# Rapid species recognition favors greater avian-perceived plumage dichromatism in true thrushes (genus: *Turdus*)

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# Abstract

#### **Keywords**

8 dichromatism, plumage, species recognition

# Background

Species recognition is necessary for individuals to find compatible conspecific mates and produce viable offspring [1,2]. Specifically, conspicuous traits signaling species and sex identity are predicted to reduce the time and effort expended when searching for mates and likelihood of mating with heterospecifics [2]. Accordingly, traits which facilitate species and mate recognition should be favored when congeneric species are highly sympatric, when the time to find a mate is limited, and when conspecifics are not encountered often [1]. Alternatively, traits used in species and mate recognition may also serve as signals of status to conspecifics and reduce costly conflicts over resources and mates [3]. In birds, plumage colouration is a highly conspicuous trait which signals species [4,5] and (often) sex identity.

Plumage sexual dichromatism, distinct differences in the appearance of male versus female feather colouration, is common in birds and is often attributed to differing selection pressures on males and females [6–10]. Fundamentally, plumage sexual dichromatism results in a visible trait useful for recognizing an individual's species, sex, and age (in species with delayed plumage maturation, see [11]), reducing the time and effort necessary to find a suitable mate. Bird species that migrate to and from their breeding territories and have large geographic ranges tend to have greater plumage sexual dichromatism than species that do not migrate and have limited ranges [8,9,12–14].

Further, plumage sexual dichromatism likely plays a role in hybridization avoidance via character displacement for species and mate recognition [15]. For example, in European *Ficedula* flycatchers, female choice selects for divergent male plumage colouration, leading to character displacement and reduced rates of hybridization [16]. More broadly, greater plumage dichromatism is positively correlated with transitions from allopatry to parapatry and an increase in geographic range overlap among a large sample of passerine sister species pairs [17]. In addition, plumage sexual dichromatism is positively associated with

species richness among 84 sister species pairs, and dichromatism is increased mainly by changes in male plumage [15], suggesting that female choice and male-male competition lead to concurrent changes in male plumage and speciation events. Further, plumage sexual dichromatism is positively associated with greater interspecific plumage color evolution rate and divergence in *Tyrannida* suboscines [18]. Therefore, plumage sexual dichromatism may be an especially favorable trait to facilitate species and mate recognition when closely-related species have overlapping breeding ranges.

# **Methods**

## Plumage sexual dichromatism

A total of N=77 *Turdus* thrush species (approximately ~89% of all known true thrush species) were sampled for plumage spectral reflectance using prepared bird skin specimens at the American Museum of
Natural History in New York City and the Field Museum in Chicago. Reflectance measurements spanning
300-700nm were taken in triplicate from the belly, breast, throat, crown and mantle plumage patches [19]
of each individual. N=3 male and N=3 female individuals were measured for most species (exceptions: *T. lawrencii*, N=2 males and N=2 females; *T. swalesi*, N=1 male and N=1 female). Reflectance spectra were
measured using a 400 μm fiber optic reflection probe fitted with a rubber stopper to maintain a consistent measuring distance of 3 mm and area of 2 mm2 at a 90° angle to the surface of the feather patch.
Measurements were taken using a JAZ spectrometer with a pulsed-xenon light source (Ocean Optics,
Dunedin, USA) and we used a diffuse 99% reflectance white standard (Spectralon WS-1-SL, Labsphere,
North Sutton NH, USA).

We applied a receptor-noise limited visual model [20] of the European Blackbird (T. merula) visual sys-50 tem [21] in the pavo [22] package in R v4.0.0 [23] to calculate avian-perceived chromatic and achromatic visual contrast (in units of "Just-Noticeable Differences", or JNDs) of male vs. female plumage patches for all sampled Turdus species. Chromatic and achromatic JNDs were calculated for male-female pairs within 53 each species (i.e., N=9 JND values calculated per patch for each species where N=3 males and N=3 females sampled), and then JND values were averaged for each species' respective plumage patches. Under 55 ideal laboratory conditions, 1 JND is generally considered to be the discriminable threshold past which an observer is predicted to be able to perceive the two colors as different. However, natural light envi-57 ronments vary both spatially and temporally [24], bringing into question the accuracy of a 1 JND thresh-58 old for generalizing visual contrast under natural conditions. Therefore, we calculated the total number of sexually-dichromatic plumage patches per species (out of N=5 measured patches) as the number of 60 plumage patches with average JND values > 1, 2, or 3 to account for uncertainty in visual discrimination 61 thresholds due to variation in psychophysical and ambient lighting conditions affecting the strength of between-sex plumage visual contrast [25].

