



# WELCOME TO THE GAZA COMMUNITY MENTAL HEALTH PROGRAMME



## [\*\*About GCMHP\*\*](#)

## [\*\*Departments\*\*](#)

## [\*\*Conferences\*\*](#)

## [\*\*Events & Activities\*\*](#)

## [\*\*Publications & Research\*\*](#)

## [\*\*Annual Report\*\*](#)

## [\*\*Dr. Eyad El-Sarraj's Home Page\*\*](#)

## [\*\*Visitors to GCMHP\*\*](#)

## [\*\*News From GCMHP\*\*](#)

## [\*\*Contact guide\*\*](#)

## [\*\*Guest book\*\*](#)

## [\*\*Appeals & Press releases\*\*](#)

مقالات د. إياد السراج في الصحافة

## **4TH-INTERNATIONAL CONFERENCE 'WOMEN IN PALESTINE' 21-23 NOVEMBER, 1999**

## **Conference Schedule**

### New Articles by Dr. Eyad El-Sarraj

من مقالات د. إياد السراج في الصحافة

#### [The battle goes on](#)

الأسرى والمقاومات !!  
مطلوب.. مواطن !!

### [Painting's Gallery](#) by Awatif Abdel Hamid



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**GCMHP, Gaza Palestine P.O. Box 1049 Tel: + 972 7 2865949 Fax: + 972 7 2824072**

# ***Research Center***

**Immediately** after the opening of the Programme, the research team was established in order to investigate and analyze the effects of violence, on individuals and families. The purpose of this is also to aid our clinical staff in determining the most effective methods of treatment.

We also hope that knowledge gained from our experience in dealing with large-scale trauma, particularly among children, will be of use to mental health workers elsewhere.

## **Our on-going projects are:**

- 1- "Trauma, Parenting, and Bedwetting"
- 2- "The Longitudinal Study for the Long-term Effects of Traumatic Events"
- 3- "Codification of MMPI2 Test"
- 4- "Schizophrenia and Social Support"
- 5- "A Study on Some Neurotic Symptoms of victims of Violence in the Gaza Strip"

## **Abstracts:**

- (1) Relationship between Traumatic Events, Children's Gender, and Political Activity, and Perceptions of Parenting Styles" (Raija-Leena Punamaki, Samir Qouta, and Eyad El-Sarraj)
- (2) Parenting style and Children's Activity, Resources, and Psychological Well-Being in Traumatic Conditions" (Samir Qouta, Raija-Leena Punamaki, and Eyad El-Sarraj)
- (3) Prison experience and Coping Styles Among Palestinian Men" (Samir Qouta, Raija-Leena Punamaki, and Eyad El-Sarraj)
- (4) House demolition and Mental Health: Victims and the Witnesses" (Samir Qouta, Raija-Leena Punamaki, and Eyad El-Sarraj)
- (5) The impact of peace Treaty on Psychological Well-Being: A Follow-UP Study of Palestinian Children" (Samir Qouta, Raija Leena Punamaki, and Eyad El-Sarraj)
- (6) The relation between Traumatic Experiences, Activity, and Cognitive and Emotional Responses Among Palestinian Children" (Samir Qouta, Raija-Leena Punamaki, and Eyad El-Sarraj)
- (7) Experience of torture and Ill-Treatment and Post traumatic Stress Disorder Symptoms Among Palestinian Political Prisoners" (Eyad El Sarraj, Raija-Leena Punamaki, Suhail , and Derek Summerfield)
- (8) Models of Traumatic Experiences and Children's Psychological Adjustment: The Roles Of Perceived Parenting and the Children's Own Resources and Activity (Samir Qouta, Raija-Leena Punamaki, and Eyad El-Sarraj)

# ***Women's Empowerment Project***

- [About the Women's Empowerment Project \(WEP\)](#)
- [Stories of Success](#)
- [Some paintings by Awatif Abdel Hamid, Artist and Art teacher](#)



## **About the Women's Empowerment Project (WEP):**

The Women's Empowerment Project (WEP) forms part of the Gaza Community Mental Health Programme. The ultimate goal of the WEP , is to improve the quality of life of women victims of violence, their families and community, through strengthening of local rehabilitation, education and training facilities. The ongoing deterioration of the socio-economic and political situation in the Gaza Strip has lead to an increase in violence, specially against women and children. This also lead to an increased demand by women for the WEP services. The WEP has responded by expanding its range of viable services. At the present time the WEP offers facilities allowing for women to be trained in vocational and income generating skills, while at the same time providing psychological and legal counseling, and education in self development, women's health, social and legal issues. The WEP has three center, in Gaza, Rafah and Beach Camp. The further plans include the replication of these centers in the middle camps area due to their present lack of services.

Using a Training of Trainers approach will help to develop a pool of female community leaders, working as educators and mentors within the community.

Currently, training courses are being developed for women who were unable to complete their secondary schooling, and networks are being established with local policewomen to cooperate in a training course which will increase their skills and awareness in dealing with vulnerable sectors of the community.

