

## SEAT AND SEAT BELTS

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- (a) Sit upright and lean against the backrest with both hands comfortably holding the steering wheel. Arms should be slightly bent.



- (b) Adjust your seat so that your left leg is almost straightened when the clutch pedal is fully depressed.



- (c) If necessary, use a cushion to obtain the correct sitting position.



- (d) Adjust the headrest so that it forms a straight line with your ear and eye. This prevents neck injuries in a collision from the rear.



- (e) Fasten the seat belt only after you have adjusted the seat and are in the correct driving posture.



- (f) For the non-retractable type of seat belt, the slack should not be more than a clenched fist space between the shoulder belt and your chest.