# Proposed Exercises

1.  Create the function espera(int ciclos) that will allow, through the parameter "ciclos", wait a certain amount of time. Use a for lop for this (try to adjust the number to be submitted as a parameter with the time required to wait, trying to get the value for 1 second. Consider the following facts:

    1.  Each assembly instruction is executed in a single clock cycle.
    2.  Each C instruction is implemented as a different number of assembly instructions
    3.  The internal clock is working at 32 MHz.

2.  Create the Example Project, execute it and debug it.