## 64 Life History Data

#### 65 Breeding Timing Model

- 66 We collected data on migration behavior and breeding season length from Thrushes [26] and the Handbook
- of the Birds of the World [27]. We assigned three different kinds of migratory behavior: 1) full migration
- when a species description clearly stated that a species "migrates", 2) partial migration when a species
- was described to have "altitudinal migration", "latitudinal migration" or "movement during non-breeding
- <sub>70</sub> season", or 3) sedentary when when a species was described as "resident" or "sedentary". Breeding season
- length was defined as the number of months the species breeds each year.

#### 72 Breeding Sympatry Model

- <sub>73</sub> Species' breeding ranges were acquired from BirdLife International [28]. We calculated congener breeding
- range overlaps (as percentages) using the letsR package in R [29]. We then calculated the number of
- sympatric species as the number of congeners with breeding ranges that overlap >30% with the focal
- species' breeding range [17].

#### 77 Breeding Spacing Model

- <sub>78</sub> Species' breeding range sizes (in km2) were acquired using the *BirdLife International* breeding range maps.
- <sub>79</sub> Species' island vs. mainland residence was also determined using breeding ranges from BirdLife Interna-
- tional. Mainland residence was assigned if the species had a breeding range on any continent and Japan.
- Island residence was assigned to species having a breeding range limited to a non-continental landmass
- entirely surrounded by an oceanic body of water.

# 83 Statistical modeling

- We used phylogenetically-corrected Bayesian multilevel logistic regression models using the brms v2.13.0
- package [30] in R v4.0.0 [23] where responses, the number of sexually-dichromatic patches >1, 2, and
- 3 chromatic and achromatic JNDs, were modeled as binomial trials (N=5 plumage patch "trials") to test
- for associations with breeding timing, breeding sympatry and breeding spacing. For all phylogenetically-
- sorrected models, we used the *Turdus* phylogeny from Nylander et al. (2008) [31]to create a covariance
- matrix of species' phylogenetic relationships. All models used a dataset of N=67 out of the *Turdus* species
- <sub>90</sub> for which all the types of data (see above) were available.
- Our breeding timing models included the following predictors: z-scores of breeding season length
- $_{92}$  (mean-centered by  $\mu$  = 5.4 months, and scaled by one standard deviation  $\sigma$  = 2.3 months), migratory
- behavior (no migration as the reference category versus partial or full migration), and their interaction.
- <sup>94</sup> Breeding sympatry models included the number of sympatric species with greater than 30% breeding range
- overlap as the only predictor of the probability of having a sexually-dichromatic plumage patch. *Breeding*
- $^{96}$  spacing models included  $log_e$  transformed breeding range size (km2) and breeding landmass (mainland as
- <sub>97</sub> the reference category versus island). We also ran null models (intercept only) for all responses. All models'

intercepts and response standard deviations were assigned a weak prior (Student T: df = 3, location = 0, scale = 10), and predictor coefficients were assigned flat priors. We ran each model for 6,000 iterations across 6 chains and assessed Markov Chain Monte Carlo (MCMC) convergence using the Gelman-Rubin diagnostic (Rhat) [32]. We then performed k-fold cross-validation [33] to refit each model K=16 times. For each k-fold, the training dataset included a randomly selected set of  $N-N\frac{1}{K}$  or N≈63 species, and the testing dataset included  $N\frac{1}{K}$  or Npprox4 species not included in the training dataset. Finally, we compared differences between the models' expected log pointwise predictive densities (ELPD) to assess which model(s) best predicted the probability of having a sexually-dichromatic plumage patch. [33].

Models' predictor effects were assessed using 90% highest-density intervals of the posterior distributions and probability of direction, the proportion of the posterior distribution that shares the same sign (positive or negative) as the posterior median [34], to provide estimates of the probability of that a predictor has an entirely positive or negative effect on the presence of sexually-dimorphic plumage patches. We assume predictor estimates with a probability of direction  $\geq$  0.90 to be indicative of a true existence of a predictor's effect on sexually-dimorphic plumage patches [34].

