

# Rapid species recognition favors greater avian-perceived plumage dichromatism in true thrushes (genus: *Turdus*)

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## Abstract

## Keywords

*dichromatism, plumage, species recognition*

## Introduction

Species recognition is necessary in sexually reproducing lineages for individuals to find compatible conspecific mates and produce viable offspring [1,2]. Specifically, conspicuous traits signaling species and sex identity reduce the time and effort expended when searching for compatible mates and lessen the likelihood of mating with heterospecifics [3]. Accordingly, traits which facilitate species and mate recognition should be favored when congeneric species are highly sympatric, when the time to find a mate is limited, and when conspecifics are not encountered often [1]. Alternatively, traits used in species and mate recognition may also serve as signals of status to conspecifics and reduce costly conflicts over resources and mates [4].

In birds, plumage colouration is a highly conspicuous trait which signals species and (often) sex identity [5,6]. Plumage sexual dichromatism, a distinct set of differences in the appearance of male versus female feather colouration, is common in birds and is often attributed to differing selection pressures on males and females [7–11]. Fundamentally, plumage sexual dichromatism results in a visible trait useful for recognizing an individual's species, sex, and age (e.g., in species with delayed plumage maturation, see [12]), reducing the time and effort necessary to identify a suitable mate [13,14]. Evidence in favor of the species recognition hypothesis for sexual dichromatism includes a positive association between migratory behaviour, shorter breeding seasons, and plumage sexual dichromatism [9]. Specifically, bird species that migrate to and from their breeding territories and have large geographic ranges tend to have greater plumage sexual dichromatism than species that do not migrate and have limited breeding ranges [10,15–17]. Additionally, bird species that reside on mainland continents and have larger breeding ranges tend to have greater plumage colour elaboration and sexual dichromatism than species living on islands with limited breeding ranges [18–23].

Moreover, plumage sexual dichromatism likely plays a role in hybridization avoidance via character displacement for species and mate recognition. For example, in European *Ficedula* flycatchers, female choice selects for divergent male plumage colouration, leading to character displacement between species and populations and reduced rates of hybridization [24]. More broadly and across taxa, greater plumage dichromatism is positively correlated with transitions from allopatry to parapatry and increases in geographic range overlaps among passerine sister species pairs [25]. Plumage sexual dichromatism has also been found to be positively associated with species richness among sister species pairs, and dichromatism mainly increases through changes in male plumage [26], suggesting that female choice and male-male competition lead to concurrent changes in male plumage and speciation events. Further, plumage sexual dichromatism is positively associated with greater interspecific plumage colour evolution rate and divergence in *Tyrannida* suboscines [27]. Therefore, plumage sexual dichromatism may be an especially favourable trait to facilitate species and mate recognition when closely-related species have sympatric breeding ranges.

Overall, ecological conditions that increase the time and degree of difficulty in finding a suitable conspecific mate should select for phenotypic traits that reliably signal species and sex identity. Taken together, repeated findings of greater plumage dichromatism in species that are i) migratory rather than nonmigratory, ii) have shorter breeding seasons, iii) live on mainlands rather than islands, iv) have larger breeding ranges, and v) breed in sympatry with closely-related species suggests that circumstances where rapid species recognition is challenging strongly favour the evolution and maintenance of prominent plumage sexual dichromatism in birds. Here, we test predictions of the species recognition hypothesis for sexually-dimorphic traits by examining the potential influences of breeding timing, spacing, and sympatry on plumage dichromatism (Fig.1) in the true thrushes (genus: *Turdus*), an exceptionally diverse genus of passerine birds consisting of about ~86 species distributed worldwide.

