

General condition / appearance

- Tiredness / Movement / Speech / Adeq. devel. for age / Temperature
- Pallor / Cyanosis / Icterus / Petechiae / Turgor

Head

- Size / Shape / Fontanelle (<8-12 months) / Sutures

Eyes and Ears

- Movement / Pupil size/reflex/ Red reflex / Squint / Sunset gaze

Mouth and Throat

- Cleft lip/palate / Teeth / Tongue / Tonsils / Sucking

Lymph nodes

- Neck / Axilla / Groin

Circulation

- Heart rate & rhythm / Murmurs / Capillary refill time / Femoral pulses

Respiration

- Resp. rate / Recessions / Nasal flaring / Wheezing / Crackling / Stridor

Neurology

- Spontaneous movement / Tonus / Neck stiffness / Babinski's sign
- Reflexes: Moro / Suck / Grasp

Abdomen

- Liver (<1 cm below costal ridge) / Kidneys / Spleen / Umbilicus

Genitalia

- Outer genitalia / Discharge / Testicles / Cremaster reflex

Hips

- Symmetry / Ortolani's test / Barlow's test / Abduction test (>60-70°)

Back: Entire spinal column and Anus

<2-3 months: supine position / otherwise in parents lap / **Remember growth charts**