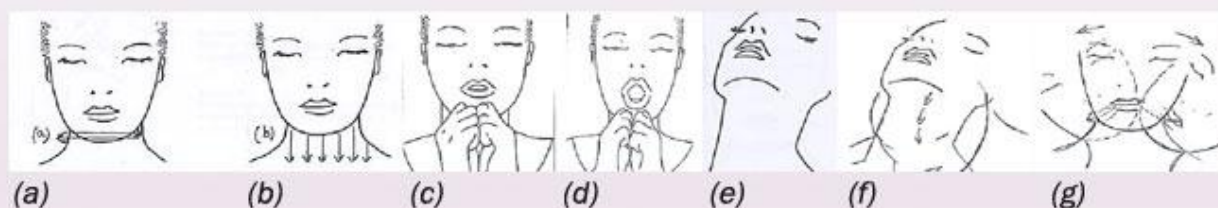


# Don't forget your neck!



Sothys specially researched and developed **Shaping Neck Care** to fight against gravity and manage cutaneous looseness and sagging. Formulated with Mamaku Extract, Watercress and Biomimetic peptides, it remodels the neck contour, and refines and re-sculpts the lower part of the face, neck and décolletage.

## APPLICATION METHOD:



a) On the chin, apply from left to right.

b) On the neck, apply from top to bottom.

Position 1: Keep your neck straight & place your thumbs under the chin

c) Press lightly to the top with your thumbs while you try to open the mouth. Repeat for 5x.

d) Keep the mouth open while you press the top. Repeat for 5x.

Position 2: Keep your back straight, shoulders down & bend your head backward

e) Clench your teeth while contracting your chin & neck. Repeat for 5x.

Position 3: Keep your back straight, shoulders down

f) Put your tongue on the palate while contracting your chin & neck muscle for 6 sec.

Repeat for 5x. Bend your head backward & forward. From left to right. Repeat for 5x.

*L'Espace*  
*Santé*

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