

Sound Map Template

Year 1 – Sound & Silence · Josie Education Program

(Ages 1–2 · Theme: The Rhythm of the Earth)

Purpose







To help Josie notice and remember the sounds in her environment, strengthening attention, spatial awareness, and early scientific observation.

How to Use

1. Choose a spot indoors or outdoors.
 2. Sit together quietly for about **30–60 seconds**.
 3. In the **center of the page**, draw a small circle — label it **“Me.”**
 4. Every time Josie (or you) hears a sound:
 - **Draw or sticker** a small symbol near the edge of the page showing *where* the sound came from.
 - Use **different colors** for different kinds of sounds (see legend below).
 5. After listening, **talk about what you heard**.
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Sound Legend

| Color | Sound Type | Examples |
|-------|------------|----------|
|-------|------------|----------|

| | | | |
|---|--------|-----------------------|--------------------------------|
|  | Green | Nature | birds, leaves, water |
|  | Blue | People | voices, footsteps, laughter |
|  | Red | Machines | car, fan, phone, vacuum |
|  | Purple | Animals | cat, dog, insects |
|  | Orange | Music | piano, song, radio |
|  | White | Silence or unknown | quiet pause |

Example Layout

(draw or print a large blank circle in center before printing)

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[bird chirp]   [car]
  \           /
  \           /
  ( ME )---[wind chime]
  /           \
[dog bark]    [mom singing]

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Encourage Josie to place stickers or draw simple icons (ear, bird, drum, etc.) rather than perfect drawings — the goal is *awareness, not accuracy*.

Reflection Questions

After finishing the map, ask simple questions:

- “Which sound was loudest?”
- “Which sound was softest?”

- “Did any sound make you feel happy? Calm? Curious?”
- “What happens when we stop and listen?”

Document her answers in your Weekly Learning Log under *Observations / Highlights*.

Learning Domains

| Domain | Skill Developed |
|---------------|---|
| Science | Observation, spatial reasoning, vibration awareness |
| Language Arts | Sound vocabulary, listening comprehension |
| Math | Spatial mapping (near/far) |
| Art | Symbol drawing, color association |
| Empathy | Attentive listening, presence with environment |

Parent Notes

- Repeat this activity in different places (home, park, grocery store) and compare maps.
- Over time, increase the listening duration from 30 seconds to 2 minutes.
- Store each completed map in the portfolio; date and label them by location.