



**HAVASS**  
Academy & Coaching

## DAY 14

*Good morning.*

Today is a great day for you to rest and take in what you have learned and applied!

If you like, you can write your insights and experiences during the week on the worksheet and leave reminders for yourself.

If you say, "No, I want to rest," that's okay too. Then just tear off the page! :)

Don't forget to download and print out next week's work agenda!



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