Momo	A	214.26	7.90	23.8	2.3	11.99	>
Chicken Delight Momo	A	196.49	8.01	19.32	2.38	11.78	>
Chicken Darjeeling Momo	A	261.22	4.62	41.07	1.98	13.84	>
Chicken Masala Momo	A	170.53	8.09	11.95	3.11	12.48	>
Chicken Cheese Momo	A	231.72	10.96	23.97	2.41	9.3	>

Sauces							
Red Chilli Sauce	•	61.68	0.96	10.56	1.95	2.7	>
Schezwan Sauce/ Tomato Garlic Sauce	•	299.36	27.12	10.5	6.86	3.32	>
Molten Cheesy Sauce (White Sauce)	•	146.63	13.91	3.35	2.1	2.01	>
Darjeeling Sauce	•	42.91	1.31	4.82	1.86	2.96	>
Fried Momo/ Peri Peri Fried Momo							
Veg Himalayan Fried Momo	•	179.56	6.34	22.46	3.14	7.72	>
Veg Hot Garlic Fried Momo	•	197.49	6.58	27.77	2.11	6.01	3
Veg Darjeeling Fried Momo	•	236.78	12.9	25.96	2.1	4.21	>
Paneer Fried Momo	•	251.27	12.43	29.30	1.89	9.2	>
Corn Cheese Fried Momo	•	333.8	13.16	46.88	2.56	6.96	\$
Chicken Himalayan Fried Momo	A	216.36	8.12	23.8	2.3	11.99	3
Chicken Delight Fried Momo	A	198.29	8.21	19.32	2.38	11.78	>
Chicken Darjeeling	•	263.12	4.86	41.07	1.98	13.84	>

			W	ow! Momo Nutrition			
Chicken Masala Fried Momo	A	172.13	8.13	11.95	3.11	12.48	>
Chicken Cheese Fried Momo	A	330.76	14.88	39.06	2.9	10.15	3
Pan Fried Momo							
Veg Himalayan Pan Fried Momo							3
In Schezwan / Tomato Garlic Sauce	•	478.92	33.46	32.96	10.00	11.04	>
In Molten Cheesy Sauce	•	326.19	20.25	25.81	5.24	9.73	>
Veg Hot Garlic Pan Fried Momo							>
In Schezwan / Tomato Garlic Sauce		496.85	33.7	38.27	8.97	9.33	>
In Molten Cheesy Sauce	•	344.12	20.49	31.12	4.21	8.02	>
Veg Darjeeling Pan Fried Momo							>
In Schezwan / Tomato Garlic Sauce	•	536.14	40.02	36.46	8.96	7.53	>
In Molten Cheesy Sauce	•	383.41	26.81	29.31	4.2	6.22	>
Paneer Pan Fried Momo							>

			W	ow! Momo Nutriti	on		
In Schezwan / Tomato Garlic Sauce	•	550.63	39.55	39.80	8.75	12.52	>
In Molten Cheesy Sauce	•	397.90	26.34	32.65	3.99	11.21	>
Corn Cheese Pan Fried Momo							>
In Schezwan / Tomato Garlic Sauce	•	633.16	40.28	57.38	9.42	10.28	>
In Molten Cheesy Sauce	•	480.43	27.07	50.23	4.66	8.97	>
Chicken Himalayan Pan Fried Momo							>
In Schezwan / Tomato Garlic Sauce	A	515.72	35.24	34.3	9.16	15.31	>
In Molten Cheesy Sauce	A	362.99	22.03	27.15	4.4	14	>
Chicken Delight Pan Fried Momo							>
In Schezwan / Tomato Garlic Sauce	A	497.65	35.33	29.82	9.24	15.1	>
In Molten Cheesy Sauce	A	344.92	22.12	22.67	4.48	13.79	>
Chicken Darjeeling Pan Fried Momo							>
In Schezwan / Tomato Garlic Sauce	A	562.48	31.98	51.57	8.84	17.16	>

