

Results

Repeated Measures ANOVA

Within Subjects Effects

	Sum of Squares	df	Mean Square	F	p	$\eta^2_p$
tempo*af_leve_ipaq	160348	4	40087	1.88	0.153	0.274
Residual	425472	20	21274			

Note. Type 3 Sums of Squares

[3]

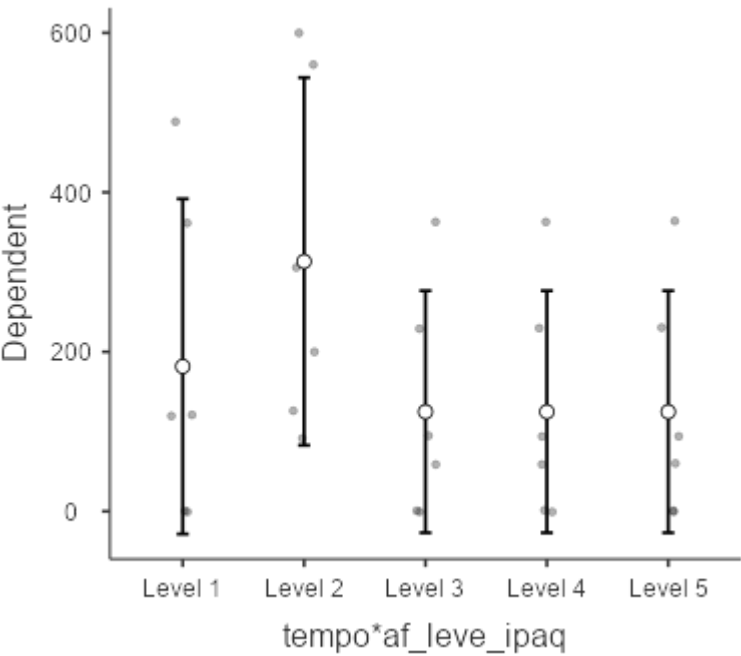
Between Subjects Effects

	Sum of Squares	df	Mean Square	F	p	$\eta^2_p$
Residual	329858	5	65972			

Note. Type 3 Sums of Squares

Estimated Marginal Means

tempo\*af\_leve\_ipaq



Estimated Marginal Means - tempo\*af\_leve\_ipaq

tempo*af_leve_ipaq	Mean	SE	95% Confidence Interval	
			Lower	Upper
Level 1	182	81.7	-28.5	392
Level 2	313	89.7	82.8	544
Level 3	125	59.0	-26.9	277
Level 4	125	59.0	-26.9	277
Level 5	125	59.0	-26.9	277

[4]

Repeated Measures ANOVA

Within Subjects Effects

	Sum of Squares	df	Mean Square	F	p	$\eta^2_p$
tempo*af_moderada	83280	4	20820	0.712	0.594	0.125
Residual	585040	20	29252			

Note. Type 3 Sums of Squares

[3]

