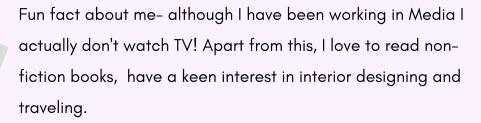
nice to meet you!

I'm Sandy S



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Last year, I realized how important it is to take care of yourself, take a moment to pause, and just reflect, embrace tiny moments in your life. I started doing things I always wanted to do but never had time for, like- meditation and yoga which really helped me to ground myself. I believe mental health matters and it is important to take care of yourself mentally, emotionally, and physically.

Although we won't be able to meet personally for now, however thanks to Hedy Lamarr and Vic Hayes (mother and father of wi-fi) we will be able to meet virtually. I am looking forward to meeting and working with you all!

Favorite Food - Thai and Indian

Favorite Quote - Life isn't about finding yourself, life is about creating yourself.