|  |  |  |  |
| --- | --- | --- | --- |
|  | 0 | 1 | 2 |
| Station | Above or at pelvis entrance | Above spinae | At or below spinae |
| Diameter (cm) | ≤ 0,5 | 0,5< d <1,5 | ≥ 1,5 |
| Effacement (%) | 0 | < 50 | ≥ 50 |
| Consistency | Firm | Medium | Soft |
| Position | Posterior | Middle | Anterior |

*Bishop’s index is a modified Bishop’s score*

Score < 6 = Immature cervix 🡪  
High probability of long labour if induced

|  |
| --- |
| Techniques used to induce labour |
| Intravenous prostaglandin E1 or E2 (Cytotec) |
| Vaginal prostaglandin E2 |
| Amniotomy |
| Intrauterine balloon putting pressure on the cervix |
| Oxytocin i.v. to potentiate contractions (Syntocinon) |

*Local guidelines on which method to use differ between hospitals*