

VOLUNTEER

May 2015



Morris Arboretum
UNIVERSITY of PENNSYLVANIA

Official arboretum of the Commonwealth of Pennsylvania

Volunteer

Morris Arboretum of the University of Pennsylvania

Volunteer is a newsletter published monthly for
Arboretum volunteers.

The Morris Arboretum of the University of Pennsylvania is an historic public garden and educational institution. It promotes an understanding of the relationship between plants, people, and place through programs that integrate science, art, and the humanities. The Arboretum conducts four major activities: education, research, outreach, and horticultural display. As the official Arboretum of the Commonwealth of Pennsylvania, the Morris Arboretum of the University of Pennsylvania provides research and outreach services to state agencies, community institutions and to citizens of Pennsylvania and beyond.

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Volunteer

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Letter from the Editor



I recently took a trip to my hometown in southern Illinois. Having grown up only minutes away from Shawnee National Forest many of my favorite hometown spots include hiking trails and lookouts and this time around I knew I had to make my way to the Trillium Trail in Giant City State Park. I was delighted to find that I had arrived just in time for the woodland spring wildflowers to be in bloom, including the *Trillium recurvatum* (purple trillium) pictured above. Every day for the rest of the week I woke up excited to hike the trail again and again!

Thankfully, I arrived back to the Arboretum to be greeted by our own flush of blooms. Not only were the magnolias in their full glory, but a stroll along the woodland trail revealed quieter blooms, including white trillium and trout lilies (pictured below). What a lucky spring I have had!

Happy Trails,

Claire Sundquist
McLean Contributionship Endowed Education Intern



Notes from the Guides Chair

It is that time again to start planting in our gardens and our containers (hopefully the snow is a thing of the past). What do you consider first before purchasing any plants? Is it the height, the texture of leaves, or perhaps the color of the flowers? For me it is probably the color and the ensemble of colors. Color has a strong visual impact and more for many of us. I would like to look at several colors and I would like to share my feelings.

Red – Several years ago at Longwood Gardens I entered a garden room off the main flower walk that was totally planted with red. Red leaves, red flowers, red stems on a variety of plants. When I entered I felt nauseated, the red just hit me in the face. I couldn't wait to leave the area. That said, I do use some red in my garden (in small doses). The plants I do use are *Canna*, *Crocsmia*, *Dahlia*, *Penstemon*, Poppies and *Salvia*.

Orange – What a great and versatile color in the garden. Can you imagine July through October without some orange in your garden? In my garden you will find *Canna*, *Chrysanthemum*, *Dahlia*, *Kniphofia*, *Lilium* and *Tithonia*.

Blue – Have you noticed the 'blue' orchids at the box stores? Is there really anything in nature that color? They remind me of the baby chicks we could buy at the Dime Store before Easter. Being a farm kid, I knew baby chickens did not come in pink, blue or green. I still thought they were neat but my Mom would never buy one. True blue does not happen often, even though many plants are labelled blue, several are really some shade of mauve or purple. I think of the Himalayan blue poppy as true blue. I am afraid I don't have any true blue in my garden

Green – I know I have to have green. Green is a calming color. I know it doesn't sizzle or dazzle but I need the serenity of green. We frequently overlook green, we take it for granted. But there are so many different shades in the garden even green flowers – think *Euphorbia*. Some of my favorite green plants are: *Arisaema*, *Arum*, *Asarum*, *Helleborus*, and *Hosta*.

White – I admit I don't understand the White Garden. White to me is cold and you must be careful of placement, for white just pulls the eye to it. But white also lightens up a dark corner that might be ignored. There are some white plants I can't imagine not having in the garden, such as *Agapanthus*, *Anemone*, *Galanthus*, *Hydrangea*, *Narcissus*, and *Phlox*.

