

A guide for drivers with
**Insulin Treated
Diabetes** who wish to
apply for **Vocational
Entitlement** (small
lorries, minibuses, large lorries
and buses)

For more information go to www.direct.gov.uk/driving



Please keep for further reference



Following a change in European Union, legislation, from 15/11/2011, anyone who has diabetes controlled with insulin can now apply for, or renew their vocational entitlements to drive categories C1, C1E, D1, D1E, C, CE, D or DE.

There are three stages to the process.

First stage – Application forms

You will need:

- Application form (D2)
- A medical questionnaire (VDIAB1I).
- D4 medical report. You will need to contact us on 0300 790 6807 to request these forms or you can order them from **www.direct.gov.uk/motoring**.
- Please read the 'Notes to take into consideration' section of this leaflet for information on whether a D4 is required.
- **You are responsible** for any fees that may be charged for filling in the report.
- The application form, medical questionnaire and D4 medical report should be sent to DVLA for assessment before proceeding to the next stage.

Second stage – Specialist medical questionnaire

- This medical questionnaire will be sent to either your own GP or your diabetes consultant (whoever you have seen more recently). You will have to attend an appointment for the form to be filled in.
- At the examination the doctor will need to see 3 months of continuous blood sugar/glucose readings available on blood sugar/glucose meter(s) with a **memory function**. You **must** take all your meters to this examination.
- **DVLA will pay** the fee for this examination.



Third stage – Specialist medical questionnaire and examination by a consultant specialising in diabetes

- This medical questionnaire will be sent to an independent consultant specialising in the treatment of diabetes. You will have to attend an appointment for the form to be filled in.
- At the examination, the consultant will need to see 3 months of **continuous** blood sugar/glucose readings available on a blood sugar/glucose meter(s) with a **memory function**. You **must** take all your meters to this examination.
- **DVLA will pay** the fee for this examination.

Qualifying conditions you must meet

- You have had no hypoglycaemic event requiring the help of another person in the last 12 months.
- You **must** have full awareness of the symptoms of hypoglycaemia.
- You **must** be able to show an understanding of the risks of hypoglycaemia.
- You **must** regularly check your blood sugar/glucose levels at least twice daily, within 30 minutes of the start of the first journey and every 2 hours while driving. This must be done using a blood sugar/glucose meter with a memory function to measure and record blood glucose levels.
- You **must** keep a fast acting carbohydrate within reach when driving.
- You **must** attend an examination every 12 months with an independent consultant specialising in the treatment of diabetes. You **must** have at least 3 months of **continuous** blood sugar/glucose readings available on the memory of your blood sugar/glucose meter(s) for the consultant to inspect.
- You **must** have no other debarring medical condition.
- You **must** sign an agreement stating that you will comply with the directions of doctors treating your diabetes and that you will report immediately any significant changes to your condition to DVLA.



Notes about driving while we assess your fitness to drive

- If you have not previously held lorry or bus entitlement or if it has been refused or revoked, you must not drive until our enquiries have been completed and a licence issued.
- If you currently hold entitlement to drive lorries or buses and you have not previously advised us that your diabetes is treated with insulin, you should not drive until DVLA has made a licensing decision.

Notes to take into consideration

Get the D4 form filled in if:

- This is your first application.
- You are applying to renew your lorry or bus entitlement and are aged 45. From then on a D4 will be needed every 5 years until you are 65 when a D4 will be required every 12 months.
- You are applying for a new provisional entitlement and a D4 has not been submitted in the last 12 months.
- You are 70 and still need C1 and D1 entitlement. You will need to send in a D4 every 3 years.
- Do not send in an application if you cannot meet any of the qualifying conditions listed at Section 4 of the INF4D information leaflet. These conditions would prevent you from holding a vocational licence.
The INF4D is available from DVLA Swansea or can also be downloaded from **www.direct.gov.uk/motoringleaflets**

Contact us

- Web site: **www.direct.gov.uk/driverhealth**
- Phone: **0300 790 6807** (8.30am. to 5.30pm. Mon – Fri)
- Fax: **0845 850 0095**
- Write: **Drivers Medical Group, DVLA, Swansea SA99 1TU**



Save time – Do it online!

- **Driving licences** – from applying for your provisional to replacing your lost or stolen licence
- **Personalised registrations** – buy a registration number and benefit from our after sales service
- **Vehicle tax** – tax your vehicle or make a Statutory Off Road Notification (SORN).

For more information on all DVLA's online services visit:

www.direct.gov.uk/onlinemotoringervices



