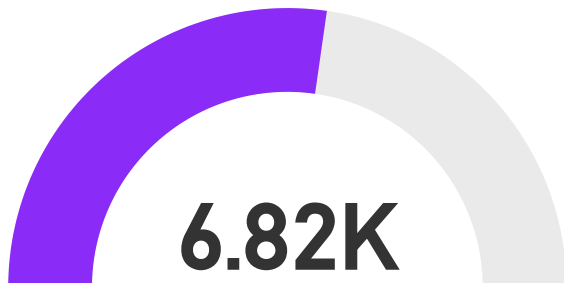


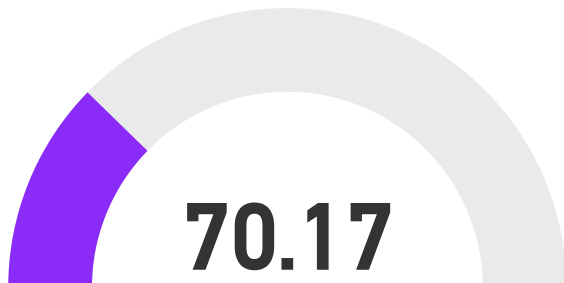
SLEEP HEALTH AND LIFESTYLE ANALYSIS

KPI's

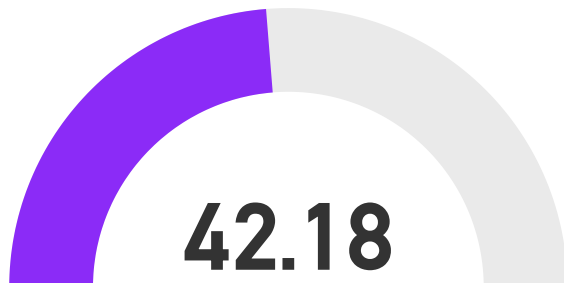
Average Daily Steps



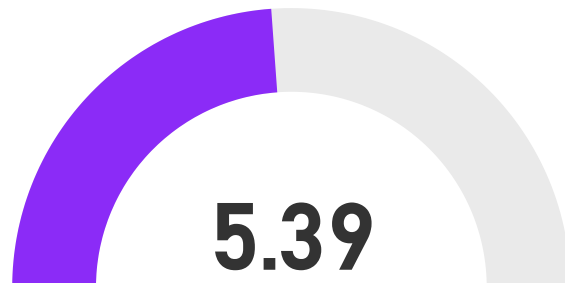
Average Heart Rate



Average Age



Average Stress Level



Filters

Gender

All

Occupation

All

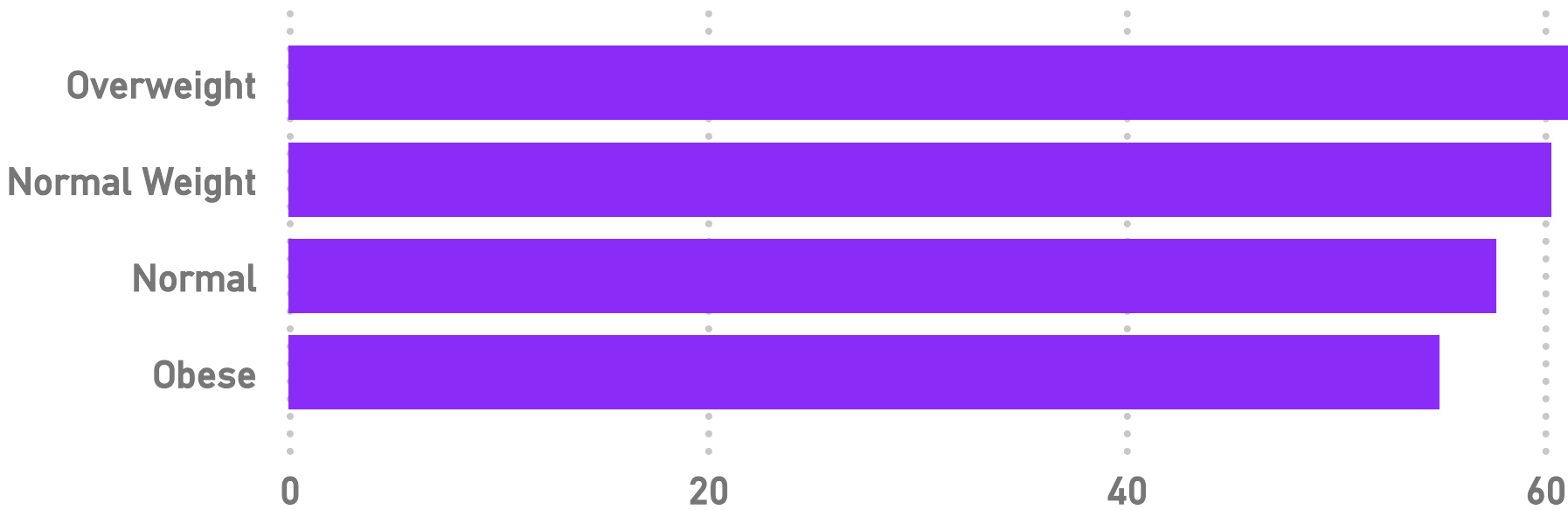