Yellow – Like orange, yellow is a great color in the garden. Yellow is just cheerful, it makes me feel good. I use a lot of yellow: *Chrysanthemum*, *Corylopsis*, *Crocus*, *Helianthus*, *Kniphofia*, *Lilium*, and *Narcissus*.

Purple – My favorite garden color, purple is the perfect foil for any color. I can't think of any color that will not be complimented by purple. I am always attracted to purple. I have the following plants: *Allium*, *Amaranthus*, *Clematis*, *Cotinus*, *Crocus*, *Dahlia*, *Eupatorium*, *Geranium*, *Lychnis*, and *Verbena*.

Pink – It is the most feminine color, but the right shade is perfect in any garden. Some of my favorites are *Allium*, *Anemone*, *Dahlia*, *Dicentra*, *Dianthus* and *Salvia*.

Think Color!

Jody Sprague
Chair of the Guides

Go Outside with Classes at Morris Arboretum

Take advantage of the spring weather by taking one of these classes that get you outside to enjoy nature!



Gentle Yoga in Nature

Wednesdays, May 6, 13, 20, 27 | 10-11:15am

Sara Trohaugh, Yoga Instructor and Owner, Restorative Bodywork

Volunteer Price: \$38

Amidst the beautiful setting of the Arboretum, we will explore the basics of yoga. This class is for beginners and experienced yogis alike. Enjoy a nourishing practice of poses designed to improve flexibility and balance, as well as meditation and breathing techniques for stress reduction and enhanced vitality. Class will be held outside weather permitting.

Philadelphia Birding Hotspot: Tacony Creek Park

Saturday, May 16 | 7:45-11:45am

Keith Russell, Audubon Urban Important Area Coordinator

Volunteer Price: \$25

Join us for a morning of birding at Tacony Creek Park - one of Philadelphia's lesser known birding hotspots. Located in Philadelphia, Tacony Creek Park contains 302 acres, half of which is designated as natural lands. The Park has been a focal point for invasive species removal and native tree and shrub plantings, all of which has helped to increase the bird population. Keith will provide field guides.

Tai Chi 2: Beyond the Basics

Thursdays, May 28, June 4, 11, 18 | 11:30am-12:30pm

Al Smith, Practitioner Member, National Qigong Association

Volunteer Price: \$38

A whole body experience, Tai Chi focuses on movement, stillness, breath and balance. This class will build on what you learned in Tai Chi in the Garden, adding forms to those practiced in Level 1 and with a unique Chinese form known as "The Swimming Dragon" offered. Tai Chi Easy Level 1 or some Tai Chi/Chi Kung experience is required.

To view full descriptions visit www.morrisarboretum.org

To register with a credit card call 215-247-5777, ext. 125.

Fun and Delicious Spring Classes



Photo Courtesy
Weyerbacher Brewing Co.

Weyerbacher Beer Tasting

Wednesday, May 20 | 6:30-8:30pm

Bob Fauteux, Weyerbacher Brewing Company

Enjoy a night of merrymaking with Weyerbacher Brewing Company. Five amazing brews, complementary small plates paired with each beer, and your friends learning about beer -- what could be better?

Volunteer Price: \$40

Preserving Strawberries with Honey and Pomona's Pectin

Saturday, May 16 | 10am-noon

Marisa McClellan, Author of "Food in Jars"

Join local food blogger and cookbook author for a class on how to preserve with seasonal fruit and honey. Whether you are a seasoned canner or entirely new to food preservation, there will be something useful for you in this class.

Volunteer Price: \$30



Photo Courtesy
Marisa McClellan



Savory Summer Soups and Salads

Thursdays, May 28 | noon-2pm


*Pam Williams, Professional Chef and Owner,
Serving Thyme Inc.*

Learn to make fresh salads and soups that are anything but ordinary. Watch Pam's demonstrations, taste the results, and get recipes to take home!

Volunteer Price: \$20

To view full descriptions visit www.morrisarboretum.org

To register with a credit card call 215-247-5777, ext. 125.



