Results

Repeated Measures ANOVA

Within Subjects Effects

	Sum of Squares	df	Mean Square	F	p	η^2_p
tempo*af_moderada_fleem	118391	4	29598	1.33	0.294	0.210
Residual	446277	20	22314			

Note. Type 3 Sums of Squares

[3]

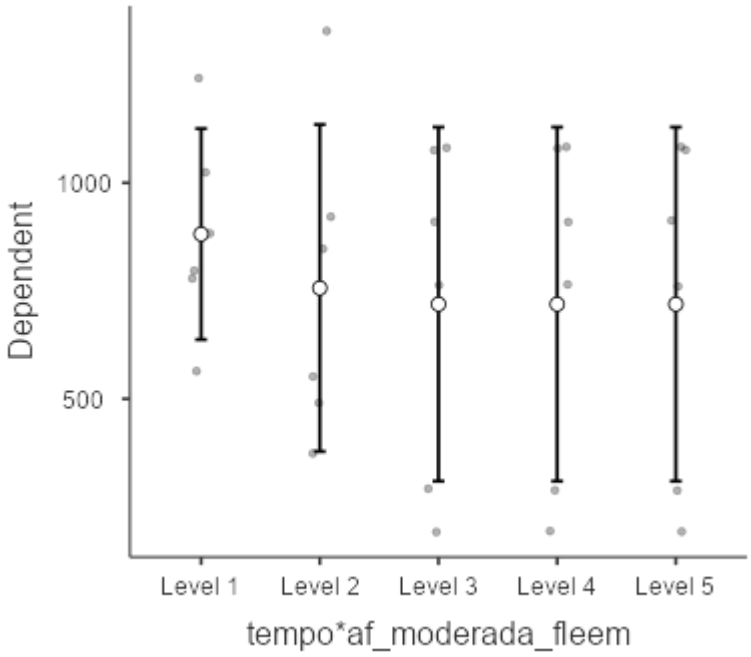
Between Subjects Effects

	Sum of Squares	df	Mean Square	F	p	η^2_p
Residual	2.76e+6	5	552521			

Note. Type 3 Sums of Squares

Estimated Marginal Means

tempo*af_moderada_fleem



Estimated Marginal Means - tempo*af_moderada_fleem

			95% Confidence Interval	
tempo*af_moderada_fleem	**Mean**	**SE**	**Lower**	**Upper**
Level 1	881	95.0	637	1126
Level 2	757	147.2	378	1135
Level 3	719	159.4	309	1129
Level 4	719	159.4	309	1129
Level 5	719	159.4	309	1129

[4]

Repeated Measures ANOVA

Within Subjects Effects

	Sum of Squares	df	Mean Square	F	p	η^2_p
tempo*af_moderada	11420	4	2855	0.478	0.752	0.087
Residual	119527	20	5976			

Note. Type 3 Sums of Squares

[3]

