

Resonance Roadmap

Josie Education Program · Ages 1 – 18



Resonance Foundations (ages 1 – 3)

Awakening the senses through rhythm, silence, and relationship.

Year	Core Theme	Central Question	Integrated Focus
Year 1 (Age 1–2)	Resonance & Rhythm	<i>What do I feel and hear?</i>	Sensory exploration, rhythm imitation, sound awareness, emotional mirroring
Year 2 (Age 2–3)	Silence & Expression	<i>How do I express myself?</i>	Early communication, sound–movement connection, empathy modeling, vocal play



Foundations Stage (ages 3 – 6)

Exploring the world through senses, rhythm, and wonder.

Year	Core Theme	Central Question	Integrated Focus
Year 3 (Age 3–4)	Sound & Silence	<i>What is vibration?</i>	Rhythm, listening, empathy through sound, body awareness

Year 4 (Age 4–5)	Light & Color	<i>How does the world shine?</i>	Color theory, diversity, emotions as color, optics, art
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Year 5 (Age 5–6)	Movement & Energy	<i>How do things move?</i>	Physical energy, dance, balance, breath, early physics
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Discovery Stage (ages 6 – 9)

Building literacy, logic, and pattern recognition.

Year	Core Theme	Central Question	Integrated Focus
Year 6 (Age 6–7)	Time & Change	<i>How do things grow and transform?</i>	Life cycles, sequencing, cause & effect
Year 7 (Age 7–8)	Earth & Elements	<i>What is everything made of?</i>	Matter, maps, ecosystems, cooking chemistry
Year 8 (Age 8–9)	Harmony & Pattern	<i>How do parts fit together?</i>	Music, tessellations, teamwork, social systems

Understanding Stage (ages 9 – 12)

Connecting inner and outer worlds.

Year	Core Theme	Central Question	Integrated Focus
Year 9 (Age 9–10)	Invention & Story	<i>How do ideas take shape?</i>	Storytelling, machines, creativity, history of innovation
Year 10 (Age 10–11)	Frequency & Form	<i>What unseen forces shape matter?</i>	Waves, geometry, art, music theory
Year 11 (Age 11–12)	Connection & Identity	<i>Who am I in the web of life?</i>	Anatomy, culture, physiology, empathy psychology



Expansion Stage (ages 12 – 15)

Integrating logic, empathy, and scientific reasoning.

Year	Core Theme	Central Question	Integrated Focus
Year 12 (Age 12–13)	Perception & Reality	<i>How do we know what's true?</i>	Neuroscience of perception, ethics, media literacy
Year 13 (Age 13–14)	Systems & Balance	<i>What keeps the world in harmony?</i>	Ecology, algebra, economics, music harmony
Year 14 (Age 14–15)	Energy & Transformation	<i>How does energy become creation?</i>	Chemistry, physics, innovation design, emotional alchemy

Mastery Stage (ages 15 – 18)

Creating meaning and contributing to the world.

Year	Core Theme	Central Question	Integrated Focus
Year 15 (Age 15–16)	Resonance & Relationship	<i>How do interactions shape the world?</i>	Biology, psychology, literature, relational ethics
Year 16 (Age 16–17)	Conscious Creation	<i>How do we design our reality?</i>	Quantum concepts, architecture, design thinking
Year 17 (Age 17–18)	Integration & Legacy	<i>What will I contribute?</i>	Capstone project – research, art, service

Continuous Threads (All Years)

Domain	Description
Language Arts	Reading, writing, and oral storytelling anchored in yearly themes.
Mathematics	Patterns → ratios → algebra → calculus through harmony and design.

Science Observation → experimentation → application focused on energy and systems.

Social Studies Cultural evolution, geography, civics as interconnected systems.

Art & Music Expression of vibration, color, tone; creative emotional integration.

Empathy & Philosophy Emotional regulation and constructive empathy development each year.

Purpose

The Resonance Curriculum guides Josie from **the first heartbeat of sensory wonder** through **intellectual and emotional mastery**. Each yearly theme revisits the same universal principles—sound, light, motion, story, science, and empathy—at increasing depth so that knowledge and feeling remain unified across her entire journey of becoming.