

DAY 12

Good Morning!

Today is a great day for you to relax and digest what you have learned and practiced!

If you want, you can note what you have learned and your experiences in this module on your study agenda, and leave reminders for yourself.

If you say, "No, I want to rest," it is okay. Then tear off the page! :)

Don't forget to download and print out the work agenda for the next module!

