**Bring this letter to
your appointment**

NHS

Whitechapel Health Centre

44 Hessel Street
London E1 2LP

Main switchboard: 020 7188 7188
Appointments: 020 7188 7184

<<firstname>> <<lastname>>

Your NHS number: 2995559
Your hospital number: 2995559

3 October 2017

Dear <<firstname>>

NHS Health check (Whitechapel Health Centre)

The NHS Health Check is a free check-up of your overall health. It can tell you whether you're at higher risk of getting certain health problems, such as:

• heart disease
• diabetes
• kidney disease
• stroke

Appointment details

Date and time: Monday 9 October at 9:00am

Address: Whitechapel Health Centre, 44 Hessel Street
                   London E1 2LP

GP: Dr Salud

On the day of your appointment, please bring the following:

• A list of any medication you are already taking
• Any changes to your personal details, such as a new address or a new GP

If you wish to change this appointment, please contact us on 0207 888 8884 or email whitechapelhealthcentre@nhs.net. Please give as much notice as possible if you are unable to attend your appointment. We can then offer your appointment to another patient.

We can remind you of this appointment by text message to your mobile phone. To ensure we hold the correct mobile number for you please call us or go to www.whitechapelhealthcentre.co.uk/appointments and complete the 'update mobile number' form. If you have previously given your mobile number but you don't want to be contacted in this manner, please let us know.

On the day of the appointment, please be aware of the following:

• You can use the self check-in kiosk using the QR code on this letter or report to the outpatient reception desk with you appointment letter.
• We advise you allow up to 1 hour for your appointment.

Yours sincerely,

Appointment administrator