Uganda: Vitamin B-12 intake 22 23 25 26 27 28 29 24 0.6 0.6 0.6 0.6 0.6 0.6 0.6 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.2 0.2 0.2 0.2 0.2 0.2 -0.2 0.2 0.2 0.2 0.0 0.0 0.0 -0.0 0.0 0.0 0.0 0.0 0.0 0.0 30 31 32 33 34 35 36 37 38 39 0.6 -0.6 0.6 -0.6 -0.6 0.6 0.6 0.6 0.6 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.2 -0.2 -0.2 0.2 -0.2 0.2 -0.2 0.2 0.2 0.2 0.0 40 41 42 43 44 45 46 47 48 49 8.0 0.6 0.6 -0.6 0.6 0.6 0.6 0.6 0.6 -0.6 0.6 0.4 Density 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.2 0.2 -0.2 -0.2 0.2 -0.2 -0.2 -0.2 0.2 0.2 0.0 0.0 0.0 0.0 0.0 8.0 0.8 0.8 -0.8 -0.8 0.6 0.6 0.75 0.6 0.6 0.6 0.6 0.6 0.6 0.6 0.4 0.4 0.50 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.2 0.2 0.25 0.2 -0.2 0.2 0.2 0.2 -0.2 -0.2 0.0 0.0 0.0 0.0 0.0 0.0 0.00 0.0 -2.5 -5.0 -7.5 -62 72 73 61 63 64 68 70 0.8 8.0 0.8 0.6 0.6 0.75 0.75 0.6 0.6 0.6 0.6 0.6 0.4 0.4 0.50 0.50 0.4 0.4 0.4 0.4 0.4 0.2 0.2 0.2 0.25 0.25 0.2 0.2 0.2 0.2 0.0 5.0 0.0 2.5 2.5 Habitual intake