



2010



11



Tri Service Guide to **Gibraltar**



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2010-11

Welcome to Gibraltar

Tri Service Guide to Gibraltar 2010-11 Edition

This Guide, provided by British Forces Gibraltar, is a source of information to Service personnel, families and dependants arriving at their new home or duty Station.

It is hoped the information contained within the Guide will be of use at the time of your arrival, and throughout your stay.

The Guide is divided into five sections for easy reference:

Section 1: Signposts

Health, Education and Services important to you on arrival.

Section 2: Housing & Accommodation Services

Details and contact points for Housing related matters.

Section 3: Facilities for You

Organisations who can provide help and advice on military and civil matters and facilities for your use.

Section 4: Living in Gibraltar

The area you live in.

Section 5: Leisure & Pleasure

Sporting and leisure facilities, what to do and see.

A handy Index is also available to use on page 63.

Foreword by Commander British Forces



It gives me great pleasure to welcome you to Gibraltar. I know that your time here will be both busy and rewarding. For many of you, it may be your first exposure to a truly joint-service Command, with Royal Navy, Army and Royal Air Force personnel, as well as UK-Based and Locally Employed Civilians, all working together to achieve the missions and objectives set by Commander Joint Operations in Northwood. The induction process is a perfect means of allowing newcomers to become fully acquainted with our overall purpose here. It will also help you to see how you fit into the overall organisation.

I hope you will find this booklet a useful guide and something that you can refer to from time to time in the future. I strongly recommend that you read it in depth to prepare you as much as possible before you arrive. The information contained herein may raise further questions. These should, in the first place, be directed to your line manager who will be ready to assist in providing you with more information, guidance and reassurance. Shortly after arriving you will also have the opportunity to attend an induction course, which will further assist in orientating you within the Command. It will also give you an opportunity to meet some of the key personnel.

I very much look forward to meeting you.

The Gibraltar Handbook 2010-11 is produced for you, to ensure it says up-to-date, accurate and relevant please let us know of any additions or changes you think will improve it.

Edited by Ian Barton, Community Support Team

Joint Support Unit, British Forces Gibraltar BFPO 52

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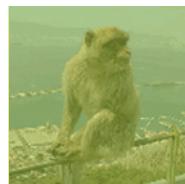
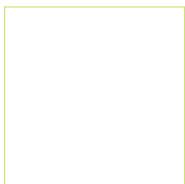
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Leisure & Pleasure



CURRICULUM CONCERN
EDUCATIONAL ALLOWANCES
ADMISSIONS TO SCHOOLS
SPECIAL EDUCATIONAL NEEDS

CEAS is here to help you!

Contact us on:
01980 61 8244 or
enquiries@ceas.detsa.co.uk



The Children's Education Advisory Service

Education, Relocation, Education!

Relocating can be a stressful time for any family and moving schools can be especially difficult for your children. The Children's Education Advisory Service (CEAS) are here to offer you help and support with the issues around education and relocation.

There are a number of issues you may need to think about before you move. It is advisable to start planning early to give more time to resolve problems. If your child is at a critical time in their education, i.e. GCSE, AS or A Level years, you may be able to retain your house in Service Families Accommodation. Contact your housing provider for further information about the support for retention of quarters that we may be able to offer.

Some Basic Steps to Follow:
Find out details of schools in the new location; contact the local HIVE, who produce education Fact Sheets and will have information on the local educational establishments.

Packs are available to help you support your child when moving from one school to another. Many schools and Local Authorities (LAs) now have their own website. If possible, arrange to visit

schools - inspection reports alone do not tell you whether the school will be suitable for your child. Apply as soon as possible for your preferred school - there are different systems for each area with some schools, such as foundation schools not under the admissions control of the LA. The LA will be able to advise you further.

Do remember that although the law in England allows you to state a preference it does not require the LA to allocate your preferred school. CEAS (contact details at the end of this article) is here to help you if you need information, guidance or support.

Admission Appeals

If it is not possible for the admissions authority to offer your child a school place, the written reply should always, briefly, set out the reasons for that refusal and offer you the right of appeal.

This form of reply is a legal requirement

If you are not satisfied with the school place offered, you may appeal. We can offer advice on the process, help in the wording of the appeal and may be able to attend the appeal with you or for you. However, before appealing, do look at

the school being offered as it may satisfy your requirements. If you have any worries about admissions, appeals or any other matter regarding the education of your children, please contact CEAS for information and advice.

Special Education Needs (SEN)

If your child has Special Educational Needs, you are advised to register with us. We can help you in trying to obtain the right provision for your child.

Boarding School

Some parents may wish to consider boarding school for their child to ensure continuity of education. A Continuity of Education Allowance (CEA) is available which can cover up to 90% of fees. There are special rules on this allowance - see our web site for boarding school information and ask your pay office to explain. We can also advise you. If you want to apply for this allowance you must contact us once you have ascertained your eligibility.

If you need further information or advice please look at our website www.ceas.mod.uk, send us an e-mail on enquiries@ceas.detsa.co.uk or contact our helpline on 01980 618244 or Mil 94 344 8244.

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Technical Service



• Fast, Reliable Support

Full Colour Services



Boarding in Edinburgh

Boarding at The Erskine Stewart's Advanced Higher choices. Our Melville Schools is a very special experience. First it can offer your son or daughter the opportunity of a first class education. We welcome junior boarders from age 10 who join our co-educational Junior School where the emphasis is on ensuring children enjoy learning and have fun tackling a range of extra-curricular opportunities.

Our senior school boys and girls are educated in a single sex environment tailored to meet different needs and help adolescents achieve their true potential. Our co-educational Sixth Form provides a practical, challenging preparation for further education. Boarders join us for this final year as we offer a huge range of Higher and

boarding houses are home to around 25 boys and 25 girls. The atmosphere is friendly and staff have time to take an interest in each individual.

We value all our boarders who gain in maturity and independence in their time with us. Staff develop a close relationship with parents and work with them to encourage the boys and girls to work hard and discover new talents. Whatever your reason for considering boarding, please get in touch to arrange a visit. The two houses are run by caring and enthusiastic staff, have excellent facilities but most of all, they are places where your son or daughter will feel safe, happy and valued.

Why not visit our website on
www.esms.edin.sch.uk to find out more
or Email: **admissions@esmgc.com**
or call **0131 311 1111**



Boarding in Edinburgh

Our Schools' boarding community is warm, friendly and offers exceptional value for money. A wide range of extra curricular activities complements a challenging academic programme and ensures there is something for everyone.

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Registered Charity No SC009747

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E: admissions@esmgc.com

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Children's Education Advisory Service

Children's Education Advisory Service

CURRICULUM CONCERN
EDUCATIONAL ALLOWANCES
ADMISSIONS TO SCHOOLS
SPECIAL EDUCATIONAL NEEDS

CEAS IS HERE TO HELP YOU!
Contact us on: 01980 61 8244
or
enquiries@ceas.detsa.co.uk

Who are we?

CEAS is an MOD service which exists to inform, guide and support parents in all HM Armed Services around any issue relating to the education of their children. We are a tri-Service organisation.

What do we do?

We tailor our services to meet the needs of individual Service families when it comes to the education of their children. Consequently, our Helpline offers support ranging from a listening ear, if that is all you need, through to access to support at meetings with you or for you at school, local authority or, in some cases, SEN and Disability Tribunal level. We have a wide range of information and support material to offer you about many educational issues. In summary, our services for Forces' families consist of advice, information and support relating to:

- Admissions to schools
- Special educational needs
- Exclusions from schools
- Boarding education
- Retention of quarter in some circumstances
- Managing the educational implications of Service mobility

Registering Your Child with the Children's Education Advisory Service (CEAS)

What is Registration?

If your child has special educational needs, CEAS is here to help and support you in trying to ensure that your child receives, and continues to receive, educational provision that is appropriate and adequate for those needs. To help us to help you, we offer you the opportunity to register your child with us if s/he is:

- At School Action Plus
- Is undergoing a statutory assessment
- Has a 'Note in lieu'
- Has a statement or equivalent (e.g. a Co-ordinated Support Plan in Scotland)
- Has a sensory impairment (if none of the above apply)
- Going to accompany you on an overseas assignment (N.B. Service regulation require you to register with CEAS any of your children with special educational needs BEFORE you accept confirmation of any overseas assignment. It may not be possible for some special educational needs to be met overseas.)

How do you register your child or seek further information about CEAS services?

Telephone the CEAS Helpline:
(+44) 01980 618244 / Mill (9)4344 8244
Email: enquiries@ceas.detsa.co.uk
Find CEAS on the web at: www.ceas.mod.uk
Write to: CEAS, Trenchard Lines, Upavon, Pewsey, Wiltshire, SN9 6BE, UK



Signposts

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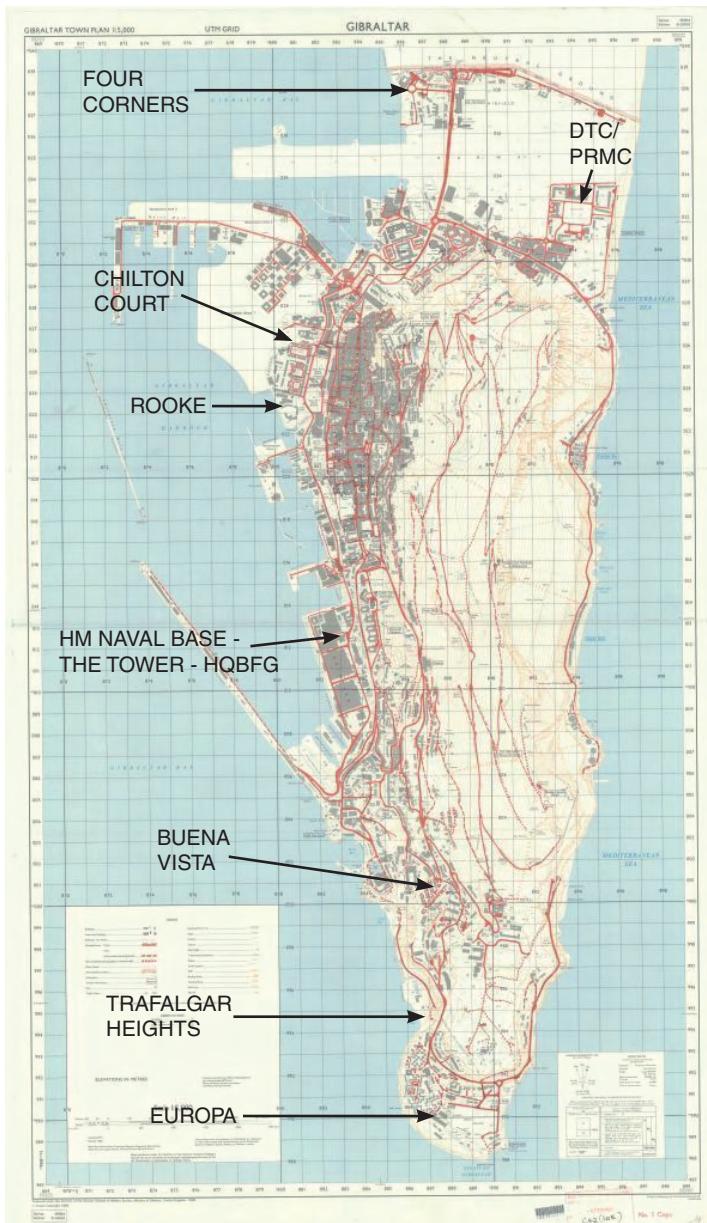
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Medical Services

Introduction

The aim of these notes is to familiarise you with the range of services provided in the PRMC.

Princess Royal Medical Centre (PRMC)

The PRMC is located in Devils Tower Camp next to the Physical Training and Recreation Centre. It is a modern and well equipped centre spread over two floors comprising a Primary/Secondary Care Facility and Dental Suite. There is easy access to both floors for disabled patients. The SSAFA Forces Help Health Visitor and School Nurse are also located in the building.



Entitlement to Treatment

The following groups of personnel are entitled to register with the PRMC for treatment.

- a. Regular and Reserve members of UK HM forces posted to Gibraltar.
- b. UK based MOD civilians appointed to Gibraltar.
- c. UK based SSAFA personnel appointed to Gibraltar.
- d. UK based Services Education Authority Teachers.
- e. UK based British Forces Broadcasting Services employees.
- f. UK based NAAFI employees. (Limitations apply).
- g. Uniformed and civilian NATO personnel serving in Gibraltar.
- h. UK based Foreign and Commonwealth Office employees. (Limitations apply).
- i. Members of UK armed forces or NATO forces on exercise in Gibraltar.
- j. Dependents of a - i (spouse, children up to the age of 19 or 25 if children are in full time education).

Please note that visitors holidaying in Gibraltar as guests of personnel are not entitled to treatment. Entitled personnel and their families will still require an European Health Insurance Card (EHIC) for travel into Europe. Private medical insurance is recommended for all travellers to avoid liability for medical charges.

Also note that any staff employed by entitled personnel i.e. Au Pair's, cleaners etc are not entitled to care at PRMC and alternative healthcare must be arranged.

If you have any doubt or queries reference entitlement then please contact the Practice Manager.

PRIMARY CARE SERVICES IN PRMC

Registration

On arrival in Gibraltar entitled personnel and their families are to register at the earliest opportunity, with the Primary Care Practice as soon as possible to avoid any delay in obtaining your previous medical records. When you register you should be offered an appointment with one of our practice nurses for a health screening check. This also allows discussion of any specific requirements that you may have and to identify any medication or other treatment that you may require.

Consultations

Consultations with practice doctors and nurses are by appointment only. Appointments are for 15 minutes, however if you feel you will need longer than that then please tell the reception staff. Please note that it is one patient per appointment. If you wish other family members to be seen please make an appointment for each. Also note that each 15 minute appointment is for one condition/injury. Please ask for a double appointment if you have two ailments.

If patients have urgent problems they can be booked in to see a doctor on the same day, but there is no guarantee which doctor this will be and you may have to wait to be seen.

Children

Whilst visiting the PRMC it is the parents' responsibility to supervise their children especially if they use the play area.

Other Services

Primary care offers the following services and clinics:

Sick parade for service personnel (no appointment necessary) - 0800 - 0900 hours.

Family planning and well woman clinics.

Routine medical examinations and health screening including driving/diving and audios.

New patient health checks.

Childhood immunisation (SSAFA Health Visitor and School Nurse).

Travel advice and immunisation.

Asthma clinic.

Smoking cessation.

Full antenatal and post natal care (SSAFA Midwife).

Child health surveillance (SSAFA Health Visitor).

Physiotherapy and rehabilitation. Please note that access to Physio is by referral from a GP only.