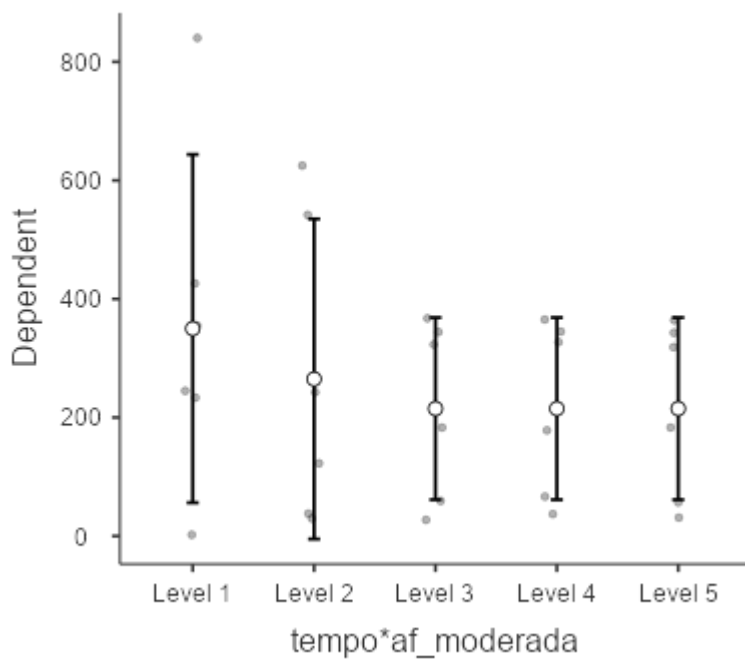
Between Subjects Effects

	Sum of Squares	df	Mean Square	F	p	$\eta^2_p$
Residual	459160	5	91832			

Note. Type 3 Sums of Squares

Estimated Marginal Means

tempo\*af\_moderada



[4]

## Repeated Measures ANOVA

Within Subjects Effects

	Sum of Squares	df	Mean Square	F	p	$\eta^2_p$
tempo*af_vigorosa	370416	4	92604	5.11	0.005	0.506
Residual	362333	20	18117			

Note. Type 3 Sums of Squares

[3]

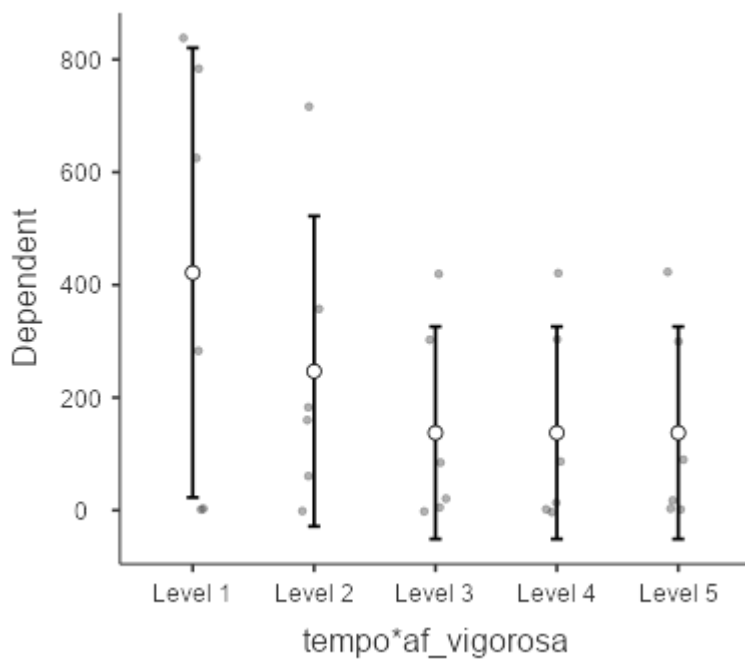
Between Subjects Effects

	Sum of Squares	df	Mean Square	F	p	$\eta^2_p$
Residual	1.19e+6	5	237635			

Note. Type 3 Sums of Squares

## Estimated Marginal Means

tempo\*af\_vigorosa



Estimated Marginal Means - tempo\*af\_vigorosa

tempo*af_vigorosa	Mean	SE	95% Confidence Interval	
			Lower	Upper
Level 1	422	155.2	22.7	821
Level 2	247	107.1	-28.5	522
Level 3	138	73.3	-51.0	326
Level 4	138	73.3	-51.0	326
Level 5	138	73.3	-51.0	326

[4]

## References

- [1] The jamovi project (2021). *jamovi*. (Version 1.6) [Computer Software]. Retrieved from <https://www.jamovi.org>.
- [2] R Core Team (2020). *R: A Language and environment for statistical computing*. (Version 4.0) [Computer software]. Retrieved from <https://cran.r-project.org>. (R packages retrieved from MRAN snapshot 2020-08-24).
- [3] Singmann, H. (2018). *afex: Analysis of Factorial Experiments*. [R package]. Retrieved from <https://cran.r-project.org/package=afex>.
- [4] Lenth, R. (2020). *emmeans: Estimated Marginal Means, aka Least-Squares Means*. [R package]. Retrieved from <https://cran.r-project.org/package=emmeans>.