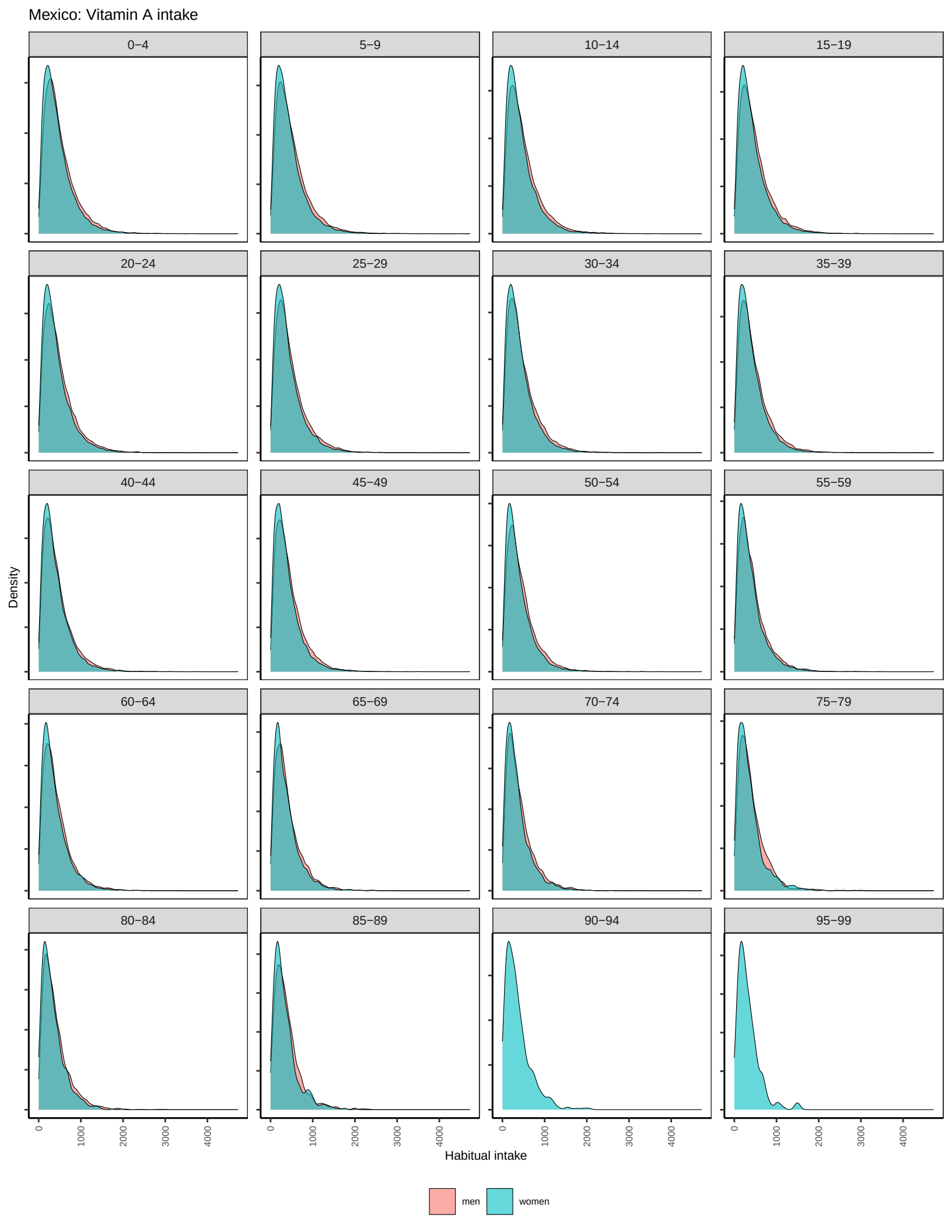
Mexico: Vitamin A intake
0–4
5–9
10–14
15–19
20–24
25–29
30–34
35–39
40–44
45–49
50–54
55–59
60–64
65–69
70–74
75–79
80–84
85–89
90–94
95–99
Density
0
1000
2000
3000
4000
Habitual intake
men
women