Pharmacy

All prescriptions are issued from the PRMC Pharmacy. If you are taking repeat prescribed Medications please let us know as soon as possible. Pharmacy can be contacted on Mil 5961. Civ 2005 5961

Opening Hours

	Winter hrs	Summer hrs
Mon - Thu	0800 - 1230	0800 - 1400
Wednesday afternoon	are emergency's only. 1330 - 1630	
Fri	0800 - 1230 1330 - 1400	0800 - 1400

PRMC Pharmacy is closed during evenings, weekends and public holidays.

Please call Mil 5400 if assistance is required.

Out of hours services

An emergency GP service is available in the PRMC for urgent cases that cannot wait for the next routine clinic. Please call ahead if possible as the emergency doctor will usually arrange to attend at set times. To contact the duty doctor call Reception in PRMC, who will forward a message. Reception can be contacted on Mil 5400 or 3255. Civ 20055400 or 20053255.

Who does what - a brief description of some of our services follows:

Practice Nurse

The role of the practice nurse is to provide a confidential and professional nursing service to the primary care practice population. This includes health screening of new arrivals, specific screening programmes, family planning and women's health advice, minor injury and illness clinics and specialist clinics in travel health and chronic disease. The practice nurse adheres to UK national screening programmes for cervical cytology and breast cancer.

Community Psychiatric Nurse

This service is an integral area of discreet practice within the Primary Health Care Team. The service aims to promote and maintain positive mental health. A visiting psychiatrist who holds a regular clinic at PRMC supports the service.

Health Visitor and School Nurse

The SSAFA Health Visitor provides a health promotion and education service, with special emphasis on the under 5s. She carries out child health and developmental checks and childhood immunizations according to UK national policy. The Health Visitor holds clinics in the PRMC and also visits at home. You can expect the Health Visitor to visit you at home after the birth of your baby and also when you arrive in Gibraltar if you have a child under 5.

Health Visitor/School Nurse (2005) 5243. PA to SSAFA (2005) 5455.

Occupational Health Services

The Occupational Health Nurse is responsible for providing an occupational health service to MOD sites and MOD employed civilians, whether or not they are entitled to register with the practice for medical services.

SOHNO (2005) 3044. Admin Officer (2005) 3204

DENTAL CARE SERVICES IN PRMC

Defence Dental Services (DDS)

The dental suite employs one Dental Officer, one Dental Hygienist plus support staff. The suite also supports regular visits from consultants in Restorative Dentistry, Oro-Maxillo Facial Surgery and Orthodontics. All entitled patients can expect to receive a full range of general dental care with referral to the specialist clinics where appropriate. Routine appointments can be arranged during normal working hours and out of hours emergency care is available by contacting PRMC/Dental Reception. Civilian patients and military dependants should note that charges are based on current UK NHS charges and the same exemptions apply. To make an appointment please call Mil 3406.

SECONDARY CARE SERVICES

Hospital Services

The Command undertakes to deliver secondary care in the most suitable location. Arrangements are reviewed regularly and the following paragraphs outline present arrangements. Currently many routine hospital services are provided within the PRMC, but where more specialised care is required referral and transfer to other centres can be arranged, usually in UK. Some treatments and investigations are available more locally. The majority of clinical staff are service personnel and the following services are available:

Minor Treatments Department

This is a 24hr facility, which also acts as a point of focus for urgent out of hours GP consultation. Emergency ambulance and full resuscitation facilities are available from the department. In an emergency telephone (2005) 3999. For an ambulance please ring 2222.

Trafalgar Ward

This is an eleven bedded facility with a separate room for children. It is permanently staffed by staff nurses and medical assistants, with access to specialist intensive care and paediatric nurses. Facilities are available for parents to stay with infants. There is also one intensive care/high dependency bed on the families ward. Visiting times are 1400 - 2000 daily, however alternative arrangements can be made by speaking to the nurse in charge.

Maternity Suite

At present there is a 24hr maternity service provided by SSAFA Forces Help midwives and supported by an Obstetrician, Paediatrician and Anaesthetist. Care is provided in the hospital or community as required. Other options for delivering this service are currently being considered.

Operating Theatre

One operating theatre provides routine and emergency surgery facilities supported by fully trained staff on 24hr call.



Radiology Department

Two Radiographers providing 24hr on call coverage for Emergency Cases. Routine x-rays are taken during the normal working day. The Department also has a limited Ultrasound capability and the ability to refer locally or to service providers in Spain.

Laboratory

Fully equipped laboratory providing a specific range of analytical procedures with 24hr on call technicians for emergency cases. There is an ability to refer more complex procedures to UK or to local facilities. A small stock of blood is also held.

Consultant Service

Secondary care is a consultant led service with a 24hr call out to attend PRMC to provide emergency support. Routine medical conditions should normally be referred to the primary care team but when out of hours, GP cases will be seen by the duty doctor/consultant at the minor treatment department. GPs also act as on call casualty officer out of normal working hours.

Outpatients Department

Consultants have outpatient clinics on a regular basis and specialist clinics are supported by visiting consultants from UK.

Travel To or Through Other Countries Medical Insurance

You are strongly advised to obtain private medical insurance cover in addition to your EHIC for trips into Spain, Portugal, France and North Africa. You are also encouraged to advise visiting families and friends not on official duty (non entitled personnel) to be in possession of an EHIC and personal medical insurance.

POLICE

Gibraltar is a small friendly location, but nevertheless crime does occur, albeit to a lesser extent than in the UK. Personnel should still take the usual precautions to protect their property from theft and to protect themselves when socialising late in the evening, by calling a taxi home or staying in a group.

In an EMERGENCY to summon one or all of the emergency services Police, Fire Brigade or Ambulance phone:

Military Line 2222

Civilian Line 199

THE JOINT PROVOST AND SECURITY UNIT (JPSU)

The Joint Provost and Security Unit is a tri-service Unit. The Unit is manned by personnel from the Royal Military Police, Intelligence Corps, RAF Police and RN Police and is commanded by OC JPSU, a Sqn Ldr of the RAF Police.

The Provost Section

The Provost Section comprises a Special Investigation Branch comprising personnel trained to deal with any serious crime involving Service personnel, their dependants and UK Based Civilians (UKBC's) subject to military law. It also has a General Police Duties Section, whose personnel are responsible for policing the military community within Gibraltar. In addition to investigating criminal offences committed within the garrison the section can also provide advice on Crime Reduction, Equal Opportunities, Neighbourhood Watch, Customs limitations and liabilities, Road Safety and Victim Support. A property marking scheme is also available to assist in the protection of your valuables. It is stressed that the Provost Section is the point of contact for all policing matters regardless of your particular Service. The Military Police Station is located in the building next to the Library at Rooke and there is a community police office on Europa FQ estate. Contact Numbers for JPSU Provost Section are:

Military Police Station - 5760 or Civil - 20055760 (during office hours) or out of hours on mobile - 54762000

WOIC Policing/Sgt SI Military - 5574/5024 or civil 20055574/20055024 (during office hours.) Out of hours via the Military Police Station - 54762000

The Security Section

The Security Section comprises specialist security staff who carry out a number of security related tasks on behalf of HQBF Gibraltar. They are predominately involved in providing security advice and assistance to Units. The CI section is supported by the RAF Police Dog and AES teams who provide security and police support to the greater community. Part of the Security Section is made up of the vetting staff and the Pass Office. The Pass Office issues relevant passes to personnel and dependants requiring them; this includes passes for visitors to families serving in Gibraltar in order to ensure they can access married quarters. All queries regarding vetting or passes and permits should be directed to the vetting staff and the Pass Office during working hours. It should be noted that the following opening timings apply to the Pass Office:

Winter Hours: Mon thro Thurs 0900 - 1300 hrs, 1400-1600hrs; Fri 1000-1130hrs.

Summer Hours: Mon thro Thurs 0900 - 1300 hrs; Fri 1000-1130hrs.

Contact Numbers for JPSU Security Section are:

WOIC, Mil 5428 or Civ 20055428 (during office hours) out of hours via the GDP Control Room on Mil 5026 or Civ 20055026 (JPSU Duty Operator)

Contact Numbers for JPSU vetting staff are:

Mil 5814 or Civ 20055814 (office hours only)

Contact Numbers for JPSU Pass Office are:

Mil 5786 or Civ 20055786 (office hours only)

GIBRALTAR DEFENCE POLICE

The Gibraltar Defence Police, made up of locally recruited personnel; work directly for the MOD and perform a similar role to the Ministry of Defence Police (MDP) in the United Kingdom. They wear black trousers, white shirts, and caps with green and white dicing. Whilst similar to the MDP they operate under 'Judges Rules' as opposed to the Police and Criminal Evidence Act, they have powers of arrest and investigative abilities on the MOD estate, including Admiralty Waters. Based in Rooke, GDP have a standard patrol function, as well as an investigative one, and a marine section for protection of Admiralty Waters and vessels within them. Also under the umbrella of the GDP fall the Guard Service, who wear a similar uniform to that of the GDP with security insignia. These personnel are responsible for the security of entry points to a number of military establishments. Contact (2005) 5026



ROYAL GIBRALTAR POLICE

The RGP are the locally recruited civilian police Force which is the second oldest Police Force in the world after the Metropolitan Police, whose uniform theirs resembles. Their headquarters is at New Mole House, opposite the entrance to South Mole, while they have the Central Police Station at the southern end of Irish Town. They have the usual functions of a civilian police force (patrol, traffic, investigative, tactical firearms/special branch) as well as a marine section based out of Coaling Island. Unlike the UK, the Police and Criminal Evidence Act does not apply, but rather "Judge's Rules." Contact Tel 20072500

POLICE IN SPAIN

There are a variety of Spanish Police forces, but all policemen should be treated with respect. When visiting Spain, if for whatever reason you are detained by the Spanish Police, identify yourself as part of the MOD community and ask to be allowed to speak with the GIBRALTAR DEFENCE POLICE (GDP). The GDP will be able to assist in translation and advise on the next course of action.

From Spain the number for the GDP is 00350-20055026.

FIRE

The Defence Fire & Rescue Service and Local Authority Fire Service provide 24hr fire cover to all areas of the MOD estate in Gibraltar. These fire services operate in exactly the same way as they do in the UK and they can be contacted in an emergency by phoning the following extension numbers:-

Military line 2222

Civilian line 190

Emergency calls are directed to an emergency control-room where the Controller will require the following information:

Name of caller.

Address of fire and the exact location within the building/site (ie Room 316, top floor Bldg 69, HMNB).

Details about possible injured or missing persons.

Details about the severity of the fire, amount of smoke etc.

Advice on all fire safety matters can be obtained from either the Command Fire Officer, (who can be contacted on extension 5072) or the Station Fire Officer and his staff on extensions 3362 or 3469.

BFBS

BFBS is the broadcasting division of SSVC - www.bfbs.com



BFBS Radio & BFBS Radio 2

We have two channels, which both operate 24hrs per day. BFBS Radio provides more than 50 hours per week of local programmes; our Gibraltar service is augmented by programming from BFBS UK.

We also carry a comprehensive UK news service, on the hour, every hour. BFBS Radio 2 broadcasts programmes and news from the UK.

The UK relay is via satellite, which also covers Germany, Cyprus, the Falkland Islands, Belize, Brunei, Northern Ireland, Canada, Iraq, Kuwait and Afghanistan.



BFBS Radio is on DAB Digital in the UK, on FM across the Forces world, on Sky Guide 0211, Freesat 786 and online at www.bfbs.com

BFBS Gibraltar is based at the Rook site and personal callers are welcome, during working hours.

Office Tel: 2005 5389

Fax: 2005 5528

Studio phone in: 2005 3201 or: 2005 3202

Web: www.bfbs.com/gibraltar

Email: gib@bfbs.com

BFBS Radio

This is the 'pop' channel with an hourly news service from the UK. A series of 'sequence' shows throughout the day feature a mix of Forces-friendly music from the 60s to the present day, phone-ins, competitions and local information. Local frequencies are: 93.5 FM (for the airport area, DTC & 4 Corners), and 97.8FM (this transmitter serves all areas except the above, including Spain).

BFBS Radio 2

This is the alternative channel, which carries a mixture of BBC Radio 4 & 5 Live as well as BFBS UK's own produced material. Local frequencies are: 89.4 FM (for the airport area, DTC & 4 Corners), 99.5 FM (this transmitter serves all areas except the above, including Spain).

BFBS TV

BFBS Television is available via cable in all married quarters and single living accommodation and screens a mix from the 5 main UK terrestrial channels and Sky.

The service comes from BFBS HQ at Chalfont St.Giles Buckinghamshire. Our TV service is available across the rest of the Forces world and increasingly, on HM ships at sea. BFBS programme schedules are distributed throughout British Forces Gibraltar on a weekly basis and

are also available from the www.bfbs.com website, bfgib.co.uk and on Giblan. If you need to report any faults to your television reception, please look at the info brief on TV Channel 17 or contact the 24-hour service desk on 2005 3300.

PERSONNEL MATTERS - MILITARY

You should report to the Joint Admin Office as soon as possible after your arrival in Gibraltar.

Getting to Gibraltar

If you intend to fly to Gibraltar you should contact your current Admin Office to arrange flights (for RN personnel, your flights will be booked by the Overseas Support Office at HMS Nelson after contact has been made by you).

You should note that your family will not be called forward to travel to Gibraltar until you have been allocated Service Families Accommodation; therefore it is essential that your Application to Occupy Service Families Accommodation (MOD Form 1132) is forwarded to the Families Housing Section, Joint Support Unit, Rooke, BFPO 52 as soon as possible. If you are booked onto a flight that leaves UK early in the morning then you are entitled to hotel accommodation the night before travelling. Contact your UPO/Admin Office to book your hotel.

If you intend driving to Gibraltar you are entitled to claim Personal Arranged Passage (PAP) for yourself and eligible family members. All receipts for the official journey should be kept as they will be needed for re-imbursement via JPA. It is imperative that you contact your UPO/Admin Office for approval PRIOR to commencement of the journey. JSP 752 Chapter 4, Section 10 refers. A PAP is a duty journey and your vehicle must therefore be insured for business use. If it is your intention to drive your own car and export it into Gibraltar you will need to be covered by a MOD Car Bond. On arrival you should contact the JAOWO in the JAO, to obtain a full brief on the requirements.

Pay and Allowances

Details of current local overseas allowances together with entitlements to disturbance allowance, removal expenses and storage rebates, legal expenses for selling your current property, obtaining a housing re-entry certificate and other allowances you may be eligible for should be obtained from your present Unit Personnel Office/Admin Office. This is very important to you. All relevant paperwork should be completed prior to arrival in Gibraltar. Current LOA rates are obtainable at MOD Site www.ipublish.dii.r.mil.uk/nlapps/docs/defaultasp?id=7924.

