

60-90 Study Strategy

- This strategy does **NOT** guarantee that you will pass, it is simply a guideline to follow that assists in creating a healthy study routine and habits.
- Once you consistently score 90% or higher on practice tests for an objective, feel free to move on to the next objective. However, you should go back and review the objective often to make sure you still understand it.
- If you need a change of pace or get stuck with learning, feel free to mix it up by using different resources. I often refer to [CyberInsight](#) for a fresh perspective on objectives/ subjects but there are tons of resources all over the interwebs.

Pair the free resources I shared on my GumRoad with a PluralSight(\$30/month) or IT Pro TV(\$60/month) account. Read the sections in the PDFs, then watch the videos about the same objectives, this way you get multiple doses on paper and a visual aspect. This gives the information a better chance of sticking. Use YouTube to get more visual representations for concepts.

Week 1-2: Introduction and Security Fundamentals

- Day 1-7: Review exam objectives and gather study materials
- Day 8-14: Basic security concepts, terminology, and principles
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better

Week 3-4: Architecture and Design

- Day 15-21: Enterprise security architecture
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better
- Day 22-28: Secure network design and implementation
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better

Week 5-6: Implementation

- Day 29-35: Identity and access management
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better
- Day 36-42: Public key infrastructure and cryptography
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better

Week 7-8: Operations and Incident Response

- Day 43-49: Security operations and monitoring

- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better
- Day 50-56: Incident response procedures and forensics
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better

Week 9-10: Governance, Risk, and Compliance

- Day 57-63: Risk management and disaster recovery
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better
- Day 64-70: Compliance and legal considerations
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better

Week 11-12: Threats, Attacks, and Vulnerabilities

- Day 71-77: Common threats and vulnerabilities
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better
- Day 78-84: Attack types and mitigation strategies
- Take practice tests on the above section in Pluralsight/ IT Pro TV until you consistently score 90% or better

Week 13: Final Review and Practice

- Day 85-90: Comprehensive review, practice exams, and identifying weak areas
- Take practice tests on ALL sections in Pluralsight/ IT Pro TV until you consistently score 90% or better. If you want a real challenge, select the maximum amount of questions. This will test your patience and will be way harder than the actual exam.

For each day:

1. Weekdays (2-3 hours):
 - 1 hour: Study new material
 - 1 hour: Review previous material
 - 30 minutes to 1 hour: Practice questions
2. Weekends (4-5 hours):
 - 2 hours: Study new material
 - 1 hour: Review previous material
 - 1-2 hours: Hands-on labs or practical exercises

Throughout the study period:

- Take practice tests regularly to assess your progress
- Focus extra time on areas where you're struggling

- Use varied study methods (reading, videos, flash cards, hands-on practice) to reinforce learning