

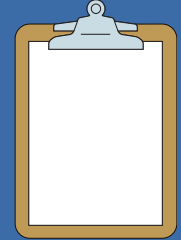
What to expect: Eye doctors



Before the exam

Medical consultation and overview

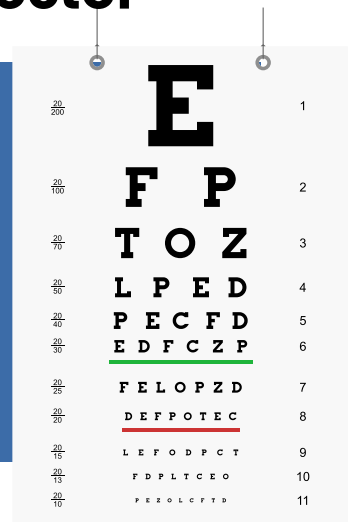
You will usually fill out a form before seeing the doctor. It will usually ask for your medical history and any issues you're having with your eyes or vision.



The exam: testing before you see the doctor

Vision test: How well can you see?

You will be asked to stand or sit, facing a chart. The chart will have letters on it. You will be asked to cover one eye at a time and read the letters. You will be asked to read a specific line, if instructed. You may be instructed to read the smallest line you can. When you're told which line to read, say the letters you see out loud.



Eye tests: How healthy are your eyes?

You will be asked to sit in front of a variety of machines for different tests

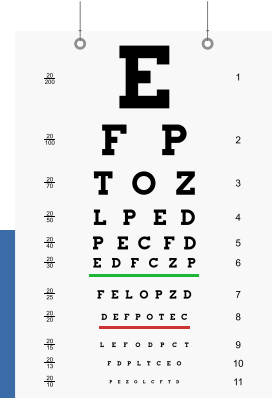
- Eye pressure: rest your chin where instructed. You will look into a light. Then, a little puff of air is blown into your eye. Stay still and do not blink.
- Other similar machines: To be honest, I'm not sure what they do! Some will have you stare out a house that gets blurry and clear. Others have you stare at lights and stay still. But they are all similar: put your chin on the machine and look at the light or the house.



The exam: testing with your doctor



"Take a seat"
"Have a seat"

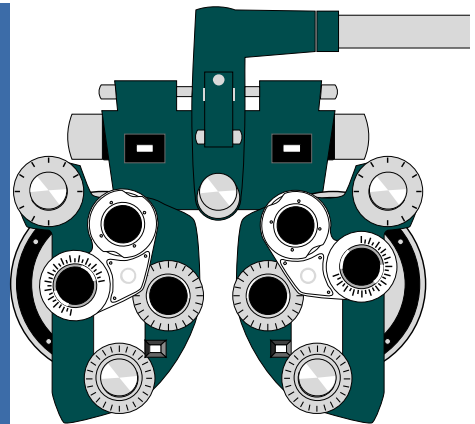


Vision test: How well can you see? Round 2!

You will be asked to read letters from a chart again. When you're told which line to read, say the letters you see out loud.

Vision test: Continued

You will be asked to read letters from the chart with a machine in front of your eyes. Your doctor switches these lenses to different strengths as you look at a chart. During this exam, the doctor asks, "Which one is better? One or two?" Say which one helps you see better. This will be done over and over again until the doctor determines which strength helps you see the best.



Conversation with the doctor

At some point during the exam, your doctor will ask questions to better understand how your vision is and how your eye health is. This is a good time to let the doctor know if you're having problems with your eyes. For example: blurriness, "floaters", dryness, frequent headaches, or anything else!

Useful words and phrases to know!

Clear / Crisp / Sharp / In focus = Able to see well. Not blurry.

Blurry / Fuzzy / Out of focus = Not able to see well. Not clear.

Cover your right / left eye = Place a hand or object on the eye

"There is an issue with..." = Something is wrong | Are you having issues with...? = Is something wrong with...?

Numbers and ordinal indicators: 1st, 3rd, 9th, last, etc. (for knowing which line to read on the chart)