Get You Home (Overseas)

During assignments to Gibraltar members of the UK Armed Forces and their family are eligible for the Get You Home (Overseas) package as appropriate. The allowance can be used to travel back to the UK with one's family at public expense. The entitlement is one journey per assignment year. Further details are available either from your current Admin Office or on arrival the Joint Admin Office.

RN/Army/RAF Dress

RN - A full set of Tropical Uniform should be obtained prior to arrival.

Army - Warm Weather Barrack Dress (No 7 Dress) is normally worn from May to October with CS 95 normally worn during the cooler months. Officers and WO1s should request No 4 Dress (Warm Weather Service Dress) from the Garrison Clothing Stores at Aldershot Tel Mil 3711; WO2s and below should obtain No 6 Dress (Warm Weather Ceremonial) on arrival. No 11 Dress (Warm Weather Mess Dress) is also required by Officers, Warrant Officers and SNCOs. A warm weather dress allowance is payable to officers who are posted from the UK for the first time to a qualifying overseas station; this should be claimed through the Joint Admin Office.

RAF - Blue uniform is worn during the cool season, October until mid May, the remainder of the year Warm Weather Clothing (KD) is worn. Bush Jackets, trousers and black shoes are worn on ceremonial occasions and at official functions. Officers must be in possession of No 6 Dress uniform and Tropical Mess Kit.

Emergency and Compassionate Problems

For emergencies that arise at home, relatives and Next-of-Kins/Emergency Contacts should be made aware of the appropriate telephone numbers for assistance. You MUST acquire JPA P001 (Compassionate Travel from Overseas) card from your present unit and ensure that your relatives are given this card prior to departure. Encourage them to retain the card next to a telephone, as in the event of an emergency, they will be able to contact the Joint Casualty and Compassionate Centre (JCCC) at RAF Innsworth, who will ensure that any crisis is appropriately dealt with. Contacting any other organization can lead to delay. In the unlikely event that Card JPA P001 is not available, relatives should be advised to contact the JCCC on +44 (0)1452 519951.

FINANCE

The currency in Gibraltar is based on the £ Sterling. Gibraltar Government bank notes and coins are used. Sterling is completely interchangeable with them, but Gibraltar notes and coins are not legal tender in UK (although they can be exchanged in any Bank). Spain recognizes Gibraltar currency but at a vastly reduced rate, therefore when exchanging money in Spain it is advisable to use UK currency. There are numerous currency exchange kiosks in Gibraltar and they do not differentiate in their exchange rates between local and UK currency.

The following Banks are represented in Gibraltar:

Nat West

JYSKE

Royal Bank of Scotland

Barclays

Hambros

It is recommended that you retain your current bank account(s) until you have been in Gibraltar for a while and have been able to judge whether you require to open a local bank account.

Some local banks require a minimum balance or charges are incurred.

Cheque cashing facilities are offered through the Cashier in the Joint Admin Office (JAO) for your first 8 weeks only. During this period you may cash cheques up to the amount of your net monthly salary in any one month and there is no charge. On completion of this 8 week period you will be required to make alternative arrangements to obtain cash. The local Morrisons supermarket offers a cash back system when you use a Debit Card (Switch/Delta etc).

Building Societies - The Newcastle Building Society and Leeds Building Society offer competitive rates of interest on Savings Accounts but again it is advisable to shop around. The Norwich and Peterborough are also represented in Gibraltar.

Cash Points - There are various Automated Teller Machines (Cash Points) offering Visa/Mastercard/Cirrus etc. Be aware that some charge an administration fee.

Credit Cards/UK Cheques - Most of the shops accept credit cards, but the use of cash on certain items may offer you a better deal/return. Many shops/businesses will also accept UK cheques when you have a Gibraltar address.

BRITISH FORCES POST OFFICE

BFPO Counter Service

For your convenience there are two BFPO counters. One is situated within Devils Tower Camp and the second within the ROOKE complex. The opening times are as follows:

Winter Hours

Mon-Tues	0830-1530hrs
Wed	0830-1400hrs
Thu	0830-1530hrs
Fri	0830-1400hrs

DTC Lunch	1200-1230hrs
Rooke Lunch	1230-1300hrs
Summer Hours	
Mon - Fri	0830-1230hrs

Services available

The BFPO offers a similar service that you would expect at any Post Office in the UK. The sale of Postage Stamps, Postal Orders, Savings Stamps and Stationery such as envelopes, boxes (of various sizes), brown paper and Cellotape. These are just a few of the services available. You may also use your Alliance and Leicester Account should you have one. The BFPO can also cash certain UK bank cheques. The charge for which is currently £2.50. Unfortunately, we do not cash Child Benefit payments and you are advised to contact your pay office for further information regarding Child Benefit & DHSS Payments etc. To ensure that your mail reaches you with the minimum delay, you are strongly advised to have your mail sent to your correct military address. Below is an example of the correct address to use (ships of the Gibraltar Squadron have their own BFPO numbers, everyone else uses BFPO 52):

Correct Address

Number Rank Name
Unit/Department
BFPO 52

There is no requirement to write Gibraltar within the address, doing so will almost certainly cause a delay to your mail.

Having your mail addressed to your married quarter is discouraged as in certain cases the civilian Gibraltar Post Office will not deliver to your door. This will cause a delay to its delivery. In such cases, the item is delivered to the BFPO for delivery to your unit address. Having your mail addressed to your Mess/Ward Room is also discouraged.

More and more people are shopping on line and certain companies do not recognise the BFPO address. In this instance customers are to contact the BFPO for further information. Incorrect addressing of your mail will invariably lead to delay.

For more information on correct addressing please contact the BFPO.

Import duty on parcels/packets

You are advised that Gibraltar Customs charge import duty on items being delivered through the post. The current charges are as follows:

Clothing/Fabrics - 6 per cent of the total value

Footwear - 6 per cent of the total value

Miscellaneous items - 12 per cent of the total value

You will be informed by internal mail if you have an item that requires duty payable and from where to collect it. As you would appreciate, this is a very complex subject, so to prevent confusion, please contact the BFPO at DTC should you require further information.

Loss/damage/delay

Should you be unfortunate to experience Loss, Damage or Delay to your mail please contact the BFPO at DTC where you will be advised on the correct course of action to take. If damage has occurred please retain all the wrapping and packaging as this will assist in your claim. It should be emphasised that the decision for compensation with regard to irregularities to your mail lies fully with the Customer Services Centre, HQ BFPO.

COMMUNITY SUPPORT

The Community Support Team is located on the first floor of block 762 Rooke Site. The team provides a range of specialised functions and services aimed at enhancing the wellbeing of all MOD personnel.

Brief details of some of the services follow:

Joint Social Work Service

The JSWS is provided by SSAFA Forces Help and The Naval Personal Families Service. Two fully trained and highly professional social workers provide a comprehensive and confidential social work service for single and married personnel and their families. This includes individual counselling, couple work, special needs and assistance with a range of family problems. The social workers also provide a statutory safeguarding service in line with that available through local authority social services in the UK. This includes assessments of children in need, child protection investigations, fostering services for emergencies and respite care (including assessing prospective foster carers) and some adoption work e.g. provision of reports for UK agencies. The social workers liaise closely with SSAFA Forces Help/NPFS and other colleagues in the UK and overseas. They also call on the assistance of the SSAFA Volunteer Service, which has voluntary caseworkers throughout the UK and the Republic of Ireland. These caseworkers can be used in a number of ways e.g. if you are worried about relatives at home, or they are worried about you, contact can be made quickly.

The SSAFA Forces Help Senior Social Work Practitioner is responsible for the Inspection and Registration of Day Care Provision and Childminding within the command. The aim of registration is to ensure children are safe and well cared for in whatever type of provision they attend.

Providers and provision are registered in line with the National Standards in the UK.

If you have been a childminder, foster carer or volunteer previously or are interested in finding out more about these services, please make contact on

- (2005)5136 - SSWP1 (NPFS)
- (2005)5954 - SSWP2 (SSAFA)
- (2005)5481 - JSWS PA
- (2005)5422 - Fax

If you wish to speak confidentially with a social worker on any matter contact JSWS PA who will then arrange for a social worker to call you.

Youth and Community Services

Currently the MOD community in Gibraltar are provided with comprehensive community and youth services. There is a full-time (professionally qualified) Community Development Worker (CDW) embedded within the CST who can be contacted on Ext 5756. The Community Development Worker provides a wide range of services and relies heavily on volunteer helpers. If you wish to volunteer please contact the CDW on the number above. Details concerning the Youth Club and Community Centres are to be found in PART 3 of this guide.

Early Years

Details regarding Parent and Toddler groups and The Little Learners Nursery are to be found in PART 3 of this guide.

OCCUPATIONAL WELFARE SERVICE (OWS)

The OWS is part of the People, Pay and Pensions Agency (PPPA) and is available to all UKBC and LEC staff. It gives independent and impartial advice and assistance to staff and management on a variety of issues including; Death in Service, Harassment and Bullying, Illness, Injury, Medical Retirement, Bereavement, Relationships and Addiction and many other topics. The Welfare Advisor must be informed if an employee; Is admitted to hospital, has an accident at

work or out-of-hours, is seriously ill, is sick and lives alone, is out sick with stress or depression, is absent without leave, is sick for 3 weeks or more.

There will also be some occasions when the services of a Welfare Advisor must be offered to staff, for example, under discipline and restoring efficiency procedures. Line management has primary responsibility for welfare at work. If the line management cannot help, or it is inappropriate to involve him/her then there is the right to contact the OWS directly. If required, an interview with a Welfare Advisor of a specific gender can be requested. Meetings with the Welfare Advisors are normally held during official time, but other arrangements can be made. If so, the line manager must be informed of the meeting. However there is no need to explain the reason why. Attendance at the meeting is regarded as official duty. In situations where an individual needs either straightforward discussion of practical remedies or factual information to tackle their particular issue then the OWS can also provide this information. The OWS has a wide range of contacts, both local and national, with organisations that can provide help and support with a variety of issues including debt and financial problems, domestic matters and healthcare. The Welfare Advisor can be contacted on (2005) 5366 or mobile 58009119. If contact through either of these numbers fail then the Command Duty Officer should be contacted on - mobile 58383000.

CHAPLAINCY

The Military Chaplaincy in Gibraltar is here to assist and support you and your family if with you, during your assignment on the Rock. The Chaplaincy Centre is situated in the historic King's Chapel on Main Street, immediately adjacent to The Convent and opposite the Angry Friar Pub. Contact No: 5414 or 2005-5414

The Chaplaincy Team comprises a Chaplain (CofE) from the Royal Navy, who is also the Command Chaplain and two local clergy a Roman Catholic priest and a Free Church minister. The final member of the team is the Chaplaincy Secretary, who is available during normal working hours to take messages and provide contact details for the Chaplains. The team is also able, if required, to contact the leaders of the other world faiths in Gibraltar.

The Chaplaincy Team is here to assist and support you and your family spiritually, pastorally and in any other way we can. We offer 100% confidentiality in all matters as well as friendship and advice, plus the whole range of Chaplaincy services; Marriage, Baptisms, Confirmation, counselling, etc.

Church Services - King's Chapel

(Church of the Military Community in Gibraltar)

Sundays 1030 - Family Communion Service plus 'Adventurers' (Sunday school) and Crèche, followed by tea, coffee and a chat.

Wednesdays 1215 - CofE Midweek Communion

Saturdays 1745 - RC Mass

Please contact the Chaplaincy Secretary for details of other Services in the King's Chapel and those of other denominations. There is also a small chapel available for quiet, prayer and reflection at the Medical Centre in DTC.

If you need to contact a Chaplain out of hours or in an EMERGENCY please ring 5315 or 2005-5315 and you will be transferred to the Duty Chaplain or contact the Command Duty Officer who will page the Duty Chaplain for you.

Visitors are always welcome at the chaplaincy centre, just pop in for a cup of coffee when passing. For further details on any matter related to Chaplaincy, please phone us on 5414 or 2005-5414 or email us at chaplaincy@gibtelecom.net.

We look forward to meeting you and your family if they are accompanying you.

SINGLE LIVING ACCOMMODATION AND POLICY

Individual Mess contact numbers for all other Mess related enquiry's are;

Officers Mess. Located at Rooke site. The Mess manager can be contacted on:

Civ: 00350 20055772 or 20055771

Sergeants Mess. Located at Devils Tower Camp. The Mess manager can be contacted on:

Civ: 00350 20053621 or 20053654

Other Ranks. Located Devils Tower Camp. The Junior Ranks accommodation SNCO can be contacted on:

Civ: 00350 20053601

Messes should not be directly contacted for booking accommodation; only the central booking office staff can allocate rooms.

LIVING OUT POLICY

CBF has directed that, for clear military and diplomatic reasons, all Service and UKBC personnel on the strength of BF Gibraltar are not to live out in Spain. They must reside in Service Families or Single Accommodation as befits their status and entitlement. Alternatively, they may seek permission to live out in Gibraltar.

This directive not to live out in Spain also applies to members of RG permanent Cadre and Territorial Army.

It is not the intention to deny personnel the opportunity to visit Spain and personnel are clearly not debarred from seeking to rent or purchase property in Spain for recreational purposes.

UKBC

Arrival

If you travel by air you will be met at the airport by your Sponsor, or by a member of your Department who will escort you to your families accommodation. If this is not available the sponsor will take you and your family to pre-booked hotel accommodation. Normally your stay at the hotel will be for one or two nights. Your hotel bill must be settled on the morning of departure. Keep the receipt to support your claims. If arriving by Privately Arranged Journey you may find yourself in a queue of cars entering Gibraltar. There are no tolls/fees to enter Gibraltar. Customs will normally allow a few days grace for settling car import matters.

Car Importation into Gibraltar UKBCs

A duty will be payable on all cars imported into Gibraltar by non-service personnel. The amount payable will be calculated by a Customs Officer usually during the first week of your appointment. Normally the full amount can be re-claimed, however, there is a ceiling imposed and staff should consult current regulations for the latest details.

Single and Married Unaccompanied

Accommodation will normally be available in Service messes, in single flats or by sharing Married Quarters (MQs). In the unlikely event of accommodation not being available, a short stay in a hotel may be necessary. An application for accommodation will be made on your behalf.

Married Accompanied

An application for official Married Quarters will be made on your behalf, by your Line Manager, to the Families Housing Manager, Gibraltar. The Families Housing Department then allocates a quarter. Should there be a shortage of accommodation appropriate to your grade or family composition, you may be allocated temporary accommodation until one is available.

Trade Union

Full trade union facilities are available. Names of representatives can be obtained from Civilian Personnel Management, HQBF, Gibraltar.