# Results

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# **Model comparisons**

We obtained N ≥ 4000 effective samples for each model parameter and all models' Markov Chains (MCMC) successfully converged (Rhat = 1 for all models' parameters) (Supplementary Figure). All breeding 115 sympatry, breeding timing, and breeding spacing models performed similarly well and substantially better than intercept only models in predicting the probability of having a sexually dimorphic plumage patch with achromatic JND values > 1, 2, or 3 (Table 1; all models predicting achromatic plumage patches had ELPD values within 4, following the convention of Burnham and Anderson (2002)[35]). Among models predicting the probability of having a sexually-dichromatic plumage patch with chromatic JND values >1, 2, or 3, 120 all breeding sympatry, breeding timing, and breeding spacing models performed much better than intercept only models, and breeding sympatry models hadfu the best predictive performance (Table 1; breeding sympatry models all have ELPD =0, only the breeding spacing models predicting dichromatic plumage patches 123 with had similar predictive performance).

# Achromatic plumage sexual dimorphism predictors

All model predictors' effect estimates are provided as the posterior median odds-ratio (OR) and 90% 126 highest-density interval (HDI) in Table 2. Among predictors of achromatic sexually-dimorphic plumage patches, only predictors included in the breeding timing model have predictors with probability of direc-128 tion (pd) values ≥ 0.90 (Table 2). Specifically, longer breeding season length is associated with lower odds 129 of a species having a sexually-dimorphic plumage patch with achromatic JND > 2 (breeding season length, OR [90% HDI] = 0.10 [0.01, 1.1], 89.5% decrease in odds per 2.3-month increase in breeding season) and 131 JND > 3 (breeding season length, OR [90% HDI] = 0.25 [0.03, 1.5], 75% decrease in odds per 2.3-month

increase in breeding season). Additionally, full migratory behavior, rather than no migratory behavior, is 133 associated with greater odds of a species having a sexually-dimorphic plumage patch with achromatic JND > 1 (full migration, OR [90% HDI] = 4.97 [0.95, 24.4]), JND > 2 (full migration, OR [90% HDI] = 66.5 135 [3.2, 1802.4]) and JND > 3 (OR [90% HDI] = 22.3 [1.6, 307.9]). Finally, both full and partial migratory 136 behavior, rather than no migration behavior, in conjunction with longer breeding season lengths are asso-137 ciated with greater odds of a species having a sexually-dimorphic plumage patch with achromatic JND > 138 1 (breeding season length x full migration, OR [90% HDI] = 4.84 [0.67, 39.6]), JND > 2 (breeding season length x full migration, OR = 66.3 [0.59, 11415.7]; breeding season length x partial migration, OR [90% HDI] = 20.7 [0.9, 589.1]) and JND > 3 (breeding season length x partial migration, OR [90% HDI] = 8.28 141 [0.76, 109.1]).

## Chromatic plumage sexual dimorphism predictors

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Among predictors of breeding timing models predicting chromatic sexually-dimorphic plumage patches, longer breeding season length is associated with lower odds of a species having a plumage patch with chromatic JND > 2 (OR [90% HDI] = 0.14 [0.01, 1.42], 86% reduction in odds per 2.3 month increase in breeding season), and both full and partial migratory behavior rather than no migration are associated with greater odds of a species having a plumage patch JND > 1 (partial migration, OR [90% HDI] = 2.2 [0.94, 4.9]), JND > 2 (full migration, OR [90% HDI] = 80.51 [2.8, 3432.9]) and JND > 3 (partial migration, OR [90% HDI] = 71.2 [0.32, 59062.9]; full migration, OR [90% HDI] = 234.7 [0.51, 300382.6]). For 150 breeding spacing models, island residency rather than mainland residency is associated with lower odds of having a plumage patch > 1 chromatic JND (island, OR [90% HDI] = 0.27 [0.09, 0.89]). Finally, more Turdus species in sympatry is associated with higher odds of a species having a chromatic plumage patch with JND > 1 (number of sympatric species, OR [90% HDI] = 1.4 [1.18, 1.67], 40% increase in odds per each additional sympatic species), JND > 2 (sympatric species, OR [90% HDI] = 1.59 [1.01, 2.52], 59% increase in odds per each additional sympatric species), and JND > 3 (sympatric species, OR [90% HDI] = 2.11 [1.03, 4.46], 111% increase in odds per each additional sympatric species).

