

REACTION TIME AFFECTS STOPPING DISTANCE

22. When in an emergency, you need to react quickly to stop the vehicle in the shortest possible distance without losing control of the vehicle. Remember, the vehicle will not stop instantly when you hit the brakes. Reaction time increases if a rider is tired or if he/she has consumed alcohol.

MIRRORS AND BLIND SPOTS

23. Mirrors should be checked before moving off, slowing down, stopping, changing lane, overtaking and making any turns. You should also cultivate the habit of checking the mirrors every 5 to 10 seconds while riding.
24. The areas on the right and left of your vehicle which cannot be viewed in your mirrors are known as “blind spots”. You have to turn your head and look over your shoulder to the left or the right to check for traffic in the “blind spots” before changing lane, overtaking, turning and stopping.

Turn your head and look over your shoulder to the left or the right to check your “blind spots”



BLIND SPOTS OF OTHER VEHICLES

25. Do not stay in the ‘blind spot’ of other vehicles. If you have no choice because of traffic conditions, keep out of the ‘blind spot’ as soon as you can and be prepared for any change in direction of other vehicles in whose ‘blind spot’ you might be riding in.