Instructions to relatives in UK

BEFORE you leave the UK, ensure that your relatives know the correct procedure for reporting to MOD any personal crises that may develop at home. They should be given the address and telephone number of your management authority in UK responsible for your posting abroad and advised that, in the event of compassionate circumstances arising which appear to call for you, or your spouse's presence at home they should contact that address or telephone number direct. If the circumstances arise out of normal duty hours i.e. from 1400 hrs on Friday to 0800 hrs on Monday and from 1800hrs to 0900hrs on other days, relatives and friends should telephone the MOD and ask to be connected to the Resident Civilian Officer. This authority will liaise with headquarters, regional or local welfare officers, as necessary. The person making the application should be advised to give his or her full name, address and telephone number and as much information as possible, including the name and grade of the member of staff to be contacted and the area abroad or vessel in which he/she is serving. In cases of very serious illness the following details will be required:

- a. The name and address of the sick relative and the relationship to the member of staff.*
- b. The nature and gravity of the illness and life expectancy.*
- c. The name, address and telephone number of the doctor attending the patient, or where appropriate, the address and telephone number of the hospital in which the patient is receiving treatment.*
- d. Details of relatives available to lend assistance.*

It can save much valuable time in emergencies if MOD is contacted direct rather than attempts be made to contact you in Gibraltar. The MOD will make further enquiries from doctors, hospitals etc and signal precise information to Gibraltar with a recommendation for you or your spouse's return to the UK if that is necessary

CHILDRENS EDUCATION AND DEVELOPMENT

St Christopher's School

Year 1 to Year 7 (inclusive) education is delivered at St. Christopher's First/Middle Primary School. As children tend to be in Gibraltar for a fixed period of years, it is important that the education they receive here is compatible with that received before and after their stay. Consequently, St Christopher's mirrors the best of UK practice, providing four key stages: Foundation 1&2 (3 & 4 year olds), Key Stage 1 (5-7 year olds), Key Stage 2 (7-11 year olds) and Key Stage 3 (Year 7 only - 12 year olds), which includes; the full delivery of the National Curriculum incorporating end of key stage assessments (SAT's), full reporting procedures to parents and Ofsted inspections. Therefore children attending St. Christopher's gain an education which compares favourably with that offered by a similar type of school in the UK. Parents joining Gibraltar with children in Year 7 should be aware that their child will be enrolled in St Christopher's, Secondary Education in Gibraltar begins in Year 8. All teaching staff are fully qualified and UK trained. The school encourages the participation of parents through an active PTA and a voluntary helper scheme. St Christopher's is non-denominational and children may attend religious instruction periods given regularly by visiting clergymen of various denominations. Furthermore, our Service children are entitled to a range of ancillary services such as routine medical and dental inspections. Please note that there is no provision for school meals; children bring their own packed lunch. The transfer of primary education services to Government of Gibraltar schools is currently under active investigation. Parents of children who are due to attend St Christopher's school are advised to contact the Headteacher as far in advance of their posting to Gibraltar as possible.

The contact details are as follows:

Headteacher

St Christopher's School, BFPO 52

Tel 00350 20055030

Website: www.stchristophersschool.com

Email: office.stchristophers@scschools.com

Secondary Education

Those due to attend secondary education in Gibraltar must register at the Joint Education Library Information Centre on arrival who will provide all the necessary paper work. They can be contacted on 00350 20055403. Curriculum enquiries should be raised directly with the schools using the contact details below:

Westside/Bayside

The age of transition from primary to secondary education in Gibraltar is age 12, ie starting in year 8. As a result, Service Children in that age group will spend their Year 7 in St. Christopher's SCE Primary School. Unlike foundation and primary provision, secondary school education for Service Children is not administered by SCE and children move into the local Government of Gibraltar education system.

Comprehensive schools in Gibraltar are single sex, Westside (girls) and Bayside (boys), and each has a roll of approximately 900 pupils, with typically 20 to 25 children from Service and UKBC Families in each school. While the Comprehensives in Gibraltar are not subject to full OFSTED inspections and do not operate SAT testing, they do deliver a curriculum broadly similar to the English National Curriculum and so attending them should not disadvantage pupils. No judgement has been made by SCE regarding the quality of teaching at the two Comprehensives as no lessons have been observed. Such formal inspections would not happen until invited to do so by the Government of Gibraltar. At the end of Key Stage 3 in Bayside and Westside (Year 9, about 14 years of age) pupils are assessed by teachers and are given a 'level' of attainment. In England, there would be compulsory external tests as well in English, Mathematics and Science. In Key Stage 4 and 5, both Gibraltarian Comprehensives offer GCSE and A Level courses and follow subject syllabi which are broadly comparable to those of the English National Curriculum, using English Examining Boards e.g. OCR, Edexcel, etc. However parents should be aware that there is not the same variety of GCSE subjects as may be found in some UK schools and that some syllabi may differ e.g. the geography syllabus in local schools concentrates on the Mediterranean.

An important point to also note is that schools in different Local Education Authorities in the UK, and likewise in Gibraltar, will use different examining boards for the same subjects. For example, a school in Hampshire may use Edexcel for a subject whereas a school in Yorkshire or Gibraltar may use OCR. There are difficulties in moving education authorities within the UK as well as overseas. Consequently parents of children who are in the process of choosing their options or who are already embarked on their GCSE syllabi may wish to consider the possible impact of a move to Gibraltar during this critical period of their child's education. Likewise if there is a possibility that you and your family will leave Gibraltar before completing GCSE examinations then the impact on the child's education must be carefully considered. Parents of prospective pupils should seek detailed advice about continuity of education offered for both GCSE and A Level with the relevant school.

Contact details are as follows:

Headteacher

Westside Secondary School (Girls)

Queensway

Gibraltar
Tel 00350 20074300
Email: wesadmin@gibnet.gi
Website: www.gibnet.gi/~westside

Headteacher
Bayside Secondary School (Boys)
Bayside Road
Gibraltar
Tel 00350 20074525/20074500
Email: baysidehead@gibtelecom.net
Website - non at present

Parents should also consider that the school their child left to come to Gibraltar may not have a place available on their return. Personnel returning to the UK with their families and who are experiencing problems with school admissions can seek advice from CEAS UK at Upavon in Wiltshire.

Contact details for CEAS UK are as follows:

Children's Education Advisory Service
Trenchard Lines
UPAVON
Pewsey
Wiltshire SN9 6BE
Tel 01980 618244 (Upavon military Ext. 8244)
Fax 01980 618245
Email: enquires@ceas.detsa.co.uk

Further Education

Gibraltar has a small college of further education, which offers GCSE revision and examination, A levels and courses specialising in computing, business studies, accounting and management. Details may be obtained from the Principal on 00350 20071048/20079139
Email: enquires@gcfe.edu.gi
Website: www.gcfe.edu.gi

Boarding Schools

Some parents may wish to consider sending their children to boarding schools in the UK to avoid any possible disruption to schooling, particularly if they are due to move near or during a child's GCSE period of study. Information on UK boarding schools and on Further/Higher education in the UK is available in BF Gibraltar from the JELIC in Rookes. Please contact the JELIC Manager on (2005)5160 or (2005)5806. However, parents should consider the boarding option before a move and advice can be sought from CEAS, contact details as above. A copy of 'The Service Parents' Guide to Boarding Schools' can be ordered by ringing 01223 499880.
Website: www.serviceschools.com

Children requiring Special Educational Needs (SENS) support

There is very limited provision for children with Special Educational Needs in Gibraltar. Subsequently, the Command cannot support the postings of parents with children who have higher levels of need. Parents must write to Children's Education Advisory Service (CEAS) before their child comes to Gibraltar (contact details are given below) informing them of the child's needs. A copy of this letter is to be sent to Command Secretariat (for UK based Civil

Servants) and to SO2J1ETS (for military personnel). CEAS will then make an assessment based on the child's needs to determine if Gibraltar schools have adequate provision for their needs. Failure to inform CEAS of SEN support requirements well ahead of taking up a posting to Gibraltar will generate significant risk of immediate repatriation to UK. Contact details for correspondence are as follows:

Children's Education Advisory Service (CEAS)

Trenchard Lines

UPAVON

Pewsey

Wiltshire SN9 6BE

Tel 01980 618244

Email: enquires@ceas.detsa.co.uk

Copy correspondence to:

Deputy Command Secretariat (for UK based Civil Servants)

HQ British Forces Gibraltar

HM Naval Base

BFPO 52

Tel 00350 (2005)3711

SO2J1(ETS) (for military personnel)

Room 14, Building 760

Rooke

Queensway

BFPO 52

Tel 00350 (2005) 5153

CUSTOMS

Importation of Personal Effects

Provided that the goods that you send to Gibraltar have been used and owned by you outside of Gibraltar you will not be expected to pay import duty. The following advice is offered:

Goods in original packaging that have not obviously been used may attract import duty.

All items, which appear new and might therefore attract duty, should be supported by full purchase documentation to prove their age/usage.

Personnel who are in any doubt about the application of import duty should contact either their local Customs Office in the UK or:

The Customs Entry Processing Unit

British Lines Road

GIBRALTAR

Tel: 00350 20046722/3/4

Duty free cars

The following notes are meant as a guide and do not confer any right, which the law does not allow.

Bringing a UK Vehicle to Gibraltar

You should be aware that, if you intend to bring a new car to Gibraltar, minor accidents are much more commonplace than in the UK. Additionally, it is advised the car will need to be under-sealed, as the rust rate is high due to atmospheric conditions and the fact that the roads can be washed down with salt water. Therefore, an older car in reasonable condition may be worth considering bringing to Gibraltar. It is worthwhile attending to any rust, damage or repairs before coming. Any vehicle you import, regardless of age, will be subject to a roadworthiness test.

NOTE: Special permission must be obtained before you leave UK to import caravans, mini-buses, vans or any vehicle that can be used for living in, even if only required for holidays off the Rock.

Importation of Vehicles by Uniformed Members of HM Forces

There are 'regulations and minimal concessions' for the import of cars, motorcycles and caravans. These regulations are complex and subject to alteration. If you intend to bring a car to Gibraltar you are advised to contact, your local customs office in UK or the Gibraltar Customs Department, Custom House, Waterport, Gibraltar.

Currently the rules on importation of cars state that any person shipping or driving a motor vehicle into Gibraltar should pay import duty on that vehicle. The MOD enjoys a concession, which allows us to meet the duty due by means of a bond that is redeemable if the car is re exported. (in the case of military personnel the bond payment will be made by the MOD on their behalf. The necessary paperwork being issued by the JAO). Personnel wishing to gain exemption from duty must satisfy the Collector of Customs that:

He/she is an uniformed, UK based member of HM Forces or the spouse of such a member. That at the date of such person's first arrival in Gibraltar, the vehicle has been his/her property for a period of not less than six months, or three months if the vehicle has been driven for at least 2,500 miles whilst in the ownership of the importer. If your vehicle is outside of these parameters (ie. newer than six months or three months with 2500 miles on the clock) you will not qualify for the concession and will be required to pay import duty in full on the vehicle.

That neither the importer or his or her spouse owns any other motor vehicle which has been imported under the provisions of these regulations and on which duty has not been paid ie, you are entitled to import only one vehicle under the concession.

Restrictions on Disposal and use of Vehicle

Duty in the amount of the security given becomes payable if:

- Whilst in Gibraltar the motor vehicle is lent, sold, pledged, hired, given away, exchanged or otherwise disposed of.
- The vehicle is used for industrial or commercial purposes.
- Save as the Collector of Customs may allow, shall be operated and used only by the importer or some other person expressly authorised in writing to use or operate the vehicle.

Re-Export of vehicles

The vehicle shall be re-exported from Gibraltar:

Before the expiration of three years from the date of importation (this period can be extended in special circumstances) or

On the importer or spouse, as the case may be, being posted to duty elsewhere from Gibraltar.

Correspondence

All correspondence and requests for additional information on Car import/export should be addressed to:

Collector of Customs

Customs House

Waterport

Gibraltar

Tel: 00 350 20078879/20046729

USEFUL TELEPHONE NUMBERS

Emergency Services

Fire - Police - Ambulance Mil 2222
 Medical Emergency Mil 3999
 Joint Provost Security Unit (JPSU) Mil 5026
 Gibraltar Service Police (GDP) Mil 5026/
 Civil Police & Ambulance Civ 199
 Civil Fire Service Civ 190



Duty Staff

Via Exchange Mil 3345



Primary Care Service (PRMC)

Medical Reception/Appointments Mil 5400/3255
 Dental Reception/Appointments Mil 3406
 PRMC Emergency Mil 3999
 PRMC Routine Business Mil 5400



Accommodation

Accommodation Cell (messes) Mil 5904
 Accommodation Cell (DTC) Mil 5260
 Officers Mess Reception Mil 5698/5803
 WOs and Senior Mess Reception Mil 3248/3225
 Families Housing Manager Mil 5572
 Repair Desk Mil 5242



Education

Little Learners Nursery Mil 5111
 St Christophers School Mil 5550
 Bayside Boys School Civ 20074525/20074500
 Westside Girls School Civ 20074300



Miscellaneous

HIVE Mil 5004
 BFBS Reception Mil 5389
 Chaplaincy Mil 5414
 Veterinary Clinic Civ 20077334
 Bishops Move Civ 20044500
 Social Workers-Joint Social Work Service. Reception Mil 5481
 British Airways Civ 20079300 / 20044737
 Monarch Airlines Civ 20047477
 Easyjet via UK 0044 871 244 2366
 Taxi Civ 20070027
 Border Queue Civ 20042777
 Gibraltar Airport Civ 20073026
 Malaga Airport Civ 952 04 88 04
 Gibraltar Local Directory Enquiries 11811
 Gibraltar International Enquiries 11888



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We understand that while you're in Gibraltar you want as much peace of mind where your possessions are concerned as you would back home. Argus will cover your contents, car and valuables with the care and attention to detail that you need.

Argus is a Gibraltarian company and we focus on the insurance needs of the local market. For you, that means that all decisions are made locally, and because of this they are made quickly. So, whether you need a quote, immediate cover, or you need to make a claim, we'll give you an instant response.

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To get a quick quote or to find out more about our policies, visit our website at www.argus.gi. Or if you prefer, call us on 20079520 or email enquiries@argus.gi. And remember, you can always pop in and visit us at Regal House on Queensway.

We hope that you enjoy your stay in Gibraltar.