			W	ow! Momo Nutriti	on		
In Molten Cheesy Sauce	A	409.75	18.77	44.42	4.08	15.85	3
Chicken Masala Pan Fried Momo							3
In Schezwan / Tomato Garlic Sauce	A	471.49	35.25	22.45	9.97	15.8	3
In Molten Cheesy Sauce	A	318.76	22.04	15.3	5.21	14.49	3
Chicken Cheese Pan Fried Momo							3
In Schezwan / Tomato Garlic Sauce	A	630.12	42	49.56	9.76	13.47	3
In Molten Cheesy Sauce	A	477.39	28.79	42.41	5	12.16	3
Thukpa							
Veggie Thukpa	•	46.97	1.85	6.06	BLQ	1.52	2
Chicken Thukpa	A	227.77	13.61	16.54	2.57	9.78	2
Veggie Thupka Meal	•	46.97	1.85	6.06	BLQ	1.52	;
Chicken Thupka Meal	A	227.77	13.61	16.54	2.57	9.78	3
Tandoori Momo							
Paneer Tandoori Momo	•	257.41	14.01	21.48	BLQ	11.35	3
Chicken Tandoori Momo	A	236.85	11.21	21.81	BLQ	12.18	3

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			W	ow! Momo Nutritio	on		
Sizzler Momo							
Veg Sizzler Momo	•	298.46	13.86	36.52	6.36	6.91	3
Paneer Sizzler Momo	•	371.78	16.91	38.51	4.07	7.62	2
Corn Cheese Sizzler momo	•	395.48	14.12	57.44	4.51	9.66	2
Chicken Sizzler Momo	A	410.76	15.96	51.9	3.78	14.88	2
Chicken Cheese Sizzler Momo	A	318.52	14.32	35.07	5.69	12.34	>
Moburg							
Veggie Moburg	•	241.36	8.68	35.22	3.74	5.59	3
Chicken Moburg	▲	286.36	12.32	34.84	3.95	9.03	3
Burger Bun	•	257	3.82	45.7	9.16	9.94	>
Corn Cheese Moburg	•	620.09	15.33	100.13	9.66	15.9	3
Chicken Cheese Moburg	A	617.05	17.05	92.31	10	19.09	>
Dessert							
Chocolate Momo	•	211.33	3.81	36.38	9.73	7.88	>
Chocolate Momo Platter (4 Pcs)	•	211.33	3.81	36.38	9.73	7.88	3
Thunderzz							Ì
Thunderzz	•)

			V	/ow! Momo Nutri	ition		_
Thunderzz Combo	•						
Wow! Combo							
Pepsi Combo- Buy a plate of any Momo & get a Pepsi(300ml) for Rs- X/- extra							
Burger Combo-Buy a plate of Momo & get a Moburg for Rs-X/- extra							
Chocolate Combo-Buy a plate of any Momo & get a Chocolate Momo for Rs-X/- extra							
Thunderzz Combo-Buy a plate of any Momo & get a Thunderzz for Rs-X/- extra							•
Pepsi	•						ı
Chilli Momo							
Veg Himalayan Chilli Momo	•	179.56	6.34	22.46	3.14	7.72	ı
Veg Hot Garlic Chilli Momo	•	197.49	6.58	27.77	2.11	6.01	I

			W	ow! Momo Nutrition	1		
Veg Darjeeling Chilli Momo	•	236.78	12.9	25.96		4.21	>
Paneer Chilli Momo	•	251.27	12.43	29.30	1.89	9.2	>
Corn Cheese Chilli Momo	•	333.8	13.16	46.88	2.56	6.96	>
Chicken Himalayan Chilli Momo	A	216.36	8.12	23.8	2.3	11.99	>
Chicken Delight Chilli Momo		198.29	8.21	19.32	2.38	11.78	3
Chicken Darjeeling Chilli Momo	A	263.12	4.86	41.07	1.98	13.84	3
Chicken Masala Chilli Momo	▲	172.13	8.13	11.95	3.11	12.48	3
Chicken Cheese Chilli Momo	A	330.76	14.88	39.06	2.9	10.15	
Combo							
Veg Darjeeling Steam Momo 8 Pcs +2Veg Moburg + 2Pepsi [200ml]	•	429.34	20.22	49.98	4.74	11.86	3
Chk Darjeeling Steam Momo 8 Pcs +2Chk Moburg +2Pepsi [200ml]	A	547.58	16.94	75.91	5.93	22.87	3
Veg Darjeeling Pan Fried	•	478.14	21.58	61.18	5.84	9.8	>

