# BMEG 321 | Final Project Electroneurogram for Multiple Sclerosis Diagnosis

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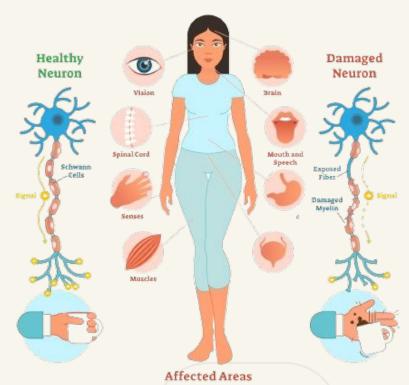
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# Section 01: Problem Overview

#### Multiple Sclerosis (MS)

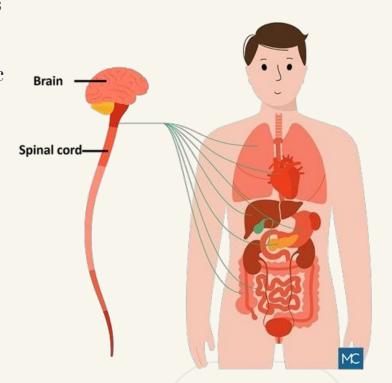
- Autoimmune Disorder of the Brain and Spinal Cord (Central Nervous System)
- Involves Degradation of Myelin Sheath which Insulates Transmission of Signals
  - Affects 3 Million People Worldwide
- Classified Based on Stages of Progression:
  - Clinically Isolated Syndrome
  - Relapsing-Remitting MS
  - Secondary Progressive MS
  - Primary Progressive MS



https://the conversation.com/what-causes-multiple-sclerosis-what-we-know-dont-know-and-suspect-l0549l

#### The Vagus Nerve

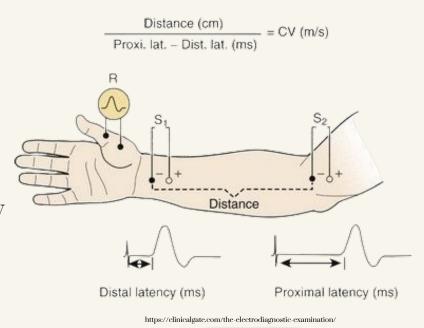
- Cranial Nerve X. within the Autonomous Division of the Nervous System
- Essential Component of the Sympathetic and Parasympathetic Involuntary Reflexes
- Longest Peripheral Nerve in the Body,
  Extends from Brainstem to Vital
  Abdominal Organs via the Spinal Cord:
  - Heart
  - Lungs
  - o *Liver*
  - Digestive Tract



https://myacare.com/blog/the-vagus-nerve-what-is-it-and-what-issues-affect-it

#### ElectroNeuroGram (ENG)

- Diagnostic Technique for Understanding Neural Health with Clinical Applications:
- Assessing Nerve and Muscle Function
- Characterizing Neurological Disorders
- Monitoring Nerve Regeneration
- Involves Applying a Short Stimulus of 100V and Recording the Action Potential
- Measured from Peripheral Nerves using either Surface, Cuff or Needle Electrodes



# Section 02: Project Goal

#### Research Question & Hypothesis



#### Research Question:

(l). What quantifiable effect does Multiple Sclerosis (MS) have on the vagus cranial nerve? (2). How can this be harnessed using clinical methods in neurophysiology such as an electroneurogram (ENG) to fully characterize the disease progression?

#### Null Hypothesis:

- (l). The effect of Multiple Sclerosis (MS) on the vagus cranial nerve can be sufficiently quantified.
- (2). Relevant clinical methods in neurophysiology such as an electroneurogram (ENG) can be implemented to fully characterize the disease progression.

## Section 03: Research Timeline

#### Progression of Technological Developments

https://www.news-medical.net/health/Relapsing-Remitting-Multiple-Sclerosis-Diagnosis.aspx https://www.qps.com/2020/07/15/new-research-neurofilament-light-chain-is-a-biomarker-with-high-translational-value

1940s - The Lumbar Puncture Procedure was Established to Assess Cerebrospinal Fluid for MS Symptoms by Elvin Kabat 1990s - Neurofilament Light Assaying was Developed as a Biomarker of Neuronal Damage by Karlsson and Rosengren









1980s - First Pictures of the Brain are Generated from Magnetic Resonance Imaging (MRI) to Positively Diagnose MS

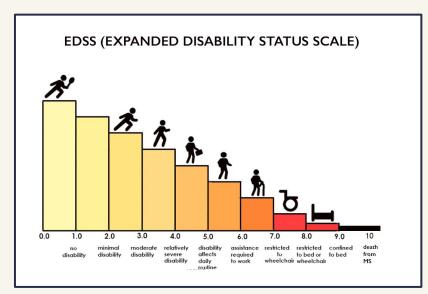


1860s - First Attempt to Treat Multiple Sclerosis with Electrical Stimulation and Aphrodisiacs by French Neurologist Jean Charcot