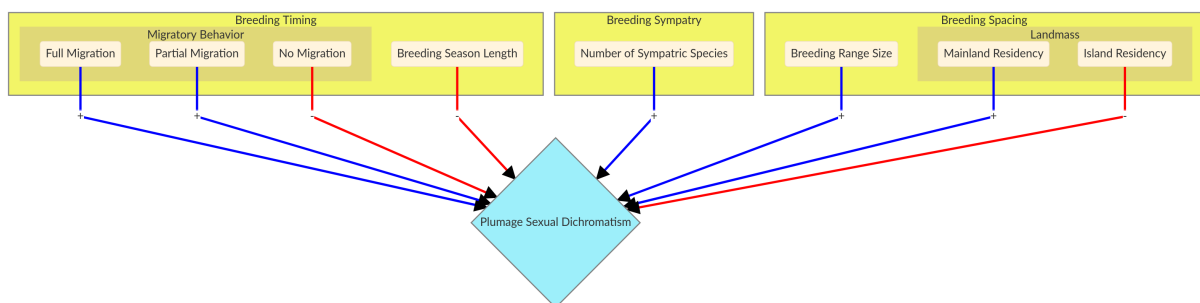


Figure 1: Hypotheses and predictions for each model. Arrow colours indicate predicted correlation, positive (blue) and negative (red).

## Methods

### Plumage sexual dichromatism

A total of N=77 *Turdus* thrush species (approximately ~89% of all known true thrush species) were sampled for plumage spectral reflectance using prepared bird skin specimens at the American Museum of

Natural History in New York City and the Field Museum in Chicago. Reflectance measurements spanning 300-700nm were taken in triplicate from the belly, breast, throat, crown and mantle plumage patches [28] of each individual. N=3 male and N=3 female individuals were measured for most species (exceptions: *T. lawrencii*, N=2 males and N=2 females; *T. swalesi*, N=1 male and N=1 female). Reflectance spectra were measured using a 400  $\mu$ m fiber optic reflection probe fitted with a rubber stopper to maintain a consistent measuring distance of 3 mm and area of 2 mm<sup>2</sup> at a 90° angle to the surface of the feather patch. Measurements were taken using a JAZ spectrometer with a pulsed-xenon light source (Ocean Optics, Dunedin, USA) and we used a diffuse 99% reflectance white standard (Spectralon WS-1-SL, Labsphere, North Sutton NH, USA).

We applied a receptor-noise limited visual model [29] of the European Blackbird (*T. merula*) visual system [30] in the *pavo* [31] package in R v4.0.0 [32] to calculate avian-perceived chromatic and achromatic visual contrast (in units of “Just-Noticeable Differences”, or JNDs) of male vs. female plumage patches for all sampled *Turdus* species. Chromatic and achromatic JNDs were calculated for male-female pairs within each species (i.e., N=9 JND values calculated per patch for each species where N=3 males and N=3 females sampled), and then JND values were averaged for each species’ respective plumage patches. Under ideal laboratory conditions, 1 JND is generally considered to be the discriminable threshold past which an observer is predicted to be able to perceive the two colors as different. However, natural light environments vary both spatially and temporally [33], bringing into question the accuracy of a 1 JND threshold for generalizing visual contrast under natural conditions. Therefore, we calculated the total number of sexually-dichromatic plumage patches per species (out of N=5 measured patches) as the number of plumage patches with average JND values > 1, 2, or 3 to account for uncertainty in visual discrimination thresholds due to variation in psychophysical and ambient lighting conditions affecting the strength of between-sex plumage visual contrast [34].

## Life History Data

### Breeding Timing Model

We collected data on migration behaviour and breeding season length from *Thrushes* [35] and the *Handbook of the Birds of the World* [36]. We assigned three different kinds of migratory behaviour: 1) *full migration* when a species description clearly stated that a species “migrates”, 2) *partial migration* when a species was described to have “altitudinal migration”, “latitudinal migration” or “movement during non-breeding season”, or 3) *sedentary* when a species was described as “resident” or “sedentary”. Breeding season length was defined as the number of months the species breeds each year.

### Breeding Sympatry Model

Species’ breeding ranges were acquired from *BirdLife International* [37]. We calculated congener breeding range overlaps (as percentages) using the *letsR* package in R [38]. We then calculated the number of sympatric species as the number of congeners with breeding ranges that overlap >30% with the focal species’ breeding range [25].