Table 1: Expected log pointwise predictive densities (ELPD) differences and kfold information criterion values of models (ELPD Difference ± standard error (kfold IC ± standard error)). Values closest to zero indicate greater model prediction performance.

		Model			
Plumage Metric	JND Threshold	Breeding Sympatry	Breeding Timing	Breeding Spacing	Intercept Only
Achromatic					
	1 JND	0 ± 0 (-122.17 ± 0.67)	-2.51 ± 2.49 (-124.68 ± 2.38)	-2.59 ± 1.01 (-124.76 ± 1.04)	-21.69 ± 7.36 (-143.87 ± 7.51)
	2 JND	0 ± 0 (-98.94 ± 7.56)	-1.19 ± 3.95 (-100.13 ± 9.22)	-0.7 ± 1.34 (-99.64 ± 7.92)	-52.42 ± 12.67 (-151.36 ± 13.4)
	3 JND	-0.04 ± 1.4 (-85.4 ± 8.91)	-1.7 ± 4.41 (-87.07 ± 10.71)	0 ± 0 (-85.37 ± 8.76)	-28.54 ± 10.02 (-113.91 ± 13.65
Chromatic					
	1 JND	0 ± 0 (-115.75 ± 2.95)	-5.67 ± 3.55 (-121.42 ± 2.28)	-2.73 ± 3.4 (-118.49 ± 2.67)	-14.8 ± 7.22 (-130.55 ± 7.05)
	2 JND	0 ± 0 (-88.47 ± 8.77)	-3.8 ± 4.46 (-92.27 ± 10.01)	-3.32 ± 5.29 (-91.79 ± 10.91)	-50.53 ± 14.49 (-139 ± 16.77)
	3 JND	0 ± 0 (-62.77 ± 10.41)	-8 ± 4.32 (-70.77 ± 12.29)	-4.43 ± 3.9 (-67.2 ± 11.72)	-47.63 ± 15.34 (-110.4 ± 20.01)

Table 2: Model predictor effect estimates (posterior median odds ratio and 90% highest-density interval) on the presence of a plumage patch with achromatic or chromatic visual contrast values > 1, 2, and 3 JND. Model effects with a probability of direction (pd) value  $\ge 0.90$  are bolded in red for a negative effect and blue for a positive effect on plumage dichromatism. Phylogenetic signal ( $\lambda$ ) for each model is provided as the median and 90% credible interval of the intraclass correlation coefficient among species.