Since its establishment, the project has focused on the community approach. Workshops, public meetings and support groups are organized beside lectures from within or outside

the center. The project philosophy and believes that a woman school not be considered just as separate unit, but should be dealt with the family as a whole.

Being conscious of the importance of gender awareness within the framework of training of trainers and education, the project also realized that this issue is not exclusive to women, so efforts will be made to regularly monitor the impact of these courses on male members of families, and by extension, the broader community.

In 1997 the WEP established a resource unit and started to collect information in order to establish a data base concerning violence against women in the community. As the involvement of women in the development process is essential, these information collected by the resource center will be helpful in designing future research.

**Shadia El Sarraj**

***Director of Women's Empowerment Project***

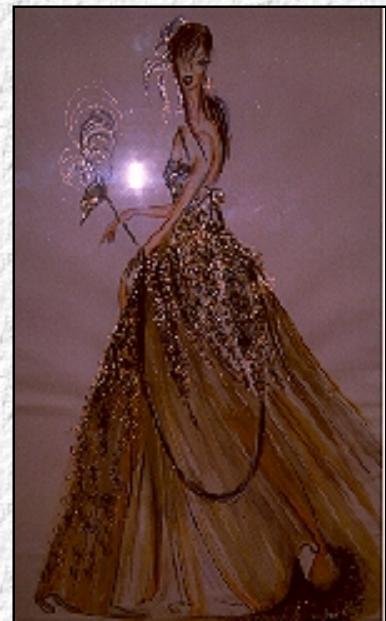
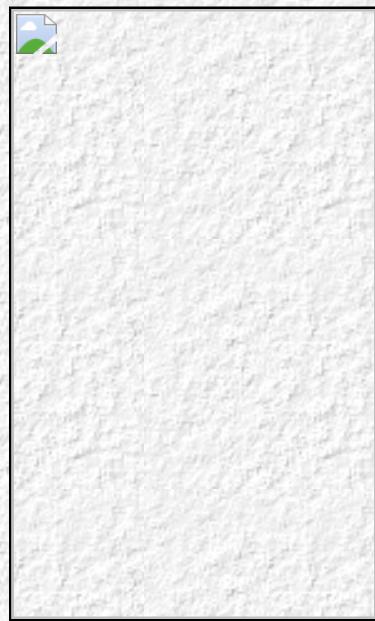
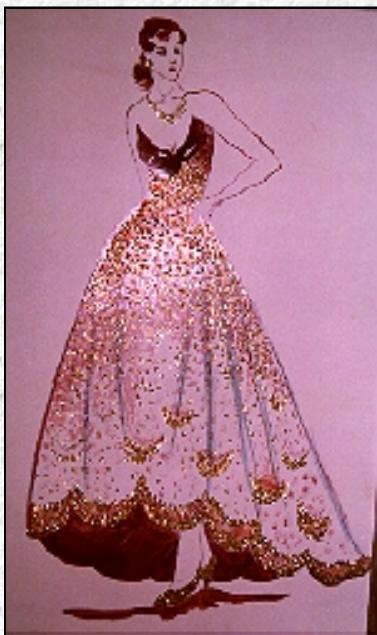
[Back to Top](#)

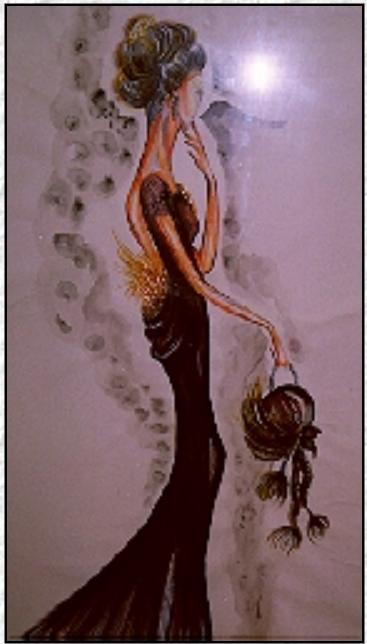
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Some paintings by *Awatif Abdel Hamid*,  
Artist and Art teacher at the Women's Emporment Project

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من فنون اللوحة التشكيلية وارتباطها مع الفنانة / عواطف عبد الحميد  
مدربة فنية في مشروع دعم وتأهيل المرأة التابع لبرنامج غزة للصحة النفسية





**Awatif Abdel Hamid**

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# *Women's Empowerment Project*

## *Stories of Success*

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According to needs assessment surveys conducted by the Community Development Leaders in both Beach camp and Rafah areas, the economical problem was the first to be identified by women.

The WEP main goal is to empower women victims through education and work by providing different services both to them or to their family members.



● Fifi, 24-year-old, single, secondary school graduate. She was born into a large family of 2 brothers, and 4 sisters. Nobody gave her any attention. The oldest brother was the main power source and control in the family. He controlled everyone including Fifi herself, by beatings and insults. Fifi tried to commit suicide several times not only because of that brother but also because of her other educated sisters insults . They succeeded to have

higher education while she was forced to leave school because of her mother's illness. Even she was forced to leave her fiancee after 3 years of engagement. On 1 July 1997, Fifi joined the WEP. Among the services provided to her were, vocational training, psycho-social counseling, family counseling, legal and health education.

