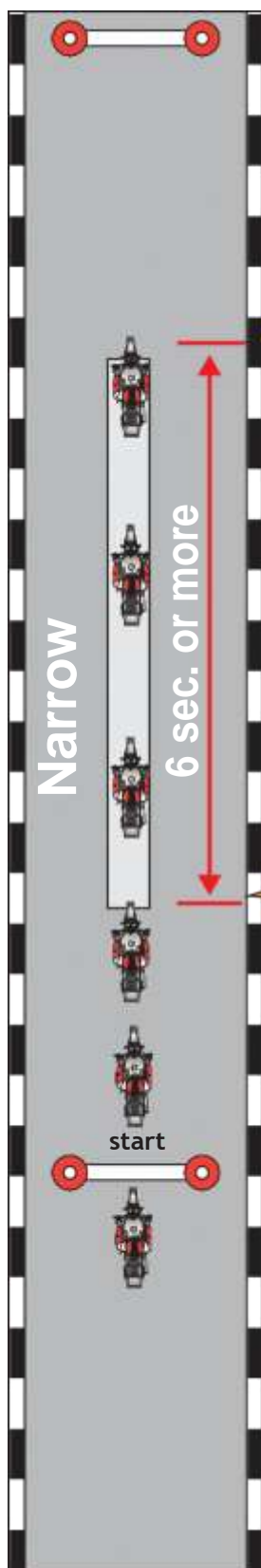


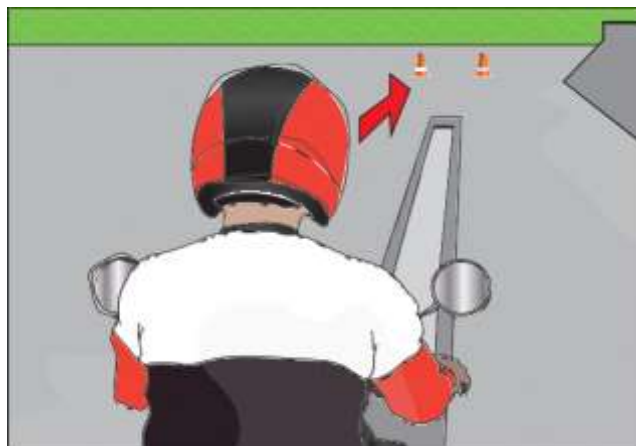
NARROW PLANK COURSE

278. The aim is to keep the motorcycle on a straight course when riding at very low speeds.

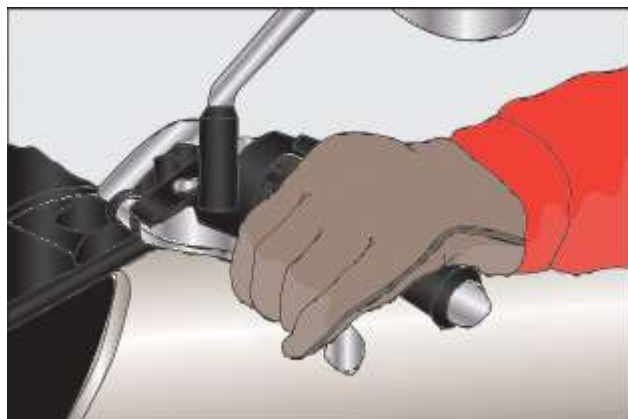
The objective is to complete the movement across the narrow plank for 6 seconds or more.



1. Look forward. Tilting your head down puts you out of balance and you are more likely to fall off the plank. Keep your eyes on the point after the end of the plank.



2. The timing will start once the front wheel goes up the narrow plank. Do not close the throttle completely, maintain a half-clutch technique.



3. Control the speed using the rear brake and grip the fuel tank with your knees.



The timing stops when the rear wheel goes comes down at the end of the plank.