

DAY 4

Think about that you decided to go somewhere you have wanted to go for a long time. You prepared your stuff, packed your favorite clothes, your excitement is full, and your motivation is high! But you don't have a map showing the way, nor a sign. You don't know how to go. You keep wandering thousand of streets one by one. :)

This is exactly what we experience when we set a goal without drawing a roadmap to learn how to get there. So today we're going to draw an amazing road map together! There are a few questions you have to ask yourself in order to draw a roadmap. Let's take a look at them.

Where are you in the current situation?

First of all, you must know where you are. No map will be able to draw you a route unless you say a starting location! Let's say you want to double your income.

- How much is your current income?
- Where do you get your income?
- What are your resources?
- Most important: How are you feeling right now?

Where will you be in your desired situation?

After determining your current situation, let's define the place you want to go -in line with your first day's work-. And again, let's write how you will feel when you get your desired situation.



How will you reach this goal?

Now, let's list the steps that will get you to your destination. For example, you want to start your own business. How will you set up this business? What do you need to do on the road to your new job?

- Education
- Analyzing competitors
- Making a budget
- Creating financial resources
- Investigating the opportunities that the state will provide for the new business.
- Learning the procedure

From whom can you get support to achieve this goal?

It's time to find a companion, if possible. Let's list who will be with you along the way and whom you can get support.

- You can get education from experts in their field
- You can gather information from those who have done the work you want to do.
- You can get support from a life coach
- You can ask your friends to motivate you

Task:

- Answer the questions in the study agenda for each goal and create your roadmap.

Important: You must do this exercise for each goal separately. You can copy the same worksheet and apply it to all your goals.