## Breeding Spacing Model

Species' breeding range sizes (in km<sup>2</sup>) were acquired using the *BirdLife International* breeding range maps. Species' island vs. mainland residence was also determined using breeding ranges from *BirdLife International*. Mainland residence was assigned if the species had a breeding range on any continent and Japan. Island residence was assigned to species having a breeding range limited to a non-continental landmass entirely surrounded by an oceanic body of water.

## Statistical modeling

We used phylogenetically-corrected Bayesian multilevel logistic regression models using the *brms* v2.13.0 package [39] in R v4.0.0 [32] where responses, the number of sexually-dichromatic patches >1, 2, and 3 chromatic and achromatic JNDs, were modelled as binomial trials (N=5 plumage patch "trials") to test for associations with breeding timing, breeding sympatry and breeding spacing. For all phylogenetically-corrected models, we used the *Turdus* phylogeny from Nylander et al. (2008) [40] to create a covariance matrix of species' phylogenetic relationships. All models used a dataset of N=67 out of the *Turdus* species for which all the types of data (see above) were available.

Our *breeding timing* models included the following predictors: z-scores of breeding season length (mean-centered by  $\mu = 5.4$  months, and scaled by one standard deviation  $\sigma = 2.3$  months), migratory behaviour (no migration as the reference category versus partial or full migration), and their interaction. *Breeding sympatry* models included the number of sympatric species with greater than 30% breeding range overlap as the only predictor of the probability of having a sexually-dichromatic plumage patch. *Breeding spacing* models included  $\log_e$  transformed breeding range size (km<sup>2</sup>) and breeding landmass (mainland as the reference category versus island). We also ran null models (intercept only) for all responses. All models' intercepts and response standard deviations were assigned a weak prior (Student T: df = 3, location = 0, scale = 10), and predictor coefficients were assigned flat priors. We ran each model for 6,000 iterations across 6 chains and assessed Markov Chain Monte Carlo (MCMC) convergence using the Gelman-Rubin diagnostic (Rhat) [41]. We then performed k-fold cross-validation [42] to refit each model  $K=16$  times. For each k-fold, the training dataset included a randomly selected set of  $N - N \frac{1}{K}$  or  $N \approx 63$  species, and the testing dataset included  $N \frac{1}{K}$  or  $N \approx 4$  species not included in the training dataset. Finally, we compared differences between the models' expected log pointwise predictive densities (ELPD) to assess which model(s) best predicted the probability of having a sexually-dichromatic plumage patch. [42].

Models' predictor effects were assessed using 90% highest-density intervals of the posterior distributions and probability of direction, the proportion of the posterior distribution that shares the same sign (positive or negative) as the posterior median [43], to provide estimates of the probability of that a predictor has an entirely positive or negative effect on the presence of sexually-dimorphic plumage patches. We assume predictor estimates with a probability of direction  $\geq 0.90$  to be indicative of a true existence of a predictor's effect on sexually-dimorphic plumage patches [43].

## Results

### Model comparisons

We obtained  $N \geq 4000$  effective posterior samples for each model parameter and all models' Markov Chains (MCMC) successfully converged ( $R_{\text{hat}} = 1$  for all models' parameters) (Supplementary Figure). All *breeding sympatry*, *breeding timing*, and *breeding spacing* models performed similarly well and substantially better than *intercept only* models in predicting the probability of having a sexually dimorphic plumage patch with achromatic JND values  $> 1$ ,  $2$ , or  $3$  (Table 1; all models predicting achromatic plumage patches had ELPD values within 4, following the convention of Burnham and Anderson (2002)[44]). Among models predicting the probability of having a sexually-dichromatic plumage patch with chromatic JND values  $> 1$ ,  $2$ , or  $3$ , all *breeding sympatry*, *breeding timing*, and *breeding spacing* models performed much better than *intercept only* models, and *breeding sympatry* models had the top predictive performance (Table 1; *breeding sympatry* models all have ELPD = 0, only the *breeding spacing* models predicting dichromatic plumage patches with had similar predictive performance).

