

Lorry and/or bus drivers with diabetes treated by diet alone

When do you need to tell us?

Please keep this leaflet safe so you can
refer to it in the future

Drivers of Lorries and Buses do not need to
tell us if their diabetes is treated by diet alone
and they are free of the complications listed
over the page.

Find out about DVLA's online services

Go to: www.direct.gov.uk/onlinemotoring services

Some people with diabetes develop associated
problems that may affect their driving.

What you need to tell us about

By law you must tell us if any of the following apply:

- You start treatment with tablets.
- You start treatment with a sulphonylurea or a
glinide.
- You start treatment with insulin.
- You have laser treatment to **either** eye.
- You have problems with vision in **either** eye.
By law you must be able to read, with glasses
or contact lenses if necessary, a car number
plate in good light at 20.5 metres (67 feet).
In addition, the visual acuity (with the aid of
glasses or contact lenses if worn) must be at
least 6/12 (0.5 decimal) with both eyes open,
or in the only eye if monocular.
- You also need to meet higher visual standards
that apply for vocational driving. View the
medical standards on our website at:
www.direct.gov.uk/driverhealth, or discuss
with your GP.
- You develop any problems with the circulation
or sensation in your legs or feet which makes
it necessary for you to drive certain types of
vehicles only, for example, automatic vehicles,
or vehicles with hand operated accelerator/
brake. This must be noted on your driving
licence.
- An existing medical condition gets worse or
you develop any other condition that may
affect you driving safely.

**In the interest of road safety you must
be sure that you can safely control a
motor vehicle at all times.**

How to tell us

If your doctor, specialist or optician tells you to
report your condition to us, you need to fill in a
DIAB1V medical questionnaire about diabetes.

You can download this from
www.direct.gov.uk/driverhealth

Phone us on 0300 790 6807

Write to:

Drivers Medical Group
DVLA
Swansea
SA99 1TU

Useful addresses

Diabetes UK Cymru

Argyle House
Castlebridge
Cowbridge Road East
Cardiff
CF11 9AB

Diabetes UK Scotland

Savoy House
140 Sauchiehall Street
Glasgow G2 3DH

Diabetes UK Central Office

Macleod House
10 Parkway
London
NW17AA

Diabetes UK

Website: **www.diabetes.org.uk**