



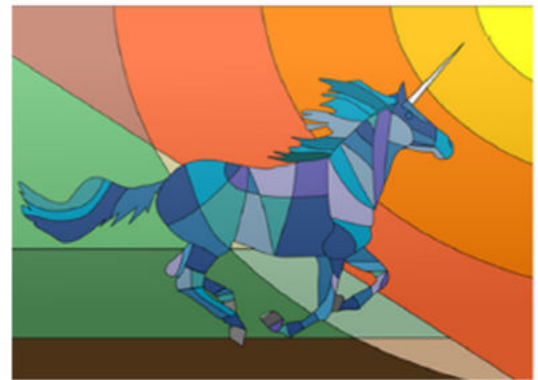
**HAVASS**  
Academy & Coaching

## DAY 5

Now we know what our goals are and what we need to achieve them. Writing and determining a road map is of course wonderful! But this is not enough. Without taking action, all goals cannot be more than just ideas. If you do not set yourself a time period and an order for the steps you will take, your ego trembling with fear -because you have already left your comfort zone-will do its best not to make you take those steps. So we foresee the game of our beloved ego and spoil this game.

### **Now is the time to act, take a step and action!**

I'm going to tell you a great action plan to keep all these goals in your life! This action plan is a great tool that we will use it to guide ourselves where we want to go.



### **How are we going to create this action plan?**

First of all, based on the road map we have created, we place all the action steps we have scheduled on the long, medium and short term timeline. (One year, 6 months, one month and one week) Next, we're doing one of the weekly goals we've written down, RIGHT NOW. Yes you heard it right; as soon as you finish this exercise, I'll ask you to do one of the weekly goals. Our aim is to show your ego that you are serious in this by taking action right now. By re-evaluating our plans every 30 days, we give ourselves the commitment of a solid plan and the opportunity to be flexible. (Plans can change sometimes.)

**With this work, we put all your steps in order to prevent them from disappearing and being delayed over time.** Don't forget to fill in the schedule we prepared for you in the study agenda.



### *Tasks*

- Put the tasks on the chart in your study agenda which you set to achieve the goal.
- Choose a task from what you will do in a week and complete it right now!.