Housing & Accommodation Services

Section 2

Types of Quarter and Charges - p34

Quarter Contents - p35

Applications - p35

Families Housing

Introduction

Service Families Accommodation (SFA) is allocated and managed by the Families Housing Service (FHS). In Gibraltar there are 429 quarters for Service and UKBC personnel but this number is steadily declining as force levels are reduced. The Families Housing Allocation meeting is held monthly to consider all applications received against the available housing stock at the time. On average the supply of quarters equals the demand but inevitably, there are peaks and troughs, which could cause some delay in providing a suitable quarter at the required time. Having been allocated a quarter, a signal will be sent clearing your family for passage by air. The Defence Transport & Movements Agency (Passenger Reservations Centre) allocates all air passages to Gibraltar. You will be advised by FHS when your accommodation is available. The standard of SFA varies greatly in Gibraltar. There are purpose built houses and converted houses but mainly quarters are in blocks of flats. The housing stock has suffered from a lack of investment over a considerable number of years, however, the Command is actively trying to correct that situation but it will take a number of years before we can offer the standard of accommodation we would wish. You should not anticipate the same standard of accommodation, as you would expect elsewhere in Europe. Accordingly quartering charges reflect these deficiencies. Gibraltar has a very damp atmosphere and this often causes problems in quarters, so it is advisable to ventilate your quarter. Moths are very prevalent so take precautions for your clothing.

Families Housing General

All quarters in Gibraltar are allocated fully furnished.

Heating in Gibraltar is all electric with freestanding convector heaters, supplied to all quarters to supplement the fixed storage heaters. You are advised to bring a small fan heater. Central Heating is not present in any quarter in Gibraltar. Gas heaters are not permitted.

The services recognise that the initial weeks of your tour can be a problem whilst you wait for your personal effects to arrive. For this reason a "Get-u-in pack" is provided to enable you to get by. Please note that it is not uncommon for personal effects to be delayed. This pack is fairly basic and it is therefore essential that you bring with you in your suitcase some additional items like, kitchen utensils, tin and bottle openers, condiments, some food storage containers, clothes pegs and a dishcloth. A clock and small radio are also useful and if you have children, bring as many toys and games etc. as you can manage to help them to settle into unfamiliar surroundings. Remember that the "Get-u-in pack" is a temporary issue and must be returned when you receive your personal effects. So pack into your boxes all the necessary items to set up home in Gibraltar for your tour.

The Families Housing Manager (FHM) is the Executive Officer responsible for administering all SFA in Gibraltar and for applying and interpreting regulations on behalf of the Commander British Forces (CBF). He/She is in direct support of the units, families and agencies for whom he provides this service, but this does not affect the responsibility of CO's for the welfare of the families of personnel under their command.

Types of Quarter and Charges

The type of SFA to which personnel are normally entitled is laid down in JSP 464. Since 1984 all quarters have been graded from 1 to 4a, which reflects deficiencies, or reductions in amenities and the charges made for them. Where there is a significant deficiency or reduction in amenities of a temporary nature (exceeding seven days), FHM may authorise a temporary down grading for the accommodation occupied, for a period of up to three months. This temporary downgrading may be extended for a maximum period of six months, on the authority of ACOS Support; after this period a formal Board of Officers is to be convened to determine the permanent grading.

Housing & Accommodation

SFA Contents

All SFA have been partly de-scaled with smaller items of household equipment withdrawn. It is therefore necessary to bring your own crockery, cutlery, bed linen (including pillow) cushions etc. Quarters are allocated fully furnished and a typical quarter will have the following items available when you move in.

Bedrooms: Beds with mattress, bedside tables, wardrobes (either built in or free standing), dressing table, stool and chest of drawers.

Lounge: Three-piece suite, Buffet, Bookcase, Nest of tables and coffee table.

Dining Room: Table and eight chairs, sideboard.

Kitchen: Fitted cabinets, table and chairs, step stool, cooker and a 50/50 Fridge freezer.

Note: Washing machines and Dishwashers are not provided. Plumbing for washing machines is available in all quarters although not all have facilities for dishwashers.

Bathroom: Cabinet, stool and shower curtain.

Vacuum cleaners and ironing boards are also supplied.

Cots, playpens, high chairs and stair-gates may also be issued to you but you must request these from the FHS before your arrival. Cot sheets and blankets are obtainable with the "Getuin pack" on the same basis.

Most SFA are now fitted with cable TV and you can bring your own TV and video. The majority of them do not need to be converted and those that do can be done easily at a small cost.

The Wharf Scheme

'WHARF' is an acronym derived from the expression 'Warehousing and Refurbishing'. It is used to describe the system whereby Defence Accommodation Stores (DAS) provisioned items of furniture and other items are withdrawn from SFA at the requests of the occupant. Due to a lack of storage space in Gibraltar it is generally not practical to operate this scheme here. All quarters will remain fully scaled in accordance with JSP 308. Defurnished or Part Furnished quartering charges are therefore not applicable in Gibraltar.

Applications for SFA

Personnel wishing to occupy SFA in Gibraltar are to complete and forward an application form (MOD Form 1132) to Families Housing Service, Rooke, BFPO 52 at least two months prior to arrival. Two copies of the application are required. (To assist with planning, an advance copy can be faxed to FHS on 00 350 2005 5099).

Customer Care Section

The Customer Care Section is located within the Families Housing Service in Building 760, Rooke Site and is run by a Customer Care Support Officer Estate Support Officer. The CCSOESO is a point of contact for new arrivals and provides Service or Civilian personnel with information and support and can act as a 'signpost' for the Command (Ext 5154/5262/5691). The CCSOESO also runs the Families Housing Helpdesk (Ext 5262) and is there to help with any queries personnel may have and can direct them on who they should speak to within the Section.

Pets

It is recognised that many families like to keep pets for comfort and protection however, the wishes of the occupants to keep pets have to be balanced against the sensitivities of other occupants living nearby. Prior approval to keep pets is to be obtained from the Families Housing Manager in all cases and pets must have the necessary inoculations. On arrival pets are to be registered with Families Housing Helpdesk (Ext 5262) and will be issued with a unique identity disk. The FHM has the right to veto on any pet issue e.g. number of pets; type, exotics etc and approval will be certified on the tenant's SFA licensing agreement. When approval is granted by the FHM to keep a pet, the tenant will be specifically advised that they must at all times abide to the pet rules and regulations which can be obtained from the Families Housing Services, Gibraltar.



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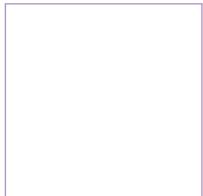


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Facilities for You

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Facilities For You

HIVE

We are fortunate to have a HIVE currently located in Rooke. It holds a wide selection of information and advice on a whole range of topics. Anything and everything you would like to know about Gibraltar, plus lots of travel information and useful tips about going into Spain, Portugal and Morocco.

The HIVE holds a wide selection of leaflets, booklets, magazines and news letters both civilian and Service. HIVE can request information on your new posting/draft direct from the nearest HIVE in your new area.

Regular updates from the Families Associations, Housing Advice Office and Service Families Task Force are received. The HIVE Information Officer regularly advertises what is going on within the Command and produces a weekly newsletter, which can be emailed to you.

If you have a question on anything, be it welfare, employment, education, travel, the HIVE will try to find the answers for you.

Telephone: 00350 20055004

E-mail: gibraltar@hivegb.co.uk

ORIENTATION BUS TOUR

This bus tour takes place on Wednesday mornings commencing from Rooke site at 0915 hours. The tour takes about two hours and aims to show newcomers around the Rock. All newcomers (single/unaccompanied personnel and families) are particularly welcome, child seats are provided on the bus if booked. During the tour, places of interest and frequently used facilities that you will need during your tour will be pointed out. After the tour, over a cup of coffee in the HIVE, you will have the opportunity to ask any of those 'Where do I' type questions and meet other new arrivals. To book your place call Rooke HIVE on Civ: 20055004.

COMMUNITY CENTRES

The Command has an official Community Centre at Chilton Court. Additionally C Block at Europa is used to house and facilitate a number of activities including a Parent and Toddler group.

The Chilton Court Community Centre serves as the venue for a number of activity groups. Chief amongst these is Top Rock Youth Club.

YOUTH CLUB

The Community Support team operate Youth Clubs and a Fun Club to cater for young people age 6-18. Details of sessions can be obtained from the Community Development Worker.

The Youth Club and many of the other activities, run and organised by the Community Development Worker, depend heavily on volunteer staff. If you feel able to help in any way, or for further details, please contact the Community Development Worker on Tel (2005) 5756/5985.

UNIFORMED GROUPS

A number of uniformed groups, such as Cubs, Scouts, Brownies etc meet on the Rock. Details of current groups can be obtained from the Community Development Worker on Mil 5756/5985.

LITTLE LEARNERS NURSERY

This is an approved MOD setting, located on the Rooke Site, offering full day care for children aged 3 months to 5 years. The setting is fully equipped and staffed by trained personnel. It is the only setting in Gibraltar operating to full UK standards. For details, session times, fees or a prospectus contact the Little Learners Manager on 00350 20055111.

PARENT AND TODDLER GROUPS

There are a number of Parent and Toddler Groups that meet regularly. They provide a venue and mutually supportive environment for parents and their children to meet. The number of groups fluctuates depending on the number of young children in the command and the willingness of parents to become involved. For detail of current groups, venues and timings contact the Community Support Team on 00350 20055480.

GIBRALTAR AMENITIES FUND

The fund offers a number of services.

Accommodation for Families and Friends visiting Gibraltar - Britannia House

Britannia House on Queensway is an excellent facility. The building contains 16 two bedroom flats available for hire to UK based military and civilian personnel. It is ideal for short term accommodation for visiting families and friends. All the flats are fully furnished can accommodate up to six people and linen is provided (with the exception of towels). Prices reflect a high, mid and low season and bookings must be for two nights minimum.

Holiday Accommodation - Spain and Portugal

The GAF arranges bookings for a number of properties in Spain and Portugal. A limited number of flats and villas are available at the popular Costa Del Sol destination. The GAF also offers villa accommodation at a small select complex in Portugal on the Algarve. A flat is available during the winter at the Sierra Nevada ski resort.

Travel and Medical Insurance

The GAF has details of medical and travel insurance available at a discounted rate to all Servicemen and MoD Civilians. Cover includes medical insurance & personal liability.

Cheap Telephone calls to the UK

The GAF sells telephone calling cards at very competitive rate which allow access to international calls which are normally at cheaper rates than those provided by the local telephone companies.

Golf Club Hire

The GAF has four sets of golf clubs (including one left hand set) available for hire. Each set is complete with three woods, golf bag and trolley.

TV and Cot Hire

The GAF has a number of TV's and a Travel Cot that can be hired out on a daily basis (pending arrival of personal effects)

Opening hours

GMT 0800-1200hrs

Local 0900-1300hrs daily

Contact details

Contact the GAF Office on 00350 20055759 or 00350 20055265

EDUCATION AND TRAINING

Introduction

Education and training provision for the Command in Gibraltar is managed by the Joint Education and Training Unit (JETU) which comprises of two sections:

1. The Joint Training Centre (JTC) which runs a programme of work-related training and development opportunities for all military and civilian staff.

2. The Joint Education Library and Information Centre (JELIC) which offers a great deal more than core library services. JELIC runs a Learn Direct electronic learning centre with a dedicated learning support tutor in place to mentor learners. A wide range of courses including Basic Skills and ECDL are on offer to all MoD staff and dependents who are UK-tax payers. Resettlement, Learning Credit (ELC/SLC) and Open University support is available as well as invigilation services for external examinations. JELIC services include internet access, a wide range of personal development courses ranging from GCSEs to conversational Spanish and hosts an extensive recreational DVD collection and audio books collection available for loan.

Joint Training Centre

The Joint Training Centre (JTC), is located in Building 760 inside the Rooke site on Queensway and hosts a wide range of mandatory and career development training for military personnel and MOD Civil Servants.

This training is provided through by the UK Defence Academy through tutor-led courses held locally in Gibraltar and via the Defence Electronic Learning Centre (DELC). Course delivered include personnel management, equality and diversity for managers, discipline and restoring efficiency and senior management training.

Opening Times:

The JTC is open at the following times (Summer Hours are shown in brackets):

Mon - Thu: 08:30 - 16:30hrs (08:00 - 14:00hrs)

Fri: 08:30 - 13:30hrs 08:00 - 14:00hrs

DELC: This facility closes 30 minutes before the closure times listed above.



For further information and bookings contact either (5211) or 5132 (for Defence Academy Courses).

Joint Education Library and Information Centre (JELIC)

JELIC supports service personnel and their families by providing education, training, Life Long Learning opportunities through recreation resources and personal development courses. This is achieved using all the resources of a modern information service, including books, talking books, periodicals, CD-ROMs, DVDs, smart e-learning facilities and access to the internet for research and to keep in touch with friends and family. There is an extensive children's section full of up-to-date resources. Advisors are available to support resettlement activities, applications for learning credits (SLC/ELC) and there are regular advice clinic for those considering Open University Courses. JELIC offers a professional invigilation service for external examination including GCSEs, A-level and University Courses.

Adult Education / Personal Development (PD) Courses

JELIC runs educational and PPD courses which are open to all Service and UK based Personnel and their partners, and Gibraltar Crown Servants.

Courses include GCSEs in Maths, English, ICT, Business Studies and Psychology. Spanish language and computer skills classes are also provided. Further details are available from the Enrolment Desk on (2005) 5794 or 5160.

Resettlement

OC JETU provides first and second line guidance and information on resettlement for military

personnel. Service Leavers have access to a range of resettlement resources located in the library complex. Regular resettlement workshops are also available to eligible personnel in their last 2 years of military service through the Career Transition Partnership (CTP). For more information on resettlement or to arrange a briefing/interview/workshop, contact the Resettlement Information Staff (RIS) on (2005)5806.

Opening Times:

The JELIC complex at Rooke Site is open for services at the following times (Summer Hours are shown in brackets):

Library Access and Loans

Mon - Thu: 10:00 - 18:00hrs (10:00 - 15:00hrs)
 Fri: 10:00 - 15:00hrs (10:00 - 15:00hrs)

Resettlement Applications and Queries

Mon - Thu: 09:15 - 1300hrs (09:15 - 13:00hrs)
 Fri: 09:15 - 14:00hrs (09:15 - 14:00hrs)

Learning Credits, Personal Development Courses & Learn Direct

Mon - Thu: 09:15 - 1400hrs (09:15 - 14:00hrs)
 Fri: 09:15 - 14:00hrs (09:15 - 14:00hrs)

Internet Access

Internet facilities are open from 1000 hours till library closing time.

