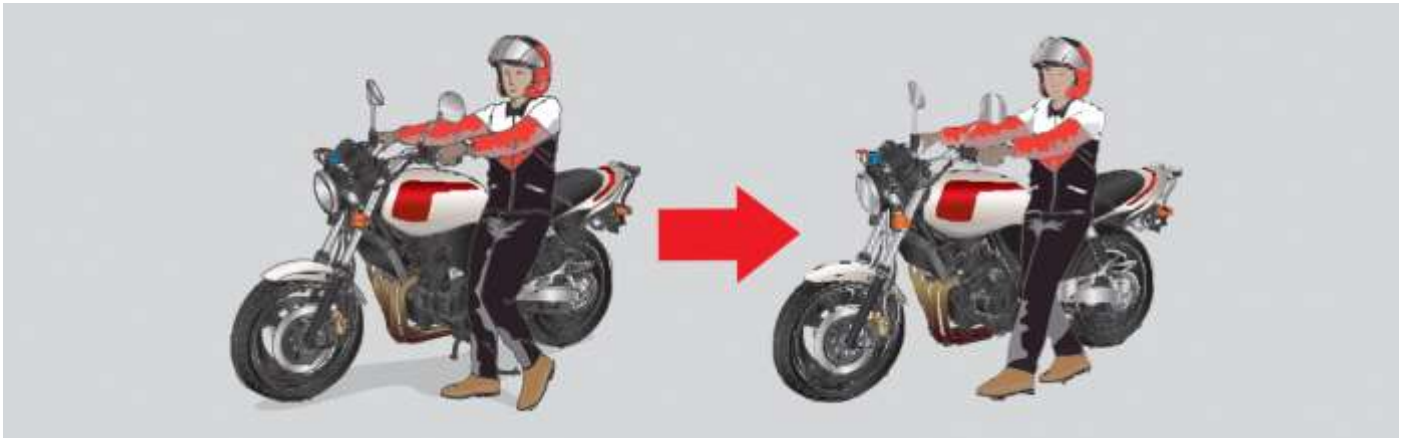


LOWERING THE MOTORCYCLE FROM THE MAIN STAND SAFELY

59. Start by standing to the left of the motorcycle, take hold of the handlebar with both hands and straighten the wheel. Position your body facing to the front and as close to the motorcycle as possible. Keep your back straight and your head up, push the motorcycle forward. It will be easier if you use your body momentum to push the motorcycle forward as shown in picture below. Once the motorcycle is lowered from the stand, apply the front brake to prevent it from rolling forward and lean the motorcycle slightly towards you.



RAISING THE MOTORCYCLE USING THE MAIN STAND SAFELY

60. The “lever” of the main stand gives plenty of leverage to push down on which will lift the heavy machine onto the main stand. Bigger motorcycles have big levers to push down on. Smaller motorcycles tend to have smaller levers.



Take hold of the left handlebar grip with your left hand. Straighten the front wheel, put your right foot on the centre stand “lever”, and push down until the stand touches the ground and hold it there. With your right hand, grip the horizontal frame under the seat and pull the motorcycle backward to rest on the main stand (Some motorcycles often have a special handle to make lifting the motorcycle easier).

