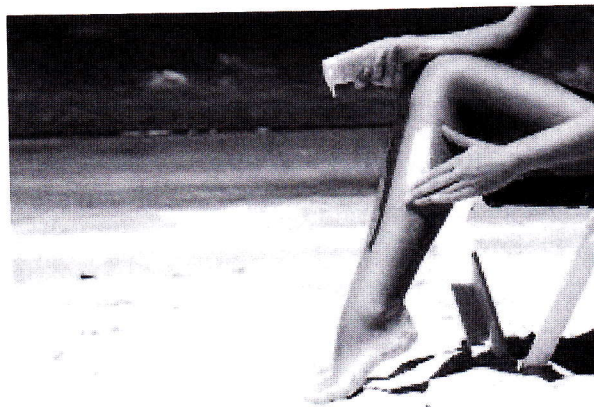


MAXIMIZED

Sunscreen doesn't prevent Cancer but actually causes it...!

I know that slathering on sunscreen before entering in the sun has become as routine as brushing our teeth. We are inundated with messages from the media that sunscreen is the most effective way to prevent skin cancer.

What you need to know is: Melanoma accounts for more than 75% of all skin cancer deaths—making it the most dangerous. Yet surprisingly, more incidences of melanoma occur in indoor workers than outdoor workers who are in the sun the entire day. And a study published in the **European Journal of Cancer** tells us that there is a higher survival rate in skin cancer patients who previously received *more* sunlight.



“There is no substantial evidence that sunscreen protects against any of the three forms of skin cancer.” This is recorded by Researchers at the **M.D. Anderson Cancer Center**.

So what is really going on? And why will sunscreens not help you to prevent skin cancer?

Chemicals in Sunscreen: Your skin is an absorbent organ. Anything we apply to our skin skips the digestive tract filter and enters the cells and bloodstream directly. Eventually, it will make its way to the liver and be broken down, but not until it reeks havoc on living tissue in your body.

This is why I recommend you never put anything on your skin that you wouldn't eat, use the shade when you can and avoid the noon hours.

The Environmental Working Group compiled a review of over 1,700 market brands of sunscreen products and found that 3 out of 5 have minimal protection and contain potentially harmful ingredients. Not to mention the chemicals found in the sunscreens can actually be causing cancerous cells. (see compounds with highest hazard rating by EWG. Oxtinoxate is the most widely used ingredient in sunscreens. It **sensitizes skin to the sun and disrupts hormonal balances and brain signaling.** Oxybenzone, in 2008, was used as a chemical safeguard against UVA radiation in 52% of the sunscreens the EWG evaluated. That number dropped by 19% after oxybenzone was found to be an endocrine disruptor found in 97% of American urine samples by the **Centers for Disease Control & Prevention (CDC).** Oxybenzone **interferes with the hormonal system and releases free radicals that may contribute**

*****Don't miss your next workshop “Holy Hormones” reserve your spot to learn how to balance your hormones 6/11/15 @ 6:30PM (980-422-2000)**