Twilight and Peonies

Tuesday, June 2nd | 6pm to 8pm

A Winning Formula

A SPRING EVENING + DELICIOUS FOOD + AWARDS = TWILIGHT AND PEONIES

This sounds like a perfect combination for the annual education volunteer recognition event, Twilight and Peonies, except for one very important missing element - YOU!!! So please circle the date on your calendar and plan to join us (with your spouse or significant other) at this gala event being held in the tent behind Widener. Our delicious potluck dinner is always a highlight of the evening so please contribute by bringing one of the following: an appetizer, main dish, vegetable, salad or dessert (and be sure to enter what you will be bringing on our new TeamUp calendar). Beverages will be provided for your enjoyment.

We hope you will also participate in our annual plant exchange. All you need to do to participate is place a favorite plant from your garden in a pot, attach a label with growing requirements/bloom time, and place your plant on the back wall of the tent when you arrive. Then at the end of the evening you can take home another plant of your choice. This is a great and free way to add diversity to your garden.

The evening will also feature the presentation of volunteer awards (for 100, 300, 500, 750, 1000, 1500, 2000, 3000 and even 4000 hours served). And don't forget to wear your name tags. Hope to see you on June 2nd.

Please RSVP on the [TeamUp Calendar](#). Don't forget to sign up to bring a dish to the potluck!

If you have any questions, contact Claire Sundquist
at clairesu@upenn.edu or (215)247-5777 ext. 159

Volunteer Opportunities



Photo courtesy Bob Gutowski

Bloomfield Farm Workshop with Tony Aiello

Wednesday, May 27th | 1pm

Bloomfield Farm is well known from the Plant Sale, Farm Day, and other events, but did you know that the trees and shrubs planted through the farm are an integral part of our living collections? The Farm also provides the opportunity to conduct long-term research on a variety of plants for several purposes. Join Tony Aiello to learn more about the collections and research of

First Wednesday Workshops

Join us the first Wednesday of every month for exciting workshops, talks, and tours.

Meet at 12:30pm at the Widener Terrace, unless otherwise noted.

May 6th	<i>Social Media How-To</i> with Stephanie McNabb, <i>*meet in the Upper Gallery</i>
June 3th	<i>Garden Tour</i> with Paul Meyer
July 1st	<i>Behind the Scenes Greenhouse Tour</i> with Tony Aiello and Shelley Dillard <i>*meet at the Greenhouse</i>
August 5th	<i>Tour of Compton Section and New Plans</i> with Paul Orpello
September 2nd	<i>Garden Writer's Presentation</i> with Louise Clark <i>*meet in the Upper Gallery</i>
Oct 7th	<i>Tour of the Grist Mill</i> with Ted Bell , <i>*park at Bloomfield Farm</i>
November 4th	<i>Ornamental Grasses</i> with Lucy Dinsmore



Woodland Trail and “Lower 5” Walk and Talk with Experts

Wednesday May 20th | 1-4pm

On Wednesday, May 20 at 1PM, Natural Areas Horticulturist, Tracy Beerley will take us from the Café entrance of the woodland trail down to the Wetland. She'll tell us all about the new trail from planning to completion and the surprises the work unearthed.

At the Wetland, Arboriculture Intern, Aaron Greenberg will show us the area he studied and made plans for between the Wissahickon and Northwestern Ave; what he's calling the “lower 5.” Wear your hiking shoes for a behind-the-scenes and before-the-work tour of rarely toured parts of the Arboretum. We'll meet at the Café (prepare with a hearty lunch!) and the program will wrap-up at 4PM.

Volunteers Needed for the Plant Sale



Photo courtesy Arnold Winkler

Help make this year's plant sale the best yet. Shifts are available from Tuesday through Saturday. There is a job for everyone and plant sale volunteers earn a 20% discount coupon! Please follow this link to see the dates, times and available slots <http://bit.ly/MAPlantSale2015>

Have questions? Contact Michelle Connors at mconnors@upenn.edu or at x109.