### Achromatic plumage sexual dimorphism predictors

All model predictors' effect estimates are provided as the posterior median odds-ratio (OR) and 90% highest-density interval (HDI) in Table 2. Among predictors of achromatic sexually-dimorphic plumage patches, only predictors included in the *breeding timing* model have predictors with probability of direction ( $pd$ ) values  $\geq 0.90$  (Table 2). Specifically, longer breeding season length was associated with lower odds of a species having a sexually-dimorphic plumage patch with achromatic JND  $> 2$  (breeding season length, OR [90% HDI] = 0.10 [0.01, 1.1], 89.5% decrease in odds per 2.3-month increase in breeding season) and JND  $> 3$  (breeding season length, OR [90% HDI] = 0.25 [0.03, 1.5], 75% decrease in odds per 2.3-month increase in breeding season). Additionally, full migratory behaviour, rather than no migratory behaviour, was associated with greater odds of a species having a sexually-dimorphic plumage patch with achromatic JND  $> 1$  (full migration, OR [90% HDI] = 4.97 [0.95, 24.4]), JND  $> 2$  (full migration, OR [90% HDI] = 66.5 [3.2, 1802.4]) and JND  $> 3$  (OR [90% HDI] = 22.3 [1.6, 307.9]). Finally, both full and partial migratory behaviour, rather than no migration behaviour, in conjunction with longer breeding season lengths are associated with greater odds of a species having a sexually-dimorphic plumage patch with achromatic JND  $> 1$  (breeding season length x full migration, OR [90% HDI] = 4.84 [0.67, 39.6]), JND  $> 2$  (breeding season length x full migration, OR = 66.3 [0.59, 11415.7]; breeding season length x partial migration, OR [90% HDI] = 20.7 [0.9, 589.1]) and JND  $> 3$  (breeding season length x partial migration, OR [90% HDI] = 8.28 [0.76, 109.1]).

### Chromatic plumage sexual dimorphism predictors

Among predictors of *breeding timing* models predicting chromatic sexually-dimorphic plumage patches, longer breeding season length was associated with lower odds of a species having a plumage patch with chromatic JND  $> 2$  (OR [90% HDI] = 0.14 [0.01, 1.42], 86% reduction in odds per 2.3 month increase in

breeding season), and both full and partial migratory behaviour rather than no migration are associated with greater odds of a species having a plumage patch JND > 1 (partial migration, OR [90% HDI] = 2.2 [0.94, 4.9]), JND > 2 (full migration, OR [90% HDI] = 80.51 [2.8, 3432.9]) and JND > 3 (partial migration, OR [90% HDI] = 71.2 [0.32, 59062.9]; full migration, OR [90% HDI] = 234.7 [0.51, 300382.6]). For *breeding spacing models*, island residency rather than mainland residency was associated with lower odds of having a plumage patch > 1 chromatic JND (island, OR [90% HDI] = 0.27 [0.09, 0.89]). Finally, more *Turdus* species in sympatry was associated with higher odds of a species having a chromatic plumage patch with JND > 1 (number of sympatric species, OR [90% HDI] = 1.4 [1.18, 1.67], 40% increase in odds per each additional sympatric species), JND > 2 (sympatric species, OR [90% HDI] = 1.59 [1.01, 2.52], 59% increase in odds per each additional sympatric species), and JND > 3 (sympatric species, OR [90% HDI] = 2.11 [1.03, 4.46], 111% increase in odds per each additional sympatric species).

Table 1: Expected log pointwise predictive densities (ELPD) differences and kfold information criterion values of models (ELPD Difference  $\pm$  standard error (kfold IC  $\pm$  standard error)). Values closest to zero indicate greater model prediction performance.