# Section 04: Current Landscape

#### Ability Based Measurement Methods

- Kurtzke Expanded Disability Status Scale
  - 1 10 Rating Based on 8
    Functional System Scores
- Neurostatus, Multiple Sclerosis Functional Composite, Self Reported Quality of Life
- Common Issues
  - Evaluator Dependent
  - No "Gold Standard" Test
  - Bias Towards Certain Abilities
  - Ambiguous Definition Functional Systems



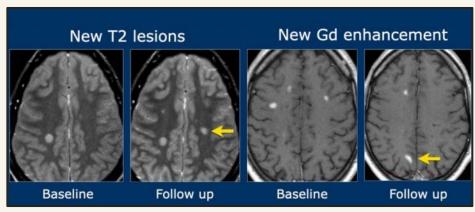
https://www.hsctstopsms.com/hsct-for-ms/edss-scale/

#### Pathophysiological Progression Methods

- Features Associated with MS are used to Gauge Disease Progression
  - Demyelination, Inflammation
- Key Features for Different Stages of MS Progression
  - Relapsing MS: Plaques of Active Demyelination
- Common Issues
  - Difference in MS Attributes between Patients
  - Individual Heterogeneity is not Guaranteed
    - Time Dependent

#### Pathophysiological Progression Methods

- Use of Biomarkers to Characterize Disease State
- Molecules that Appear in the Blood at Different Stages of MS
- Ex: T2 Biomarker to Determine Topography of Lesions on Spinal Cord



https://radiologyassistant.nl/neuroradiology/multiple-sclerosis/diagnosis-and-differential-diagnosis-3

#### Key Takeaway #1.

# "No reliable, universal method to track MS progression"

#### MS, The Vagus Nerve, & ENG

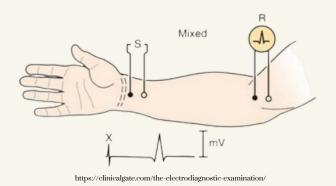
- Using Ultrasonography to Image the Vagus Nerve and Diagnose MS
  - There is a Well-Researched Connection between MS and the Vagus Nerve
- ENG is an Industry Standard Technique to Stimulate the Vagus Nerve for Epilepsy
  - Vagus Nerve can be Interfaced with Using ENG
- Induced Seizures were Detected based on ENG Data from Vagus Nerve in Rats
  - ENG may be able to Detect Changes in the State of the Vagus Nerve in Humans

Key Takeaway #2.

"ENG has not been used to detect vagus nerve signals in the context of MS"

# Section 05: Proposed Solution

#### **Proof-of-Concept for Clinical Applications**





https://www.wpiinc.com/nce-nerve-cuff-electrodes.html&sa=D&source=editors&ust=1709930503l29777&usg=AOvVaw0G4pJ8I0RQQRlRc2ibT0L-

- Cuff Electrodes are Attached to the Vagus Nerve Bundles
  - Stimulates and Records Impulses of the Peripheral Nerve
- Listens from 2 Separate Points
  - Sl and S2
  - Nerve Health can be Estimated by Comparing its Latency to a Healthy One

#### Proof-of-Concept for Clinical Applications

- For Diagnostic Purposes, Being Able to Isolate Nerve Fibres is Beneficial:
  - Beamforming (BF)
    - Increase SNR, Direct Signal to Location Allows for Identification of Clusters of Nerve Fibres
  - Discriminative Field Potential
    - Used to Calibrate Beamforming Process
    - Identifies Difference between Physiological Condition (Muscle Contracted vs Relaxed)
    - Discrimination Index Calculated

# Section 06: Limitations

#### Shortfalls of the Technical Design

- Nerves are Difficult to Completely Isolate
  - Interference from Surrounding Nerve Impulses
- The VN Spans a Large Portion of the Body
  - Difficult to Isolate Signals in Larger Distances
  - Limited to Measuring Shorter Segments
- The VN Sits Deep within the Body
  - Invasive Approach is Required

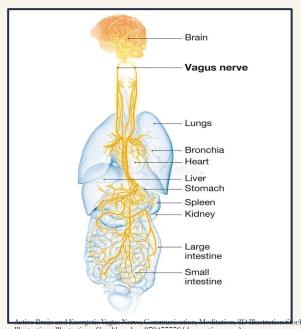


Illustration - Illustration of health, colon: 259455556 (dreamstime.com)

## Section 07: Future Work

#### Potential Areas for Improvement

- Minimally Invasive Procedures
  - Laparoscopic Instruments
  - AI/Robotics
- Improved Signal Isolation
- Increased Safety and Access to Different Regions of the VN



http://drjuimandke.com/minimally-invasive-surgery/

#### Conclusion

Multiple Sclerosis (MS) is a neurodegenerative disease that can potentially be characterized and diagnosed by the neuromodulation technique of **ElectroNeuroGram (ENG)** although questions about its invasiveness and efficacy need to be adequately addressed to ensure effective implementation within clinical settings.

# Section 08: References

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## Thank You!