			W	ow! Momo Nutri	tion		
Momo 8Pcs +2Veg Moburg +2Pepsi [200ml]							
Chk Darjeeling Pan Fried Momo 8Pcs +2Chk Moburg +2Pepsi [200ml]	A	549.48	17.18	75.91	5.93	22.87	3
Veg Darjeeling Chilli Momo 8Pcs +2Veg Moburg +2Pepsi [200ml]	•	478.14	21.58	61.18	3.74	9.8	>
Chk Darjeeling Chilli Momo 8Pcs +2Chk Moburg +2Pepsi [200ml]	A	549.48	17.18	75.91	5.93	22.87	3
WOK MENU							
Veg Fried Rice-Regular	•	123.86	2.18	23.27	0.98	2.79	>
Veg Fried Rice-Large	•	123.86	2.18	23.27	0.98	2.79	>
Veg Fried Rice In Hot Garlic Sauce- Regular	•	168.44	1.88	33.72	5.03	4.16	3
Veg Fried Rice In Hot Garlic Sauce- Large	•	168.44	1.88	33.72	5.03	4.16	3

Veg Fried Rice In Schezwan Sauce-Regular 131.49 2.37 24.48 4.29 3.06 Exchezwan Sauce-Regular Veg Fried Rice In Schezwan Sauce- Large 131.49 2.37 24.48 4.29 3.06 Exception Sauce-Large WOK NOODLES VEGGIE Veg Fried Noodles-Regular 199.01 3.01 35.02 3.92 7.96 Exception Sauce-Regular Veg Fried Noodles-Large 146.21 3.25 23.11 5.7 6.13 Exception Sauce-Regular Veg Fried Noodles In Noodles In Schezwan Sauce-Regular 149 4.08 21.28 4.91 6.79 Exception Sauce-Regular Veg Fried Noodles In Schezwan Sauce-Regular 149 4.08 21.28 4.91 6.79 Exception Sauce-Regular Veg Fried Noodles In Schezwan Sauce-Large 149 4.08 21.28 4.91 6.79 Exception Sauce-Regular WOK VEGGIE MAIN COURSE 149 264.05 15.97 18.43 7.82 11.65 Exception Sauce-Regular				W	ow! Momo Nutriti	on		
Rice In Schezwan Sauce- Large WOK NOODLES VEGGIE Veg Fried Noodles- Regular 199.01 3.01 35.02 3.92 7.96 Noodles- Regular Veg Fried Noodles- Large 199.01 3.01 35.02 3.92 7.96 Noodles- Regular Veg Fried Noodles In Hot Garlic Sauce- Regular 146.21 3.25 23.11 5.7 6.13 Noodles In Schezwan Sauce- Regular Veg Fried Noodles In Schezwan Sauce- Regular 149 4.08 21.28 4.91 6.79 Expression Regular WOK VEGGIE MAIN COURSE 149 4.08 21.28 4.91 6.79 Expression Regular Chilly Paneer- 264.05 15.97 18.43 7.82 11.65 Expression Regular	Rice In Schezwan Sauce-	•	131.49	2.37	24.48	4.29	3.06	3
NOODLES VEGGIE Veg Fried Noodles-Regular 199.01 3.01 35.02 3.92 7.96 199.01 3.01 35.02 3.92 7.96 199.01 3.01 35.02 3.92 7.96 100 <td>Rice In Schezwan</td> <td>•</td> <td>131.49</td> <td>2.37</td> <td>24.48</td> <td>4.29</td> <td>3.06</td> <td>></td>	Rice In Schezwan	•	131.49	2.37	24.48	4.29	3.06	>