		Model			
Plumage Metric	JND Threshold	Breeding Sympatry	Breeding Timing	Breeding Spacing	Intercept Only
Achromatic					
	1 JND	0 ± 0 (-122.17 ± 0.67)	-2.51 ± 2.49 (-124.68 ± 2.38)	-2.59 ± 1.01 (-124.76 ± 1.04)	-21.69 ± 7.36 (-143.87 ± 7.51)
	2 JND	0 ± 0 (-98.94 ± 7.56)	-1.19 ± 3.95 (-100.13 ± 9.22)	-0.7 ± 1.34 (-99.64 ± 7.92)	-52.42 ± 12.67 (-151.36 ± 13.4)
	3 JND	-0.04 ± 1.4 (-85.4 ± 8.91)	-1.7 ± 4.41 (-87.07 ± 10.71)	0 ± 0 (-85.37 ± 8.76)	-28.54 ± 10.02 (-113.91 ± 13.65)
Chromatic					
	1 JND	0 ± 0 (-115.75 ± 2.95)	-5.67 ± 3.55 (-121.42 ± 2.28)	-2.73 ± 3.4 (-118.49 ± 2.67)	-14.8 ± 7.22 (-130.55 ± 7.05)
	2 JND	0 ± 0 (-88.47 ± 8.77)	-3.8 ± 4.46 (-92.27 ± 10.01)	-3.32 ± 5.29 (-91.79 ± 10.91)	-50.53 ± 14.49 (-139 ± 16.77)
	3 JND	0 ± 0 (-62.77 ± 10.41)	-8 ± 4.32 (-70.77 ± 12.29)	-4.43 ± 3.9 (-67.2 ± 11.72)	-47.63 ± 15.34 (-110.4 ± 20.01)

Table 2: Model predictor effect estimates (posterior median odds ratio and 90% highest-density interval) on the presence of a plumage patch with achromatic or chromatic visual contrast values  $> 1$ , 2, and 3 JND. Model effects with a probability of direction (pd) value  $\geq 0.90$  are bolded in **red** for a negative effect and **blue** for a positive effect on plumage dichromatism. Phylogenetic signal ( $\lambda$ ) for each model is provided as the median and 90% credible interval of the intraclass correlation coefficient among species.

