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## Self-Discipline: Greatest Human Strength - Develop Mental Toughness, Self-Confidence, and WillPower (Paperback)

By Elliot Harper

Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Do you have plenty of goals, yet never get around to materializing them? Do you get disappointed and disillusioned when you see your plans topple like a pack of cards? Some folks seem to have everything-wealth, health, success, happiness, and relationships-everything in their life is perfect, while you are barely able to scrape through life. Life doesn't seem fair, isn't it? Well, sorry to shatter the myth. Success is not destiny. It is a decision-the decision to be more self-disciplined, focused, and purposeful! Success is not as much about luck and fortune as it is about a decision we make. Yes, anyone can decide to be successful today, irrespective of their present circumstances. Self-discipline is your highway to success. It is the difference between, "I could have achieved this," and "Yes, I have achieved this." Successful people are able to leverage the power of self-discipline to optimize their productivity, make good use of their time, practice self-control, and be in the driver's seat where their actions are concerned. They are not driven by events, circumstances, or other people. They hold the steering wheel and map of their life...



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### Reviews

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