

## DAY 7

***Good Morning...!***

***Today is a great day for you to relax and digest what you have learned and practiced!***

***If you want, you can note what you have learned and your experiences in this module to your study agenda, and leave reminders for yourself.***

***If you say, "No, I want to rest," it is okay. Then tear off the page! :)***

***Don't forget to download and print out the work agenda for the next module!***

