# How to Reset Your MetaMask Password

## 1. Ensure You Have Your Secret Recovery Phrase:

Before proceeding, make sure you have your 12-word secret Secret
Recovery Phrase saved securely. If you don't have it, follow the
instructions in How to reveal your Secret Recovery Phrase to retrieve it.

#### 2. Unlock MetaMask:

 If your wallet is currently unlocked, lock it by clicking on the account icon in the top right corner and selecting "Lock" from the dropdown menu.

## 3. Access the Forgot Password Option:

- o Click on "Forgot password" on the unlock screen.
- Enter your 12-word secret Secret Recovery Phrase in the provided text boxes. Ensure you insert each word in the correct order and all in lowercase.

#### 4. Set a New Password:

- Enter your new password.
- o Retype your password to confirm it was written correctly.

#### 5. Restore Your Wallet:

o Click "Restore."

Remember to keep your Secret Recovery Phrase safe, just like you would protect valuable assets. Avoid storing it digitally to maintain security. If you encounter any issues, MetaMask Support cannot reset your password directly, as they do not have access to your Secret Recovery Phrase. For more details, refer to the official MetaMask Help Center article.

Please note that any accounts (addresses) not originating from your phrase will not be recovered after the reset process. Imported accounts (hardware wallet or private keybased) are not included under the Secret Recovery Phrase and must be re-added manually. Verify that you have the private key/seed phrase for any imported accounts before proceeding.

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