After finishing her training at the project, Fifi started a small project which included flower arrangement, ceramics and glass painting. She is working now towards marketing her products by herself.

● Sawsan, 34-year-old, widow, secondary school graduate. She has three children. After 2 years at the Islamic University she was forced to leave because of economical reasons. Later she found work and met a man who became her husband and who was killed during the Intifada by Palestinian activists. After this his family threw her and her children out of house, but by the help of some people and police she returned back to their home. They only gave her a small room at the entrance of the house. Sawsan Joined the WEP on 1 July 1997 and finished her training on 31 December 1997. Among the services provided to Sawsan at the WEP were vocational training, psycho-social counseling, health and legal education.

Sawsan started a small knitting business and began marketing her products by herself.

● Nuha, 35-year-old, married and has 8 children. Nuha was forced to marry her cousin who has polio which made him unable to work. Her problems started prior to her marriage. She lived with her family in Egypt where her father was wanted because of accusations against him of killing somebody. The father escaped to Jordan and the mother returned back to Gaza with her five children, one of whom was Nuha. After marriage her mother left Gaza with her children to Iraq while her father stayed in Jordan because of fears of revenge. Nuha lost her family economical and emotional support. She joined the WEP on 1 July 1997 and finished her training at the end of December 1997. Her project is crystal and pottery decoration. She markets her products by herself.

● Aida, 22-year-old, Married, she has a 3-year- child. After she finished her preparatory education she was forced to marry her cousin. Her suffering started the first day of marriage. She lived with his big family in a tiny room. They used her like a servant and if she refused to obey she was beaten and insulted by her husband. Once he hit her with a stick and caused a problem with her eyes.

Her husband does not work because he suffers from a skin disease.

Aida joined the WEP on 1 January 1997 and finished her training on 30 June 1997. Among the services provided to Aida at the WEP were vocational training, psychosocial counseling, health and legal education.

Her project is knitting and ceramics. Her husband markets her products.

● Kareema, 42-year-old, married, secondary school graduate. Kareema was one of the women activist during the Intifada. She joined the Palestinian Women's Union and was arrested for 6 months. She participated in different political activities and was injured 6 times by rubber bullets. Despite her family rejection to political participation, Kareema continued.

Kareema married at the age of 35 and has no children.

On 1 January 1996, Kareema joined the WEP and finished her training at the end of June 1996. Among the services provided at the WEP, Kareema received vocational training, psychosocial counseling, health and legal education and child care providers training.

Her project is establishing a child care in the area where she is living .

● Suad, 44-year-old, widow. She has 9 children. She was born into a poor family. Her father died when she was 4 years old and later on her mother remarried and she became neglected.

When Suad finished her preparatory education, her family organized her marriage. She lived a happy life with her husband who was killed by the IDF during the Intifada.

Suad joined the WEP on 1 January 1997 and finished her training at the end of June 1997. At the end of her training a sewing machine was given to her as a grant as well as advanced training course in fashion design. Services to her provided by WEP were psychosocial counseling sessions, health and legal education.

● Ebtisam, 30-year-old, single. She has a diploma in social science but she did not succeed in finding a work and was not encouraged by her family to do so because her parents are old and sick and they need somebody to look after them. Although her brothers are married and living in other houses they still control her and her young sister.

Ebtisam joined the WEP in January 1997 and finished her training by June 1997. At the end of her

training she received a sewing machine as a grant and started her project at home. At the same time she was selected to train women prisoners as part of the rehabilitation programme.

● Ferial, 22-year-old, divorce, a secondary school graduate. Ferial was born into a poor family from El Nusierat refugee camp. After finishing her secondary school education she was forced to marry her cousin. She tried to commit suicide many times, and was beaten severely by her family to force her to marry. After few months of marriage Ferial's psychological problems started and was divorced. After her divorce her family treated her badly.

Ferial joined the WEP at the beginning of 1997 and finished her training by the end of June 1997. The services provided by the WEP were vocational training, psycho-social counseling, health and legal education.

Ferial project is glass painting, pottery decoration and she is responsible for marketing her products.

● Nisrin, 20-year-old, single, secondary school graduate. Ten years ago her father left his wife and his 8 children to marry another woman. After the death of Nisrin's mother they found themselves alone without even food. They live in a garage without a kitchen or even bathroom. Nisrin joined the WEP at the beginning of 1997 and finished her training in June 1997. She received a sewing machine as a grant and started her own business at home. Later on she joined the child care providers training course organized by WEP and she works now at Rafah project kindergarten.

● Ebtisam, 35-year-old, widow. She has 4 children. Ebtisam was born into a poor family. Her father used to beat her and her other 8 sisters and brothers severely. When Ebtisam finished her preparatory school education she was forced to marry a man who was 20 years older. Ebtisam was his second wife. She moved with him to Saudi Arabia where her suffering continued. Her husband died since 6 years and she returned back home with her children.

Ebtisam joined the WEP at the beginning of July 1997 and finished her training at the end of 1997. Her project is a hair dressing and beauty salon in a small area of her home.

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