Model	Parameter	Achromatic, JND > 1	Achromatic, JND > 2	Achromatic, JND > 3	Chromatic, JND > 1	Chromatic, JND > 2	Chromatic, JND > 3
<b>Breeding Timing</b>							
	Intercept	0.31 (0.02, 5.29), pd = 0.76	pd = 0.76 0 (0, 0.54), pd = 0.98	0 (0, 0.19), pd = 0.99	0.41 (0.05, 2.79), pd = 0.78 0 (0, 1.73), pd = 0.95	0 (0, 1.73), pd = 0.95	0 (0, 1.37), pd = 0.96
	Breeding Season Length	0.94 (0.54, 1.75), pd = 0.57	0.1 (0.01, 1.05), pd = 0.97	0.25 (0.03, 1.49), pd = 0.91	0.89 (0.56, 1.4), pd = 0.66	0.14 (0.01, 1.42), pd = 0.94	0.08 (0, 9.14), pd = 0.83
	Partial Migration vs. No Migration	0.96 (0.31, 2.75), pd = 0.53	4.11 (0.3, 61.54), pd = 0.83	3.65 (0.44, 35.64), pd = 0.85	2.2 (0.94, 4.89), pd = 0.94	6.7 (0.42, 134.8), pd = 0.88	71.16 (0.32, 59062.92), pd = 0.92
	Full Migration vs. No Migration	4.97 (0.95, 24.41), pd = 0.96	66.52 (3.19, 1802.4), pd = 0.99	22.34 (1.59, 307.91), pd = 0.98	2.29 (0.69, 7.31), pd = 0.88	80.51 (2.81, 3432.88), pd = 0.99	234.71 (0.51, 300382.62), pd = 0.95
	Breeding Season Length × Partial Migration	1.34 (0.48, 3.92), pd = 0.68	20.71 (0.87, 589.09), pd = 0.96	8.28 (0.76, 109.11), pd = 0.94	1.39 (0.65, 3.12), pd = 0.76	1.39 (0.65, 3.12), pd = 0.76 9.03 (0.44, 251.36), pd = 0.9	34.46 (0.08, 68228.71), pd = 0.85
	Breeding Season Length $\times$ Full Migration	4.84 (0.67, 39.63), pd = 0.9	66.3 (0.59, 11415.7), pd = 0.93	<b>66.3 (0.59, 11415.7), pd = 0.93</b> 16.41 (0.27, 824.69), pd = 0.89 1.68 (0.31, 8.33), pd = 0.7	1.68 (0.31, 8.33), pd = 0.7	160.6 (0.84, 67791.13), pd = 0.95	433.67 (0.01, 37194569.46), pd = 0.85
	Phylogenetic Signal λ, Median (90% Credible Interval)	0.29 (0.16, 0.43)	0.72 (0.56, 0.86)	0.61 (0.42, 0.8)	0.17 (0.08, 0.28)	0.74 (0.57, 0.88)	0.89 (0.77, 0.97)
<b>Breeding Spacing</b>							
	Intercept	0.14 (0, 7.49), pd = 0.8	0 (0, 2.44), pd = 0.95	0 (0, 0.14), pd = 0.98	0.51 (0.03, 9.7), pd = 0.65 0 (0, 7.63), pd = 0.92	0 (0, 7.63), pd = 0.92	0 (0, 81.95), pd = 0.91
	Island vs. Mainland	1.08 (0.25, 4.79), pd = 0.54	0.53 (0.01, 17.83), pd = 0.61	0.92 (0.05, 19.32), pd = 0.52	0.27 (0.09, 0.89), pd = 0.97	0.03 (0, 3.99), pd = 0.89	0.04 (0, 67.59), pd = 0.77
	Breeding Range Size	1.08 (0.88, 1.32), pd = 0.75	1.23 (0.76, 2.01), pd = 0.77	1.3 (0.87, 1.93), pd = 0.87	1.02 (0.87, 1.19), pd = 0.58	1.02 (0.87, 1.19), pd = 0.58 1.24 (0.75, 2.05), pd = 0.77	1.26 (0.54, 2.99), pd = 0.69
	Phylogenetic Signal λ, Median (90% Credible Interval)	0.27 (0.15, 0.41)	0.71 (0.56, 0.85)	0.6 (0.42, 0.77)	0.15 (0.07, 0.25)	0.72 (0.55, 0.86)	0.85 (0.71, 0.95)
<b>Breeding Sympatry</b>	<b>*</b>						
	Intercept	0.41 (0.03, 5.83), pd = 0.72	0 (0, 0.98), pd = 0.95	0 (0, 0.34), pd = 0.98	0.25 (0.04, 1.35), pd = 0.91 0 (0, 1.12), pd = 0.95	0 (0, 1.12), pd = 0.95	0 (0, 0.29), pd = 0.98
	Number of Sympatric Species (≥ 30% Breeding Range Overlap) 1.03 (0.84, 1.27)	1.03 (0.84, 1.27), pd = 0.61	1.15 (0.74, 1.75), pd = 0.71	1.13 (0.76, 1.63), pd = 0.71	1.4 (1.18, 1.67), pd = 0.99	1.59 (1.01, 2.52), pd = 0.96	2.11 (1.03, 4.46), pd = 0.97
	Phylogenetic Signal A, Median (90% Credible Interval)	0.26 (0.14, 0.39)	0.7 (0.54, 0.83)	0.59 (0.41, 0.77)	0.13 (0.06, 0.23)	0.69 (0.52, 0.83)	0.82 (0.67, 0.94)

# **Discussion**

# **Conclusions**

# Acknowledgements

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