

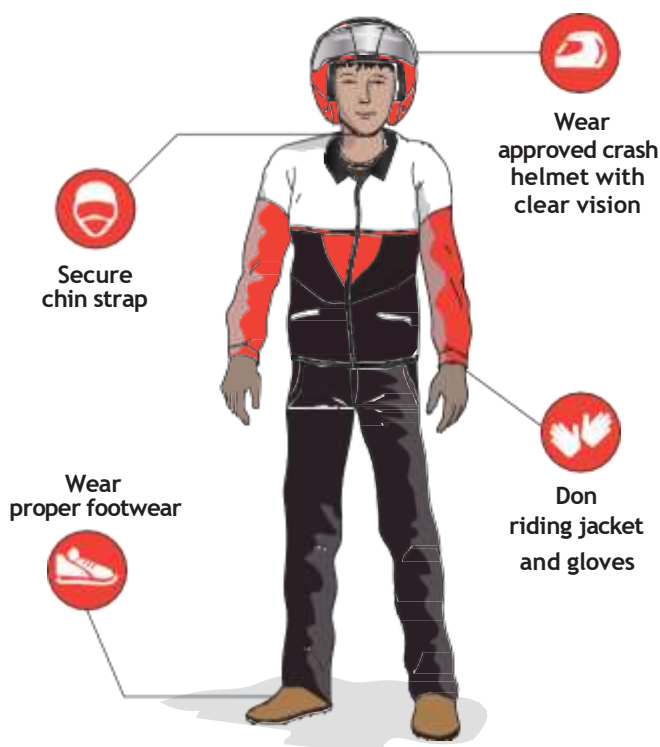


PRE-RIDING CHECKS

RIDING WEAR AND PROTECTIVE CLOTHING

44. Traffic accidents can happen in a split second, leaving road users with very little time to react. Unlike four-wheeled vehicles, which offer a range of protective features for riders and pillion during an accident, motorcycles are also more exposed. Putting on riding protective gears such as a riding jacket, gloves and boots will reduce the injuries when involved in an accident.
45. This is why motorcyclists involved in traffic accidents suffer higher injuries ranging from abrasions to serious bodily trauma, with most injuries sustained on the chest area (where the vital organs are) as well as the upper and lower limbs.
46. Before you begin to ride, you should protect yourself from injury by wearing protective clothing. Your riding gear and clothing should fit comfortably and not restrict movement. Preferably, the material should be of light/ bright colours and able to resist tearing easily. When riding a motorcycle, you should wear full protective clothing at all times.

Gear Up Before you Ride



SAFETY HELMET

47. Under Road Traffic Act (RTA), it is a legal requirement for every motorcyclist and pillion rider to wear an approved safety riding helmet when riding a motorcycle on the road. (member of male Sikh religion who wear a turban are exempted). The helmet should be of an approved type (sample of PSB approved sticker).



When purchasing a new helmet ensure that it is an approved type and fit comfortably. When putting on a helmet, the strap should be properly fastened under the chin. A loose helmet is not only uncomfortable, it could also come off in an accident. It would be illegal to ride with a helmet on when the helmet is not fastened correctly. An approved helmet and proper wear can protect from injury or minimizes injuries to the head. To be seen more easily when riding in the dark, you should wear a white helmet and reflective clothing.