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| --- |
| General condition / appearance |
| - Tiredness / Movement / Speech / Adeq. devel. for age / Temperature  - Pallor / Cyanosis / Icterus / Petechiae / Turgor |
| Head |
| - Size / Shape / Fontanelle (<8-12 months) / Sutures |
| Eyes and Ears |
| - Movement / Pupil size/reflex/ Red reflex / Squint / Sunset gaze |
| Mouth and Throat |
| - Cleft lip/palate / Teeth / Tongue / Tonsils / Sucking |
| Lymph nodes |
| - Neck / Axilla / Groin |
| Circulation |
| - Heart rate & rhythm / Murmurs / Capillary refill time / Femoral pulses |
| Respiration |
| - Resp. rate / Recessions / Nasal flaring / Wheezing / Crackling / Stridor |
| Neurology |
| - Spontaneous movement / Tonus / Neck stiffness / Babinski’s sign  - Reflexes: Moro / Suck / Grasp |
| Abdomen |
| - Liver (<1 cm below costal ridge) / Kidneys / Spleen / Umbilicus |
| Genitalia |
| - Outer genitalia / Discharge / Testicles / Cremaster reflex |
| Hips |
| - Symmetry / Ortolani’s test / Barlow’s test / Abduction test (>60-70°) |
| Back: Entire spinal column and Anus |

*<2-3 months: supine position / otherwise in parents lap /* ***Remember growth charts***