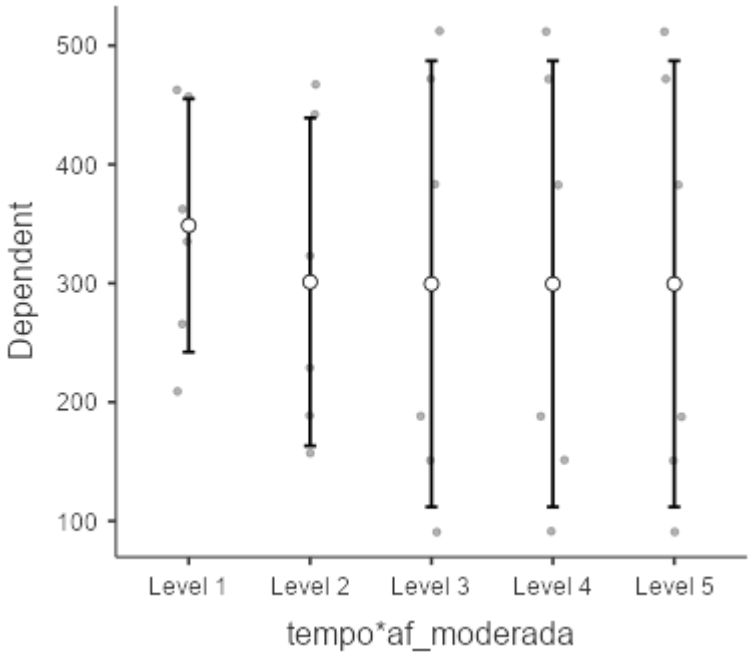
Between Subjects Effects

	Sum of Squares	df	Mean Square	F	p	η^2_p
Residual	497895	5	99579			

Note. Type 3 Sums of Squares

Estimated Marginal Means

tempo*af_moderada



Estimated Marginal Means - tempo*af_moderada

			95% Confidence Interval	
tempo*af_moderada	**Mean**	**SE**	**Lower**	**Upper**
Level 1	349	41.4	242	455
Level 2	301	53.7	163	439
Level 3	300	73.0	112	487
Level 4	300	73.0	112	487
Level 5	300	73.0	112	487

[4]

Repeated Measures ANOVA

Within Subjects Effects

	Sum of Squares	df	Mean Square	F	p	η^2_p
tempo*af_vigorosa_fleem	2973	4	743	0.301	0.874	0.057
Residual	49419	20	2471			

Note. Type 3 Sums of Squares

[3]

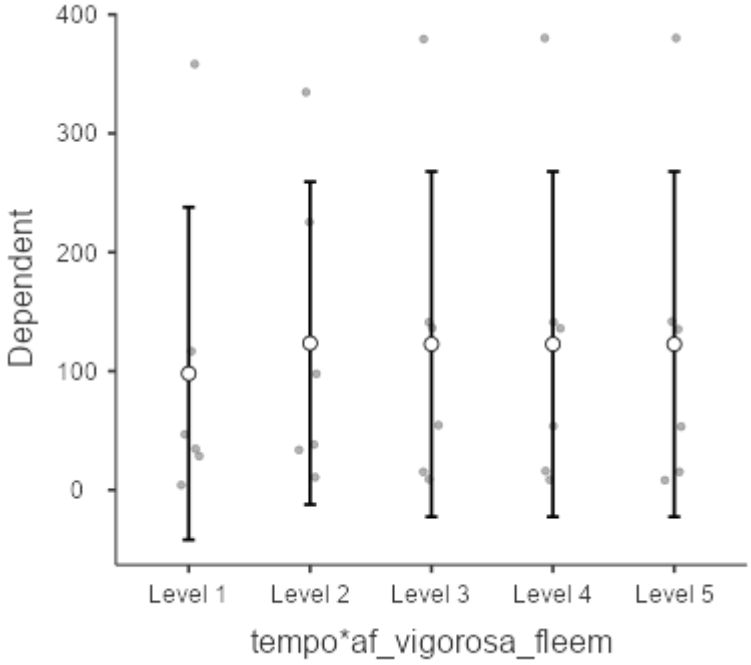
Between Subjects Effects

	Sum of Squares	df	Mean Square	F	p	η^2_p
Residual	410363	5	82073			

Note. Type 3 Sums of Squares

Estimated Marginal Means

tempo*af_vigorosa_fleem



Estimated Marginal Means - tempo*af_vigorosa_fleem

			95% Confidence Interval	
tempo*af_vigorosa_fleem	**Mean**	**SE**	**Lower**	**Upper**
Level 1	98.0	54.4	-41.9	238
Level 2	123.5	52.8	-12.2	259
Level 3	122.7	56.5	-22.6	268
Level 4	122.7	56.5	-22.6	268
Level 5	122.7	56.5	-22.6	268

[4]

References

[1] The jamovi project (2021). *jamovi*. (Version 1.6) [Computer Software]. Retrieved from https://www.jamovi.org.

[2] R Core Team (2020). *R: A Language and environment for statistical computing*. (Version 4.0) [Computer software]. Retrieved from https://cran.r-project.org. (R packages retrieved from MRAN snapshot 2020-08-24).

[3] Singmann, H. (2018). *afex: Analysis of Factorial Experiments*. [R package]. Retrieved from https://cran.r-project.org/package=afex.

[4] Lenth, R. (2020). *emmeans: Estimated Marginal Means, aka Least-Squares Means*. [R package]. Retrieved from https://cran.r-project.org/package=emmeans.