Model	Parameter	Achromatic, JND $> 1$	Achromatic, JND $> 2$	Achromatic, JND $> 3$	Chromatic, JND $> 1$	Chromatic, JND $> 2$	Chromatic, JND $> 3$
<b>Breeding Timing</b>	Intercept	0.31 (0.02, 5.29), pd = 0.76	<b>0.0 (0.54), pd = 0.98</b>	<b>0.0 (0.19), pd = 0.99</b>	0.41 (0.05, 2.79), pd = 0.78	<b>0.0 (0.173), pd = 0.95</b>	<b>0.0 (0.137), pd = 0.96</b>
	Breeding Season Length	0.94 (0.54, 1.75), pd = 0.57	<b>0.1 (0.01, 1.05), pd = 0.97</b>	<b>0.25 (0.03, 1.49), pd = 0.91</b>	0.89 (0.56, 1.4), pd = 0.66	<b>0.14 (0.01, 1.42), pd = 0.94</b>	0.08 (0.9, 1.4), pd = 0.83
	Partial Migration vs. No Migration	0.96 (0.31, 2.75), pd = 0.53	4.11 (0.3, 61.54), pd = 0.83	3.65 (0.44, 35.64), pd = 0.85	<b>2.2 (0.94, 4.89), pd = 0.94</b>	6.7 (0.42, 134.8), pd = 0.88	<b>71.16 (0.32, 5906.292), pd = 0.92</b>
	Full Migration vs. No Migration	<b>4.97 (0.95, 24.41), pd = 0.96</b>	<b>66.52 (3.19, 1802.4), pd = 0.99</b>	<b>22.34 (1.59, 307.91), pd = 0.98</b>	2.29 (0.69, 7.31), pd = 0.88	<b>80.51 (2.81, 3432.88), pd = 0.99</b>	<b>234.71 (0.51, 300382.62), pd = 0.95</b>
	Breeding Season Length x Partial Migration	1.34 (0.48, 3.92), pd = 0.68	<b>20.71 (0.87, 589.09), pd = 0.96</b>	<b>8.28 (0.76, 109.11), pd = 0.94</b>	1.39 (0.65, 3.12), pd = 0.76	<b>9.03 (0.44, 251.36), pd = 0.9</b>	34.46 (0.08, 68228.71), pd = 0.85
	Breeding Season Length x Full Migration	<b>4.84 (0.67, 39.63), pd = 0.9</b>	<b>66.3 (0.59, 11415.7), pd = 0.93</b>	16.41 (0.27, 824.69), pd = 0.89	1.68 (0.31, 8.33), pd = 0.7	<b>160.6 (0.84, 67791.13), pd = 0.95</b>	433.67 (0.01, 37194569.46), pd = 0.85
	Phylogenetic Signal $\lambda$ , Median (90% Credible Interval)	0.29 (0.16, 0.43)	0.72 (0.56, 0.86)	0.61 (0.42, 0.8)	0.17 (0.08, 0.28)	0.74 (0.57, 0.88)	0.89 (0.77, 0.97)
<b>Breeding Spacing</b>	Intercept	0.14 (0.7, 7.49), pd = 0.8	<b>0.0 (2.44), pd = 0.95</b>	<b>0.0 (0.14), pd = 0.98</b>	0.51 (0.03, 9.7), pd = 0.65	<b>0.0 (7.63), pd = 0.92</b>	<b>0.0 (8.195), pd = 0.91</b>
	Island vs. Mainland	1.08 (0.25, 4.79), pd = 0.54	0.53 (0.01, 17.83), pd = 0.61	0.92 (0.05, 19.32), pd = 0.52	<b>0.27 (0.09, 0.89), pd = 0.97</b>	0.03 (0.3, 9.99), pd = 0.89	0.04 (0.6759), pd = 0.77
	Breeding Range Size	1.08 (0.88, 1.32), pd = 0.75	1.23 (0.76, 2.01), pd = 0.77	1.3 (0.87, 1.93), pd = 0.87	1.02 (0.87, 1.19), pd = 0.58	1.24 (0.75, 2.05), pd = 0.77	1.26 (0.54, 2.99), pd = 0.69
	Phylogenetic Signal $\lambda$ , Median (90% Credible Interval)	0.27 (0.15, 0.41)	0.71 (0.56, 0.85)	0.6 (0.42, 0.77)	0.15 (0.07, 0.25)	0.72 (0.55, 0.86)	0.85 (0.71, 0.95)
<b>Breeding Sympatry</b>	Intercept	0.41 (0.03, 5.83), pd = 0.72	<b>0.0 (0.98), pd = 0.95</b>	<b>0.0 (0.34), pd = 0.98</b>	<b>0.25 (0.04, 1.35), pd = 0.91</b>	<b>0.0 (1.12), pd = 0.95</b>	<b>0.0 (0.29), pd = 0.98</b>
	Number of Sympatric Species ( $\geq 30\%$ Breeding Range Overlap)	1.03 (0.84, 1.27), pd = 0.61	1.15 (0.74, 1.75), pd = 0.71	1.13 (0.76, 1.63), pd = 0.71	<b>1.4 (1.18, 1.67), pd = 0.99</b>	<b>1.59 (1.01, 2.52), pd = 0.96</b>	<b>2.11 (1.03, 4.46), pd = 0.97</b>
	Phylogenetic Signal $\lambda$ , Median (90% Credible Interval)	0.26 (0.14, 0.39)	0.7 (0.54, 0.83)	0.59 (0.41, 0.77)	0.13 (0.06, 0.23)	0.69 (0.52, 0.83)	0.82 (0.67, 0.94)

## Discussion

## Conclusions

## Acknowledgements

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