

Sound Map Template

Year 1 – Sound & Silence · Josie Education Program

(Ages 1–2 · Theme: *The Rhythm of the Earth*)

Purpose

To help Josie notice and remember the sounds in her environment, strengthening attention, spatial awareness, and early scientific observation.

How to Use

1. Choose a spot indoors or outdoors.
 2. Sit together quietly for about **30–60 seconds**.
 3. In the **center of the page**, draw a small circle — label it “**Me**.”
 4. Every time Josie (or you) hears a sound:
 - **Draw or sticker** a small symbol near the edge of the page showing *where* the sound came from.
 - Use **different colors** for different kinds of sounds (see legend below).
 5. After listening, **talk about what you heard**.
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Sound Legend

Color	Sound Type	Examples
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	Green	Nature	birds, leaves, water
	Blue	People	voices, footsteps, laughter
	Red	Machines	car, fan, phone, vacuum
	Purple	Animals	cat, dog, insects
	Orange	Music	piano, song, radio
	White	Silence or unknown	quiet pause

Example Layout

(draw or print a large blank circle in center before printing)

[bird chirp] [car]
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 (ME)---[wind chime]
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 [dog bark] [mom singing]

Encourage Josie to place stickers or draw simple icons (ear, bird, drum, etc.) rather than perfect drawings — the goal is *awareness, not accuracy*.

Reflection Questions

After finishing the map, ask simple questions:

- “Which sound was loudest?”
- “Which sound was softest?”

- “Did any sound make you feel happy? Calm? Curious?”
- “What happens when we stop and listen?”

Document her answers in your Weekly Learning Log under *Observations / Highlights*.

Learning Domains

Domain	Skill Developed
Science	Observation, spatial reasoning, vibration awareness
Language Arts	Sound vocabulary, listening comprehension
Math	Spatial mapping (near/far)
Art	Symbol drawing, color association
Empathy	Attentive listening, presence with environment

Parent Notes

- Repeat this activity in different places (home, park, grocery store) and compare maps.
- Over time, increase the listening duration from 30 seconds to 2 minutes.
- Store each completed map in the portfolio; date and label them by location.