Contact Details for Military Families

The JELIC Manager can be contacted at the following address:

JELIC Manager
 Joint Education Library and Information Centre (JELIC)
 Bldg 761
 ROOKE
 BFPO 52
 Tel: Gibraltar Military 5160 Civilian 00 350 20055160
 Fax: Gibraltar Military 5733 Civilian 00350 20055733

JOINT PHYSICAL DEVELOPMENT UNIT

There are facilities in Gibraltar covering most types of indoor and outdoor sports. All of the facilities are run under the auspices of the Officer Commanding Joint Physical Development Unit (OC JPDU). JPDU is made up of a main gymnasium, Gun Wharf (Adventurous Training and Water Sports centre), the Europa Pool and Fitness Training Rooms (FTRs). All activities are available free or at a minimal cost, once you have become a member of the JPDU Sports Club. Application forms can be found at DTC gym or on GIBLAN. A wide variety of sports can be enjoyed in Gibraltar, including squash, badminton, netball, tennis, cricket, football, hockey, swimming, spinning and rounders. Further information can be obtained from JPDU Physical Training Staff on (2005) 3310, 3588. You can involve yourself as much or as little as you like and don't worry if you are not very good. Sport is fun!

Gym

The gym at DTC publishes a full programme each week. This is displayed on the main notice board on entry to the gym, the HIVE and on GIBLAN.

Gun Wharf

At Gun Wharf, the adventurous training and water sports centre, you can try Off Shore Sailing on the yacht PICKLE. Dinghy Sailing, (Bosun, Laser, Toppers, Picos), Waters Skiing, Canoeing, Kayaking, Windsurfing and Fishing, all equipment and instructions are available. You can also attend various courses that are run at Gun Wharf, all course dates and details are published and displayed throughout the Command. For further information phone Gunwharf (2005) 5076 or (2005) 5479.

Europa Pool

The Europa Pool is a Service facility with a large swimming pool, changing rooms, showers, toilets, toddlers' pool, baby pool, small play area with swings and a refreshment kiosk, which provides drinks, crisps, snacks, and hot meals. The pool is open from 1200 - 2000hrs 7 days a week throughout the summer months, although times do vary dependant on planned activities and galas. Only entitled personnel have the right to use the pool facilities. Passes can be obtained for yourself and the family by completing the JPDU application form, again located on GIBLAN. The pool opens towards the end of April each year and closes at the end of September. You will require a Passport size photograph (each year) for all members of the family. Swimming classes are also held here and volunteers are always needed during the season. Courses are run to train lifeguards and teaching staff. Further details can be obtained from the Pool Manager on (2005) 3753, or by contacting the HIVE.



Fitness Training Room

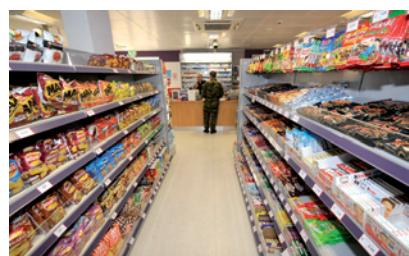
There are a number of Fitness Training Rooms (FTR) in the major MOD sites within Gibraltar, at DTC, Four Corners and Europa. They are equipped with a variety of machines from treadmills to free weights. Only entitled personnel have the right to use the FTRs, and you must have completed a gymnasium induction.

RETAIL OUTLETS

NAAFI currently operates two stores, one junior ranks club and a bowling alley/café bar. The main NAAFI store is situated in Devils Tower Camp, and caters mainly for single service personnel. A smaller families shop is situated at Europa. A video/DVD rental service is available, as is interflora. The Ultrabowl/Lion Club is situated at Europa, and consists of 4 bowling lanes, a café and bar facility. Functions, including children's parties, are regular events. NAAFI also operate the Junior Ranks Club within DTC known as the Hero's Bar.

NAAFI DTC Mil 3226

NAAFI Ultrabowl Mil 5464



THRIFT SHOP

There is a Thrift Shop situated next to the NAAFI Shop at Europa. It provides a useful service for passing on unwanted clothing, toys and household

items. A percentage of all sales go to charity. Details of current opening days and times can be obtained from the HIVE.

HERO'S BAR

The Hero's bar is the Junior Ranks Club but is also used by families situated at the northern end of the rock. The bar is operated commercially but a tri service committee provides a full entertainment programme. There are frequent functions eg. Summer and Christmas Balls, Octoberfest, Halloween parties, Easter egg hunts etc. Functions are well attended and events are often sold out. The social programme is published widely. There are plenty of facilities in the club such as a pool table, gaming machines and a wide screen television. This is a popular venue to view large sporting events in a secure and pleasant environment.



UNITED SERVICES SAILING CLUB

The United Services Sailing Club is situated in Four Corners (opposite the airport) and provides the opportunity for recreational dinghy sailing and windsurfing. Membership gives you access to a wide variety of dinghies (from the staid to the scary): RS800, RS400, RS200, RS FEVA, RS TERA, Laser PICO, Lasers and Bosuns. There is a comfortable club house with a bar and changing facilities. The atmosphere is friendly with plenty of advice and encouragement from the club instructors and more experienced sailors and, particularly during the summer, ideal family entertainment in the form of sun, sail and barbecue. If you are a keen sailor, just getting started or merely interested to find out more about sailing contact the club house on (2005) 5844 or drop in any Wednesday or Saturday afternoon. There is invariably someone around to help. Alternatively contact the JPDU who will be able to put you in touch with a member of the Committee.



WATERSKI AND WAKEBOARDING CLUB

Whether you are an accomplished skier or a novice who would like a try a warm welcome awaits you. The Club meets Wednesday afternoons 1400-1600 hours and Sundays 1000-1200 hours. Coaching available. All children under 16 must be accompanied by an adult and a consent form must be completed for all under 18 year olds. Questions and queries contact 20055185.



SUB AQUA DIVING CLUB

An active sub aqua diving club is presently facilitated by 317 Diving Section. Members dive every week and there is a lot of training available. The club is open to all MOD and entitled personnel. If you want to dive safely in Gibraltar, not spend a great deal of money, have access to club equipment including our boat and get involved with a group of like minded people; give the club a call or come along to one of the regular Wednesday club evenings. More details available from the Diving Officer - contact details available on Giblan. Our Mission "*Go diving as much as your body, purse and partner allow*".



TRAFALGAR THEATRE GROUP

This is the Gibraltar amateur dramatics group. They enter theatrical competitions, and usually put on a pantomime in the New Year and other productions throughout the year. For details of current group officials and meetings contact the HIVE. The group meets in the Garrison Library every second Thursday of the month.



GARRISON LIBRARY

The Garrison Library was founded in 1793 by a group of officers who 'had long lamented the lack of a library' in Gibraltar. Thanks to the efforts of one young officer in particular - a Captain John Drinkwater a collection of books was gathered together and finally housed in the current building in 1804.

The Library currently belongs to the officers serving on the Rock and is still a private Trust although negotiations are underway to change this status by handing over responsibility to the Government of Gibraltar. There are approximately 45,000 books in the Library, some of which are not even available in the British Library due to the destruction of their stock during the World War Two by enemy bombers. Whilst it is no longer a lending library the Garrison Library is an internationally recognised centre for research and scholars from around the world make regular use of its fine resources. It is also used frequently by television companies who recognise the very high quality of both the building and its contents.

The Gibraltar Chronicle was founded by the Garrison Library Committee in 1801 and boasts of two major scoops - one the first report of the British victory at Trafalgar and the death of Nelson and secondly the marriage of John Lennon and



Yoko Ono. Originally established as the Garrison newspaper it was handed over to the Board of Management in 1991 and the Garrison Library Committee no longer has any input into its affairs. The Library is set in delightful gardens and forms one side of Governor's Parade which contains some splendid old buildings. Visitors are always welcome and because the Library is run by volunteers anyone who would like to assist in the running of this splendid institution either in the Library or in the garden is greeted with open arms.

We are open:-

Mon - Fri 0900hrs to 1300hrs 1400hrs to 1700hrs

Tel no (00 350) 20077418 / e-mail: Gibgarlib@gibtelecom.Net

GIBRALTAR COMBINED SERVICES YOUTH FOOTBALL CLUB

The Gibraltar Combined Services Youth FC accepts children aged between 5 and 12 all season long (Sept-May).

We have 4 age groups: Tots (aged 5-6), Under 7s, Under 9s and Under 11s.

All children of Military or Civilian staff are eligible to join the club provided they are in possession of a valid JPDU amenities pass, which can be obtained on arrival. The club has three teams in the local Junior league in the Under 7s, 9s and 11s age groups, however all children will be trained to the same standard whether they make the team or not.

The current cost of membership is £40 for the whole season or £5 per month for those posted in once the season has started.

The fee covers all league and kit costs, a Christmas party with present, an Easter present, the end of season fun day and a trophy for all children as well as a free club water bottle.

The club trains every Wednesday at the Astro-turf pitch in Devils Tower Camp between 1730 and 1900.

Please visit the club's web site at www.gibcsyfc.btik.com for the latest club information and points of contact, these details are also available at the HIVE. You can also contact the club via e-mail on gibraltarcsyfc@hotmail.com.

We look forward to seeing you soon.



DOLPHINS SWIMMING CLUB, GIBRALTAR

"The wetter the better"

Dolphins Swimming Club is available to all dependant children of Service, ..., Employed Civilians working for the MOD. Dolphins teach to the Swim Teachers Association curriculum for Swimming. Swimmers also get the opportunity to achieve distance & dive awards and this year we are introducing Rookie Lifeguard. The season runs from June to September and members can join from 3 - 16 years of age. Over the last 11 years Dolphins has trained all swimming teachers to UK standards and continues its support to offer the best teaching experience for our members. All staff & teachers are volunteers. For more information check out our website www.gibraltardolphins.wordpress.com

GIBRALTAR COMBINED SERVICES GOLF SOCIETY

 The Costa del Sol (sometimes called the Costa del Golf) hosts a large number and wide variety of excellent golf courses, many within easy striking distance of Gibraltar. Top of the range is undoubtedly Valderrama, until recently home to the annual end of European Tour season event, the Volvo Masters. British Forces Gibraltar runs a Golf Society, to which all service and civilian personnel of the Command are eligible to join and which is designed to offer golf at affordable prices. The Society's home course is Almenara, within easy striking distance of Gibraltar. The Club offers a choice of 3 nine-hole courses on a well maintained and spectacular course.

GCSGS has a deal with Almenara Golf Club and for the 2010 season (Jan-Dec) has purchased



12 Corporate cards. These allow up to 12 members of the Society to play on the course on any one day. Concessions to this ruling have been made for competitions. Members of the Society are also entitled to a 15% reduction on purchases made in the pro shop and club restaurant. The club also has comprehensive practise facilities with a driving range; short games practise areas and a 3-hole introductory course. For this members pay £100 per month. This sounds a lot when compared to UK prices but is very competitive when compared with the price of green fees on similar courses, typically in the range of €50-€80 per round. Unfortunately there are no equivalent of "999" deals in Spain for members of the Armed Services.



Society members on the 3rd green on the Los Lagos course at Almenara

The Society caters for all levels and offers regular competitions:

- * Monthly Medal and Merit competitions, played at weekends at Almenara.
- * A series of summer competitions played on Wednesday and Thursday afternoons during the shortened summer working hour's period.
- * The Society Annual Championships and inter Services competition.
- * Four events (called Away Days) when the Society plays at other courses on the Costa.
- * Doubles and singles match-play competitions.
- * Golfer of the year and Eclectic competitions (run throughout the year on a cumulative basis).
- * Occasional matches against visiting units.
- * Society members are also eligible to enter Almenara closed club competitions which are held monthly.

Membership details are available from:

David Seed (Chairman)	2005-5083
Mark Podbury (Treasurer)	2005-3824
(Handicaps)	currently vacant
Tom Clancy (Competitions)	2005-3337
Mark Bradley (Events)	2005-3775

The Society's records are maintained on the Society Golfing Website: www.societygolfing.co.uk. Further information about members, competitions and handicaps can be obtained by logging onto the Website as: "secgcsgs" and using the password "gibraltar".



Teeing off on the 7th par 3 at Los Lagos



Team Navy - Winners Inter Services 2009

INTRODUCTORY OFFER

All new members are eligible to take advantage of a half price (once only) introductory offer for the 1st month of their membership and without obligation to join the Society on a longer term basis.

What Golf Guide Andalucia Says about the Course

PINE TREES, CORK OAKS AND LAKES

Almenara, which opened in 1998, has three nine-hole loops, each of which is the brainchild of local architect Dave Thomas, and also provides very extensive practice and teaching facilities. A top class hotel, professionals shop and restaurant complete the amenities at one of the coasts up-and-coming golfing venues.

There is something inviting about a golf course which opens with a par-5 and, although where the name came from is immediately apparent, the loop called Los Pinos is no exception. There are lines of pine trees in all directions while the view out over the Mediterranean is quite spectacular. From the elevated tee the wide expanse of fairway stretching out in front seems impossible to miss but then the gaze rests on a lake to the left and somehow the tummy muscles tighten. In truth only a bad hook will bring the water into play but many of us can produce that shot easily. If the wind is against, the second shot will be played down into a valley from where it is just a short pitch up to a long but narrow green. The fourth is a par-3 and what an eye-catching hole it is. Played to an elevated green framed by pine trees, care must be taken not to over-hit as, a mere eight metres behind the putting surface, the ground runs severely downwards and into a hazard. On the left of the green a deep steep-sided bunker awaits but there is plenty of room on the right.

The well signposted drive to the Los Lagos course passes along a path (bordered by a neatly trimmed hedge) beside the entrance roadway. The par-5 fourth of the Los Lagos loop features the lake from which it gets its name; a huge expanse of water which stretches out on the right and must gobble up golf balls at an alarming rate. About 150-metres from the triangular shaped green the lake eats into the fairway leaving a playing area just twenty paces wide. The par-4 fifth measures 396-metres and is shaped like a boomerang. From an elevated tee the drive is to a fairway below which then dog-legs 90 degrees to the right. Take a moment to savour the view of the stunning forestry on the left and enjoy the quietness which seems to envelop this area of the golf course. From the dog-leg it is 150-metres to the slightly elevated green which contains two tiers.

The seventh, a par-3 measuring 164-metres, is quite a delightful hole. With water seemingly lapping at the feet the tee shot is across a lake to a large guitar shaped green surrounded by trees.



View from the teeing area across the 7th at Los Lagos



The 6th green and 7th fairway on Los Alcornoques



The 1st Hole on Los Pinos Course



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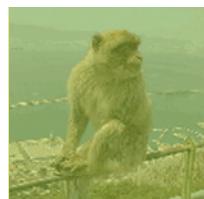
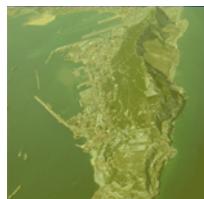
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Living in Gibraltar

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Living in Gibraltar

LOCATION & LANGUAGE

Gibraltar is situated at the southern end of the Iberian Peninsula. It is recognised as the southernmost point of Europe. It is also strategically positioned at the western end of the Mediterranean, forming one of the ancient Pillars of Hercules. The surrounding countries are Spain on the north and Morocco (North Africa) south, on the opposite side of the strait 24 kilometres (15 miles) away. Gibraltar adjoins the southern coast of Spain in latitude 36° 7' North, longitude 5° 21' West. Height: 1400ft (426m). Highest point is at O'Hara's Battery. Length: 5km Approx. Area: 6.4sq km Approx. Circumference Length: 16km Approx. The Rock is composed of Jurassic limestone more than 200 million years old. The official language is English, although Spanish is widely spoken.