Noodles-Regular Veg Fried Noodles-Large 199.01 3.01 35.02 3.92 7.96 7.96 Veg Fried Noodles In Hot Garlic Sauce-Regular 146.21 3.25 23.11 5.7 6.13 6.13 Veg Fried Noodles In Hot Garlic Sauce- Large 149 4.08 21.28 4.91 6.79 6.79 Veg Fried Noodles In Schezwan Sauce- Regular 149 4.08 21.28 4.91 6.79 6.79 Wok Veg Fried Noodles In Schezwan Sauce- Large 149 4.08 21.28 4.91 6.79 6.79 Wok Veg Gie MAIN COURSE 149 4.08 21.28 7.82 11.65 6.79	NOODLES							
Noodles-Large Veg Fried Noodles In Hot Garlic Sauce-Regular 146.21 3.25 23.11 5.7 6.13 Veg Fried Noodles In Hot Garlic Sauce-Large 146.21 3.25 23.11 5.7 6.13 Veg Fried Noodles In Schezwan Sauce-Regular 149 4.08 21.28 4.91 6.79 Veg Fried Noodles In Schezwan Sauce-Regular 149 4.08 21.28 4.91 6.79 Wok Veg Gried Noodles In Schezwan Sauce-Large 149 4.08 21.28 4.91 6.79 Wok Veg Gie MAIN COURSE 149 4.08 21.28 4.91 6.79	Noodles-	•	199.01	3.01	35.02	3.92	7.96	>
Noodles In Hot Garlic Sauce- Regular Veg Fried Noodles In Hot Garlic Sauce- Large Veg Fried Noodles In Schezwan Sauce- Regular Veg Fried Noodles In Schezwan Sauce- Chilly Paneer-	Noodles-	•	199.01	3.01	35.02	3.92	7.96	>
Noodles In Hot Garlic Sauce- Large Veg Fried Noodles In Schezwan Sauce- Regular Veg Fried Noodles In Schezwan Sauce- Regular Veg Fried Noodles In Schezwan Sauce- Large WOK VEGGIE MAIN COURSE Chilly Paneer- Pool 149 Paneer- A.08 21.28 Paneer- 4.91 6.79 A.09 A.0	Noodles In Hot Garlic Sauce-	•	146.21	3.25	23.11	5.7	6.13	*
Noodles In Schezwan Sauce-Regular Veg Fried Noodles In Schezwan Sauce- Large WOK VEGGIE MAIN COURSE Chilly Paneer- Noodles In Schezwan Sauce- Large	Noodles In Hot Garlic	•	146.21	3.25	23.11	5.7	6.13	>
Noodles In Schezwan Sauce- Large WOK VEGGIE MAIN COURSE Chilly Paneer- 264.05 15.97 18.43 7.82 11.65	Noodles In Schezwan Sauce-	•	149	4.08	21.28	4.91	6.79	3
VEGGIE MAIN COURSE Chilly Paneer- 264.05 15.97 18.43 7.82 11.65	Noodles In Schezwan	•	149	4.08	21.28	4.91	6.79	>
Paneer-	VEGGIE MAIN							
	Paneer-	•	264.05	15.97	18.43	7.82	11.65	>

