

Visit 2		EARNEST	
Patient Details			
Participant Initials:		Subject ID:	
Date of Birth:			
Visit Details			
Visit		Visit Date	
ANTHROPOMETRIC MEASUREMENTS			
Weight		(Kg)	
MEDICAL HISTORY			
Have you had any of the following since your last visit 12 months ago:			
1. High Blood Pressure		<input type="checkbox"/> Yes <input type="checkbox"/> No	
If YES, enter start month e.g. Jan / YY			
2. Diabetes		<input type="checkbox"/> Yes <input type="checkbox"/> No	
If YES, month/year diagnosed			
3. Stroke or TIA		<input type="checkbox"/> Yes <input type="checkbox"/> No	
If YES, month/year diagnosed			
4. Heart Attack or Angina		<input type="checkbox"/> Yes <input type="checkbox"/> No	
If YES, month/year diagnosed			
5. Heart failure		<input type="checkbox"/> Yes <input type="checkbox"/> No	
If YES, month/year diagnosed			
6. Peripheral vascular disease		<input type="checkbox"/> Yes <input type="checkbox"/> No	
If YES, month/year diagnosed			
7. Needed renal replacement E.g. any form of dialysis or transplantation		<input type="checkbox"/> Yes <input type="checkbox"/> No	
If YES, month/year diagnosed			
If so was this :		<input type="checkbox"/> Temporary	
		<input type="checkbox"/> Permanent	
Name of the person Filling the form		Signature	

# Visit 2

**EARNEST**

## Patient Details

Participant Initials:

Subject ID:

V2

## CURRENT DRUG THERAPY

What **Prescribed** medications are you taking ?

☐

**Yes (enter below)**

☐

**None**

Medication Name	Dose (if known)

### COMPLETE THIS SECTION (For medications above) AFTER PATIENT VISIT USING A REFERENCE GUIDE (E.g. BNF)

Any medication for high blood pressure ?

☐

**Yes**

☐

**No**

If yes, ( Please answer all applicable)

**ACE Inhibitor**

☐

**Yes**

☐

**No**

**Angiotensin receptor blocker**

☐

**Yes**

☐

**No**

**Beta Blocker**

☐

**Yes**

☐

**No**

**Thiazide diuretic**

☐

**Yes**

☐

**No**

**Calcium channel blocker**

☐

**Yes**

☐

**No**

**Alpha-blocker**

☐

**Yes**

☐

**No**

Are you taking hormone replacement ?

☐

**Yes**

☐

**No**

Are you taking an antidepressant ?

☐

**Yes**

☐

**No**

Are you taking regular NSAIDs ? (Regular = more than once a day for the last week)

☐

**Yes**

☐

**No**

## LIFE STYLE ASSESSMENTS

Since we last saw you, have you changed your smoking habit?

☐

**Yes**

☐

**No**

If yes, are you a smoker or ex-smoker ?

☐

**Smoker**

**Start date**

☐

**Ex-smoker**

**Stop date**

Number of cigarettes smoked per day ?

/ per day

Name of the person  
Filling the form

Signature

Visit 2				EARNEST				
Patient Details								
Participant Initials:		<div></div> <div></div> <div></div>	Subject ID:		<div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>V2</div>		
BLOOD PRESSURE AND HEART RATE MEASUREMENTS								
SEATED								
Seated blood pressure		1.	<div>Systolic</div> <div><div></div><div></div><div></div></div>			<div>Diastolic</div> <div><div></div><div></div><div></div></div>		
		2.	<div><div></div><div></div><div></div></div>			<div><div></div><div></div><div></div></div>		
		3.	<div><div></div><div></div><div></div></div>			<div><div></div><div></div><div></div></div>		
Average of last 2 readings			<div><div></div><div></div><div></div></div>			<div><div></div><div></div><div></div></div>		
Seated heart rate (From BP monitor)		1.	<div><div></div><div></div><div></div></div>					
		2.	<div><div></div><div></div><div></div></div>					
		3.	<div><div></div><div></div><div></div></div>					
Average of last 2 readings			<div><div></div><div></div><div></div></div>					
SUPINE								
Supine blood pressure		1.	<div>Systolic</div> <div><div></div><div></div><div></div></div>			<div>Diastolic</div> <div><div></div><div></div><div></div></div>		
		2.	<div><div></div><div></div><div></div></div>			<div><div></div><div></div><div></div></div>		
		3.	<div><div></div><div></div><div></div></div>			<div><div></div><div></div><div></div></div>		
Average of last 2 readings			<div><div></div><div></div><div></div></div>			<div><div></div><div></div><div></div></div>		
Supine heart rate (From BP monitor)		1.	<div><div></div><div></div><div></div></div>					
		2.	<div><div></div><div></div><div></div></div>					
		3.	<div><div></div><div></div><div></div></div>					
Average of last 2 readings			<div><div></div><div></div><div></div></div>					
Name of the person Filling the form		<div></div>		Signature		<div></div>		