CULTURE & SOCIAL AMENITIES

Gibraltar's main cultural events are organised by the Ministry of Culture. These are the International Art Exhibition, Spring Festival, Miss Gibraltar Pageant, Annual Fair, National Week, National Day Festivities, Annual Drama Festival and New Year Celebrations. The Ministry of Culture manages the Ince's Hall Theatre, Central Hall and Casemates Exhibition Gallery. The Alameda Open theatre, John Mackintosh Hall Cultural Centre, Bayside Drama Studio, Casemates Square, the Convent Ballroom and St Michael's Cave are some of the many venues for plays, shows, concerts and exhibitions that allow Culture to flourish in Gibraltar. It is easy to make friends in Gibraltar. There's a rich social life and plenty of restaurants and coffee shops where you can sample dishes from all over the world. The daily English press is on sale in Gibraltar on the same day of issue. Weekly's and monthly's arrive within a few days. Gibraltar also publishes a daily newspaper and several weekly newspapers and many free magazines.

GIBRALTAR LAW & CONSTITUTIONAL STATUS

Gibraltar law derives exclusively from English law. The hierarchy of courts comprise the Supreme Court of Gibraltar, the Court of First Instance of Gibraltar and the Magistrate's Court, the last acting as a juvenile court dealing with offenses by children and young persons. Appeals from the Supreme Court lie to the Gibraltar Court of Appeal and the Privy Council. Company law is based on the 1929 Companies Act in England.

In 1999, work began to modernise Gibraltar's Constitution. In July 1999, the Gibraltar House of Assembly created a Select Committee to report on constitutional reform. The Committee published its proposals in January 2002 and the British Government formally received them in December 2003. These proposals were subsequently discussed between delegations from the UK and Gibraltar in November/December 2004, September 2005 and 2006. On 27 March 2006, a joint statement was made by the UK and Gibraltar, announcing the successful conclusion of the Gibraltar Constitutional negotiations. On 2 January 2007, the new Constitution came into force, after it had been approved by over 60% of those who voted in a referendum on 30 November 2006. The Constitution thoroughly modernises the UK-Gibraltar relationship. Key elements include limiting the responsibilities of the Governor to the areas of external affairs, defence, internal security and the public service, thereby reversing the previous practice and giving Gibraltar much greater control over its internal affairs.

The current Governor is Vice-Admiral Sir Adrian Johns KCB, CBE. Gibraltar's legislature, the Parliament consists of a Speaker, 15 elected and 2 ex-officio members (the Financial and Development Secretary and the Attorney General). Elections take place every four years. British Citizens, British Overseas Territories Citizens and British Subjects who fulfil residence requirements, who are over 18 years of age, and who are not subject to any legal incapacity, are entitled to vote.

STATUS IN THE EU

Gibraltar is an overseas territory of the UK with a separate Constitution granted to it by the British Parliament. The Government of Gibraltar exercises self-government except in matters of defence, internal security and foreign affairs, which are reserved to the UK. Gibraltar laws are promulgated by its own elected parliament (House of Assembly).

Gibraltar entered the EU together with the United Kingdom upon its accession in 1973. It is a European territory for whose external relations a member state (UK) is responsible and accordingly Article 227(4) of the EC Treaty applies.

Article 28 of the UK Accession Act provides that there shall be certain exemptions from Community measures with respect to Gibraltar i.e. the Community Agricultural Policy, Value

Added Tax and the Common Customs Tariff do not apply. Subject to these explicit exceptions, all legislation adopted by the Community since 1973 has been applicable to Gibraltar and Gibraltar's parliament (House of Assembly) has transposed applicable Directives. Accordingly, although Gibraltar is obviously not a separate Member State, since its membership derives as part of the Member State UK, it is none the less a separate legal jurisdiction for the purpose of Government legislation and judicial authority. The citizens of Gibraltar, although British Dependent Territory Citizens (as opposed to British Citizens), are UK Nationals for Community purposes with all consequential rights and entitlements. All the Treaty provisions on the free movement of capital, services and persons apply to Gibraltar. The fourth 'freedom'-movement of goods is restricted by Gibraltar's position outside the Customs territory.

CLIMATE

Gibraltar enjoys mild winters and long, hot, dry summers, a climate so distinct as to be known as the "Mediterranean" type.

Wind is a very important feature of the weather in Gibraltar and we have two predominant local winds, these are "Levante (Easterly) and Poniente" (Westerly).

Levante, comes from the Spanish verb 'Levantar = to rise' - The sun rises in the East.

Poniente is derived from the Spanish verb 'Poner = to set' - The sun sets in the West.

levante: *A humid, easterly wind in the Strait of Gibraltar. It is most frequent from June to October, but may occur in any month. It causes standing waves and complex eddies which may cause dangerous conditions to the lee of the Rock. It is usually associated with stable air under an inversion and LEVANTER or BANNER cloud to leeward. Daytime heating cause the cloud base to lift and the cloud to thin or disperse".*

poniente: *The local name for Westerly winds. The Poniente, in common with the 'Vendaval', is most pronounced from November through to May. However, since it is often associated with high pressure in the Atlantic, the Poniente can occur at any time of the year, especially in the Strait of Gibraltar.*

vendaval: *"Strong, squally south-west winds in the Strait of Gibraltar and off the east coast of Spain. Associated with depressions, they bring stormy weather and heavy rain."*

Temperatures

Surrounded by the sea, Gibraltar has a more uniform climate than that experienced in inland Spain, exceptionally high or low temperatures are not a common occurrence, although there are rare occasions when temperatures are recorded which can be classified as "unusual".

The mean annual temperature is 18.3°C and ranges from a mean of 13.3°C in January to 24.3°C in August. The highest temperature ever recorded in Gibraltar was 40.6 degrees Celsius in July 1994.

Rainfall

Precipitation at Gibraltar is much influenced by the topography of the adjacent mainland of Spain and North Africa and by the general configuration of the Strait area and the Alboran basin. The rainfall pattern in Gibraltar is of the Mediterranean type; it has a wet and dry season. The wet season normally commences at the end of September through to the end of May when 96% of the Gibraltar rainfall is recorded.

The average rainfall total in Gibraltar is similar to that of the south of England but where it is spread across the whole year in UK, in Gibraltar it occurs in almost half the time, with most falling between September and May.

Relative Humidity

Why is the East Wind (levanter) so moist and the West Wind (poniente) dry?

Easterly winds reaching Gibraltar normally have a long sea track and pass over an uninterrupted stretch of water picking up moisture along its track. When the Levanter blows, however slightly, a general feeling of dampness fills the air, and objects can become coated with a film of moisture. This condition is especially noticeable in the town area where the Levanter cloud hangs over the city, forming a cloud shadow. This cloud block does not allow the sun to dry the air and results in higher relative humidity values than in the southern or northern parts of Gibraltar where it is mostly clear of Levanter cloud. This situation is uncomfortable for the people working and living in the town area and particularly noticeably during the long, hot summers.

Westerly winds reaching Gibraltar are of a maritime nature but tend to dry out on crossing the hilly terrain in southern parts of Portugal and Spain. When the wind backs South-westerly similar effects to those associated with Levanter conditions can occur, but this only happens when the air is of a tropical maritime nature and associated with depressions near Gibraltar, mainly during the 'rain season'.

The difference in conditions accompanying the two wind directions is particularly apparent when a change from one direction to another occurs, usually after a brief period of calm winds. On average the humidity is between 15% and 20% higher with an East wind than with a West wind. Apart from humidity, the air temperature and the wind are the two main factors in determining how we feel. It is easier to stand dry heat (in Gibraltar this occurs when the wind blows from the Westerly quadrant) than damp heat (when blowing from the Easterly quadrant). This makes it feel extremely uncomfortable and much more difficult to tolerate, as it saps energy and makes us feel lethargic due to its high value of the relative humidity.

EMPLOYMENT

In general terms employment opportunities are fairly limited. However, there are a number of employment agencies in Gibraltar who may be able to assist with securing employment locally. Should you find employment it will be necessary for you to acquire the necessary forms etc. In this context it is advisable to bring all certificates of qualification and an up to date CV, as these are essential for prospects in Gibraltar. "Dependants accompanying UKBCs or Military personnel posted to Gibraltar wishing to obtain employment during their stay in Gibraltar must note that MOD Gibraltar does not reserve any posts for dependants. Dependents are free to apply for any MOD externally advertised vacancy subject to the eligibility criteria and will be recruited following their success at open and fair competition. Proof of qualifications is essential when applying for a job. For further information regarding vacancies please contact the Civilian Personnel Office on 20055141."

Job Seekers Allowance

The rules relating to people 'voluntarily' giving up their jobs on their spouses' relocation are complex and therefore potential claimants are strongly advised to seek advice from their local DSS offices before handing notice to leave to their current employers. For further information contact your local Benefits and Allowances Office or CAB.

WHAT TO BRING

This is the question on everyone's mind when sorting out possessions for a tour of duty in Gibraltar. The quarters are provided with the basic furniture you would find in the UK, i.e. beds, carpets, curtains, dining room and lounge furniture. A cooker, fridge-freezer, vacuum cleaner and ironing board are also provided. For people with young families, cots, highchairs and stair gates can be supplied, however they need to be requested in writing well in advance, through Families Housing.

Items you are advised to bring include:

Washing machine (essential)

Tumble dryer (for the winter months)

TV (same system as UK)

DVD

Hi-Fi

Kitchen and eating utensils (including crockery and glasses)

Bedding and Linen (including quilts and pillows)

Although a fridge-freezer is provided, larger families may wish to bring a small freezer subject to size of family quarter.

If you have your own telephone bring it with you, it will save money on renting one.

Anything else you can bring, microwave, computer, sewing machine, carpet cleaner, pictures and other personal possessions will be to your advantage as these things also tend to be more expensive than in the UK. Voltage is the same. Gibraltar uses three pin plugs (same as UK).

If you bring a car or plan to purchase one, second hand cars are more expensive than UK.

Also it would be advisable to bring your children's car seats and restraints with you, as again these are a lot more expensive.

A "Get You in Pack" will be in your quarter on your arrival, which will be removed after your boxes have arrived. It only provides you with bare essentials and we recommend you bring in your suitcase, a can opener and kitchen utensils for serving meals as these are not provided.

Also bring with you some kitchen towels and bath towels.

We all have different priorities on what to bring, the best advice we can give you: if you use it and have room for it, bring it. Email HIVE for further advice.

HEALTH MATTERS

Heat exhaustion

Gibraltar can be very warm throughout the summer months with the season lasting from April to October when temperatures can reach up to 40 C. Dehydration and salt deficiency can cause heat exhaustion. Take time to acclimatise to the high temperatures, drink sufficient liquids, avoid excess alcohol and do not do anything too physically demanding. Four to six weeks would be sufficient time for adequate acclimatisation

Heat stroke

This serious, occasionally fatal condition can occur if the body's heat regulating mechanism breaks down and the body temperature rises to dangerous levels. Long, continuous periods of exposure to high temperatures and insufficient fluids can leave you vulnerable to heat stroke. The symptoms are feeling unwell, not sweating very much (or not at all) and a high body temperature (39 to 41 C or 102 to 106 F). Where sweating has ceased the skin becomes flushed and red. Severe, throbbing headaches and lack of co-ordination will also occur, and the sufferer may become confused or aggressive. Eventually the victim can become delirious or convulse. Hospitalisation may be necessary, but in the interim remember to get the victim out of the sun, remove their clothing, and cover them with a wet sheet or towel and then fan continually. Give them cool fluids to drink if they are conscious.

Sunburn

You can get sunburned surprisingly quickly, even through cloud cover. Wear a sunscreen and hat and barrier cream on your nose and lips. Protect your eyes with good quality sun-glasses particularly if you are near water, sand or snow.

Some people have a higher risk of skin cancer because they have lighter skin that burns easily in the sun. You may also be at risk if you have a family history of melanoma or your skin has a large number of moles. While melanoma is still relatively rare, checking your skin for changes is a wise precaution, which could ensure early detection and treatment. You can also reduce the risks by reducing exposure to the sun.

Alcohol and safe drinking

Small amounts of alcohol do not harm the body. However, for many people, social drinking has led to heavier drinking, which can cause serious problems.

Remember alcohol can lead to dehydration.

Mosquitoes

These occur mainly in warm, damp conditions. In Gibraltar this can be at any time of the year but mainly in the summer months, from April till October. Mosquito nets are provided, but not everybody likes to use them. Most people use electric "Plug In Mosquito Killer" with refill tablets. They are very efficient, and can be bought very cheaply in the Spanish supermarkets.

SHOPPING

The major shopping street within Gibraltar is known as Main Street. It has some well known UK shops such as: Marks & Spencer, BHS, Monsoon, Next, Dorothy Perkins, Wallis, Top Shop, Top Man, La Senza, Adams Kids, Mothercare, Early Learning Centre and Accessorize.

Main Street is packed full of electrical, perfume, leather, linen and duty free shops. It can get very crowded because of visitors from the tour coaches from Spain and the cruise ships which frequently call into Gibraltar. During the summer months some of the shops close for a couple of hours in the afternoon and re-open till later in the evening. A percentage of shops are owned by the Jewish community and so on Saturday these shops are closed. Most of the local shops shut at 1pm on Saturdays, but the majority of the 'UK stores' tend to remain open all day.

At the northern end of Main Street is Casemates Square which is full of cafe and restaurants. Additionally there is a market hall, open Monday to Saturday, which houses a number of meat, fish and vegetable outlets.

There are numerous back street grocers and mini-marts which tend to be run by the local Moroccan community. Their vegetables tend to be cheaper than those in the supermarket.

These little shops are well worth a visit.

Morrisons supermarket offers a wide range of services including all food products, butchers dept, delicatessen, café, pharmacy, daily UK newspapers and magazines, cashback and ATM facilities as well as a petrol station. Open 7 days a week. There is a taxi phone situated in the foyer.

TRANSPORT

Buses

A very good bus service operates throughout the Rock. On average the buses run every 15-20 minutes. Fares are very cheap.

Bus No 2 Both Worlds to Police Barracks

Bus No 3 Frontier to Europa Point

Bus No 4 Catalan Bay to Rosia

Bus No 9 Frontier to Market Place

Bus No10 Frontier to City Centre

Air Services

British Airways operate between Heathrow and Gibraltar, Easyjet operates Gatwick to Gibraltar with the possibility of some services being introduced from regional airports in the future. Monarch Airlines fly to Luton and Manchester. Iberia airlines fly to Madrid.

