



**Bina Bangsa School**

培民学校

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# SUPPLEMENTARY UNIFORM GUIDELINES PRIMARY, SECONDARY & JUNIOR COLLEGE

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# Supplementary Uniform Guidelines: PE Shirts and House Shirts

## Supplement to BBS Uniform Guidelines

### Purpose

The purpose of this document is to establish clear guidelines and expectations regarding the appropriate use of supplementary uniforms, including Physical Education (PE) shirts and house t-shirts within the school. These guidelines are designed to ensure consistency, promote school spirit, and maintain a sense of identity among students during various school activities.

### Scope

This policy applies to all students enrolled in the Bina Bangsa School and pertains specifically to the use of non-standard uniforms. This includes, but is not limited to:

- **Physical Education (PE) Attire:** Outlining when and where PE shirts and related gear should be worn during the school day and for specific activities.
- **House T-Shirts:** Guidelines for wearing house t-shirts during inter-house events, sports days, and other school-related competitions.

This document does not cover the standard school uniform, which is addressed in a separate policy. The guidelines herein aim to provide clarity to students, parents, and staff on the expectations for supplementary uniforms, ensuring that they are worn appropriately and in accordance with school values.



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## Definitions

### PE Attire



### House T-shirts





## Guidelines

### PE Attire

- When to Wear PE Attire:
  - **PE Lessons:** Students must wear their PE shirts during all scheduled PE classes. They should change into their PE attire before the lesson begins and should change back into their regular school uniform after the lesson.
  - **Sports and Physical Activities:** Students are required to wear PE attire during all school-organized sports activities, including after-school sports programs, fitness programs, and school-wide exercise sessions.
  - **CCA Activities:** For Co-Curricular Activities (CCAs) that involve physical exertion, students should wear their PE shirts, unless the CCA has its own designated attire.
- Footwear:
  - Students must wear appropriate sports shoes with their PE attire. Open-toed shoes, sandals, or slippers are not allowed during PE lessons or any sports-related activities.
  - If students do not have sports shoes, they may wear their regular school shoes that comply with the school's uniform regulations.
- Maintenance of PE Attire:
  - PE attire should be clean and in good condition. Torn or excessively worn-out attire should be replaced.
  - Students are encouraged to label their PE shirts with their names to avoid loss or mix-up.

### House T-Shirts

- When to Wear House T-Shirts:
  - **Sports Day:** All students must wear their designated house t-shirts during Sports Day to represent their house. This is mandatory, and students should ensure they wear the correct color and house shirt.
  - **Inter-House Competitions:** For any inter-house events, whether they are sports, academic, or cultural, students are required to wear their house t-shirts to promote house spirit.
  - **House Meetings and Assemblies:** Students may be required to wear their house t-shirts on specific days when house meetings or assemblies are held.
  - **Designated Days:** Some schools may have specific days, such as "House Spirit Day" or certain Fridays, when students are encouraged or required to wear their house t-shirts.



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- **Restrictions on Wearing House T-Shirts:**
  - House t-shirts should only be worn during designated events or days. They should not replace the regular school uniform on standard school days unless explicitly permitted.
  - Students should refrain from altering or modifying their house t-shirts in any way, such as cutting, writing on, or decorating them.
- **Maintenance of House T-Shirts:**
  - House t-shirts should be kept in good condition, with no stains, tears, or excessive wear.
  - As with PE attire, students are encouraged to label their house t-shirts with their names for easy identification.

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