Chility Paneer-Large				W	ow! Momo Nutrition			
Manchurain-Regular 267.24 16.24 17.4 5.68 12.87 Endmonth 267.24 16.27 267.24 16.27 27.27 27.27 28.02 28.02 28.02 28.02 28.02 28.02 27.27 28.02 27.28 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29 27.29	Paneer-	•	264.05	15.97	18.43	7.82	11.65	3
Manchurain-Large WOK NOODLES CHICKEN Image: Chicken of the properties of the prop	Manchurain-	•	267.24	16.24	17.4	5.68	12.87	2
NOODLES CHICKEN A 201.36 3.01 37.07 3.92 8.02 E Chicken Hakka Noodles - Regular A 201.36 3.01 37.07 3.92 8.02 E Chicken Hakka Noodles - Large A 150.21 3.25 23.11 5.7 6.13 E Chicken Noodles In Hot Garlic Sauce- Regular A 150.21 3.25 23.11 5.7 6.13 E Chicken Noodles In Schezwan Sauce- Regular A 161.05 4.08 22.08 4.91 6.79 E Chicken Noodles In Schezwan Sauce- Large A 161.05 4.08 22.08 4.91 6.79 E WOK RICE CHICKEN A 122.53 2.65 17.09 1.02 7.58 E	Manchurain-	•	267.24	16.24	17.4	5.68	12.87	3
Hakka Noodles - Regular Chicken ▲ 201.36 3.01 37.07 3.92 8.02 ■ Hakka Noodles - Large A 150.21 3.25 23.11 5.7 6.13 ■ Chicken A 150.21 3.25 23.11 5.7 6.13 ■ Chicken A 150.21 3.25 23.11 5.7 6.13 ■ Noodles In Schezwan A 161.05 4.08 22.08 4.91 6.79 ■ Noodles In Schezwan A 161.05 4.08 22.08 4.91 6.79 ■ Chicken Noodles In Schezwan A 161.05 4.08 22.08 4.91 6.79 ■ WOK RICE CHICKEN A 122.53 2.65 17.09 1.02 7.58 ■	NOODLES							
Hakka Noodles - Large Chicken Noodles In Hot Garlic Sauce- Regular Chicken Noodles In Hot Garlic Sauce- Large Chicken Noodles In Hot Garlic Sauce- Large Chicken Noodles In Hot Garlic Sauce- Large Chicken Noodles In Schezwan Sauce- Regular Large WOK RICE CHICKEN Large Large	Hakka Noodles -	A	201.36	3.01	37.07	3.92	8.02	3
Noodles In Hot Garlic Sauce- Regular Chicken Noodles In Hot Garlic Sauce- Regular Chicken Noodles In Hot Garlic Sauce- Large Chicken Noodles In Schezwan Sauce- Regular Chicken Noodles In Schezwan Sauce- Large WOK RICE CHICKEN A 122.53 2.65 17.09 1.02 7.58	Hakka Noodles -	A	201.36	3.01	37.07	3.92	8.02	3
Noodles In Hot Garlic Sauce- Large Chicken Noodles In Schezwan Sauce- Regular Chicken Noodles In Schezwan Sauce- Regular Chicken Noodles In Schezwan Sauce- Large WOK RICE CHICKEN A 122.53 2.65 17.09 1.02 7.58 Fried Rice-	Noodles In Hot Garlic Sauce-	A	150.21	3.25	23.11	5.7	6.13	3
Noodles In Schezwan Sauce- Regular Chicken Noodles In Schezwan Sauce- Large WOK RICE CHICKEN A 161.05 4.08 22.08 4.91 6.79 WOK RICE CHICKEN 122.53 2.65 17.09 1.02 7.58	Noodles In Hot Garlic	A	150.21	3.25	23.11	5.7	6.13	>
Noodles In Schezwan Sauce- Large WOK RICE CHICKEN Chicken A 122.53 2.65 17.09 1.02 7.58	Noodles In Schezwan Sauce-	A	161.05	4.08	22.08	4.91	6.79	3
Chicken	Noodles In Schezwan	A	161.05	4.08	22.08	4.91	6.79	3
Fried Rice-								
· · · · · · · · · · · · · · · · · · ·	Fried Rice-	A	122.53	2.65	17.09	1.02	7.58	2

			W	ow! Momo Nutriti	on		
Chicken Fried Rice- Large	A	122.53	2.65	17.09	1.02	7.58	>
Chicken Fried Rice In Hot Garlic Sauce- Regular	A	123.61	2.25	17.85	2.68	7.99	3
Chicken Fried Rice In Hot Garlic Sauce- Large	A	123.61	2.25	17.85	2.68	7.99	2
Chicken Fried Rice In Schezwan Sauce- Regular	A	161.06	8.26	13.73	2.73	7.95	3
Chicken Fried Rice In Schezwan Sauce- Large	A	161.06	8.26	13.73	2.73	7.95	2
WOK CHICKEN MAIN COURSE							
Chilly Chicken- Regular	A	101.8	4.56	6.22	3.33	8.97	>
Chilly Chicken- Large	▲	101.8	4.56	6.22	3.33	8.97	3
Chicken Manchurain- Regular	A	111.35	4.71	8.99	3.88	8.25	>
Chicken Manchurain- Large	A	111.35	4.71	8.99	3.88	8.25	>

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