Visit 2				EARNEST			
Patient Details							
Participant Initials:		<div></div> <div></div> <div></div>		Subject ID:		<div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div>V2</div>	
HAEMODYNAMIC MEASUREMENTS							
Supine Augmentation Index		1. <div></div> <div></div> <div></div>		Quality Index		1. <div></div> <div></div> <div></div>	
		2. <div></div> <div></div> <div></div>				2. <div></div> <div></div> <div></div>	
		3. <div></div> <div></div> <div></div>				3. <div></div> <div></div> <div></div>	
Average		<div></div> <div></div> <div></div>		Av-		<div></div> <div></div> <div></div>	
Take the average of the first 2 readings if they are within 5% of each other, if not take a third reading and average the closest 2 readings							
		Systolic		Diastolic			
1.		<div></div> <div></div> <div></div>		1.		<div></div> <div></div> <div></div>	
2.		<div></div> <div></div> <div></div>		2.		<div></div> <div></div> <div></div>	
3.		<div></div> <div></div> <div></div>		3.		<div></div> <div></div> <div></div>	
Average		<div></div> <div></div> <div></div>				<div></div> <div></div> <div></div>	
				Average the same 2 readings as used above			
Central (Integrated)		1. <div></div> <div></div> <div></div>					
		2. <div></div> <div></div> <div></div>					
		3. <div></div> <div></div> <div></div>					
Average		<div></div> <div></div> <div></div>				Average the same 2 readings as used above	
PWV							
		Is a calliper being		<div></div> Yes		<div></div> No	
						Use the same measuring device as previous visit	
Notch to carotid (mm)		<div></div> <div></div> <div></div>					
Notch to femoral (mm)		<div></div> <div></div> <div></div>					
				SD			
Carotid-femoral Pulse Wave Velocity		1. <div></div> <div></div> . <div></div>		± <div></div> . <div></div>		Take the average of the first 2 readings if they are within 0.5 m/s of each other, if not take a third reading and average the closest 2 readings	
		2. <div></div> <div></div> . <div></div>		± <div></div> . <div></div>			
		3. <div></div> <div></div> . <div></div>		± <div></div> . <div></div>			
Average		<div></div> <div></div> . <div></div>		± <div></div> . <div></div>			

Patient Details

Participant Initials:

Subject ID:

V2

24 h ABPM Results

ABPM MAKE/Model :  
Please use the same as  
used at Visit 1

FILL BELOW and ATTACH A PRINTOUT OF THE SUMMARY SHEET

No. of valid day-  
time measure-  
ments recorded

Mean daytime Blood pressure

Systolic

Diastolic

Mean daytime heart rate

BPM

Standard deviation daytime  
Blood pressure

.

.

No. of valid night  
time measure-  
ments recorded

Mean night time Blood pressure

Mean night time heart rate

BPM

STD night time Blood pres-

.

.

Mean 24h Blood pressure

Mean 24h heart rate

BPM

STD 24h Blood pressure

.

.

Isotopic GFR

[ONLY APPLICABLE FOR DONOR PATIENTS]

Absolute iGFR (mL/min)

Normal-

Split iGFR

Left

Right

Name of the person  
Filling the form

Signature

Visit 2		EARNEST	
Patient Details			
Participant Initials:		Subject ID:	
<div><div></div><div></div><div></div></div>		<div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>V2</div>	
BLOOD RESULTS			
Haematology Test	Result	Units	
WBC		Enter Units	
Hb		Enter Units	
Platelets		Enter Units	
Sodium	<div><div></div><div></div><div></div></div>	mmol/L	
Potassium	<div><div></div><div>.</div><div></div></div>	mmol/L	
Urea	<div><div></div><div></div><div>.</div><div></div><div></div></div>	mmol/L	
Creatinine	<div><div></div><div></div><div></div></div>	umol/L	
eGFR	<div><div></div><div></div><div></div></div>	ml/min	eGFR: Ensure that the patient has had a meat free diet on the day of this test
Albumin	<div><div></div><div></div><div>.</div><div></div></div>	g/L	
Calcium (corrected)	<div><div></div><div>.</div><div></div><div></div></div>	mmol/L	
Phosphate	<div><div></div><div>.</div><div></div><div></div></div>	mmol/L	
CRP	<div></div>	<div></div>	If no value given then enter the value of the cut-off e.g. 0.003 g/L
	Fill in the value with decimals	Units	
Name of the person Filling the form		Signature	