

# The Zen Performer®: A New Approach in Deep Coaching

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#### Overview

Deep Coaching, a
Reinforcement Learning Model,
called The Zen Performer®,
will be used to explore the
possibility to reduce the stress
generated within an
organization because of the
lack of leadership.



#### Problem

Connecting Human with an RL Model to accelerate the learning process of an agent:

- Modeling RL for the Zen Performer Features
- Modeling a Human Network in the context of parallel coaching
- Connecting two different models

Question: By connecting different models can we gain in term of efficiency (speed learning)?

#### Framework



# **Training**

Our agents are trained to maximize their rewards. The Deep Coaching Algorithm used a value iteration from the 1957 bellman equation:



Transition Graph for The Zen Performer



#### Results

RL results without integrating the HCAI Network Data.

Policy Evaluation After 10 Iterations

State	V(s)	Pi(s)
1	101.25	Send Relaxing Image
2	96.56	Send Motivating Image
3	89.80	Send Relaxing Image
4	83.85	Send Motivating Image
5	72.03	Send Relaxing Image
6	64.22	Send Motivating Image
7	44.98	Send Relaxing Image
8	35.58	Send Motivating Image
9	10	Send Relaxing Image
10	0	None
318.06	598.27	53.16%

# Comparative Models

The Zen Performer® Deep Coaching has been compared to Deep Coach, D-COACH, COACH, Advise and CoachAl

Models	Max Score / Rewards	Iterations / Time
Advise	500	300 episodes
СОАСН	200	10 episodes
D-Coach	500	10 minutes
Zen Performer	598° scale up by 1,5 with HCA to a reward of 897°	10 iterations

## **Future work**

Integration of more features within the model to accelerate the speed of learning.

#### Discussion

- Which type of AI Coach Platform can improve diversity?
- How to better assess the societal impact of Al Coaching Platforms?



### References and Acknowledgement

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