DAY 28

I can't believe we left a whole month with you...

I can't express in words how proud I am of you for showing the courage to start and complete this program. We started a great journey together and participated in a great adventure. Remember; It has been a great pleasure to be your companion. I hope you enjoyed it as much as I did.

The final assignment of this program; In response, write down everything you learned during the program, the paths you went through, everything you discovered

Let me explain two important reasons for doing this:

One is to look at your work, your effort from a broader perspective and prove to your inner criticizing voice what kind of change you have achieved! Remember we talked about that? We will be one step ahead of the critic who tries to convince you that your achievements are not so great, and beat him with his own weapon. :) :)

The second is to give light and inspiration to those who will walk the same path as you! You won't believe it when you see the confidence and self-love that inspiring even one person offers you....

If you'd like, you can add this text to the worksheet later and say a loving goodbye. We look forward to receiving your email! Oh, by the way! Don't think we'll leave you alone on your next trip. You can always reach us through our telegram group.

We love you for being only "you" ...