Taxi

There is just one taxi service, The Gibraltar Taxi Association on 20070027.

CROSSING THE BOARDER

The border with Spain is open 24 hours a day. For frontier queue information telephone 20042777, which will give you regularly updated, recorded information on any estimated delays when crossing by vehicle from Gibraltar into Spain. Remember you need your passport, proof of residency card (green card) and your European Health Insurance Card (EHIC). The HIVE also have a list of items that you will need to carry in your car whilst in Spain, call into the HIVE for a copy of this list.



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Leisure & Pleasure

Section 5

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Leisure and Pleasure

PLACES OF INTEREST IN GIBRALTAR

Alameda gardens

Opened in 1816, the Gibraltar Botanic Gardens at the Alameda are being restored to their former internationally renowned glory. A typical Mediterranean setting with pines and olives, dragon trees and palms.

Gibraltar's varied native flora can also be enjoyed along the walks and the water features in this quiet garden.

Moorish Castle

It is reasonable to suggest that the Moorish occupation of the Iberian Peninsula was spearheaded in 711 AD from Gibraltar. The castle dates back to at least, 1333 AD.

St Michael's Cave

Geologically, the Rock is extremely interesting with over 140 known caves. The largest and most impressive, St Michael's Cave, is open to visitors and is known to have been occupied by Neolithic Man. St Michael's Cave is the spectacular setting for the many varied concerts held on the Rock.



Upper Rock Nature Reserve

Over the centuries Gibraltar's geographical position has attracted the attention of conquering armies, resulting in an exceptionally rich military heritage. However, long before man had any bellicose intent, nature had colonised the Rock providing it with a unique natural history. Gibraltar's main habitat is a dense matorral, with a number of plants found only on the Rock. The Dwarf Fan Palm, Europe's only native palm is just one of the 600 species of flowering plants on the Rock. Gibraltar is also rich in fauna with a wide variety of non-mammalian species such as lizards and butterflies, some of which are rare. Gibraltar is special when it comes to birds with over 270 species recorded. Geologically, the Rock is again extremely interesting with over 140 known caves. The largest and most impressive, St Michael's Cave, is open to visitors and is known to have been occupied by Neolithic Man. The Upper Rock Nature Reserve holds much of Gibraltar's Historical sites, a testimony to its dramatic and tumultuous past.

Artificial Reef

Gibraltar's artificial reef is unique. It was the first in Europe and over the years has become a gem of the Mediterranean seabed. The reef was started in 1975 to help regenerate a seabed that had been turned into a barren wasteland, the result of years of dredging and over fishing. It started with rocks and tyres, but these didn't withstand the power of the sea. So then cars were used as a substrate, but these too didn't fare well against the currents and corroded too fast. The third phase finally provided us with a structure that had a long life span, would withstand all weather conditions and provide all the advantages of a natural habitat. There are now 26 wrecks forming the reef attraction a rich variety of marine life. Each of these wrecks is like a busy junction on a sub-sea motorway. From an underwater desert, the sea off Camp Bay has been transformed by The Helping Hand Trust into a vibrant oasis of life. Here you will find corals, gorgonians, lobsters and crabs. There are sponges, anemones, octopus and eels. There are shoals of fish, small and large, from Anchovies and Bream, to Scorpion fish and Bass. All of these areas are now protected by local and EU law.

The Great Siege Tunnels

The Great Siege Tunnels are a tribute to man's ingenuity. They were excavated in 1779 with the simplest of tools, the defenders were able to construct against all odds, a unique system of defence. A visit to these tunnels is a must.

A City Under Siege

Gibraltar 'A City Under Siege' is an exhibition of life in Gibraltar during the Great Siege of 1779-1783, which is brought to life with vivid scenes using models and displays.

World War Two Tunnels

This is a two and a half-hour tour that takes you through the tunnels where the invasion of North Africa was planned by General Dwight Eisenhower.

Rock Tours

One way of visiting Gibraltar's main tourist sites is by taxi or minibus. The 'Rock Tour' will take you around Gibraltar and includes St. Michael's Cave and the 'Apes' Den amongst others.

Cable Car

Cable Car is the best way to the Top of the Rock and a must-see attraction for all visitors to Gibraltar. You can start your ride from the Gibraltar Botanic Gardens to the Apes' Den and then onto the summit from where, on a clear day, you can see the coast of Morocco with the Atlantic stretching before you and the Mediterranean behind. The journey takes passengers 412 meters above sea level in approximately six minutes, offering spectacular views all the way. The Top Station is perched at the very summit of the Rock of Gibraltar, with sheer cliffs to the east and tree-covered slopes leading to the City of Gibraltar to the west.

The Convent

This building situated towards the Southern end of Main Street, has been the official residence of Gibraltar's Governors since 1728. It was once a Convent of Franciscan Friars, hence its name. The Changing of the Guard is performed at various times of the day, on weekdays, by soldiers of the Royal Gibraltar Regiment.

Shrine of Our Lady of Europe

Located at the Southern end of The Rock, this shrine was originally a mosque and converted into a chapel by the Spanish in 1462. The light that was kept burning in the tower above the chapel was the original Gibraltar lighthouse. Although the shrine was plundered by the pirate Red Beard, its most valuable treasure, the 15th century statue of the Virgin and Child, is still venerated there to this day.

Museum

The Gibraltar Museum opened in 1930 is in Bomb House Lane. It is situated in a house built over the Moorish Baths, and has spellbound visitors with its vast collections ever since. In a building that is steeped in history, you can walk the very corridors and halls that were used by the Muslims when they lived here close to 700 years ago, or, that more recently, housed the officers of the Royal Artillery during the Great Siege of 1779 to 1783.

The Museum has an auditorium where visitors can watch a short film 'The Story of Gibraltar' which narrates a fascinating summary of the Rock's long and complex history in an enjoyable fifteen minutes.

Parson's Lodge

This fortification once housed three 18 ton ten inch rifled muzzle loaders. During the Second World War modern emplacements were added.

Leisure & Pleasure

Europa Point

The Gibraltar Lighthouse is the only one regulated by Trinity House outside the UK. It dates back to 1841 and stands 49 metres above sea level with a range of some 37 kilometres.

The Marinas

Gibraltar is an ideal centre for water sports such as sailing, yachting and diving. There are two marinas, Marina Bay and Queensway Quay. Apart from the excellent facilities and services that they provide, some of Gibraltar's finest restaurants can be found on the sea front of these marinas.

Trafalgar Cemetery

Situated just south of the City Walls, this was used as Gibraltar's military cemetery in the early 19th century. Although the name commemorates the Battle of Trafalgar, only two of those buried at the cemetery actually died of wounds suffered in the battle (1805). A ceremony is held here every year, on Trafalgar Day, to commemorate Lord Nelson's victory.

Ocean Village

Is a new complex with many bars, restaurants and small boutiques, some of which offer an MOD discount on the bill. It also has a casino and a night club (admittance 25 years & over).

City Centre

The City centre is long and narrow, extending along the pedestrianised areas of Main Street, Irish Town and their adjoining side streets. At its northern end, Casemates Square, a large open area has become a focal point for bars, restaurants and shops. Trees have been planted throughout the old city and strategically placed benches, pavement cafes and bars offer a little welcome relief for weary shoppers.

Dolphin Tours

A large population of wild dolphins can be found in the Bay of Gibraltar. Take a dolphin-watching boat trip, and see how these enchanting mammals live and play in the warm Mediterranean waters.

BEACHES

There are 6 beaches in Gibraltar, three sandy on the Eastern side and two pebble and one sandy on the Western side.

Eastern Beach: Long, flat, sandy beach with good snorkelling.

Catalan Bay: Small sandy beach with hotel and bars close to hand.

Sandy Bay: Small sandy beach situated at Both Worlds.

Western Beach: Small sandy beach next to Spanish border.

Camp Bay: Pebble beach with paddling pool and small bathing pool. Café and toilet facilities available.

Little Bay: Small shingle with rock bathing

SWIMMING POOLS

Europa Pool: Follow Rosia Road, past Camp Bay and the pool is just before you get to the tunnel. This pool is for MOD personnel and entitled dependants. Friends and family of the above may use this facility at an extra charge with the production of a JPDU temporary pass from the Pass Office in Rookes (Cheques are only accepted for payment at this office).

GASA Pool: Located just past Morrisons supermarket. It is free to use but is for lane swimming only and a swimming hat must be worn at all times.

SHOPPING IN LA LINEA

La Linea is the town immediately over the Spanish Border. For most every day needs there is a large Carrefour hypermarket in La Linea and another one on the N340 road to Algeciras. La

Linea has an indoor market in the town centre, which is open every day selling meat, fish, fruit and vegetables. Saturday morning is the best for buying fresh fish. A very large open-air market is held every Wednesday morning from 0900 to 1400, just cross the border, the market is about 500 metres further on. It sells everything from fruit and vegetables to materials, pottery and plants. In the summer the market gets very hot and crowded after 1100hrs so do try and go early. Within 10km of Gibraltar are:

Carrefour - Very large hyper-market

Lidl/Aldi/Plus - Supermarkets

Mercadonna - Supermarket

Leroy Merlin - similar to B&Q and Homebase

NorAuto - Similar to Halfords

Media Mart - Large Electric shop, similar to Curry's, Comet

Toys R Us

Decathlon-Sports Supermarket

N.B. Duty is currently payable on everything except food and living plants when re-entering Gibraltar.

TRAVEL IN SPAIN

Taxi

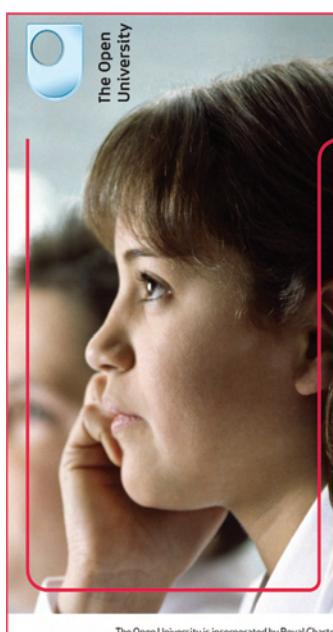
These are plentiful in all the large towns. Prices for short trips are reasonable.

Buses

There is a very good bus/coach service that runs between the costal towns and further afield. The nearest coach/bus station is in La Linea just five minutes walk from the border.

Airports

The airports of Malaga and Jerez are both within easy reach. Various air operators offer services to the UK and a trawl on the Internet should produce some very reasonable fares. Airport parking is much cheaper than in the UK.



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The BSc (Hons) Secondary Education in Physics is a new Open University degree specifically created to offer a route into A-level teaching for technically minded personnel leaving the armed services.

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Thousands of MOD families could save money on their childcare by signing up to receive childcare vouchers. Are you missing out?

In April 2008, the MOD launched its childcare voucher scheme to help working parents save money on their childcare. Hundreds of families are already enjoying the benefits of the scheme, and – if you pay tax and National Insurance – you could do the same.

Here's how... The Government lets you exchange part of your salary, each month, for childcare vouchers BEFORE your usual tax and National Insurance contributions are taken. This means that you only have to pay the tax and NI on what's left, saving you up to £1,195 per year.

AND what's even better is that both parents can take advantage of the scheme, so you could make a combined saving of up to £2,390 per family!



You could save over
£1,000 a year on
your childcare costs



Childcare vouchers can be used to pay any Ofsted (or equivalent) registered carer, which can include nurseries, childminders, nannies, play schemes, out-of-hours school clubs and holiday camps, as well as the care element of some boarding schools.

Your carer may have already signed up to receive childcare vouchers – you can call the helpline to find out. And if they haven't, they just need to fill in a simple form which is available to download from the website.

To find out if you could save,

Armed Forces: call 0800 066 5075

Civilians: call 0800 085 2875

Or visit www.MODChildcare.co.uk

St. Bees School

Established in 1583, the school is set in the heart of St Bees Village on the West Coast of Cumbria. We are a co-educational day and boarding school, taking pupils from 7-18 and boarders from 11-18.

With around 300 pupils and small classes, we are able to develop the individual talents of our pupils, concentrating on personal development and pastoral care. We encourage and nurture academic excellence and have an excellent record of success at GCSE and A level, plus entry to Oxbridge and other excellent Universities.

We offer a full and varied programme of sports, music and drama, allowing each member of our school the opportunity to discover their strengths and gain maximum enjoyment from the facilities and care we offer.

The coastal location and close proximity to the Lake District allow the pupils to take part in many different activities. Students enjoy a varied programme of outdoor pursuits including fell-walking, climbing, sailing and orienteering that are included in the fees. We have a refurbished indoor swimming pool, 9 hole golf course and Golf Academy with a professional PGA Golf Coach.

We have our own Music School with established vocal and instrumental coaching with a professionally equipped recording studio and we have an excellent Learning Support Unit (CReSTeD registered) for pupils with dyslexia and dyscalculia.

We offer comfortable boarding accommodation on a full, weekly and flexi basis where pupils are cared for by experienced residential staff.

The School has a Sixth Form of around 100 pupils and is seen by parents as the ideal place for their son or daughter to spend the transition years between the very structured GCSE courses and the freedoms of University.

St. Bees School Preparatory Department opened in September 2008 extending the education provided by St. Bees School to pupils aged between 7 and 11 at Key Stage 2. In September 2010 we will be welcoming children from the age of 4 into our new Reception and Key Stage 1 class.

Our aim is to provide a fun but safe environment in which pupils will enjoy the learning experience during their primary years. There will also be a termly programme of visits and outings designed to support and extend the curriculum offered in the classroom.



St. Bees School

HMC- Coeducational

Day Pupils 7-18 Boarding Pupils 11-18

- New Preparatory Department for children aged 7 – 11
- GCSE Programme encouraging academic excellence
- Dedicated Sixth Form for A Level provision
- Full and Weekly Boarding offered
 - Strong pastoral care provided by our experienced residential staff
 - Varied programme of extra-curriculum activities included in the fees
- Wide ranging sports facilities including refurbished indoor swimming pool, 9 hole golf course and Golf Academy with PGA Coaching Professional
- Specialised Learning Support Unit providing support for pupils with dyslexia, dyscalculia and other specific learning difficulties

**Places are still available for Year 7,
for September 2010 entry**

NEW

Our Preparatory Department will be welcoming children from age 4 and above in September 2010 into a new Reception Class

Bursaries for children attending St. Bees School are available for day, weekly, full and flexi boarding places.

When agreed, bursaries range from £500 per annum to 100% of the School fees.



For more information and to arrange a visit please contact

The Admissions Department 01946 828010

or see our website www.st-bees-school.org



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