Moonlight & Roses presented by THE HAVERFORD TRUST COMPANY

What could be better than a magical night of dining and dancing under the stars, surrounded by the lush beauty of roses in bloom?

Join us for the 34th annual Moonlight & Roses presented by The Haverford Trust Company Gala to be held on June 5, 2015 from 6:00 – 11:00pm. Enjoy cocktails in the Rose Garden followed by dinner and dancing underneath of a clear-top tent. Registration ends May 27, 2015.

Please register online at morrisarboretumgala.org.

From the Archives

Photo courtesy Morris Arboretum Archives

- 1 In 1960, Dr. John M. Fogg, then director of Morris Arboretum, gave a local resident permission to...**
 - a. harvest fallen trees after a storm.
 - b. take seasonal photos in the Arboretum for his calendar business.
 - c. shoot rabbits in the Montgomery County section of the property.
- 2 The statue of Mercury in the Mercury Loggia was...**
 - a. obtained from a museum in Italy.
 - b. sculpted from on excavated at Pompeii.
 - c. brought from terrace behind the original Cedar Grove site.
- 3 The Morrises spent the time from October 1889 to August 1890...**
 - a. envisioning and then drafting a master plan for the grounds at Compton.
 - b. taking a trip around the world.
 - c. recruiting and interviewing worldwide candidates for the position of head gardener.
- 4 John Morris was described in an obituary as “aiding every good work brought to his attention. Over his lifetime he served as....**
 - a. Manager of the Philadelphia Saving Fund.
 - b. President of the Deaf and Dumb Association at Mount Airy.
 - c. Overseer of the Public School founded by William Penn, now called the Penn Charter School.

Garden highlights:



Mertensia virginica
Virginia bluebell
Out on a Limb



Prunus x yedoensis
Yoshino cherry
Cherry Allée



Acer pseudosieboldianum
purplebloom maple
Ravine Garden



Cercis chinensis 'Avondale'
Avondale Chinese redbud
near Oak Allée



Spirea thunbergii 'Ogon'
Mellow Yellow
Thunberg spirea



Corylopsis sinensis
var. *sinensis*
Chinese winterhazel

Upcoming Events

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Discovery Series 11am-3pm
3	4	5 Guides Council Meeting 1:30pm	6 First Wednesday (see pg. 6)	7	8	9 Mill Volunteer Work Day 9am-3pm
					Plant Sale	
10	11 Education Committee Meeting 11am	12 Guides Retention Meeting 2pm	13 Hort Volunteers with Lucy	14	15	16
17 Mill Demonstration Day 12-3pm	18	19	20 Volunteer Workshop (see pg. 7) Hort Volunteers with Vince	21	22	23
24	25 Memorial Day <i>Arboretum open, offices closed</i>	26	27 Bloomfield Workshop 1pm Hort Volunteers with Vince	28	29	30
31						

Weekly Volunteer Events

Wednesdays: Horticulture Volunteers 8:30am- 12pm

Saturdays and Sundays: Regular Tour 2:00pm - 3:00pm

Saturdays and Sundays: Welcome Cart 11am - 3pm

Upcoming Events

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Guides Council Meeting 1:30pm Twilight and Peonies 6pm	3 First Wednesday (see pg. 6) Hort Volunteers with Paul	4	5 Moonlight and Roses 6-11pm	6 Discovery Series 11am-3pm
7	8	9	10 Hort Volunteers with Louise	11	12	13 Mill Volunteer Work Day 9am - 3pm
14	15 New Interns Arrive	16	17 Hort Volunteers with Kate	18	19	20
21 Mill Demo Day noon - 3pm STEAMPunk Expo 10am-8:30pm	22	23	24 Hort Volunteers with Tracy	25	26	27
28	29	30				

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