BMI Category

All

Sleep Disorder

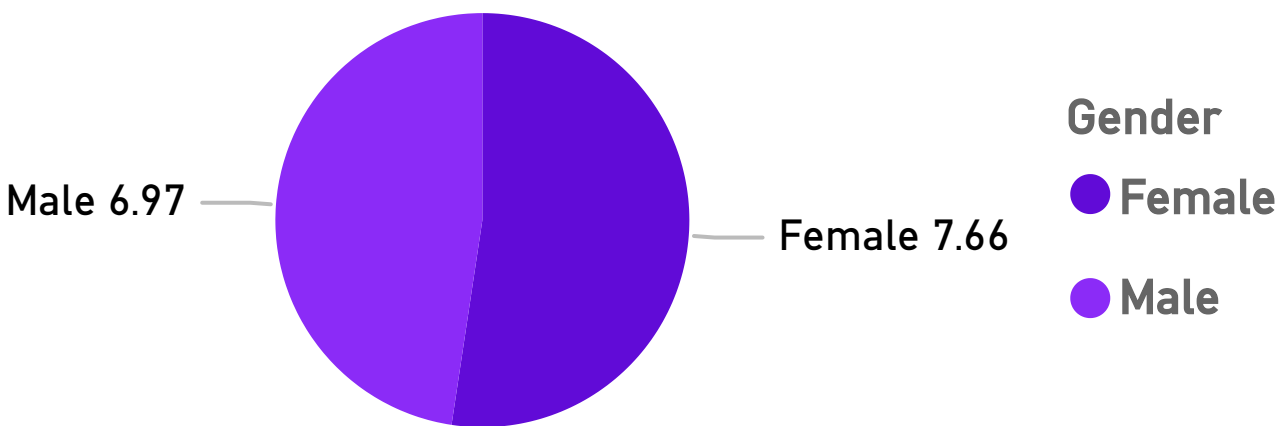
All

BMI Category by Physical Activity Level

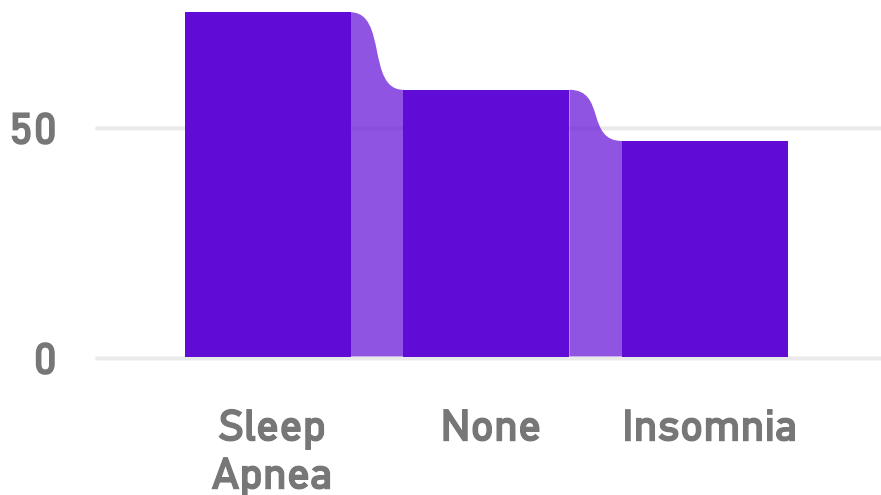


Quality of Sleep by Gender

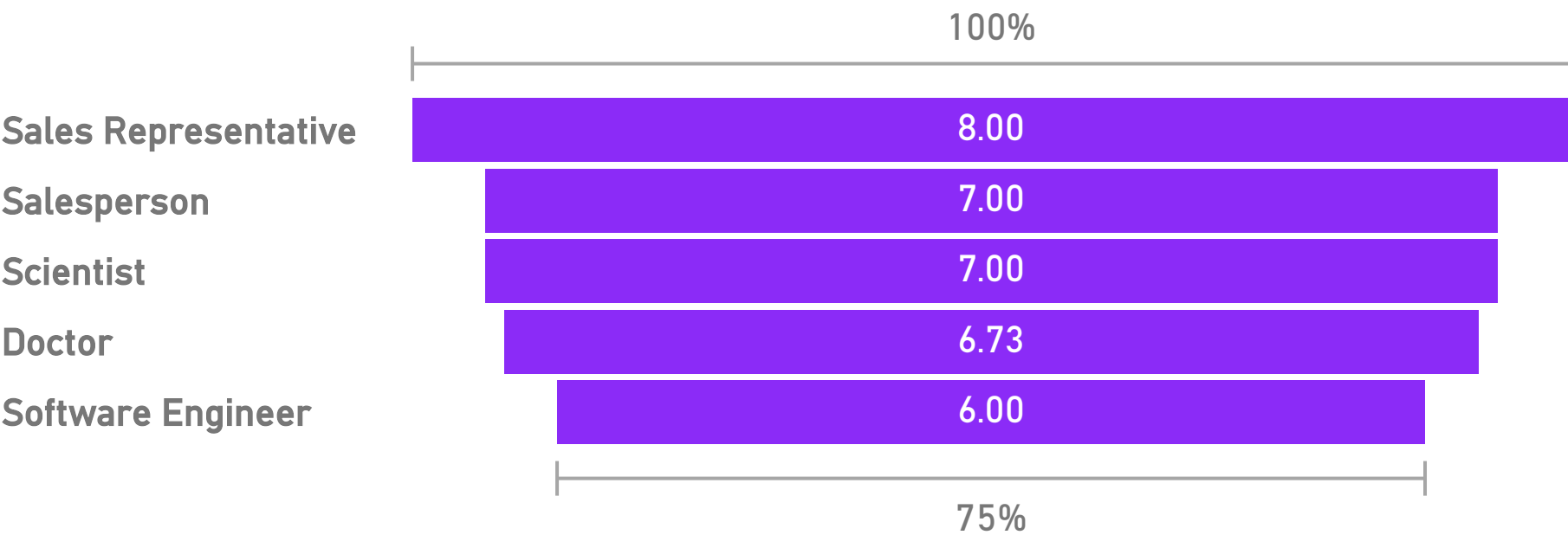
Average rate from 1 to 10



Sleep Disorder by Physical Activity Level



Top 5 Occupations by Stress Level



Occupations Summary by Sleep Disorder

Sleep Disorder	Insomnia		None		Sleep Apnea	
Occupation	Sleep Duration	Quality of Sleep	Sleep Duration	Quality of Sleep	Sleep Duration	Quality of Sleep
Accountant	6.66	7.14	7.22	8.07		
Doctor	6.87	6.67	6.94	6.58	7.48	7.75
Engineer	7.44	7.40	8.04	8.51	7.80	8.00
Lawyer	7.40	8.00	7.42	7.93	7.30	7.33
Total	6.59	6.53	7.36	7.63	7.03	7.21