

Story of a Bread: -

This reflection shows that avoiding problems only makes them worse. It's better to face challenges directly, which can bring relief. The story about the bread suggests that sometimes we make our own lives difficult. Even though life is supposed to be enjoyable, our actions or decisions can make it harder.

The idea of finding peace after death might mean that the bread's struggles were internal, like feeling anxious or doubtful. The fear of being haunted by customers could mean facing the consequences of neglecting responsibilities or not meeting expectations.

Overall, this reflection is about accepting challenges and dealing with them instead of running away. It suggests that facing reality can bring peace and freedom from our self-made problems. It teaches us that by being honest with ourselves and taking action, we can live more fulfilling lives.