Table 1 – QOL questionnaire.

Copied from (Kreitler and Kreitler, 2006)

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	There is a lot	To some extent	Not so much	None at all
A general sense of good physical health				
Pain				
Work (outside the home or in the home, including caring for the household)				
Activity (outside the home or inside the home)				
Strength and ability to perform the activities of eating, sleeping, etc.				
Strength and ability to perform activities in the family (as a partner, parent, sibling, son/daughter)				
Intimate relations with partner				
Relations with friends, acquaintances, relatives				
Taking care of yourself and your external appearance				
Strength and ability to cope with the tasks of everyday life				
Independence in functioning and activities in daily life				
Sense of a lack of control over situations, feeling that you cannot determine anything about what happens				
Ability to concentrate on the task you are performing				
Ability to think, solve problems				
Sense of uncertainty, lack of clarity				
Anxiety, fear				
Depression, sadness				
Tension, restlessness				
Hope				
Pleasure				
Motivation to make an effort, to continue doing things				
Satisfaction of life in general				